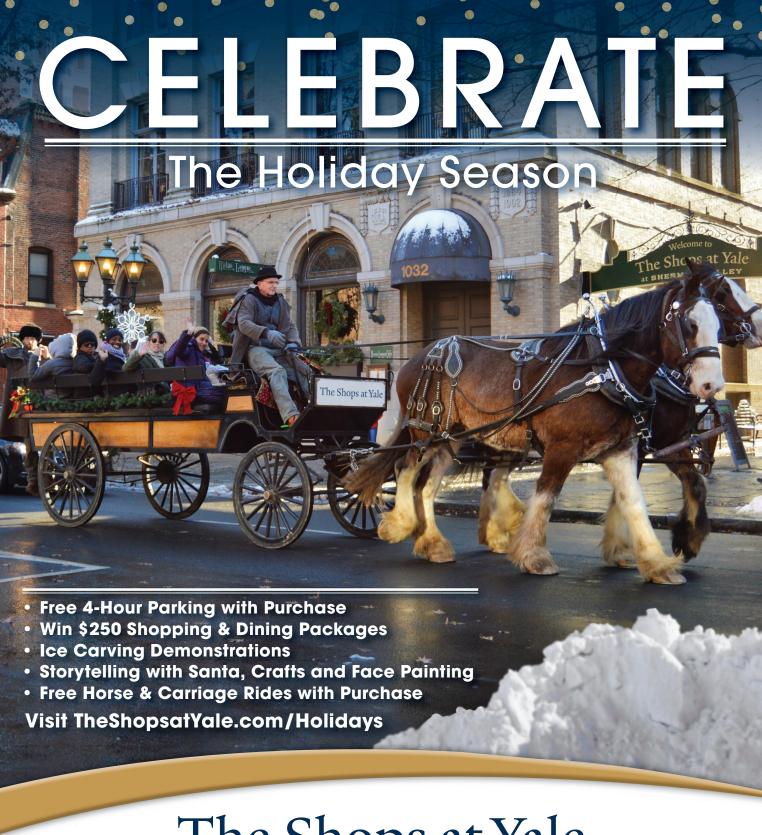




2379 BLACK ROCK TURNPIKE FAIRFIELD, CT 203.374.6157 LENOX-JEWELERS.COM





The Shops at Yale

L.L.Bean *NEW* • Apple • Barbour • Patagonia • Lou Lou Boutique • FatFace *NEW*J.Crew (with Madewell) • Urban Outfitters • GANT • And many more!

More than 80 unique boutiques, national retailers, eateries, award-winning restaurants, theaters and world-renowned museums. Find our convenient surface parking lots at TheShopsatYale.com/Parking.



COUNT ON OUR TECHNOLOGY; TRUST IN OUR COMMITMENT TO YOU.

Bristol Radiology Center, a full-service radiology practice, has served the Bristol and Farmington Valley communities for over forty years. We provide the latest in high-tech medical imaging, including "3T MRI" and 3D digital mammography for more accurate diagnostics, increased comfort and better outcomes.

We now offer services using the GE Pioneer 3T MRI, a new technology allowing for faster, quieter, more comfortable examinations. The 3T MRI system performs breast, prostate, vascular, abdominal and pelvic MRIs.

Bristol Radiology Center

SERVICES AVAILABLE

I 3T MRI

I Multislice CT

13D Digital Mammography

I Digital X-Rays

Ultrasound

Bone Density Testing

I Varicose Vein Evaluation and Treatment

Contact Bristol Radiology Center to schedule an appointment at **860.584.0541**, or visit online at **bristolradct.com**



25 Collins Rd., Bristol, CT



DEPARTMENTS

- 6 Editor's Note
- 7 Voices
- 9 First

It can be confusing trying to figure out what's allowed and not allowed in your curbside recycling container. Decisions being made in China affect what you can put at the foot of your driveway. We'll help you sort out this growing mess. Also, the Greenwich Historical Society just underwent a \$12 milion makeover and Mark Twain comes to life in Hartford.

20 Beachcombing

East Hampton's Martin Podskoch has written a book that challenges Connecticut residents to visit all 169 municipalities, and he has some suggestions on what to do in each.

23 This Month

It's a big month at The Bushnell as it welcomes in Broadway phenomenon *Hamilton* for a three-week run and astrophysicist Neil deGrasse Tyson, who we spoke with for Front Row.

60 Home & Garden

Hosting for the holidays? Update your tablescape and get in the spirit.

91 The Connecticut Table

Tapas and wine is a twinning combination at Gaudí in Danbury. Winter chill have you seeking something warm? Time to go on a hot cocoa crawl.

144 The Connecticut Files

There were Nazi supporters in America in the 1930s. The town of Southbury stood up to the swastika.

For new subscription orders or questions, call 855-235-9032. Subscriber/Postmaster: Send changes of address or subscription inquiries in writing to *Connecticut Magazine*, Subscription Services, P.O. Box 3000, Denville, NJ 07834.

CPTV or Public Broadcasting members: Please call member services at 800-683-1899.

Cover design: Alyson Bowman; a holiday scene from Gillette Castle in East Haddam; photo by Caryn B. Davis. This page: (top) Gillette Castle; photo by Caryn B. Davis.



132 Connecticut Public Guide

- "Introducing Create!"
- "When You See Something, Will You Say Something?"
- "Prime Time Guide"











Keep your spot on the nice list.



An initiative of the Valley Community Foundation

Learn more at www.valleygivesback.org

BUSINESS & EDITORIAL OFFICES 100 Gando Dr. I New Haven, CT 06513

E 203-789-5300 | Fax 203-789-5255

Group Publisher and President Paul Barbetta 203-330-6527 | pbarbetta@hearst.com

Executive Editor, Connecticut Helen Bennett Harvey helen.bennett@hearstmediact.com

I editorial I

Editor in Chief Albie Yuravich

203-789-5230 | ayuravich@connecticutmag.com

Writer/Content Editor

Mike Wollschlager

mwollschlager@connecticutmag.com

Senior Writer Erik Ofgang 203-789-5227 eofgang@connecticutmag.com

Contributing Writers Michelle Bodak Acri, Caitlin M. Bagley, Randall Beach, Pamela Brown, Caryn B. Davis, Frank Rizzo, Ed Stannard, Kristin L. Wolfe

Contributing Photographers Catherine Avalone, Caryn B. Davis, Arnold Gold, Peter Hvizdak, Ryan Lavine, Kristin L. Wolfe

I art & production I

Senior Designer Alyson Bowman abowman@connecticutmag.com

Designer Greg Moody gmoody@connecticutmag.com

Advertising Support Specialist Patty Genovese

I sales & marketing I

Senior Vice President, Sales and Marketing Rich Medeiros | 203-680-9919 rmedeiros@hearstmediact.com

Greater New Haven Joe Hiznay

203-258-7633 | jhiznay@connecticutmag.com

Fairfield + Westchester counties Tracy Poeti 203-215-9701 | tpoeti@connecticutmag.com

Hartford + Litchfield counties Karla Jordan 646-327-7344 | karla.jordan@connecticutmag.com

Tolland + Windham + New London + Middlesex counties Julie Rowbotham | 203-464-1300

julie.rowbotham@hearstmediact.com

Marketplace Advertising Joe Hiznay 203-258-7633 | jhiznay@connecticutmag.com

Subscriber Services 855-235-9032

PUBLISHER'S REPRESENTATIVES

Boston Lange Media Sales 781-642-0400 | erklange@aim.com

New York Couture Marketing

917-821-4429 | karen@couturemarketing.com

| credit & collections | 877-396-8937

Visit us at connecticutmag.com. Connect with us on 🚮 🛢 🧿 Copyright 2017 by Hearst Connecticut Media Group. All rights reserved. No part of this publication may be reproduced without written permission. No responsibility is assumed for unsolicited materials, which must be accompanied by SASE if they are to be returned.



Connecticut Magazine® (ISSN 0889-7670), a property of Hearst VERBICATION
COUNCIL

Connecticut Media Group, 100 Cando Drive, New Haven, CT
06513-1014, is published monthly by Connecticut Magazine at
100 Gando Drive, New Haven, CT 06513. Periodicals postage paid at New Haven,

Connecticut, and at additional mailing offices. Printed in U.S.A. Subscription rates: One year \$19.97, two years \$34.97, three years \$39.97 in Connecticut; out-of-state residents add \$5/yr. **POSTMASTER: Send changes of address to Connecticut** Magazine Subscription Services, P.O. Box 3000, Denville, NJ 07834.





Make a statement this holiday season.

Choose Suchy Jewelers.

Voted #1 in estate and antique jewelry.

Peter Suchy Jewelers Estate and Antique Jewelry

1137 HIGH RIDGE ROAD | STAMFORD, CT 203.327.0024 | WWW.PETERSUCHYJEWELERS.COM

1stdibs. ebay

editor's note

No Place Like Home

I'm sure people all across New England say the same thing, but there is truly no topping the holidays in my home state. Beginning with the turkey and football of



Thanksgiving and immediately putting up the Christmas tree and lights, that first snowfall of the season (not too much, hopefully), and the festivities through the month of December and into the new year, it is a time and a place like no other.

All of it makes me feel lucky to have a home here in Connecticut. The notion of home is central to two stories in this issue.

The uniquely Connecticut joys of the season are celebrated in "Home for the Holidays" (page 74). For her book *A Connecticut*

Christmas, Caryn B. Davis visited dozens of towns across the state during recent holiday seasons to photograph an array of Christmas traditions. From the Victorian-era splendor of East Haddam's Gillette Castle to the wintry wonders of the holidays along the water in Mystic and Essex, Davis gifts us a selection of her favorite places to spend the season here at home.

Reading about these places and customs makes me feel a new oneness with my state, a renewed sense of comfort and of being *of* a place. In "Holy Ground" (page 82), we look at belonging from the other side, from the vantage of being both a part of and apart from a community. Erik Ofgang explores the renewed practice of people taking sanctuary in houses of worship, a last resort for undocumented immigrants fearing deportation. Some of these people have lived here for decades and have deep ties to their communities, but they remain "other" in the glare of the law.

Let's enjoy being together here in our Connecticut home this holiday season. But perhaps also consider what it means to belong in the first place.

Albie Yuravich

ayuravich@connecticutmag.com | Follow me on Twitter and Instagram 🔰 📵 @AlbieYuravich

contributor

Kristin L. Wolfe is an adjunct writing professor at New York University, Western Connecticut State University and the School of Visual Arts in New York, and she will rarely step foot into a classroom without at least one espresso. When she's not teaching, Wolfe is writing about her passions of food, art and literature, or removing fur from her clothing from a 100-pound, long-haired German shepherd. Take a "Cocoa Crawl" (page 98) with her to find Connecticut's best spots for hot chocolate.

CORRECTIONS

An article about the debate over how to deal with Connecticut's rising bear population ("Battle Over Bears," November 2018) included a quote from a state wildlife official stating that Connecticut is the only New England state without a bear hunt. In fact, Rhode Island, which, unlike Connecticut, is not believed to have a resident bear population, also does not have a bear hunt.

The Great Places to Work article (November 2018) included incorrect numbers of employees and locations for the Yale New Haven Health system. The full health system statewide employs more than 22,000 people. Yale New Haven Hospital has a workforce of more than 13,000. The system has 390 locations.



voices



Connecticut Magazine welcomes letters. Write to Editor, Connecticut Magazine, 100 Gando Drive, New Haven, CT 06513, or email editor@connecticutmag.com. Please include your name, phone number and address; no anonymous letters will be published. We may edit letters for space reasons or clarity.

Mixed Reactions to Rise of Bears

In response to the article "Battle Over Bears" (November 2018), the Connecticut black bear population is equal and by some estimates past the Yellowstone National Park black bear population. The population is out of control and requires action. The black bear in this state enjoys no natural predator and free rein of the landscape. The black bear is a wild, unpredictable, powerful animal capable of running at 30 mph and ascending a tree in seconds. The black bear has more than 60 recorded killings on this continent, with recent killings in Alaska in 2017 and the mauling of a Rutgers student in New Jersey in 2014. On a personal note, I see them daily on my property and my children cannot walk to the bus stop or travel in the neighborhood alone on a bike. Bear break-ins, livestock killings and damaged private property are on the rise and the bear population remains unchecked. State legislators in the coming session must finally exhibit some political will and act before someone is seriously injured.

The black bear should not share the same rights as the state taxpayer, and my children should be allowed to roam their backyard without fear of a bear sighting or encounter. And I, as a law-abiding resident and taxpayer, should reasonably expect

my elected representatives to harbor the responsibility of public safety as their first and foremost responsibility.

David Johnson Weatogue

Hunting does not work to control the population. Try non-lethal methods. The more you kill, the larger the litters of black bear cubs born. Learn to co-exist. Hunting has never reduced conflict.

Carol Deech Via Facebook

It may seem counterintuitive, but the more comfortable bears are around humans, the more attacks increase. If the bears in Connecticut have not been hunted for a while, they will range in populated areas and take what they feel is theirs, which is everything. If you try to prevent them from taking food from "their" garbage cans (it is not "yours" to a bear), they will come after you. Once they are hunted, however (as we saw in Florida two years ago), they learn quickly. They go back to avoiding human contact, and attacks go down.

David Lehner Via Facebook

Killing anything should not be listed as a sport. Hunting is not a sport, and to call the hunters sportsmen is ridiculous. The hunters would eat the meat and tan the hides. Right, *maybe* some of them would.

Michael Casinghino Via Facebook

Call It What It Is

The article about the *Hindenburg* ("Look! Up in the Sky! It's the Hindenburg!" October 2018), included a sidebar referring to the recovery and sale of red pieces of the flag that appeared on the airship's tail. The sidebar refers to them as "Nazi flags."

They were the national flag of Germany in those days and should be referred to as such. That flag officially did, indeed, include the swastika — the symbol of the Nazi Party.

Peter H. Tveskov
Branford
The writer is the author of the book
Conquered, Not Defeated: Growing Up in
Denmark During the German Occupation
of World War II.

Editor's note: Point taken. However, the first paragraph of the main article noted the Hindenburg was "emblazoned with the swastika-bedecked flags of Nazi Germany."

Football Roots Run Deep

I really enjoyed the well-researched article by Douglas Malan about the Giants' first game at Willow Brook Park in New Britain ("Giant Steps," September 2018). It also amazes me how long a story takes to gain traction. I wrote an article about that game for *Gridiron Greats Magazine* in 2006 and had called people in New Britain and spoke with Doug and others in Connecticut thinking that there should be a historical marker at Willow Brook Park. I'm hoping Doug's article will move that ball forward.

My father played in the NFL from 1926 to 1933, the last five seasons with the Giants. We moved to New Milford in 1990 and my father and mother followed shortly after. After my father's death in 1994, I began documenting his career for a football research newsletter and that led to an interest in pro and semipro football in Connecticut. After playing for the Giants, my father coached a team in a semi-pro league called the American Association. Danbury had a team in that league. How many people know that Vince Lombardi, who played in the league, made an appearance on Lee Field in Danbury in a game? Another player in the league was Andy Palau from Bristol, who played with Lombardi at Fordham. Palau is famous as the high school coach who hired Lombardi for his first coaching job at St. Cecilia High School in Englewood, New Jersey.

There's a lot of pro and semi-pro football history in Connecticut — it was so great to see an article documenting a portion of that story. Thanks.

P.S. One of the strangest games ever played in Connecticut was between the Green Bay Packers and a team from the New London shipyards at Muzzy Field in Bristol during World War II.

Mike Moran New Milford

Editor's note: We couldn't resist looking into the Packers game. According to a story written by Tom Dickau, the former president of the Bristol Historical Society, the Packers in 1943 were looking to make a few extra bucks with an exhibition game in an off week between contests in Brooklyn and Philadelphia. On Nov. 28, they would face the "powerful" New London Diesels, whose players included employees of Electric Boat and men stationed at the U.S. Coast Academy. A reported 8,500 people watched the Packers dismantle the Diesels, 62-14, with a "devastating passing attack." The Packers and coach Curly Lambeau would finish the season with a 7-2-1 record, failing to qualify for the playoffs.





Thank you for shopping

CT'S BEST

CLOTHING STORE 2018

HOLIDAY GIFT GUIDES IN STORE NOW











Rethinking Recycling

CONFUSION REIGNS OVER WHAT'S IN AND WHAT'S OUT. MARKET FORCES ARE BATTERING THE BUSINESS MODEL. OFFICIALS SAY IT'S TIME WE GOT THIS MESS SORTED OUT.

BY ED STANNARD

Don't you dare put that plastic grocery bag in your recycling bin. Not only does it muck up the recycling center's equipment, it poses a real danger to workers.

That doesn't mean plastic bags aren't recyclable. They are, along with other items known in the industry as "film": bread bags, the plastic wrap that comes on almost anything we buy, dry-cleaning bags. You can bring all that to the grocery store and other places that accept it. Just don't — DON'T — put them in your curbside recycling bin. Please.

When plastic bags get into sorting equipment, "workers get hurt," says Lynn Rubinstein, executive director of the Northeast Recycling Council, a nonprofit organization based in Brattleboro, Vermont, that promotes recycling in 11 states from New England to Maryland. "Not only is it a contaminant, but it literally is dangerous for workers in those facilities. They have to send people in there to manually peel it out. There are sharp blades, hundreds of them ... and everything has to be shut down. It's incredibly dangerous," Rubinstein says.

Plastic bags are just one example of the growing complexities and challenges of recycling, which is mandated in

Connecticut. While they can be placed in containers at the supermarket for recycling, they shouldn't be put in the curbside bin. (Better to use canvas bags, which are altogether better for the environment.)

"The truth is that the strategy that has been used for many years ... how to explain what to recycle and how to recycle, has been incredibly confusing," Rubinstein says. "We need to do a much better job."

Concerned about that confusion, the state's RecycleCT program, run by the Department of Energy and Environmental Protection, late last year created the "What's In, What's Out" campaign to spread the word about what to recycle and how. Along with plastic bags, other no-no's are styrofoam cups, foam peanuts, and disposable razors.

'The campaign is really focused on helping people know what goes in your curbside bin and what doesn't," says Sherill Baldwin, who runs RecycleCT for DEEP. Working with the state's recycling companies and others, "it was the plan of the department to create a statewide marketing campaign around recycling. However, we realized that every town is different. It became almost a joke."

If you're unsure about something, you should find out what your town or city accepts. RecycleCT is a voluntary program, and each town can modify the list based on its contract with its hauler or recycling company.

So RecycleCT took on the problem and created its in-and-out list after consulting with the state's recycling companies, known as materials recovery facilities. There's even a widget on its website, which can be installed on municipal and other sites, where you can find out whether something is in or out. Each item was discussed with the facilities operators in terms of whether it was "detrimental to your staff or [might] cause harm to your employees" and whether it might be hazardous to the company's equipment, Baldwin says.

"I think overall it's a sound and strong program," she says. A survey was recently sent to find out whether consumers and municipalities are using the RecycleCT's list and its materials, including sticker templates, brochures, videos, social media images and bin stickers and hangers. Baldwin says municipalities are making changes as contracts come up for renewal.

"Our program is about outreach and education but it's also about changing behavior, and that is a long-term process," she says.

RecycleCT recently won an award from the Northeast Recycling Council for its multimedia campaign, which has received 70,000 website visits, 104,000 searches on its website widget and 1.9 million video views since its launch Nov. 14, 2017. "Connecticut's effort to simplify the communication about what to recycle is a major step forward," Rubinstein says. "As far as I know, it was the first in the country to pull this off."

If you're unsure about something, you should find out what your town or city accepts, because RecycleCT is a voluntary program, and each town can modify the list based on its contract with its hauler or recycling company.

So while Stamford and Norwalk, for example, don't take plastic bags, they do take two things that are not on RecycleCT's list: loose plastic bottle caps — the state list is OK with them if they're screwed onto plastic bottles — and shredded paper, also on the state's "no" list unless it's brought to a community shredding event. (Metal bottle caps are not recyclable, though.)

Norwalk and Stamford both contract with City Carting and Recycling, based in Stamford, which accepts both items. "We have the equipment to sort things," says Robert Rodia, who runs the scale for City Carting, which receives recyclables from as far as Massachusetts and Long Island. Shredded paper "goes through the plant and gets bailed and goes overseas," Rodia says, even though Rubinstein lists it as one of the worst items to enter other recycling plants. "Once it hits a recycling bin it literally acts like confetti," she says. "It explodes all over the place and it literally contaminates everything."

City Carting has no problem with loose plastic bottle caps, according to Rodia, who says they get combined with other plastics. But they were debated before being included in "What's In, What's Out."

Another item of contention was pizza boxes. "Do pizza boxes cause harm to your staff? No," Baldwin says. "However, if there's pizza or cheese or the greasy liner, we don't want it. So it's in," as long as the box is clean, she says.

A problem arises when a town wants the hauler or recycling company to take something that the state hasn't approved. "In that case I'm the baddie," Baldwin says. "I will tell you that plastic bags are problematic for all of our facilities."

As far as other plastics, any plastic container, such as a bottle or tub, is acceptable. The state doesn't use the numbering system that says which plastic it is because people sometimes toss in numbered plastic items that are not containers, which are not recyclable.

Dan Colleluori, supervisor of solid waste and recycling for Stamford, says the city revised its list July 1, based largely on the state's list and taking into account the



Knowing what can be recycled and what should be thrown away can be confusing, which is why the Connecticut DEEP's RecycleCT program has created a guide to what can and cannot go into curbside recycling bins. Here are some of the most commonly asked-about materials.

Still not sure what to do with it? Look up a specific object at recyclect.com

Source: recyclect.com



General guidelines

All items placed into recycling should be empty, rinsed, clean and open. Do not shred, box, bag or bundle.

Your town may have different guidelines. Check with your town's recycling coordinator at ct.gov/deep.

Pizza boxes

Like cardboard in general, pizza boxes are recyclable if they're clean and all food and liners are removed. Cardboard boxes should be flattened before placing in your bin.

Plastic containers

Most plastic bottles, food containers and tubs, and one-use cups are acceptable as long as they are clean and rinsed with all food removed. Note that small plastic objects (like cutlery, straws and lids) CANNOT be recycled; reuse or put them in the trash.

Aluminum foil

Aluminum foil, baking pans and pie plates are all recyclable. Make sure the foil is clean of any food residue. Aluminum cans are also recyclable.





Milk & juice cartons

Either paper or plastic containers can be recycled if they are rinsed and clean. Plastic caps must be rinsed and attached to the carton. (In most municipalities, loose plastic caps cannot be recycled and should be put in the trash.)

Aerosol cans

Only empty, foodgrade aerosol cans are recyclable.

	Empty	Partially full
Food-grade	RECYCLE	TRASH
Non-food	TRASH	HHW*

*HHW (Household Hazardous Waste) materials can be taken to designated collection centers or one-day collection events. Find more information via your local recycling coordinator at ct.gov/deep

Styrofoam

This includes cups, take-out containers and packing peanuts. Consider reusing if you can; otherwise put it in your trash.

Plastic bags

Although plastic bags (and wrap) are recyclable, it is very important to NOT put them in your bin, either loose or with recyclables inside. Take empty bags to a retailer or grocery store that accepts them instead. (And consider switching to reusable canvas bags.)

Shredded paper

Sheets of paper, including junk mail, can be recycled, but in many towns shredded paper cannot be and should go in your trash. (Gift wrap and tissue paper also cannot be recycled consider reusing them if possible.)



Batteries

No batteries should go in your bin. Non-rechargable batteries can be disposed of in the trash. Rechargable batteries can be recycled via HHW*





collections or at retailers like Walmart or Best Buy. Car batteries may be accepted at your local transfer station; also, retailers are required by state law to accept a used car battery when they sell a new one.

Prescription pill bottles

Pill bottles should be disposed of in the trash, but carefully. Remove the label (or at least the patient's name) before discarding. If there is medication left over, your local police or pharmacy may be able to dispose of it; otherwise, add water (to pills or capsules) or a substance like dirt or kitty litter (to liquid



meds), then seal the bottle in another container such as a zip-close bag or margarine tub before putting in the trash.

ALSO OUT

TRASH: Toothpaste tubes • Incandescent lightbulbs • Paper cups • Single-use coffee pods • Empty paint cans • Broken glass (place in a sealed, labeled box or container)

HHW*: Electronics • Fluorescent lightbulbs • Poisons and pest control • Automotive products • Personal care products Household cleaners
 Smoke detectors
 Unused oil paints change in the markets. While the city previously made money from recycling, it's now a money-losing operation. "We're paying through the nose for it," Colleluori says. "It used to be a revenue source," earning the city \$200,000 a year. Now, the city has to pay City Carting more than \$700,000 annually.

"The Chinese closed their borders to recycling," Colleluori says. "It's a national problem ... so markets for recyclables have really gone downhill."

In 2017, the Chinese imposed strict new restrictions on plastics and other materials, citing contamination and a threat to its environment. Contamination is defined as nonrecyclable materials or other types of material being included with a load, such as a flattened plastic bottle in a bale of newsprint.

Connecticut's effort to simplify the communication about what to recycle is a major step forward.

Lynn Rubinstein, executive director of the Northeast Recycling Council, on the state's RecycleCT program

A 2015 study of the state's municipal waste disposal found that, in the recycling stream, about 18 percent of the materials was contamination and "half of that was bagged recyclables," Baldwin says. Too many people were putting their bottles and jars into plastic bags and dropping the bag into the recycling bin. "In 2017, 60 percent of our paper (we refer to it as fiber) ... went to China. In 2017, 36 percent of our plastics went to China. Now in 2018, 40 percent of our fiber has gone to China, but it's really only cardboard. They're no longer accepting mixed paper. In 2018, 5 percent of our plastic is going to China.

"The reason for that decline is that in fall 2017, China came down and said, we are changing our contamination threshold and we no longer want contaminated loads." As of March 1, the limit was dropped to 0.5 percent. The result has been that great amounts of recyclables are being incinerated or being dumped in landfills, and some is going to other countries, according to a report by National Public Radio.

"However, there are domestic markets," Baldwin says. "What it means is more domestic markets need to be developed." She also repeats a common refrain among





RecycleCT recently won an award from the Northeast Recycling Council for its multimedia campaign, featuring ads such as these to decrease confusion.

environmentalists: "If you're not buying recycled, you're not really recycling."

Jonathan Murray, director of operations for Murphy Road Recycling of Berlin, says the Chinese clampdown has "definitely caused a drop in what the material is worth" and that "it costs more to process it [and] it takes longer to process it" to meet the contamination standards. It's still possible to do that, though, he says.

Recycling companies face contamination problems when people put items out that they believe are recyclable — and may be, if brought to certain stores or facilities — but which don't belong in the bin. Batteries and hazardous materials go to HazWaste Central at the Regional Water Authority and other similar sites. State law requires paint to be brought to drop-off locations

such as paint or hardware stores. The widget at recyclect.com will let you know.

Mike Paine, owner of Paine's Inc. of East Granby, which picks up recyclables at the curb and brings them to processing plants, says he's caught between towns wanting him "to accept as much as I can" and the recyclers wanting uncontaminated material. So he does his best to remove material from plastic bags and not to refuse what people put out.

Paine is concerned about the Chinese limits because "if they cannot accept stuff, it's going to back right up to me and affect what I can pick up.

"I think we've frankly gotten ahead of ourselves and we should have set a standard to use more of our stuff internally ... to control our own destiny," Paine says.

the reading room

THE CONNECTICUT RIVER FROM THE AIR An Intimate Perspective of New England's Historic Waterway

Written by Jerry Roberts and photographed by Tom Walsh Globe Pequot Press

256 pages, 2018
This oversize
photography book
is overflowing
with stunning
aerial images
of the 410-mile
Connecticut



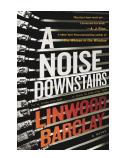
River, tracing it from its source on the Canadian border all the way to Long Island Sound. There are panoramic shots of Connecticut River towns like Essex and Hartford as well as images of more remote portions of the waterway including Fourth Connecticut Lake, the source of the river in the wilderness of New Hampshire. Photographer Tom Walsh, a former U.S. Marine Corps fighter pilot and owner of Shoreline Aerial Photography, has an eye for impressive landscapes. Walsh's powerful images are accompanied by "narration" from Jerry Roberts, former executive director of the Connecticut River Museum in Essex and current director of the New England Air Museum in Windsor Locks. Altogether, the book is a beautiful ode to the mighty Connecticut River and a must-have for any river enthusiast. | ERIK OFGANG |

A NOISE DOWNSTAIRS

By Linwood Barclay William Morrow 356 pages, 2018

Linwood Barclay is a Canadian novelist who spent 15 years as the humor columnist for the *Toronto Star*. But he was born in Darien (his family moved north of the border when he was 4) and his latest novel, a

psychological thriller, is set along the shoreline in Connecticut. The protagonist, Paul Davis, is a professor at West Haven College. Late one night he spots his colleague, Kenneth, a man whom he considers a mentor, driving erratically along the Post Road in Milford. Paul's concern morphs



quickly into curiosity. When Kenneth turns off the road, Paul follows. He parks, gets out and approaches his friend. Paul sees two dead bodies in the back, but sees the shovel swinging toward his skull too late to react. The story resumes eight months later with Paul battling PTSD and depression. His wife brings home a vintage typewriter, encouraging him to write the novel he always talked about. But only Paul hears the click-clack of the keys coming from downstairs during the middle of the night.

LIME ROCK PARK Six Decades of Speed, Beauty and Tradition

Edited by Gordon Kirby
Lime Rock Park
224 pages, 2018
Paul Newman,
returning to Lime Rock
Park after reaching
great heights in
auto racing, said the
Lakeville track had
taught him how to
drive. "You get these



five turns right and you'll know everything you'll ever need to know," the late Westport resident says of the mountain-terrain, 1.5-mile track in a chapter by racing icon and Sharon native Sam Posey. It's one of many stories of the colorful characters and heart-pounding moments of Lime Rock's 60-plus-year history, as told by the people who were there. Edited by motorsports writer and historian Gordon Kirby, this compilation of trackside tales traces Lime Rock from its beginnings as a gravel pit to the heady days of Trans-Am and NASCAR and beyond. Highlighting recent fan-friendly improvements, Lime Rock president and racing legend Skip Barber says, "the book is sure to reveal something new for even the most dedicated fan. And even for those who have never been here, we hope the book paints a vivid picture of this beautiful place and its spirit that exists nowhere else." | ALBIE YURAVICH |



*Visit our models on display! We ship nationwide!*326 Gilead Street, Hebron, CT 06248 • **860.228.2276** • **countrycarpenters.com**

A Lasting Impression

GREENWICH HISTORICAL SOCIETY'S RENEWED CAMPUS LINKS THE TOWN'S ARTISTIC PAST TO ITS FUTURE

BY MIKE WOLLSCHLAGER

A historical society can be so much more than an old building that houses the records and artifacts of previous generations of townspeople. The Greenwich Historical Society is proof of that, as its grounds and structures served as the actual setting for so much of the history that it chronicles today. It's an archive, yes, but it's also home to the nearly 300-year-old Bush-Holley House and was a gathering place for artists during the dawn of American Impressionism.

The Strickland Road campus overlooks Cos Cob Harbor and, during the thriving times of the art colony located here from

1890-1920, provided serenity and scenery desired by art students from New York City. "It was quite a bohemian gathering out here, to come to Cos Cob," says Debra Mecky, executive director and CEO of the historical society. "It was really a very innovative incubator for new ideas at the time. And American Impressionism was a new idea. ... We were still really in the Hudson River School period where landscapes were being very meticulously represented. Artists would do sketches and then go back to their studios, and inside their studio would create these beautifully detailed landscapes. That's not what they were taught to do here. [John Henry Twachtman was trying to teach

them to come out and get an impression of a place quickly, and then capture its essence."

In addition to its collection of art from that time period, the Greenwich Historical Society opened its inaugural special exhibition *History Is...* to the public during the unveiling of a newly transformed, \$12 million campus in early October. One tour is all it takes to feel the future and the past intertwining around you. Collections have been digitized in a technologically advanced way — for ease of use and with full awareness of the shrinking attention spans of younger visitors. A staff of eight full-time employees (parttimers, volunteers and interns push that

number over 20) manages a collection of paintings, etchings, maps, deeds, real estate documents, genealogical information, and more than 40,000 photos.

Community engagement and education are prioritized, and staff development workshops are held for teachers in Greenwich and towns that don't have sufficient resources. Mecky says teachers learn to look at primary sources and think about how to use them in the classroom. And sometimes the classrooms come to them, as the society interacts with thousands of schoolchildren every year. "Every third-grader in Greenwich has a requirement to come for their local history program," Mecky says.

One display in the special exhibitions gallery that should be particularly fascinating to children is *History Is...Told in the News*. A single newspaper headline from every year over the last century gives insight to what was happening both near and far. "Old Tide Mill at Cos Cob, Its Days Are Over" in 1899 announced that the tide

mill across the street from the Bush-Holley House burned down. The curated pick for 1958 mentioned the Connecticut Turnpike, better known today as I-95. The interstate now obstructs the view of Cos Cob Harbor, and part of the society's parking lot sits beneath the highway.

"It was going to come through Bush-Holley House," Mecky says of what today is a National Historic Landmark. "It was curved to save Bush-Holley House. It was moved by people here who were influential at the state level and just really made the case that this was a treasure, which is amazing for 1958, because at that time they didn't really even understand the art colony era significance of it. They mostly treasured it because it was a survivor of the American Revolution, and wanted to see it preserved. And it is a grand house; it's a mansion for its time period."

Each special exhibition will be on display for six months, with the exception of *History Is...* which will run through September. Next up is women's suffrage.

Part of the hefty price tag went toward a new, glass-walled lobby, the special exhibition gallery, and updated technology, but the Greenwich Historical Society had even more in mind. It restored a former hotel and saloon from the art colony days, and the old hotel lobby is now a cafe which sits right off from the new museum store. Impressionist-era gardens should be up and blooming by spring, and will be restored in a historically accurate way. There's also an elevator, twice as much parking and the campus is now completely wheelchair accessible, including newfound access to the Bush-Holley House.

Less than two years after the November 2016 groundbreaking, the society launched its new look with much fanfare. But if you think their work is over, you've got the wrong impression. "Now that we have a permanent gallery, we want to make sure that we have a good representation of the primary artists that were here," Mecky says. "We only have etchings by John Henry Twachtman, and he's really known as a painter. So that's a priority acquisition for us."

One item already acquired that may seem a bit strange is an iPhone. It was donated by a 12-year-old girl when a small group of people from the local community were asked to bring in one object that was significant to them. Some day that smartphone may seem as odd as a photograph of an 18-foot-wide dirt road with the caption, "Greenwich Avenue."

203-869-6899, greenwichhistory.org; Admission: \$10 adults/\$8 seniors/free under 18





AIN PHOTO: DURSTON SAYLOR I INSET PHOTO: GREENWICH HISTORICAL SOCIET

14 DECEMBER 2018 connecticutmag.com

The Twain You Shall Meet

A CONNECTICUT TECH COMPANY BRINGS MARK
TWAIN'S STATUE TO LIFE WITH AUGMENTED REALITY

BY ERIK OFGANG

A statue of Mark Twain has begun to move and talk on the sidewalk in front of Hartford Public Library. He's waving his bronze arms and speaking in a Southern drawl about the city.

Standing next to Twain are Benjamin Williams and David Oyanadel. When viewed through an iPad screen displaying the scene in real time, Twain looks as solid as either man, until a passerby walks right through him.

This talking Twain statue is the creation of ARsome Technology, a Manchester-based software company founded by Williams and Oyanadel that specializes in augmented reality. An increasingly popular subset of virtual reality, AR uses computergenerated images superimposed on the real world to create a mixed environment that is viewed either through virtual reality goggles or on the screens of smartphones or tablets. ARSome Technology specializes in AR and might be the only Connecticut company dedicated to its development.

"The reason this company started was to bring experiences to life, to bring history to life, to bring engagement to life through the software, and there's a huge demand for it," says Williams, CEO of ARsome Technology, which has worked with Boston's Dreamland Wax Museum, the Automobile Driving Museum in Southern California and the Los Angeles Public Library. Williams adds, "We work primarily in the education industry, but we're also in branding and advertising."

The best-known example of AR technology is the game Pokémon Go, a phenomenon when it was released in 2016. Players traveled to various locations with their smartphones to find Pokémon characters, who, when viewed through phone screens, would appear to be sitting in the real world.

"They put the game into the user's environment, which is something that's not often done, but that was the key there," Williams says. But games are only the beginning of what this technology can accomplish.

Tech giants such as Apple, Facebook and Google are investing in AR. Uses range from education to gaming to shopping. An app called Complete Anatomy allows users to study the human body in detailed 3-D models. With the furniture app IKEA Place,





David Oyanadel, left, and Benjamin Williams appear to stand next to a digital statue of Mark Twain outside Hartford Public Library. The illusion is created on smartphones and tablets through the Hey Hartford app developed by Williams' and Oyanadel's company ARsome Technology. **BELOW:** The physical-space Twain statue.

users can "place" digital versions of new furniture in their homes and see how a piece fits. In Raleigh, North Carolina, Google Fiber sponsored the creation of an AR mural.

Oyanadel and Williams have spoken at MIT about AR, and have designed AR scavenger hunts for museums, as well as AR menus at restaurants that allow diners to use their phones to view various dishes on the table in front of them before ordering. Their focus is the potential of the technology for education.

"It's about informing people in a very creative way," says Oyanadel, the company's chief innovation officer. "It's all about storytelling. The pillars are storytelling, gamification and experiential learning. Of course, like any education technology, you have to include a little bit of the 'wow' moment. For people to learn something, they need to have something memorable, an activity that they can always reference in their mind, and augmented reality lends itself so well to that."

Oyanadel and Williams had something of their own "wow" moment when they met in 2015. Williams, 27, was a student in a computer class Oyanadel was teaching at Eastern Connecticut State University in Willimantic. The two hit it off. "We both had big ideas and would talk during breaks," Williams says.

Oyanadel was impressed with the dedication Williams, then in his early 20s, had. "My class was a Saturday class, early morning," Oyanadel recalls, but Williams was there every class full of ideas.

"He had a passion for what he was doing."

Oyanadel was so inspired by Williams and his shared vision for a potential company that he left his full-time job with the state to help start ARsome Technology. Launched in 2016, the company has five employees, including its founders.

To make the Twain statue in Hartford come alive, users need to download an app developed by ARsome Technologies called Hey Hartford. Once they have the app, if they travel to the Mark Twain statue outside Hartford Public Library, a computer-generated statue will come alive.

Depending on the response to the app, which launched in the summer, Williams and Oyanadel hope to add more interactive historic attractions in Hartford.

"If this becomes a popular thing in terms of downloads and awareness, we would like to continue the process by bringing many statues within the city to life," Williams says. "That would include partnering with cultural institutions, small businesses, the state, the city, to make it become like a scavenger hunt, like a game."

arsometechs.com

Coming in January ...

BEST RESTAURANTS

Our annual survey of the best places to dine out in Connecticut, including picks from the experts and the results of our 40th Readers' Choice poll.

Coming in February ...

40 UNDER 40

Our newest class of rising voung stars who are making our state a better place to live.

To subscribe, call 855-235-9032 or go to connecticutmag.com/subscribe





CENTRAL CONNECTICUT'S BEST VALUE IN SENIOR LIVING IS GROWING!

Become a Charter Depositor and look forward to NEW POSSIBILITIES and

SAVINGS!

A fully refundable 10% deposit guarantees you the lowest pricing and best selection of available one- and two-bedroom apartment homes plus the confidence of priority access to on-site health care.









Learn more at our upcoming Expansion Update Events.

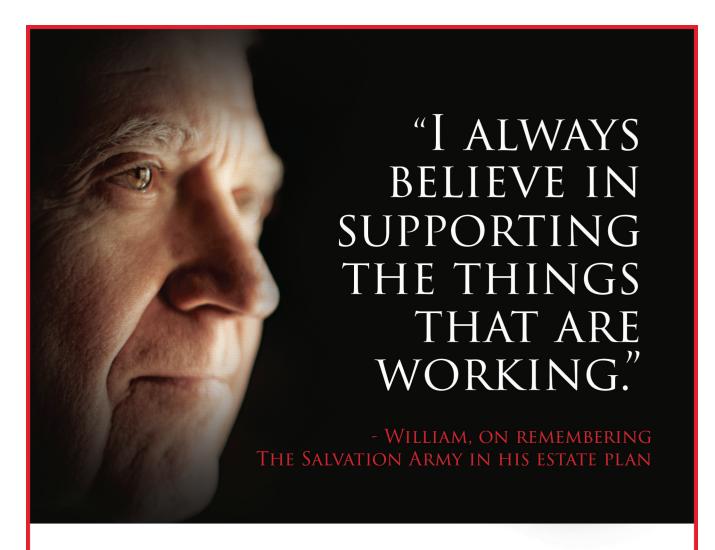
Seating is extremely limited—call today for event dates! Refreshments will be served.

To RSVP: call 1-877-501-4732 or visit www.VillageOfCromwell.com/update



52 Missionary Road | Cromwell, CT 06416

Covenant Retirement Communities is a ministry of the Evangelical Covenant Church. All faiths and beliefs are welcome.



SOME PEOPLE'S LEGACIES ARE ENGRAVED ON MONUMENTS.
YOURS WILL BE WRITTEN ON LIVES.

There are many ways to make a gift to The Salvation Army through your estate plan: a bequest through your will or trust, a beneficiary designation of your IRA or 401k, life insurance, bank or brokerage account, or through a testamentary gift annuity.

Michael Afflitto, CAP®
Director of Planned Giving
1-888-468-5356 (toll free)
michael.afflitto@use.salvationarmy.org
www.salvationarmyct.org



stepping out

Guests at the Travel with the Victorians Gala in October at Norwalk's Lockwood-Mathews Mansion Museum raised over \$90,000 for the museum's cultural and educational programs.

- 1. Museum Executive Director Susan Gilgore, David Westmoreland, and museum Chairperson of the Board Patsy R. Brescia. (photo by Sissela)
- 2. Elly Sheers, trustee Mimi Findlay and Emma Visser. Findlay received the National Legacy Award for her preservation activities and support of the museum. (photo by Sissela)
- 3. Norwalk Mayor Harry Rilling and Lucia Rilling. (photo by Miggs Burroughs)
- 4. Hadley Veeder and museum trustee and gala Chairman Paul L. Veeder II. (photo by Sissela)

In October, celebrities and local residents came together as Abilis and the Fred Astaire Dance Studio of Greenwich presented the **Dancing Stars** of Greenwich, a charity dance competition to benefit Abilis' programs supporting individuals with special needs and their families. (photos by Cara Gilbride)

- 5. Abilis President and CEO Amy Montimurro, dancer/ director/choreographer Billy Blanks Jr., supermodel Paulina Porizkova and actor Brendan Fraser.
- 6. Joanna Lee and Ralph Penny.
- 7. Stacy French, Clemens Lengenfelder and Leslea Snyder.
- 8. Elmar Schmidt and Rita Lurito.





|first| **seen**













Off the Beaten Path

WITH HIS CONNECTICUT 169 CLUB, A GUIDEBOOK TO EVERY COMMUNITY IN THE STATE, AUTHOR PROMOTES OVERLOOKED ADVENTURES

Martin Podskoch wants to get us out of our habit of visiting the same old places in our state and instead "take the road less traveled.

In his new book Connecticut 169 Club: Your Passport and Guide to Exploring Connecticut (Podskoch Press), he is challenging us to visit every municipality in the state, from Andover to Woodstock.

"Let's have a great adventure!" Podskoch tells a group of fellow travelers during a recent talk and slideshow at the Meriden Public Library. He recalls, "One day I was driving near Hartford when I saw a sign for Old Wethersfield. I decided to take a look. What a town! Gorgeous! I've lived in Connecticut since 2005 and I'd missed it."

"That's why this book was made," Podskoch says. "You zoom past these places and you miss a lot of stuff." (Podskoch's book is not to be confused with the Run 169 Towns Society, whose members strive to run races in all 169 state municipalities.)

Podskoch, 74, a retired teacher originally from Delhi, in New York's Catskills region, got the idea for writing this kind of travel guide when he looked

up a back issue of American Profile magazine and saw a story about the Vermont 251 Club. It got started in 1954 when writer, professor and historian Arthur Peach suggested the group be formed so its members could veer off the beaten path to "discover the secret and lovely places that main roads do not reveal."

Inspired by their determination to visit

every municipality in Vermont, Podskoch in 2014 wrote Adirondack 102 Club, a guide book to the towns in New York's Adirondacks. He included a "passport" space in the book where readers could get each town's page stamped at the local post



East Hampton resident Martin Podskoch, author of Connecticut 169 Club: Your Passport & Guide to Exploring Connecticut, at Hubbard Park in Meriden, with Castle Craig on the treeline in the background.

office, stickered by the town clerk or signed by a business owner or other resident to certify the traveler had really been there. It's not good enough to just drive through the place.

Podskoch says

after he moved to the Nutmeg State, "I thought: 'Jeepers! Let's do the same thing for Connecticut!"

The reward for visiting all 169 sites: Podskoch will present you with a Leatherman patch in honor of the

legendary vagabond, who, during the midto-late 1800s, walked a 365-mile circuit through Connecticut and adjacent sections of New York.

Podskoch also will help organize a dinner in the fall of next year to honor those determined souls who have made it to every municipality. During that event they will get their Leatherman keepsakes. "Anyone can attend," Podskoch says. "Members will share their stories and adventures."

The Connecticut guide book, Podskoch's ninth book, entailed nearly two years of collaborative effort. "I got 183 writers and

co-writers to write about their towns, in 550-600 words. It could've been the town clerk, it could've been the librarian, it could've been the town supervisor."

"It was a little challenging," he admits. "You get people who can write really well and get it fast. But there were others I had to follow up with. Can you imagine dealing with 183 different writers?"

Some of the writers (all volunteered rather than be paid) are professional freelancers. Many of them are town officials and sometimes it shows in a public relations-like delivery. But the entries are packed with information, including a basic history, lists of places of interest and notable people from the town.

Nevertheless, there are some glaring omissions; the New Haven pages pay plenty of attention to the city's renowned pizza and other food choices, but the writer failed to mention the world-renowned Yale University Art Gallery. We do learn in those pages that Harkness Tower, completed in 1921, was donated to Yale by Anna Harkness in honor of her deceased son, Charles William Harkness, from Yale's Class of 1883.

The hardbound book, which sells for \$25, contains 359 pages, so you probably won't feel short-changed. It includes many photos and a short forward by Connecticut's state historian, Walter Woodward, who tells us: "You owe it to yourself and your family"

to see every municipality. "See the sights. Hear the stories. Eat the foods. Meet the people. You'll be glad you did."

Podskoch says, "People ask me, 'Why did you leave the Catskills to come to Connecticut?' I tell them, 'Because I've got my granddaughters here and it's gorgeous. You've got mountains, you've got beaches."

One of his granddaughters, Kira Roloff, helped her grandpa write the pages for Podskoch's town, East Hampton. They tell us it's called "Belltown USA" because it once had 40 companies producing millions of bells sold worldwide. Plus: East Hampton is the home of the Fat Orange Cat Brew Co.

Podskoch's book has the addresses of other breweries, including Salem's Fox Farm Brewery, in a transformed dairy barn, the Willimantic Brewing Co., housed in an old post office, and Stonington's Beer'd Brewing Co., where you can sample Hobbit Juice and Frank & Berry double IPAs.

Sure, Stonington also has its Old Lighthouse Museum, with the original seven-room keeper's home. Portland has its Brownstone Exploration and Discovery Park, an old quarry offering ziplining, rock climbing, hiking and cliff jumping. In Groton, the Nautilus, the first U.S. atomic submarine, is the star attraction of the adjacent Submarine Force Library and

Museum. Both can be toured for free.

But you might already know about those. Podskoch wants to get you to new places previously unknown to you. In Franklin, Ayer's Gap is 80 acres of rugged landscape containing Bailey's Ravine and, as described in the book, "views of waterfalls, dramatic cliffs, and fine panoramas of the adjacent countryside." Plymouth has the Dorence Atwater Memorial, a Civil War cannon dedicated to the 19-year-old Union soldier who, during his imprisonment at the notorious Andersonville prison camp in Georgia, kept records of prisoner deaths that led to the conviction of the camp's commander for war crimes.

"Remember, you have to meet somebody!" Podskoch says. "If town hall and the library are closed, go into a doughnut place and get somebody to sign vour book."

Podskoch has some more adventures ahead of him if he wants to earn his Leatherman patch. He confesses, "I've been through every town in Connecticut, but I've only certified 26 of them [in my book]."

For more information, email Podskoch at podskoch@comcast.net or go to martinpodskoch.com.

Randall Beach is the longtime columnist for the New Haven Register, where his column appears Fridays and Sundays.



2018 SEASON ****** TICKETS ON SALE NOW! *******



AN IVORYTON PLAYHOUSE CHRISTMAS HOUR

DECEMBER 5 – DECEMBER 8



Written by Donald Margulies DECEMBER 13 – DECEMBER 23

103 MAIN STREET | IVORYTON, CT 06442 | 860.767.7318 | IVORYTONPLAYHOUSE.ORG





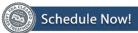












NEW TECHNOLOGY FOR REVERSING HERNIATED AND BULGING DISCS WITHOUT DANGEROUS AND DESTRUCTIVE EPIDURAL INJECTIONS, MEDICATIONS AND SURGERY!

newenglandspineanddisc.com

391 Boston Post Rd. Orange, CT 06477 • 203-799-3472

INTRODUCING Dr. Richard Carpenos, DC

Are you in pain? Have you tried everything to alleviate your pain without success? Are you contemplating surgery? Tried injections? Had surgery and are still in pain? In many cases, the operations are necessary for proper health and recovery from an injury. However, we have seen hundreds of patients who received operations they did not need and are still in ridiculous pain. NE Spine & Disc Healing Protocol is both high-tech and non-force, and most important, proven to be a safe and effective alternative to surgery. You will see we have the best therapeutic modality for advanced pain relief and expedited healing times! Our LiteCure® Laser delivers soothing, deep, penetrating, photonic energy to bring about profound physare blocked and the damaged tissues begin the physiological process of repair 3-5 times faster than normal. This all occurs as the essential healing factors are brought in and the non-essential wastes are removed, with increased circulation at the site of injury. These therapeutic enhancements of the cellular chemistry are triggered by our LiteCure® Laser, making it a truly profound healing

modality and experience!

Surgeon has PERSONAL Experience!

Dr. Robert Morrow, a well-known, trusted orthopedic surgeon who had completed over 15,000 surgeries, said "I was suffering from shoulder pain for 6 months straight with no relief. I heard about laser treatment and after seeing and hearing many of my patient's stories, I did more research on the topic and found that the doctors and staff now using these LiteCure® Lasers people who think that surgery is their only option. I went to get treated and was amazed that it took away all of my pain. After 6 months of misery, I was relieved and I am now Pain Free! I know that orthopedic surgeons don't always fully understand the available alternatives to surgery and, as a result, many patients are sent through long, painful and costly procedures. There are many of you who have been through the process of using prescription medications and injections... with little or no relief. Physicians who recommend drugs are limited by their options, for treatment, so they continue to prescribe medications. I have found that this NE Spine and Disc Healing Protocol very effective at treating patients that have not responded to other procedures, even those who have already tried surgery. I concluded, to give patients the best possible care, there needs to be referrals provided to chronic pain patients so they can receive these unique therapies."

*To everyone whose condition warrants this treatment.

**While these results are typical individual results may vary.

ADVANCED TOOLS for diagnosing and providing the best pain relief possible!

Patients cannot get a more complete exam for this treatment than that provided at NE Spine and Disc We are tooled with advanced diagnostic and care protocols, for the use of spinal decompression and deep tissue laser technologies that are the most advanced pain-relieving options in the market. We are tooled to provide you care that is breaking through the barriers of traditional medical and chiropractic. Don't undergo painful, costly, needless surgery that often can be avoided.

TESTIMONIALS of SMALL MIRACLES

Adele, Age 75 "For many years, I have suffered from lower back pain and pain radiating down both of my legs to my feet from an accident. Every time I exercised or moved just the wrong way I'd have pain that would last for a long time. I couldn't even roll out of bed without extreme pain. After the third visit all of my pain was gone. It was my own little miracle. I was very impressed by the care but also by the

fact that the doctors were knowledgeable and very personable. The staff was friendly and helpful and I would recommend their treatment to everyone with neck or back pain."

Jack, Age 37 "I was working as a Police officer in April when I was injured on the job, lost the strength in my left arm and hand and had a lot of pain in my neck and midback. I saw many Doctors for 6 months with no resolution to my problem, whether Physical Therapy, Steroids, Pain Medication, or Nerve Block. The Surgeon wanted to do a 3 level fusion on my neck as the last treatment option. I saw the ad in the paper and decided I didn't have anything to lose and to give it a try, but it was my last chance before getting surgery. After my second visit I had regained all of my strength in my left arm and hand and had minimal pain in my neck. My life has drastically improved."

Duane, Age 77 "I woke up one evening with severe pain going down my right leg and went to a Doctor who couldn't tell me what was wrong. He told me to go home, take a hot bath and in a week if it didn't go away to come back. I had an MRI showing a bulging disc in the lower spine, with arthritis and gout. A family member told me about the Deep-Tissue Laser Treatment®, and after the first session the pain lessened significantly. At the end of the visit I could move around great. By the 5th or 6th visit I had no more pain in my leg and lower back. I am extremely satisfied, my legs are stronger, and I am standing up straight. This has been a fantastic thing and it all happened in 4 to 5 weeks. If I could tell you anything it would be to not take pain killers or have surgery until you experience incredible Deep-Tissue Laser Therapy".





MUCH ADO ABOUT NOTHING

Jerry Seinfeld revolutionized the sitcom with his eponymous, decade-long TV series, and today he discusses the craft of the joke with peers over a cup of joe. But through it all he has primarily been a stand-up comedian, most at home on the stage where he explores the minutiae of everyday life. You can see him in his natural habitat at Foxwoods on Dec. 1. The show starts at 8 p.m., and tickets start at \$82.50. foxwoods.com

See December 2018 calendar listings at connecticutmag.com/calendar



COLD WEATHER. HOT JAZZ

Blending blues, gospel and soul, jazz vocalist **Deborah Davis** draws audiences in with her distinctive charm and unmistakable stage presence. Based out of New York, she tours internationally and has performed with jazz legends like Ray Brown, Lionel Hampton and Delfeayo Marsalis. Davis and her quartet will perform at the Buttonwood Tree in Middletown on Dec. 29 at 8 p.m. Tickets are \$25. buttonwood.org



FOLLOW THE STAR

If any place is custom-made for a quaint, old-fashioned Christmas, it has to be our very own Bethlehem, up in Litchfield County. Every year during the first Friday and Saturday of December, the Bethlehem Christmas Town Festival turns the town green and surrounding areas into a holiday carnival of music, hayrides and train rides, crafts, carolers and more. There's also a tree lighting, a book and cookie sale, and the 5K "Santa Made Me Do It" road race (St. Nick will be available for photos). The festival takes place Dec. 7 from 5-10 p.m. and Dec. 8 from 9:30 a.m.-4 p.m. Admission, parking and many events are free. christmastownfestival.com



Moving you in more ways than one.



Crest is your home for new and certified pre-owned Lincoln vehicles. We also offer a full lineup of pre-owned vehicles consisting of all makes and models ready for same day delivery. Crest understands that you have high expectations, and we enjoy the challenge of exceeding those standards each and every time.

CREST LINCOLN

185 Amity Road, Woodbridge, CT 06525 203-389-7100 www.crestwoodbridge.com

this month front row

"Ladies and gentlemen, your personal astrophysicist, Neil deGrasse Tyson!" That's how the world's best-known celebrity scientist wants to be introduced on Dec. 3 at The Bushnell in Hartford. Don't call him "Doctor," despite his Ph.D. from Columbia and a couple dozen honorary degrees. He's just a humble servant of your cosmic curiosity.

Will this be your first time back in Connecticut since receiving an honorary degree at Yale in the spring?

Oh, yes it is. It is my first time, that's correct.

How did that go? I know the honorary degree isn't a new thing for you.

It went very well. No, I think it was my 24th, actually, something like that. Just so you can appreciate what that number means, it means I sat through 24 graduations where they read everybody's name. I enjoyed meeting my fellow honorees, and Yale does not have a commencement speaker, as a matter of tradition, so none of us were required to say anything. We just get sort of knighted by the president.

Do you get more joy out of learning or discovering something for yourself or by teaching somebody something they didn't know?

Way more joy out of learning for myself. A perfect day for me is when no one calls me to have me do anything and I stay home all day and I read and learn. Where I do have joy is to write about what I've learned, to create a perspective that you might not have known or embraced. And I'm using the knowledge that I have gleaned to enhance or enlighten someone's worldview in ways they had not thought possible.

I won't tell the people at The Bushnell you said that.

[Laughs] But here's the difference. The difference is in my capacity interacting with the public with public talks and this sort of thing. I'm a servant of their cosmic curiosity, and I would be irresponsible if I did not rise to that expectation or that request, that demand of me. That'd be irresponsible, because I can do it and people by and large appreciate it. To not do it is to not

bring as much science

enlightenment into the world as we could. The more scientifically literate civilization is, the better shepherds we can be of our fate. Our fate that is now inextricably bound to issues where science matters.

How do you handle seeing someone in a position of authority, somebody with considerably less knowledge than you, make a decision that you know to be scientifically incorrect or potentially damaging?

My task is to alert the voters of the consequences of either their actions or their inactions related to certain policy issues. That's what I do. I don't tell them how to vote. I don't tell them they're wrong in how they feel. I just simply say, if you deny these scientific truths, which have been objectively established by the methods and schools of science, and you create laws in your community that emanate from this, then you have disrupted the paths to health, your wealth and security going forward in your region. Because innovations in science are the engines of the prolonging of our health, and the increase in our wealth, and the strengthening of our security. And it would mean that future tech companies — which create economic-growth opportunities for any place they pitch tent — will not

move to your county because they will not be able to hire people who know the difference between what is actively true and what they feel like they want to be true. So those decisions have consequences. And then I walk away.

Do you think that the "fake news" thing that's affected the way people look at media has also moved into science as well?

The denial of climate change is precisely that. That's what the denial of the efficacy of vaccines is. And by the way, one of those is seated in the political right side of the spectrum, the other the political left side of the spectrum. Science denial is not uniquely contained within conservative places. The liberal community would have you think that they have the science highground in this conversation. And they do, with regard to climate change. And they do not, with regard to things like vaccines. If you are rejecting some or all of the mainstream science that applies to your belief, and you're on the left, and you stand up and say those on the right are rejecting science, there's something wrong with them, then you are steeped in a hypocrisy that even you do not recognize. And I'm here just to get people to think straight. That's all.

AN EVENING WITH **NEIL DEGRASSE TYSON**

DEC. 3 7:30 P.M. THE BUSHNELL | HARTFORD Tickets: \$50-\$125 860-987-5900, bushnell.org

When you go on television, do you prefer being on a show that leans toward comedy?

I don't have a preference. What I do is I study the host, and look at their interview habits. How long do they give you to talk before they interrupt, either with their comment or with a joke, or a comedic quip. And I get the rhythm of that, and get a sense of who their audience is so that when I'm on their show we're not trying to fit a square peg into a round hole. I'm not there just to deliver my pre-canned boilerplate of who and what our place is in the universe, I'm there to match this content to the environment that I've been immersed in. So no, there's no urge to always return to the same show. No, give me a different show. Give me a different podcast.

Have you ever sat on the couch for an entire Saturday and just binge-watched a season of Friends or some other sitcom?

Yeah. I never could relate to Friends. but I'll occasionally binge-watch. But if I binge-watch, it's not because I love the show, necessarily, it's because other people are talking about it and I want to be fluent in it when I'm confronted when I'm in front of the public. "What do you think of this?" And then I'll know, and then I can be fluent in ways I wouldn't otherwise be. Then I'm not some detached academic trying to step into pop culture. MIKE WOLLSCHLAGER



Purchase a Single Gift Card of \$250 to \$499 and **RECEIVE A \$25 HOLIDAY VOUCHER***

ar

Purchase a Single Gift Card for \$500 or More and RECEIVE A CERTIFICATE FOR AN OVERNIGHT STAY FOR TWO**



Call 1-800-275-4772 and make this holiday a SPAliday!



TheSpaAtNorwichInn.com

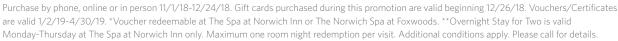


Foxwoods.com









"Connecticut Distillery of the Year."

- 2018 New York International Spirits Competition



LOOKING FOR A HOLIDAY GIFT WITH A LOCAL CONNECTION?

Give Litchfield Distillery and share the best Connecticut has to offer. We take finest local grains we can find and craft award-winning spirits one batch at a time. Taste for yourself why our good old-fashioned grit and determination have earned us recognition and awards from New York to San Francisco.

Visit LitchfieldDistillery.com for cocktail recipes and gift ideas.



LITCHFIELD
DISTILLERY
THE SPIRIT OF HARD WORK®

BEST OF 18 CONNECTICUT

©2018 Litchfield Distillery, 569 Bantam Rd., Litchfield, CT Please sip responsibly.

Holidays, Music and Family: Jewel's 'Handmade' Tour Is Coming to Ridgefield

Singer-songwriter **Jewel** will return to the Ridgefield Playhouse on Dec. 4 as part of her second annual Handmade Holiday tour. She will be joined on stage by her son, father and brothers as they perform holiday classics and, of course, Jewel's biggest hits.

What can everyone expect from the Handmade Holiday tour?

I'm bringing my family out with me. My family's from Alaska. They're actually on a hit TV show called *Alaska: The Last Frontier* on the Discovery Channel, which has been really fun for me because the world gets to see how I was raised. I'm bringing my dad and my brothers out with me and my son. It's a chance for my son to be around my family, be part of music as the culture. I was raised making gifts for my family, because we didn't have the money to buy gifts. And so I wanted to bring that in as part of it. The doors open early and there's a craft fair and my dad has made a bunch of handmade gifts from Alaska. My son is currently making as many bath bombs as he can. And I make jewelry (songlinesbyjewel.com) that people can buy.

You've always done an incredible amount of charity work. In August you made a speech in New York where you said you don't *want* to make your next album, you felt *compelled* to make it. Do you approach charity and music in the same way?

Philanthropy for me is just how my heart is wired. I think it's what makes a singer-songwriter different than songwriters. They have to have a heart for society. They have to care about holding up a mirror to society and giving it a voice. For me, philanthropy — because I did struggle so much, because I did have a difficult and abusive background, because I was homeless, because I know how much people suffer and struggle, I've always felt a duty to help because I know what help means.

The single greatest performance of your career, and this is a fact, was when you did "Silver Nickels and Golden Dimes" (a song written by a sixth-grade Howard Stern) at his birthday bash in 2014. How did that come about?

I avoided his show for so many years because I had to deal with a million rip-off artists and shock jocks in the '90s just being brutal with

me. So I always avoided Howard until I met him backstage one time and realized what a smart and intelligent person he was. And so I've done two interviews with him and they've been some of my favorite interviews. He asked me to do a song he wrote, and at first I was like you've got to be kidding me. So I just did my own interpretation of it. For his birthday bash he asked me to sing it and we'd become good enough friends at that point that I was totally down. I like really challenging gigs.

You said it was the "suckiest crowd" you've ever been around.

I think I said that on stage. I had to do something to get people to pay attention, because people were really talking a lot. Part of

JEWEL

DEC. 4 | 8 p.m.

RIDGEFIELD PLAYHOUSE | RIDGEFIELD

Tickets: \$110 203-438-5795, ridgefieldplayhouse.org it's because Howard was doing a live broadcast and you couldn't really hear that well. But there were amazing performers doing amazing things on stage, and I've never been background music. I'm very prideful. Even when I was home singing on street corners I did whatever it took to get people to listen. And I've always been that way. When I toured with Bob Dylan, the reason he ended up meeting me and mentoring me was because I was kicking people out of his shows for talking when I was opening for him.

One more Stern-related question. You covered "Eleanor Rigby" for the Revolver 50th anniversary special they put together for his SiriusXM channel. You said it was a "tall order to tackle one of the classics." What goes through your mind when you're considering which songs to cover? I never would have done that for anybody but Howard. "Eleanor Rigby," when I found out that was available, I really felt like that was the most suited to me because it's really quirky. But figuring out how to reinterpret those are really difficult, because you really have to change them and make them your own. Because you're never gonna beat the original. They did it. They're the Beatles.

When you first made it big, how do you wrap your head around what's happening to you during something like that?

When I got signed I was quite afraid of fame, because I didn't think I was psychologically built for it, just because of my background and the trauma that I had. Fame doesn't change you, it exaggerates you. So if you're insecure, you get more insecure. And that's why you see so many celebrities self-implode. I know I was a real candidate for that. By the time I was on the cover of *Time* magazine, I couldn't personally handle that. It wasn't at a psychological pace that was good for me. I just started doing what Dylan and Neil Young taught me to do, which was follow my muse, and I began changing my musical styles, experimenting and just keeping myself interested and alive and curious creatively. I've always been going for a 50-year career. I know nothing is huge forever. I hope to keep a core fanbase that are singer-songwriter fans and I hope to be able to do this for 50 years.



MATTHEW ROLSTON

Making the Magic

AWARD-WINNING DIRECTOR AND WESLEYAN ALUM THOMAS KAIL ON BEING IN THE ROOM WHERE *HAMILTON* HAPPENED | BY FRANK RIZZO

Back in 2009, Thomas Kail got more than an inkling that his friend Lin-Manuel Miranda's new project was something special when a video from a presentation at the White House went viral, ricocheting around the globe, enjoyed by countless theater fans, young people and, interestingly, history teachers. Before an audience that included Barack and Michelle Obama, Miranda introduced a hip-hop number from a "concept album" he was developing called *The Hamilton Mixtape*.

"Then Lin and I started conversations, just the two of us, thinking about what else this could be," says Kail, who overlapped with Miranda for one year at Middletown's Weslevan University but never actually met him until after college. "We found ourselves building it brick by brick and we [eventually] started to realize there is some energy around it, that it felt like it was holding together."

But it wasn't until early 2012 — when a selection of songs from what was still called The Hamilton Mixtape was presented as

part of the American Songbook series at Lincoln Center — that Miranda and Kail knew for sure they had a viable stage work.

"That's when it became absolutely

clear," says Kail, a native of Virginia. "That's when [music director] Alex Lacamoire came aboard. It was the first time Lin and I had been in a room with an audience of 350-400 people to listen to the songs, which wasn't a ton of people, but something was definitely happening. I felt it very clearly. I've spent my whole life sitting

in audiences and reading audiences and understanding when they're engaged and when they're not. That [Lincoln Center] audience was very engaged and that was very encouraging."

Years later, Kail would receive a Tony Award for direction when that concept album evolved into the groundbreaking

Broadway smash Hamilton. The national tour of the musical plays a three-week run at The Bushnell in Hartford Dec. 11-30. Austin Scott plays the role of Alexander

> Hamilton, while Aaron Burr will be played by Nicholas Christopher, who was the Broadway production's George Washington. Though the shows sold out in a matter of hours in early September, additional tickets may become available on bushnell.org closer to the show dates, and people can enter a lottery online through the official Hamilton app.

Even when the show opened off-Broadway at New York's Public Theater in January 2015, the run attracted sold-out crowds, first based on Miranda's reputation from his earlier work, In the Heights, and then via word of mouth. "Nothing had been written about the show yet," Kail says, "and yet there was a momentum there. I just started to feel

something that was slightly difficult to describe that was circling the show."

When the off-Broadway run ended, many thought the show could immediately transfer into a Broadway theater. Instead, the strategy was to work on the musical a bit more, fine-tuning what the creative team already knew was something special. The show finally opened on Broadway on July 13, 2015, and immediately entered the cultural zeitgeist. "When Lin and I peeked outside after our 5 o'clock rehearsal one day [before the Broadway opening] and we saw 700 people standing in line trying to get 20 tickets for the lottery, I knew something was going on that I had not ever experienced," Kail says.

That enthusiasm exceeded their first Broadway collaboration, 2008's Tony Award-winning musical In the Heights, which was itself a kind of phenomenon. The show began when Miranda, then a sophomore at Wesleyan, created a hip hop show of the same name. Word of Miranda's talent made its way to Kail, who had previously graduated from Wesleyan as "a very mediocre history major." Kail was living in New York and became part of a theater company with several other Wesleyan grads.

The group brought Miranda into its fold as soon as he graduated and began developing the musical, first in the basement of the Drama Bookstore where several of them worked, and later at the Eugene O'Neill Theater Center in Waterford. The show went on to win awards, tour and be optioned as a film. (It has a June 2020 release date.)

But as popular as In the Heights became, it paled in comparison to what their *Hamilton* collaboration would become seven years later. "Now having seen the show in so many cities across this country, the reaction to the show has been consistent," Kail says. "It's been a gathering place for people to sit in the dark and watch what's possible, in a creative sense, in a theater that invites and allows everyone to come and be unified, to be galvanized."

Kail's current project — beyond keeping the five *Hamilton* companies in top shape — is a limited television series he is directing and co-producing with Miranda based on the lives and careers of choreographer-director Bob Fosse and Broadway actress and dancer Gwen Verdon. The eight-part series stars Sam Rockwell and Michelle Williams and will air on FX next year.

Adding to the armload of honors the Tony Award- and Pulitzer Prizewinning show has received will be a Kennedy Center Honor, which will be

> awarded to Miranda, Kail, Lacamoire and choreographer Andy Blankenbuehler on Dec. 2. It is the first time a creative team and not just an individual has been honored. (The event will be broadcast on Dec. 26.)

"I was stunned when I heard the announcement," Kail says. "The Kennedy Center Honors, which for someone who grew up in the D.C. area, well, it's one of the first things you learn about when you're a kid growing up. That I get to stand there among the incredible talents, with my three best pals and to be a part of it, well, it's not something you certainly think is ever going to happen. I'm pretty darn lucky."

Also coming up is the return of Miranda to the title role in *Hamilton* for a special month-long presentation in San Juan, Puerto Rico, in January to benefit the hurricane-ravaged island. Kail will again direct.

"I just hope Lin remembers all the words," he says, laughing.

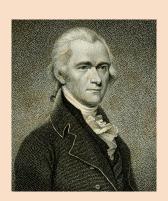
> **HAMILTON** AN AMERICAN MUSICAL DEC. 11-30

THE BUSHNELL HARTFORD 860-987-5900, bushnell.org

The World of the Real Hamilton

Can't get enough of Alexander Hamilton? Then head to the Connecticut Historical Society in Hartford for more on the colorful Founding Father.

The museum and library's newest exhibit, Hamilton: His World, His Words, His Hair, is a slightly lighthearted look at the



life and times of the real historical figure, featuring Revolutionary War-era clothing, artwork and objects. On display through Feb. 23, the exhibit features a set of dueling pistols similar to those used by Hamilton's rival, Aaron Burr, a piece of the first American flag made by Betsy Ross. an engraving of the

Boston Massacre by Paul Revere, a rare Loyalist red coat, a 1776 copy of Thomas Paine's Common Sense, and, yes, a lock of Hamilton's hair.

"We love how Broadway has embraced this important historical figure and made Hamilton the talk of the town," says Jody Blankenship, chief executive of the Connecticut Historical Society, "It gives us a wonderful occasion to reach

back into our Revolutionary War archives and bring some great pieces from that era out for everyone to view and enjoy once again. To reflect the tone of the musical, we have kept this exhibit on the lighter side and made this part of our history fun for all."

backdrop of quotes and photos from *Hamilton*, you'll see more portraits, posters and objects relating to the real-life

figures of the musical — historical letters written by Hamilton and George Washington, a necklace owned by Theodosia Burr, Aaron Burr's daughter, and an original broadside of Washington's farewell address, which Hamilton helped to write.

If you're lucky enough to score tickets for *Hamilton* at The Bushnell, check out the historical society's display of Hamilton-related items including a set of dueling pistols and a dress from the late 1700s.

On Dec. 10 at 6 p.m., the historical society will host a free lecture, Alexander Hamilton and Fake News, about how the Founding Fathers viewed and dealt with a free press.

The Connecticut Historical Society is located at 1 Elizabeth St. in Hartford. Tickets: \$12 adults, \$10 seniors (65 and over), \$8 students (with valid college ID) and youth (6-17). 860-236-5621, chs.org

A touring production of *Hamilton* comes to The Bushnell in Hartford Dec. 11-30. ABOVE: Thomas Kail directed the smash hit musical's original off-Broadway and Broadway runs.

30 DECEMBER 2018 connecticutmag.com

All Natural

CONNECTICUT 'FARMSCAPES' ARE THE FOCUS OF SOUTHBURY ARTIST THOMAS ADKINS' NEW MILFORD SHOW

BY ERIK OFGANG

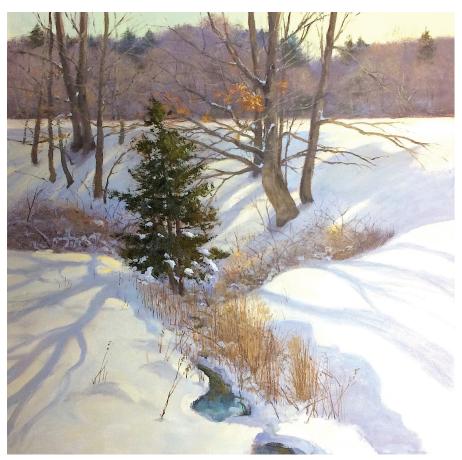
It's usually the light that first captures Thomas Adkins' attention. Whether it's the way the setting sun reflects off the waters of Lake Waramaug in Washington, or how the shadows of leafless trees fall across a partially frozen stream in a New England forest, there are moments of natural beauty that seem to tell a story and draw Adkins' gaze, moving him to preserve the scene on canvas.

"What I'm looking for, really, when I'm out painting is something that kind of strikes me," says Adkins, who splits his time between Southbury and Maine. "It's the atmosphere. It's the feeling, the mood that I get from that particular location. I can drive around for a half-hour, an hour and not see anything, and then at that special moment, something strikes me. It's usually the lighting and how it strikes the form of buildings and trees and mountains that I want to kind of capture."

These moments, preserved by Adkins' brushstrokes, are featured through Dec. 31 at his solo show at the Gregory James Gallery in New Milford. Called From the Mountains to the Shore: The Transcendence of New England Moments, the 32-piece show is filled with natural images from the state's Northwest Corner as well as scenes from Maine, Vermont and other parts of New England. There are several familiar waterways depicted, including Candlewood Lake, and images of farm buildings and surroundings, what Adkins calls his "farmscapes."

A dedicated en plein air (outdoor and natural light) painter, Adkins works in all seasons and nearly all weather, protecting his work with an umbrella mounted on his easel. When he comes across a moment and scene he wants to paint, he gets to work immediately. "I usually paint smaller, very quick because the lighting is so fleeting that you want to capture that moment in time," he says.

He then uses these smaller paintings as the guideposts for his larger works. "It's like a conduit between me and the landscape and I'm trying to share that with others," he says. "I think everybody has those kinds of experiences whether you're a painter or not."



The work of Southbury artist Thomas Adkins is on display at the **Gregory James** Gallery until Dec. 31. Above: Adkins' painting Winter Cedar.



A Waterbury native, Adkins graduated from the Paier College of Art in Hamden and completed graduate classes at the School of Visual Arts of New York. In addition to his fine art painting, he has worked with advertising agencies to create designs and illustrations for General Electric, IBM, Wendy's and many other well-known corporations. He is a member of the Connecticut Plein Air Painters Society and the Lyme Art Association, as well as a winner of many art awards. His work is part of the collection of the New Britain Museum of American Art.

The paintings in the New Milford

show are for sale and range from \$950 to \$8,000. Adkins also works on commission to paint landscape scenes of people's properties.

Beyond the aesthetic quality of his work, Adkins says there is a preservation angle. "The farmland in New England is vanishing, so it's also trying to keep a record of what's disappearing out there,"

Adkins' show is on view through Dec. 31 at Gregory James Gallery, 93 Park Lane Road (Route 202), New Milford (860-354-3436, gregoryjamesgallery.com).

thomasadkinsfineart.com

I this month | holiday events



See more traditional holiday

All information is subject to change. Check with event coordinators in case of inclement weather and for other up-to-date

information.

activities in "Home for the Holidays," starting on page 74.

MUSIC

Nov. 23-Dec. 31 Legends in Concert Holiday Show Fox Theater, Foxwoods Resort Casino Artists perform in tribute to Elvis, Michael Jackson, Whitney Houston, David Bowie and more in a holiday-themed show. Tue.-Sun. (excluding Dec. 25) and Mon. Dec. 31: \$35-\$45. foxwoods.com

Handel's Messiah

Presented by the Waterbury Symphony and performed by Hartford Chorale and vocal soloists from the Yale Opera program. waterburysymphony.org

Dec. 1 St. Anthony of Padua, Litchfield 7:30 p.m.

Dec. 2 NVCC Fine Arts Center, Waterbury 3 p.m. \$20-\$55.

Dec. 2 Ben Vereen: Steppin' Out for the Holidays Ridgefield Playhouse, Ridgefield The legendary actor performs a night of Christmas and Hanukkah favorites, plus classics from the Great American Songbook and Broadway. 4 p.m.; \$75. ridgefieldplayhouse.org

Dec. 5-8 Christmas Hour with David Pittsinger and Friends Ivoryton Playhouse, Ivoryton David Pittsinger, along with Patricia Schuman, Carly Callahan and others perform holiday standards and sacred songs. Wed.-Sat. 7:30 p.m. and Thu. 2 p.m.; \$50 ivorytonplayhouse.org

Dec. 7 Theresa Kate Band The Palace, Stafford **Springs** The Christian pop-rock singer performs her Christmas show, Joy Protect My Eyes. 8 p.m.; \$20-\$22. the stafford palace the ater. com

Dec. 8 Brian Wilson Presents the Christmas Album Live Oakdale Theatre, Wallingford The iconic musician performs holiday songs from the Beach Boys, his 2015 holiday solo album and other favorites. 8 p.m.; tickets start at \$34 oakdale.com

Dec 9 Christmas With the Celts: An American & Irish Christmas Ridgefield Playhouse, Ridgefield The Celts perform a mix of traditional Irish music,

American pop and ancient Irish and Scottish carols. 7:30 p.m.; \$47.50. ridgefieldplayhouse.org

Dec. 12 98 Degrees at Christmas 2018 Tour Ridgefield Playhouse, Ridgefield All four original members of the late-'90s boy band will perform music from their recent Christmas album, Let it Snow. 8 p.m; \$98-\$125. ridgefieldplayhouse.org

Nowell!

In the spirit of Nowell, or the hope for a better world, CitySingers of Hartford performs choral works, carols and motets dating from the Renaissance to modern day. citysingers.org

Dec. 15 Enfield Congregational Church, **Enfield** 4-5:30 p.m.: \$10

Dec. 16 & 22 First Church of Christ, West Hartford 4-5:30 p.m.; \$10

Dec. 15 Joys of the Season: Bach to Pops! Norwalk Concert Hall, Norwalk The Norwalk Symphony Orchestra performs Tchaikovsky's Waltz of the Snowflakes, Vaughan Williams' Fantasia on Greensleeves and Handel's Hallelujah Chorus, as

well as Christmas and Hanukkah standards. 5-7 p.m.; \$10-\$50. norwalksymphony.org

Dec. 16 Winter Concert Battell Chapel, New Haven Maestro Kalena Bovell makes her debut with the Civic Orchestra of New Haven with selections by Coleridge-Taylor, Bizet and Sibelius, as well as holiday choir music. 3:30-5:30 p.m.; \$20 suggested donation. civicorchestraofnewhaven.org

Dec. 19 Glenn Miller Orchestra: In the Christmas Mood Ridgefield Playhouse,

Ridgefield The world-famous orchestra performs holiday and big-band favorites. 7 p.m.; \$40 ridgefieldplayhouse.org

Dec. 20 Sultans of String: Christmas Caravan Infinity Hall, Norfolk This quintet of string aficionados merges genres and influences to produce a truly unique sound. 8 p.m.; tickets \$24-\$39. infinityhall.com

Dec. 22 A Tribute to Trans-Siberian Orchestra

Water's Edge, Westbrook Tribute band Ornament performs the holiday music of the internationally known orchestra. Admission includes dinner and the show. 6 p.m. reception (show starts at 7 p.m.); \$49. watersedgeresortandspa.com



Through Dec. 23 The Christmas Elf 2

Downtown Cabaret, Bridgeport The Christmas Elf is back, and is once again called upon to save the holiday in this Children's Theater production. Saturdays noon & 2:30 p.m. and Sundays 2 p.m.; \$23.75. dtcab.com

Through Dec. 15 Elf: The Musical Curtain Call. **Stamford** Based on the beloved movie. Buddy the Elf goes on a quest to find his true identity. Thu.-Sat. 7:30 p.m. and Sat.-Sun. 2 p.m.; adults \$35, children \$17.50. curtaincallinc.com

Nov. 29-30 & Dec. 5-9 A Civil War Christmas: An American Musical Celebration Connecticut Repertory Theater, Storrs Set in late 1864, this musical from Pulitzer Prize winner Paula Vogel depicts an America desperate for peace in a time of extreme partisan divide. (Use your imagination.) Showtimes vary; \$10-\$40. crt.uconn.edu

Nov. 30-Dec. 1 Rudolph the Red-Nosed Reindeer: The Musical Palace Theater.

Waterbury The misfit reindeer finds his purpose in this musical adaptation of the stop-motion classic. Fri. 7 p.m. and Sat. 1 & 7 p.m. palacetheaterct.org

Dec. 1 Peter White Christmas John Lyman Center for the Performing Arts, New Haven Guitarist Peter White and friends with an evening of jazz and holiday classics. 8 p.m.; \$35. tickets.southernct.edu

Dec. 1 The Gingerbread Man Ballard Institute, Mansfield Run, run, to the classic story of a cookie with a Christmas wish. This 40-minute puppet show is for ages 3 and up. 2 p.m.; \$12. bimp.uconn.edu

It's a Wonderful Life: A Live Radio Play

The Vagabond Theatre Company performs a live radio adaptation of the classic movie.

Dec. 1-2 *The Bijou Theatre, Bridgeport* Sat. 2 & 8 p.m., Sun. 4 p.m.; tickets start at \$15.

Dec. 14-15 The Legacy Theatre at Stony Creek Museum, Branford Fri. 7:30 p.m., Sat. 2 & 7:30 p.m. (space is limited; reservations strongly recommended.) vagabondbpt.org

Dec. 1-16 Elf: The Musical Thomaston Opera **House, Thomaston** Landmark Community Theatre's production of the beloved story. Fri.-Sat. 7 p.m.; Sun. 2 p.m.; \$26. landmarkcommunitytheatre.org

Dec. 1-22 Glitz! The Little Miss Christmas Pageant Musical Milford Arts Council, Milford Ten girls (and their mothers) vie for a junior pageant crown in this comedy holiday show for the whole family. Fri.-Sun., various times; \$22-\$25. pantochino.com

Dec. 2 Donny & Marie Holiday Tour 2018 *Grand* **Theater, Foxwoods Resort Casino** Celebrate the season with an evening of song and dance with the Osmonds. 6 p.m.; \$79-\$109. foxwoods.com

Dec. 8 Twas a Girls Night Before Christmas: The Musical Shubert Theatre, New Haven This sequel to the hit Girls Night: The Musical finds the ladies reunited for a night on the town during the holiday season. 7:30 p.m.; \$35-\$55. shubert.com

Dec. 8-16 A Charlie Brown Christmas Warner **Theatre, Torrington** Charlie Brown and the gang learn the true meaning of the season in this brief (45-minute) stage adaptation of the beloved TV special. Sat.-Sun. 1 and 4 p.m.; \$12. tickets.warnertheatre.org

Dec. 9 Christmas With the Celts: An American & Irish Christmas Ridgefield Playhouse,

Ridgefield The Celts perform a mix of traditional Irish music, American pop and ancient Irish and Scottish carols. 7:30 p.m.; \$47.50. ridgefieldplayhouse.org

Dec. 13-23 Coney Island Christmas *Ivoryton* Playhouse, Ivoryton A young Jewish girl learns what it means to be American during the holidays when she is cast as Jesus in her school's Christmas pageant, Wed.-Sat. 7:30 p.m. and Wed. & Sat.-Sun. 2 p.m.; \$35. ivorytonplayhouse.org

Dec. 14-16 Cirque Dreams Holidaze Oakdale **Theatre, Wallingford** A spectacular cirque show celebrating the Thanksgiving, Hanukkah, Christmas and New Year's holidays. Fri. 7:30, Sat. 2 & 7 p.m., Sun. 2 p.m.; tickets start at \$29. oakdale.com



THE NUTCRACKER BALLET

Dec. 1 Oakdale Theatre. Wallingford Moscow Ballet's Great Russian Nutcracker. 3 p.m.; tickets start at \$28. oakdale.com

Dec. 1-2 Pomperaug High School, Southbury Main Street Ballet Company. Dec. 1 at 7 p.m., Dec. 2 at 2 p.m.; \$12-\$15. mainstreetballet.org

Dec. 1-16 Mystic Dark Room, Stonington Mystic Ballet performs its Nutcracker Spectacular. Sat. 1 p.m. & 4 p.m. and Sun. 1 p.m.; \$32-\$48. mysticballet.org

Dec. 8-9 Garde Arts Center, New London Eastern Connecticut Ballet brings in stars from the New York City and Miami City ballets, and transforms the setting into a New London winter seaport in the 1850s. Sat. 1:30 & 7 p.m., Sun. 1:30 p.m.; \$25-\$50. gardearts.secure.force.com

Nutmeg Ballet

Before they debut their new set in 2019. there are two more chances to see the one that has entertained audiences for the past

Dec. 8-9 The Bushnell, Hartford Sat.-Sun. 12:30 p.m. & 4:30 p.m.; \$38-\$60. bushnell.org

Dec. 15-16 Warner Theater, Torrington Sat. 2 & 7 p.m., Sun. 2 p.m.; \$24-\$47. tickets.warnertheatre.org

Dec. 15-16 Palace Theatre, Stamford

The Connecticut Ballet's production returns with guest stars from the New York City Ballet for Saturday's shows and the American Ballet Theater on Sunday, 1 & 5 p.m. each day; \$40-\$75. connecticutballet.org

Dec. 15-16 Shubert Theatre, New Haven Performed by the New Haven Ballet. 1 & 5 p.m. each day; \$24-\$70. shubert.com

Dec. 16 Palace Theater, Waterbury Performed by the Woodbury Ballet. 4 p.m.; \$25-\$75. palacetheaterct.org



Dec. 15-16 A Broadway Holiday Show

Fairfield Theater Co., Fairfield Broadway's New Paradigm Theatre troupe joins performers from Connecticut Dance for a performance of new and classic holiday tunes. Sat. 8 p.m. and Sun. 3 p.m.; \$35. fairfieldtheatre.org

Dec. 22 A Magical Cirque Christmas

Palace Theatre, Stamford A return to the golden age of entertainment with circus acts, magic. comedy and Christmas carols. 8 p.m.; \$27-\$150. palacestamford.org

A CHRISTMAS CAROL

Nov. 23-Dec. 29 A Christmas Carol Hartford Stage, Hartford Back for its 21st season at the Hartford Stage. Schedule varies; \$25-\$90. hartfordstage.org

Nov. 30-Dec. 30 A Connecticut Christmas Carol The Norma Terris Theatre. Chester The classic tale is adapted into a musical for the Nutmeg State, with William Gillette as Scrooge and appearances by the likes of Mark Twain and P.T. Barnum, plus some newly added twists for 2018. Evening and matinee shows Thu.-Sun., and a Christmas Eve matinee Dec. 24; times and ticket prices vary. goodspeed.org

Dec. 1-2 Dinner/Brunch with Dickens

Water's Edge, Westbrook Saturday dinner or Sunday brunch with Gerald Dickens, Charles' great-great-grandson, who performs the famous play. Sat. 6 p.m., Sun. 10 a.m.; \$59. watersedgeresortandspa.com

Dec. 6-16 An Improvised Christmas

Carol Sea Tea Comedy Theater, Hartford In this show by Sea Tea Improv and Hot Cocco Productions, the audience can suggest changes that may — or may not — affect Scrooge's journey. Shows take place Thu.-Sat. 8 p.m. and Sun. 2 p.m.; \$18 for adults and \$10 kids under 16. seateaimprov.com







CRAFT FAIRS

Dec. 1 St. Nicholas Fair *St. Paul's Episcopal Church, Fairfield* Shop for handmade crafts, ornaments, wreaths and cookies, plus gently used items and a silent auction. St. Nick himself will be making the rounds. 10 a.m.-4 p.m.; free admission. *stpaulsfairfield.org*

Dec. 1-22 Gingerbread House Decorating Workshops for Children

Lyman Orchards' Apple Barrel, Middlefield Kids can enjoy an edible dream come true learning how to build and decorate gingerbread houses. Reservations required. Sat.-Sun. 10 a.m.-noon lymanorchards.com

Dec. 1-2 & 8 Holiday Open House & Market Dudley Farm Museum, Guilford Explore two floors of the Munger Barn to find unique homemade foods and crafts. Free admission. dudleyfarm.com

Dec. 7 Farmington High School Madrigals & Holiday Maker's Market

New Britain Museum of American Art, New Britain The museum's annual Holiday Maker's Market has more than 20 local vendors selling handmade jewelry, crafts and more. As guests browse the markets, the Farmington High School Madrigals will perform classic holiday songs. nbmaa.org

HOLIDAY FESTIVALS

Nov. 23-Dec. 15 Gingerbread House Festival Wood Memorial Library, South Windsor Sat.-Mon. 10 a.m.-5 p.m., Thu.-Fri. 10 a.m.-8 p.m.; free admission. woodmemoriallibrary.org

Nov. 25 Holiday Dazzle Light Parade *Downtown Putnam* More than 100 floats, plus music and light displays to welcome the holiday season. 5-8 p.m. *discoverputnam.com*

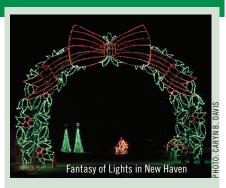
Dec. 1 Winter Welcome *Mansfield Center, Storrs*This annual community festival features street performers, carolers and special offers from downtown businesses.
2-5 p.m. *mansfieldct.gov*

Dec. 8 Colebrook Holiday Magic Fair *Town Hall and Senior & Community Center, Colebrook* A traditional holiday fair with food and craft vendors, live trees and wreaths, and children's shopping and activities. 9 a.m.-3 p.m. *townofcolebrook.org*

MOVIES

Dec. 8 Elf (2003) *Avon Theatre, Stamford* Along with this free screening of the classic Will Ferrell comedy, the Avon is collecting canned and non-perishable food items for the Food Bank of Lower Fairfield County. 11 a.m. *avontheatre.org*

Dec. 27 Christmas in Connecticut (1945) *New Britain Museum of American Art, New Britain* Barbara Stanwyck is a domestic magazine writer forced to try to live up to her highly exaggerated reputation when a publisher invites himself and a war hero to stay on "her" idyllic farm for the holidays. 1 p.m.; free with museum admission. *nbmaa.org*



LIGHT FESTIVALS

For more information, see "Home for the Holidays" on page 74.

Through Jan. 2 Festival of Silver Lights *Hubbard Park, Meriden* 5 p.m.-midnight; free admission. *meridenct.gov*

Through Dec. 31 Fantasy of Lights *Lighthouse Point Park, New Haven* Sun.-Thu. 5-9 p.m. and Fri.-Sat. 5-10 p.m.; \$10 per car. *goodwillsne.org*

Through Jan. 1 Holiday Light Fantasia *Goodwin Park, Hartford* Sun.-Thu. 5-9 p.m., Fri-Sat. 5-10 p.m.; \$15 per car. *holidaylightfantasia.org*

Dec. 1-30 Illuminations *Ivoryton Town Green* Sun.-Thu. 5-9 p.m., Fri-Sat. 5-10 p.m.; \$15 per car. *holidaylightfantasia.org*

THE RIDGEFIELD PLAYHOUSE

GIVE THE GIFT OF GREAT ENTERTAINMENT!

JANUARY

11 The Smithereens

Opening Act: Larry Stevens Band Featuring special guest vocalist Robin Wilson of the Gin Blossoms!

FEBRUARY

5 Masters of Illusion: Believe the Impossible!

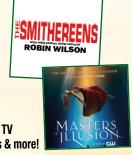
From the hit Broadway show and CW TV series! Mind-bending magic, illusions & more!



Opening Act: Billy Strings Solo Grammy-Award-winning trio w/ Sara Watkins, Sarah Jarosz and Aoife O'Donovan!

14 Kool & the Gang Valentine's Day Celebration Presented by Ethan Allen Hotel

"Celebration," "Jungle Boogie,"
"Ladies Night," "Get Down On It" & more!



FEBRUARY

16 Demetri Martin

Wandering Mind Tour
Actor, comedian and NY Times
best-selling author!

23 Linda Eder

An evening of pop hits, standards & Broadway classics!

MARCH

9 Luann de Lesseps Countess and Friends

The Real Housewives of New York star brings a night of cabaret to The Playhouse!

MAY

4 Wayne Brady

A night of improvisational comedy & music!

80 East Ridge • Ridgefield, CT • 203.438.5795 • ridgefieldplayhouse.org

Nov. 23-Dec. 23 Santa Special Essex

Steam Train & Riverboat, Essex Take a festive railway ride with Santa and Mrs. Claus and the helpers. Trains depart Fri. Nov. 23 and Sat.-Sun. thereafter; departure times and prices vary. essexsteamtrain.com

Nov. 23-Dec. 23 Northern Lights Limited and Santa Express Railroad Museum of New England. Thomaston Take an early afternoon ride with the big guy on the Santa Express, or ride the evening Northern Lights Limited all the way to the North Pole to pick up Mr. and Mrs. Claus and their entourage.

Fri.-Sun.; departure times and prices vary. rmne.org

Nov. 30-Dec. 23 Santa's Trolley Winter Wonderland Shore Line Trolley Museum,

East Haven Kids get to meet and receive a small gift from Santa, plus enjoy a cookie and hot chocolate aboard an antique trolley decorated for the holidays. Trolleys leave Sat.-Sun. between 11 a.m.-4:30 p.m.; \$10 per person. shorelinetrolley.org

Dec. 1 Breakfast With Santa New England Air Museum, Windsor Locks Families can meet Santa and his elves for breakfast, then tour the museum with him (he knows a thing or two about aviation). Breakfast is 10-11 a.m., and Santa will be there until 2 p.m. Limited space; reservations required. \$10 per person for members; non-members: \$25 adults, \$20 ages 4-14, free under 4. neam.org



Dec. 2 Santa's Run Glastonbury High School, Glastonbury Dress in your wildest holiday costume for this annual 3.5-mile run — there will be prizes for the race, plus a costume contest and raffle drawings. A portion of the proceeds benefits the Glastonbury Food Bank. Race starts at noon (snow date: Dec. 9); entry fee \$15 before Dec. 1, \$20 day of race. glastonbury-ct.gov

Dec. 2-23 Brunch with Santa & Mrs. Claus Lyman Orchards Homestead, Middlefield Families can enjoy a buffet-style brunch prepared by the Lyman Homestead, then get a complimentary photo of their meeting with Mr. and Mrs. Claus. Reservations required. Sun. Dec. 2-23 and Sat. Dec. 15 & 22. Seatings between 10 a.m.-2:30 p.m.; \$39.95 adults, \$19.95 7-12, \$6.94 3-6, 2 and under free. Iymanorchards.com



MUSEUMS

Through Jan. 4 Deck the Walls Lyme Art

Association, Old Lyme An annual member show and sale featuring more than 200 works of art priced for holiday gift-giving. Wed.-Sun. 10 a.m.-5 p.m. and by appointment. lymeartassociation.org

Through Jan. 6 Magic of Christmas Florence Griswold Museum, Old Lyme Each year sees the museum decorated in the style of 1910, the height of the Lyme Art Colony, and hosts Christmastime teas and hands-on crafts events for children and adults. Tue.-Sat 10 a.m.-5 p.m., Sun. 1-5 p.m.; \$10 adults. florencegriswoldmuseum.org

Nov. 23-Jan. 6 Victorian Holiday Season

Lockwood-Mathews Mansion Museum & Westport Historical Society's Wheeler House, **Norwalk/Westport** Enhance the holiday spirit with a tour of two historic buildings. Includes a catered boxed lunch and refreshments. Group tours only, starting daily at 10, 10:30 and 11 a.m. (no tours Dec. 25 or Jan. 1). \$32: reserve tickets online or call 203-838-9799, ext. 6. lockwoodmathewsmansion.com

Dec. 1-21 Great Trains Holiday Exhibit

Wilton Historical Society, Wilton Kids of all ages love this interactive exhibit of model trains which run through tiny towns set up all over the historical society's buildings. This year features the debut of an expanded new Lego set. Younger visitors can find Thomas the Tank Engine and Brio, and visit

with Santa on Dec. 8 from 11 a.m.-2 p.m. Trains are open for viewing Wed.-Sat. 10 a.m.-4 p.m. and Sun. noon-4 p.m. \$10 for non-member adults; free for members and under 12. wiltonhistorical.org

Dec. 2 Colonial Christmas Leffingwell House *Museum, Norwich* The museum will be decorated in the Colonial Christmas style, with a President William Harrison impersonator, interpreters to answer your questions about the holiday exhibits and regional tastes of the season for sampling. 1-4 p.m.; free admission. *leffingwellhousemuseum.org*

Dec. 9 Holiday Open House Lockwood-Mathews Mansion Museum, Norwalk Tour the Magical Christmas Eve exhibit and enjoy dance and choral youth performances, plus a visit from Santa. noon-4 p.m.; admission \$5. lockwoodmathewsmansion.com

Dec. 16 Seasons Readings Lockwood-Mathews Mansion Museum, Norwalk Play With Your Food presents an afternoon of short plays and stories to celebrate the season. 4-6 p.m.; \$35. lockwoodmathewsmansion.com

Dec. 21 Museum After Dark: Ugly Sweater Party New Britain Museum of American Art, **New Britain** Don your ugliest apparel for live music, karaoke, food and drink, and photos with Santa. 21 and over. 8-11 p.m.; \$15-\$30. nbmaa.org



HOLIDAY HOUSE TOURS

Dec. 2 Mark Twain House & other locations. Hartford and West Hartford Tour the Mark Twain House decorated for a late-19th-century Christmas, plus four other beautiful private homes. 11 a.m.-3 p.m.; tickets \$30 in advance or \$35 day of tour. marktwainhouse.org

Dec. 8 Various locations, Woodbury

The Woman's Club of Woodbury sponsors this annual tour of a half-dozen of the town's historic homes. 10 a.m.-4 p.m; \$30 in advance or \$35 day of event at the Woodbury Senior and Community Center. womansclubofwoodbury.org



YEAR'S EVE All events take place on Dec. 31

Boogie Wonder Band Mohegan Sun Wolf Den The popular cover band gets down with '70s favorites for two free shows, at 8 and 11 p.m. 21 and over. mohegansun.com

First Night of Funny Shubert Theatre, New Haven Ring in the new year with a lineup of nationally known comedians. 18 and over. 8-10 p.m.; \$25. shubert.com

Kesha Mohegan Sun Arena The singer-songwriter performs in concert, fresh off some of the best reviews of her career for her album Rainbow. 8 p.m.; \$49-\$69. mohegansun.com

Max Creek Toad's Place, New Haven

The classic jam band takes the stage at 8 p.m. \$25. toadsplace.com

New Year's Eve Black & White Ball

Mystic Aquarium. Mystic Celebrate in style in your best black-and-white attire with Nancy Paolino & The Black Tie Band, gourmet catering and two special guests: a pair of endangered African penguins. Proceeds benefit the aquarium's mission programs. 21 and over. 8 p.m.-1 a.m.; \$125 per person. mysticaquarium.org

New Year's Eve Gala Lady Katharine

Cruises, Hartford Cruise into 2019 with lively entertainment, a buffet dinner, fireworks and a champagne toast. Boarding at Charter Oak Landing at 6:30 p.m.; cruise-only and hotel packages available. ladykatecruises.com

Noon Year's Eve Maritime Aquarium, Norwalk Kids can ring in the year and count down to 12 noon with a strolling magician, juggler and "bubble-ologist." 11 a.m.-2 p.m.; adults \$24.95,

ages 3-12 \$17.95. maritimeaquarium.org

NRBQ New Year's Eve Party Infinity Hall, Norfolk Connecticut's native band, New Rhythm And Blues Quartet, rocks out with their classic hits. 9 p.m.;

tickets start at \$34, or dinner-and-a-show package for \$125. infinityhall.com

Rick Springfield Grand Theater, Foxwoods Resort Casino Rock out with the performer behind '80s power-pop hits like "Jessie's Girl," "Don't Talk to Strangers" and "Human Touch." 9 p.m.; \$35-\$60. foxwoods.com



FIRST NIGHT

First Night events are alcohol-free, familyfriendly, arts-oriented community celebrations to ring in the new year. A one-time fee allows visitors access to all participating shows and events.

Downtown Hartford Events start at 2 p.m., including two fireworks shows at 6 p.m. and midnight; passes are \$12 for adults and \$3 ages 3-15. firstnighthartford.org

Jesup Green, Westport 3-10 p.m.; passes are \$10 (\$15 after Dec. 14). firstnightww.com





Drumming Up Business

Say "Pa rum pum pum pum" and for many the earworm of the Christmas song "The Little Drummer Boy" comes immediately to mind. Written by the American composer and teacher Katherine Kennicott Davis in the 1940s, the tune was first recorded in 1951 by the Trapp Family Singers, but became a ubiquitous holiday staple thanks to a 1958 recording by the Harry Simeone Chorale.

The title character of the song joins the grouping of very short plays that make up Christmas on the Rocks, now in its sixth year at Hartford's TheaterWorks. The popular parody collective takes children in famous holiday stories and envisions what their lives would be like as adults. Writers such as Jonathan Tolins, Jacques Lamarre and John Cariani project difficult times for Ralphie from A Christmas Story, Hermie from Rudolph the Red-Nosed Reindeer, Clara from The Nutcracker and that bald-headed kid from A Charlie Brown Christmas.

Producing artistic director **Rob Ruggiero** — who came up with the original concept as a potential holiday perennial — asked **Theresa Rebeck** this year to imagine what conflict the Little Drummer Boy would have as an adult. "It's a very simple story from the song," Ruggiero says. "But when I started



Christmas on the Rocks at TheaterWorks in Hartford imagines what the grown-up lives might be like of the child characters from your favorite holiday stories.

thinking of the character through the weird lens of *Christmas on the Rocks*, I started thinking that he may be a drummer from a rock band and perhaps a stoner.

"But I don't know exactly yet what Theresa is going to do. I pitch the character and a few ideas and then the playwrights are off and running to do whatever they like."

The prolific Rebeck took on the assignment, despite two New York openings this fall: *Bernhardt/Hamlet* starring Janet McTeer and *Downstairs* starring sister and brother Tyne and Tim Daly.

There have been a few additions to the lineup of short plays over the six

years, including an adult take on Karen from Frosty the Snowman, Zuzu from It's a Wonderful Life and now The Little Drummer Boy. "I think having a new piece now and then makes it especially fun for the people who return year after year to see the show," he says. Matthew Wilkas, Jenn Harris and Tom Bloom are back for another holiday season.

Are there any more kid-to-adult characters that fit the show's concept still to be tapped for future productions? Ruggiero laughs and says, "l'm on the hunt. Any ideas?"

theaterworkshartford.org



Stephen Tyrone Williams plays Blue in playwright Dominique Morisseau's *Paradise Blue* through Dec. 16 at Long Wharf Theatre in New Haven.

AFTER AUGUST

Stephen Tyrone Williams believes that playwright **Dominique Morisseau** is following in the footsteps of August Wilson.

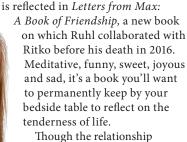
But instead of chronicling the African-American experience in the 20th century in Pittsburgh, as Wilson did with most of his 10-play cycle, Morisseau (who is a MacArthur "genius" grant recipient), is zeroing in on her native Detroit. "She writes with such specificity and poetry," says Williams, who plays trumpeter Blue in Morisseau's *Paradise Blue* at New Haven's Long Wharf Theatre through Dec. 16.

Morisseau is an in-demand playwright in Connecticut. Last year, Hartford's TheatreWorks presented her play *Sunset Baby*. In February, Hartford Stage will present *Detroit* '67 (in association with the McCarter Theatre in Princeton, New Jersey); and in June, Westport Country Playhouse puts on *Skeletal Crew*.

"In *Paradise Blue* she has created this great snapshot of a moment in time in Detroit," Williams says. "This play is not just about change but it's also about new rebirth. She is also giving us such strong, complex women characters."

It began in 2012 as an exchange of letters between **Sarah Ruhl** and **Max Ritvo**, a student in Ruhl's undergrad playwriting class at Yale who was in remission from pediatric cancer. Over the next four years the cancer returned and Ritko's health declined, but the friendship deepened as his artistry as a poet blossomed.

The special relationship between two extraordinary writers



Though the relationship
began as teacher-student, it soon
developed into a profound
friendship, one in which
Ruhl found herself
exchanging writing

Playwright Sarah Ruhl's new book, a collaboration with the late poet Max Ritvo (above right), is a moving reflection on life, death and

friendship.

samples — including some personal unpublished poetry — with Ritko. "There was this quick recognition among many of Max's teachers where you looked at Max and you looked at his writing and you kind of went, 'Oh, hello colleague. Let's swap writing.'"

But Ruhl and Ritko also swapped the most intimate musings of life, death, theater, school and Mel Brooks movies. "With most of our friends, we wait and wait and wait for this intimate conversation to happen," Ruhl says. "Max had this sense of



abundance and he wasn't going to wait to have these conversations. As his teacher I sort of felt that Max was one of those students who becomes a friend, and with any luck, those friendships go on for 20 or 30 years. But I knew I had to pack all those conversations with Max into a four-year period."

Could this little book — perfect for holiday gift-giving by the way — morph into another work of art, say a play or a film?

"Max was a poet to his core, so a book made the most sense, and because of the personal material I felt safer as a book. You could open it and you could shut it, the way you can't with a play. But I could imagine it as a play, too."

Frank Rizzo has covered the arts-entertainment scene in Connecticut since disco reigned in the '70s, including nearly 34 years writing for the Hartford Courant. Email him at FrRiz@aol.com. Follow him on Twitter @ShowRiz.

HAVE YOU HEARD...?

... Jessica Hecht, who grew up in Bloomfield and has been seen in TV's Friends and Breaking Bad, as well as numerous films, stars in off-Broadway's About Alice, a two-character play inspired by Calvin Trillin's best-selling memoir about his wife, who died in 2001 at 63 while awaiting a heart transplant. Previews begin at Brooklyn's Polonsky Shakespeare Center on Jan. 8.

... In an update from last month, Haddam's **Bill Berloni** trained the dog **Bowdie**, who is prominently featured in the new Julia Roberts film *Ben Is Back*, which hits theaters in December. The pooch will also star in *About Winn Dixie*, the new musical that will play East Haddam's Goodspeed Opera House next summer.

... There are exploratory plans to make the movie musical *The Greatest Showman*, which celebrates the life of Bridgeport's **P.T. Barnum**, into a stage musical, keeping the hit score from the Hugh Jackman film.

... One of the puppeteers operating the title character of the big Broadway musical *King Kong* is **Khadija Tariyan**, a dancer and alumna of Connecticut College in New London, where she was a dance-theater major.

AMERICAN TILE AND STONE

A Design For Every Taste, A Product For Every Budget





317 Federal Road Brookfield, CT 06804 • 203-740-2088 Email willg@atands.com to set up an appointment

Navigating the Holidays

The holidays are just around the corner and sharing laughter and memories are a big part of holiday traditions. For families coping with Alzheimer's and memory impairment, the holidays can also be challenging, filled with stress and anxiety.

At Maplewood Senior Living, we would like to help you enjoy the holidays. Here are a few tips:

- Make preparations together. If you bake, your loved one might be able to participate by stirring batter or rolling dough. Concentrate on the doing rather than the result.
- Tone down your decorations. Blinking lights and large decorative displays can



cause disorientation. Avoid open flame candles and other safety hazards.

■ Host quiet, slow-paced gatherings.

Holiday gatherings often involve music and loud conversation. Yet for a person with dementia, a calm and quiet environment usually is best. Keep daily routines in place as much as possible.

For more information, visit MaplewoodSeniorLiving.com.



Get to Know MAPLEWOOD

With unrivaled services and amenities, Maplewood Senior Living communities provide assisted living and memory care options to area seniors. From a dedicated, highly trained team of associates to social and cultural events, 24/7 on-site licensed nurses and gourmet, farm-to-table dining, our communities cater to your unique lifestyle.

Visit us today to see for yourself.



203.557.4777 MaplewoodSeniorLiving.com

Locations in Bethel, Danbury, Darien, East Norwalk, Newtown, Orange, and Southport

THE BEST TIME TO PLAN

NEED TO BE CARED FOR. HERE'S WHAT YOU NEED

BY MICHELLE BODAK ACRI

It's not an easy conversation to have. The thought of being in charge of the care of the very people who taught you how to use a spoon, take your first steps, drive a car, and, well, just about everything in between, can be overwhelming — to say the least. In fact, it would be much easier to put talk of a caregiving plan for said givers of life on the to-do list for another day (preferably one far in the future). But that, dear friends, is not going to help anyone. The reality is that for many of us, life at 40, 50 or 60 will include care of a parent, and there are living arrangements, finances, legal issues and health care that need to be discussed.

But where do we start? We asked Nora Duncan, state director for AARP Connecticut, for help with just that. Her inside scoop should help you access the support available, understand the options and get you started on your journey. Remember: take it one step at a time — just as you were taught.

When is the "right" time to have "the talk" with my parents about their future?

"The right time is before anyone is sick," Duncan says. According to AARP Public Policy Institute statistics, about 459,000 Connecticut residents spend 427 million hours serving as caregivers each year, a number that will increase as the population in Connecticut — already the sixth-oldest state in the nation, according to S&P Global Ratings — continues to age. Unfortunately, "many of the people we hear from," Duncan says, "are those who are already in crisis, which is not where you want to be. You don't want to have 'the talk' when it's absolutely necessary." That's when panic starts to set in.

What if I sound like I'm after dear ol' mom and dad's money when I start asking questions?

"It's all about how you approach it," Duncan says. Most likely your parents are not going to look at it that way — or think you're counting the days until they kick off. "When a caregiving plan is in place and financial and legal matters in order, your parents are going to be relieved that they no longer have to worry," Duncan says. "It's a hard discussion to have, but once you're done you're done and everyone can move on with their lives." A good place to start? "I want to make sure your wishes are respected ..."

Oh, the paperwork. What are the essentials that we absolutely need to get in order?

"The more you are prepared, the less 'legalities' you will have to take care of when the time comes," Duncan says. Not having to run amok searching for bills and will and insurance policies (oh, my!) will allow you to focus on the actual dayto-day care — or what Duncan calls "the important stuff."

Let's start with power of attorney. "We all want what is known as 'durable' power of attorney," Duncan explains. Durable means that power of attorney will still be effective even if the principal becomes mentally incapacitated. Power of attorney can be limited or broad, but "either way, it's a good idea to build in periodic reports to keep a system of checks and balances in place," Duncan says.

An advance directive is a legal document that protects a person's right to refuse medical treatment they do not want or to request treatment they do want in the event they lose the ability to make decisions themselves. Any or all of the four parts of the document can be completed, depending on the person's needs: living will, appointment of a health care representative, designation of a conservator (should the court determine one should be appointed) and documentation of

"anatomical gift," i.e., proof-positive of organ-donation wishes.

And then, of course, there's the will, which you may or may not have been threatened to be banished from at various points in life. Yes, the will is important, as is a discussion as to who will be its executor (the person who is responsible for carrying out the deceased person's wishes), but it's also important to be sure your parents' choices are "reflected in both a will and any beneficiary accounts," says Duncan. (Think life insurance, retirement, annuities...)

So I guess we're going to need an attorney ... where do I find one familiar with elder-care issues?

The National Academy of Elder Law Attorneys (naela.org) allows you to search by city and state for lawyers experienced in working with the legal problems of aging loved ones. ("It's always important to check references as well as how an attorney rates with the Better Business Bureau," Duncan says.) That being said, she adds, "Some of the basic documents you need to get in order for a care plan don't necessarily require an attorney." Power of attorney, for example, is effective as soon as you sign it in front of two witnesses and have it notarized, according to ctlawhelp.org, a website created by a group of Connecticut nonprofit legal-aid organizations that is chock-a-block with helpful legal info for elders and those charged with their care.

The Consumer Law Project for Elders (800-296-1467), a project of Connecticut Legal Services, meanwhile, works to provide free legal assistance to Connecticut residents 60 or over who have consumer issues such as medical, credit card or other debt-collection problems, financial exploitation such as identity theft or scams, and disputes involving the purchase of goods or services.

Medicare, supplemental, long-term care insurance, life ... where do I turn for advice on whether my parents have the right kind of insurance?

Think college is expensive? AARP Connecticut offers a group seminar, affectionately known as the "Caregiver Roadshow," that it regularly presents to groups across the state. A statistic that repeatedly captures everyone's attention is this: The national average for one year's tuition, fees, room and board at a four-year public university (in state) is \$22,752. The Connecticut average for one year of nursing-home care in a private room is \$162,060. Yeah, finding the right insurance is important. The good news? "You have 'Choices,'" Duncan advises. Choices Health Insurance Counseling (800-994-9422, www. ct.gov/communitychoices), a nifty info hub that links individuals 60-plus and their caregivers with information and assistance about Medicare and other related health-insurance options, can and will "give you direction on what coverage is needed," Duncan says.

Looking ahead, I'm pretty sure that my parents will want to remain at home as long as humanly possible (i.e., there may

be kicking and screaming involved). Who can help me make that happen?

The Connecticut Home Care Program for Elders (800-445-5394) offers options for individuals over the age of 65 who are at risk of nursing-home placement. Medical and non-medical support services to help with basic activities of daily living (ADL — you'll hear this term a lot) can include: visiting-nurse services, homehealth aides, homemakers, delivered meals, transportation, emergency-response systems and other services necessary to support independent living. "The program is asset tested, but if you meet the requirements, can be extremely helpful," Duncan says.

Do I get a break?

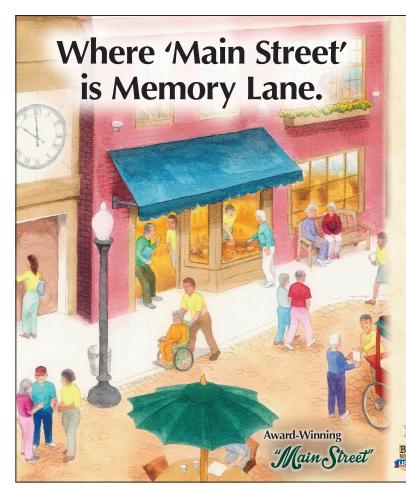
The average caregiver in Connecticut, according to Duncan, is a 52-year-old female who works full time, has kids at home and puts in about 20 hours a week providing care on top of that. "There is a joy in caregiving," Duncan says, but, "it's vital that you also take care of yourself," and let's be honest: sometimes vou need a break! The Connecticut Association of Area Agencies on Aging (ctagenciesonaging.org), a professional affiliation of all five of Connecticut's Area

Agencies on Aging, is "the state's best and most empathetic — gatekeeper," for social services, nutritional services, disease prevention, health promotion and, yes, support services for caregivers, according to Duncan. These private, nonprofit planning agencies administer elderly service programs including the Family Caregiver Support Program, which offers information and assistance, counseling and support groups, education and training, respite care (there's that break) and more.

How can AARP help?

The AARP Connecticut Resource Guide for Caregivers is available at bit.ly/ aarpCTcareguide, and you can contact AARP Connecticut to request a Caregiver Roadshow for Connecticut Families seminar for your group by emailing CTAARP@aarp.org.

AARP's national Caregiving Support Line (877-333-5885) connects you directly with an information specialist who can talk with you about services and support available in your community. You'll find the AARP online caregiving resource center at aarp.org/caregiving and you can even download the AARP Caregiving App (aarp.org/caregivingapp) to help with that to-do list.



The Village at Waveny provides awardwinning Assisted Living and a therapeutic approach to memory and dementia care. Conveniently located in New Canaan, our world-renowned indoor "Main Street" is a bustling site for meaningful interaction, fun activities and fulfilling programs for seniors.

Discover more about everything we have to offer, including long-term care and short-term overnight respite stays for caregiver relief by calling 203.594.5302, dropping by, or visiting waveny.org.

Enjoy long-range confidence knowing all Village residents have priority access to Waveny's entire nonprofit continuum of care, including Waveny Care Center, our 5-star Medicare and Medicaid accredited skilled nursing facility, should their personal or financial needs ever change.



Waveny LifeCare Network Leading Fuller Lives

> A nonprofit continuum of care that's planning ahead for you.



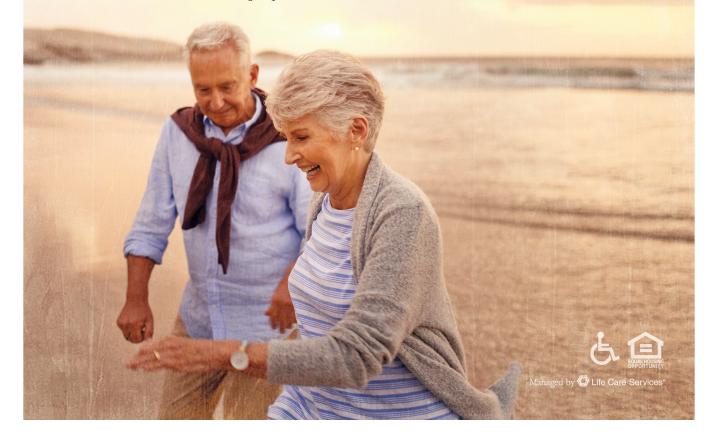
Our expansive community in coastal Connecticut embodies the refined lifestyle to which residents are accustomed.

It's not just living.

It's life as you'd have it.



860-581-4601 | DISCOVERESSEXMEADOWS.COM



Active Retirement Living Inspired by You

At StoneRidge Retirement Living Community in Mystic, Connecticut, the consensus among staff and residents is that that the atmosphere is one of optimism and opportunity. This idyllic community, located on a scenic hilltop, fosters the pursuit of sound health, arts and sciences, athletics and, above all, the camaraderie of friends and neighbors. You'll feel it right away – true community spirit and genuine warmth.

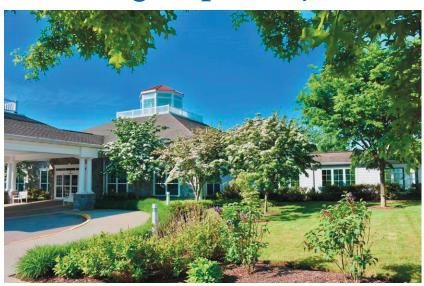
The Community's mission is to maximize independence in a supportive environment for residents over the age of 62. Here, residents live vibrant lives while minimizing the worry and stress of living alone in later years. For many, StoneRidge is a well-earned reward for leading a successful, productive life.

Transportation is readily available for residents to take full advantage of the hub of activity and ongoing events in Southeastern Connecticut or volunteer for local organizations such as Mystic Seaport, the Mystic Aquarium, La Grua Center for the Arts and the Mystic Museum of Art. With high-speed train access residents are afforded easy access to all these cities have to offer.

Pets are instrumental in the lives of many StoneRidge residents, including certified therapy dogs and cats. It's common to see folks pedaling by on bikes, or hiking the lush natural grounds and nature paths, while others enjoy the fitness classes in the saltwater pool or the spacious film and stage room where movies, plays, and poetry readings take place. Residents enjoy flexible dining options with chef-prepared, restaurant quality meals. There's time to pursue new interests without the bother of home maintenance, housekeeping or other chores.

Lifelong access to health services includes assisted living services, Avalon, a five-star rated healthcare center, and





The Cottage, a memory care neighborhood. StoneRidge offers flexible financial plans, and their Life Care Promise allows residents to live the life they want now while giving them peace of mind and a plan for their future.

Experience StoneRidge firsthand. Call us at 860.572.5606 to schedule your personal visit StoneRidge, 186 Jerry Browne Road, Mystic, CT www.stoneridgelcs.com

Contributing Writer, Nicholas Checker





Managed by 🏠 Life Care Services™







One Community. A Continuum of care.

McLean is a not-for-profit senior living and healthcare community nestled on 125 wooded acres in Simsbury. For over 47 years, McLean has been committed to providing the most comprehensive support for healthy aging with both residential and community-based programs and services.

The full spectrum encompasses a dynamic independent living community, "just right" assisted living including supportive memory care assisted living programs and resources, an engaging adult day program, expert short- and long-term skilled nursing, restorative outpatient rehabilitation and wellness, integrated post-acute care and therapies, and award-winning home health care and hospice.

For more information on the full continuum of care and services, visit McLeanCare. org or call (860) 658-3700, 75 Great Pond Road, Simbsbury, CT









Let us welcome you this winter!



Call for Special Offers **860-658-3786**

(limited time only)

Enjoy a fully furnished luxury villa, complete with 2 bedrooms, 2 full baths, gourmet kitchen, sunroom and one-car garage on our 125-acre wooded campus.

Plus take advantage of all the benefits of The McLean Village:

- Maintenance-free living
- Gourmet dining with meal plan
- Healthy Living membership including Silver Sneakers® and warm water pool
- Hop Meadow Country Club social membership
- On-site Campus Clinic
- Philips LifeLine®
- Recreational and educational activities with a welcoming community of new friends

Seasonal or long-term options available.



McLean is a not-for-profit senior living community in Sinsbury, CT offering a continuum of services including independent living, assisted living, enhanced assisted living and memory care, an adult day program, short- and long-term skilled nursing, outpatient rehabilitation and wellness, post-acute care and home care and hospice.





A CAMPUS OF PERSONALIZED CARE AND ENRICHED LIVING.





Offering exceptional senior living options:

- Assisted Living providing exemplary social and wellness programs
- Short-Term and Out-Patient rehabilitation for those recovering from surgery or illness
- Specialized memory care programs
- Long-Term skilled nursing with around-the-clock attention of our dedicated team

435 Danbury Rd. Wilton, CT. 06897 www.thegreensatcannondale.com

203-761-1191









- Intimate assisted living home for people diagnosed with some form of memory impairment. Philosophy of care centers on the whole person: body, mind and spirit.
- Teaching center for The Creative Arts Therapies, The Greens at Greenwich celebrates stories, arts and experiences every day.

Call us today to schedule a personalized tour and talk about our family becoming a part of your family

1155 King St. Greenwich, CT. 06831 www.thegreensatgreenwich.com

203-531-5500

"It's the next step in your life."

That's how Duncaster resident Marcia Hincks describes the move she and her husband, John, made to Duncaster six years ago. These two former attorneys joined the Duncaster community after 48 years in West Hartford and five years in Bloomfield.

"I am happier here than I ever was," says John.
"I thought my life was good before we moved to
Duncaster, but I hadn't admitted to myself that it
was not as full socially as I wanted it to be until I
moved here."

"We had heard such good things about Duncaster. We enjoyed the people we already knew who lived here and we knew that we would be meeting more," adds Marcia. "Also, it was important to us that they offered a Lifecare plan. We have four children. Knowing that they would not have to worry about our care was a big factor."



Today, the Hincks are involved in the community and its activities. John headed the building and grounds committee and Marcia sits on the board. Both regularly attend the World Affairs series, lectures and programs.

John offers this advice to anyone trying to decide when to make the move: "Come when you're young enough to enjoy all that Duncaster has to offer."

Live your best life.

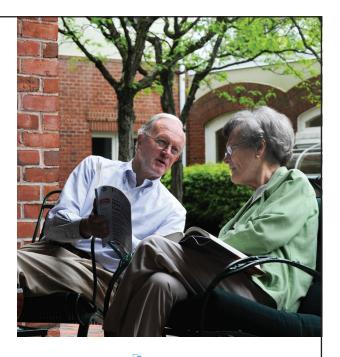
You have a lot of living to do, and at Duncaster, you can do it all. Gather for a few hands of bridge, or take in a concert at the Hartford Symphony. Take a walk along our stunning campus trail, or expand your mind through an on-site college-level course.

Wide-ranging amenities and services await you. It's time to discover how you can live your best life today.

Call 860-380-5006 to learn more.



Duncaster.org | 40 Loeffler Road, Bloomfield, CT





Independent • Assisted • Memory Care • Skilled Nursing

We Deck the Halls at Masonicare

If you love living in Connecticut and have started to think about your next move, be sure to look into Masonicare. And if one of your favorite times of the year is the holidays, our three communities will be in the spirit with you!

CHESTER

We are just a few miles from Chester's charming town center. During the holidays, this quintessential Connecticut hamlet is known for its outdoor Holiday Market. Back on campus, we'll host an open house and holiday tour of residents' homes. Music is a must and includes Survivors Swing Band and the cello-piano duo "Silver and Gold." And of course, it's "food, glorious food!" when our favorite chef turns out his farm-to-table dinners. While our resident Cooking Group whips up a season's worth of Christmas cookies, others create gingerbread houses. A high Christmas tea will be sipped at a nearby B&B, and it wouldn't be the holidays without a trip to Westfarms.

MYSTIC

Mystic is famous for its Holiday Stroll and Luminaria held annually downtown. We will also check out the Festival of Trees at the Wadsworth Athenaeum, "Deck the Walls" at the Lyme Art Association and attend A Connecticut Christmas Carol at the Norma Terris Theatre. On campus, residents can enjoy a Dickens-style dinner theater in our pub, dubbed "Fezzywig's" for the occasion. The New London Orchestra and Lyme Village Voices will also perform. Hanukkah is celebrated with traditional gifts, food, readings and lighting of the menorah. Our holiday meals will be full of New England specials, ranging from clam chowder to roast beef. A variety of pies will complete the meal – you can even order one ahead of time.







WALLINGFORD

Everywhere on campus, you can sense the holiday vibe. Performances by the Pierce Campbell jazz trio and Handler & Levesque are on the calendar. There is a weekly Advent service and a menorah lighting for each of the eight nights of Hanukkah. We go to the Bushnell for the Travelers Chorale Holiday Concert and to the Mellon Arts Center for the Wallingford Symphony Orchestra. On December 9, we put on a huge party with music, dancing and great food. The Christmas meal itself will feature two carving stations – one for prime rib and one for turkey – a pasta station and a raw bar in an ice-carved sleigh. If you want to do some of the cooking yourself, visit bit.ly/chefjulesholiday for a cooking demo and easy-to-prepare holiday recipes.

If all this piques your interest, come visit us and see for yourself! For more information, please call 203-884-8511 or visit www.masonicare.org





IS A NEW & CAREFREE LIFESTYLE ON YOUR HOLIDAY WISH LIST?

Residential living at Masonicare is all about lifestyle and choices. With three communities, we can offer Connecticut seniors a range of accommodations, amenities and price-points. Meet our residents and find out why they chose Masonicare.

Masonicare at Chester Village

It has added another dimension to my life. An independent living Life Plan community on 26 beautiful acres in charming Chester, nestled in the heart of the Connecticut River Valley.

Masonicare at Mystic

It felt like home the minute I moved in.

A rental community on 18 acres with the Mystic Aquarium and Mystic Seaport nearby and a protected nature preserve next door. Independent Living, Assisted Living and Memory Care.

Masonicare at Ashlar Village

We chose it because everyone was so friendly. A Life Plan community set on 168 acres high on a hill overlooking Wallingford and Cheshire. Independent Living, Assisted Living and Memory Care. Nationally accredited with on-campus wellness and healthcare.

Stay in Connecticut and say good-bye to home maintenance and time-consuming chores. Meet new friends and pursue interests you've always dreamt about! To learn more, call 203-884-8511 or visit us at www.masonicare.org.











l'm Not Old Enough. Yeah... that's what our members said too.

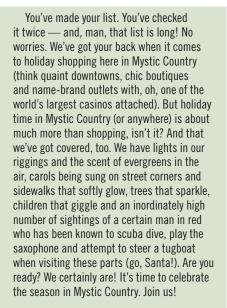


Connecticut's Premier Life Care Community

88 Notch Hill Road North Branford, CT 06471 (203) 488-8000 Evergreen-Woods.com

Independent Living • Assisted Living Skilled Nursing • Rehab

SEASON'S GREETINGS You've made your list. You've checked wice — and, man, that list is long! No ries. We've got your back when it comes bereign here in Myetic Country Toliday shapping here in Myetic Country



LET THERE BE LIGHT

The setting is Christmas Eve 1876 for Lantern Light Tours: Finding Your Place at Mystic Seaport (860-572-0711, mysticseaport.org), on select dates from Nov. 23 through Dec. 23. The tours offer "small windows into the lives of people on the verge of great change, both personal and cultural." Each 90-minute tour/performance includes five scenes of seasonal delight in the village, including a winter fantasia, spirited circle dance and, but of course, a visit with old St. Nick himself. (Audience members walk or stand for the majority of the show; performances of Lantern Light Tours require a special ticket in lieu of general admission and are not recommended for children under 4.)

The Trees in the Rigging Community Carol Sing & Boat Parade on Nov. 25 from 4:30 to 6:30 p.m. is a time-honored holiday tradition in Essex. BYO lantern (or flashlight) and join the Sailing Masters of the 1812 Fife and Drum Corps as it steps off from Essex Town Hall for a lantern-lit carol stroll down Main Street to the lawn of the Connecticut River Museum (860-767-8269, ctrivermuseum.org) to watch a parade of vessels decked in holiday lights pass along the Connecticut River. Santa and his elves just might be on one of those boats, so keep an eye out — and behave!

Thousands of luminaria line the walkways of Olde Mistick Village (860-536-4941, oldemistickvillage.com) for the Festival of Lights on Dec. 7 from 5:30 to 9:30 p.m. The holiday magic also includes live entertainment throughout the night,



Christmas Memories Book Record visitors, special Christmas cards, family photographs and other memories in this 20-year diary featuring pen-and-ink drawings of 19th-century traditions. \$19.95, Mystic Seaport Museum, mysticseaport.org/shop



Fresh swag bundle Keep it fresh with new Flanders Fish caps, insulated bags and Cappy's Cookbook. \$40, Fresh Marketplace, East Lyme, flandersfish.com

complimentary treats in the Meeting House and shopping opps galore at the village shops. Follow the luminaries to Mystic Aquarium (860-572-5955, mysticaquarium. org) and bring one non-perishable food item per person and you will score free admission and the opportunity to catch Santa as he serenades the aquarium crowd on his saxophone, takes a dive with some of his elves or hears whispered wishes amid festive aquarium exhibits.



Nautical wreath This rustic manila wreath is made with half-inch manila rope and is about 17 inches across. Leave it hanging all year long; you can keep it plain or dress it up for the holidays. \$50, Mystic Knotwork, Mystic, mysticknotwork.com

SOUNDS OF THE SEASON

Mohegan Sun (888-226-7711, mohegansun.com) has got it goin' on for the holidays. Catch Trans-Siberian Orchestra's The Ghosts of Christmas Eve on Nov. 25, Pentatonix's Christmas is Here! tour on Dec. 8-9 and Cirque Celebration 2019 on Dec. 29-30 at the Mohegan Sun Arena and Merry Christmas Darling: Carpenters' Christmas on Dec. 7, Christmas with Rockapella on Dec. 9 and Big Bad Voodoo Daddy's Wild Swingin' Holiday Party on Dec. 21-22 in the Wolf Den.

Up for consideration at the Katharine Hepburn Cultural Arts Center in Old Saybrook (860-510-0473, thekate.org), aka "The Kate," is The Connecticut Gay Men's Chorus Pole to Pole: Holiday Celebrations from Around the World on Dec. 1: The Hit Men's Rock 'n' Roll + Christmas Classics on Dec. 2: the Slambovian Circus of Dreams' Very Slambovian Christmas on Dec. 7; 'Twas the Night Before Christmas, recommended for children in kindergarten through grade five, on Dec. 8; the Eric Mintel Quartet with Charlie Brown Jazz for the holiday season on Dec. 9; the Old Lyme Town Band with selections for the season on Dec. 12; Christmas from Ireland with Lúnasa and Ashley Davis on Dec. 13; and Cappella Cantorum MasterWorks Chorus' 10th annual Handel's Messiah Sing or Listen on Dec. 16.

New London's Garde Arts Center (860-444-7373, gardearts.org) starts its celebration of the season with Grammy Award-winning band The Mavericks' Hey! Merry Christmas! tour on Nov. 30, followed by Eastern Connecticut Ballet's The Nutcracker on Dec. 8-9 (with a stage transformed to mimic a New London winter seaport from the 1850s), Laurie Berkner's solo holiday show on Dec. 15 to get the kids jammin', the Connecticut theatrical premiere of the Lifetime holidayfilm fave A Very Nutty Christmas starring Melissa Joan Hart (which includes scenes shot at The Garde itself and is followed by a chat with the creators and cast) on Dec. 15, and Cherish the Ladies: A Celtic Christmas on Dec. 21.

Finally, Foxwoods Resort Casino (800-369-9663, foxwoods.com) pulls out all the stops at the Grand Theater with The Brian Setzer Orchestra's 15th Anniversary Christmas Rocks! tour on Nov. 23 and John Legend's A Legendary Christmas tour on Nov. 24, and the Legends in Concert Holiday Show featuring tribute artists to David Bowie, George Michael, Michael Jackson, Elvis Presley, Whitney Houston and The Blues Brothers center stage at the Fox Theater from Nov. 23 to Dec. 31.

DOWNTOWN DOINGS

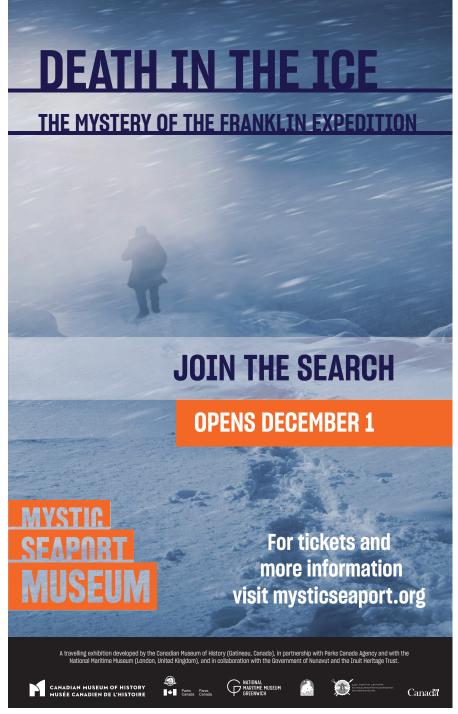
Who needs reindeer? Santa will be traveling aboard the 60-foot tugboat John Paul when he arrives in downtown Mystic to kick off the Christmas season at Mystic River Park on Nov. 24 at 2 p.m. Expect the downtown Christmas tree to be lit at 6 p.m., followed by a dazzling Holiday Lighted Boat Parade 2018 on the Mystic River.

But wait, there is that shopping to do — and, oh, the shops we have for you to choose from! Mystic Knotwork (860-889-3793, mysticknotwork.com), for

Mystic-made nautical knotwork evidenced in sailor-knot wreaths, Celtic-knot woven bowls, monkey-fist tree ornaments and so much more, is an excellent starting point. And then there's Sea Bags Mystic (207-239-9907, seabags.com) for way-cool bags handcrafted from recycled sailcloth, B. Carver's Home & Gift (860-415-8127, bcarvers.com) for "grab and go" hostess gifts ('tis the season), Mystic Disc (860-536-1312, mysticdisclp.com) for the vinvl diehards in your life, Bank Square Books (860-536-3795, banksquarebooks.com) for some quiet post-holiday reading material,

Mallove's of Mystic (860-536-1600, mallovejewelers.com) for some needed bling, and so many, many more.

The Downtown Mystic Holiday Stroll & Luminaria on Dec. 4 from 6 to 9 p.m. is prime time to do some investigating. Shops offer extended hours and specials, hundreds of luminaria line the sidewalks and strolling entertainers like local pirate troupe Free Men of the Sea, Saxophone Santa, Ledyard High School Carolers, Union Baptist Bell Choir and Mystic River Chorale make it that much more festive.



Shopping Should be **Fun and Local**

Toys and SO much more...

Games Baby items **Jewelry & Accessories** Bath Clothing Cards Gourmet Foods **Custom Stationery**

Open 7 days a week!





The Bowerbird

— Home of Impulsive Necessities™



Best of Connecticut ® Winner For Best Gift Shop!

Old Lyme Marketplace • 860.434.3562 • www.thebowerbird.com

Magic of Christmas

NOVEMBER 23 – JANUARY 6, 2019



Delight your friends and family with a visit to the Magic of Christmas, Miss Florence's Artist Trees, Fantasy Trees and charming holiday decor will make the day merrily memorable. Special events include teas and family crafts throughout the celebration.



96 Lyme Street, Old Lyme, CT Exit 70 off of I-95 • 860.434.5542 FlorenceGriswoldMuseum.org



Cool Snow Globes An iconic gift becomes an object of unique beauty. Designed in Vermont and sculpted in California, each globe is handmade and comes ready for gifting. \$40-\$60, Cool Snow Globes, The Bowerbird, Old Lyme, thebowerbird.com

GOT KIDS?

Got ya covered. The Ageless Toy Shop at The Shops at Nature's Art Village (860-443-4367, naturesartvillage.com) in Montville carries everything from wooden toys to plush animals to crystalgrowing kits from well-known brands like Ravensburger, Safari Ltd., Playmobil and Melissa & Doug, as well as the area's largest and most complete selection of everything dinosaur including dino-games, sculptures, figurines and more. (This is the home of The Dinosaur Place, after all!)

The Bowerbird (860-434-3562, thebowerbird.com) in Old Lyme is a Mystic Country landmark that specializes in what the fine folks here like to call "impulsive necessities[™] — some 4,500 square feet of them, as a matter of fact, with more than 2,000 vendors represented! And, yes, that includes a stellar toy section that covers all ages. A Dreamland Fairy Kit for your little dreamer? KEVA Catapult Kit for the budding engineer? Some Crazy Aaron's Thinking Putty to keep little hands busy? Check, check and check that off your list you're welcome.

Shopping at Toys Ahoy! (860-767-2067, toysahoyessex.com), set in the 1801 Ephraim Bound Homestead on Main Street in Essex, is about plain old-fashioned fun — the kind most of us miss when toys no longer dominate our living rooms. Think W. Britain toy soldiers, Estes rockets, Folkmanis puppets, Slinky, Madame Alexander, Breyer horses ...

ART FOR THE HOLIDAYS

The Magic of Christmas at Old Lyme's Florence Griswold Museum (860-434-5542, florencegriswoldmuseum.org) is centered around a month-long celebration of Miss Florence's Artist Trees — evergreen

masterpieces adorned with extraordinary pint-size wooden paint palettes decorated by some 200 talented artists from across the country. Time your visit accordingly to take your place at one of the museum's popular Christmastime Teas, at which delectable scones with clotted cream, assorted tea sandwiches and seasonal sweets are served with a spot of Miss Florence's Tea, a special blend of fine black teas created for the museum by Sundial Gardens in Higganum.

The Holiday Gift Market at the Mystic Museum of Art (860-536-7601, mysticmuseumofart.org) on the banks of the Mystic River offers the chance to tread off the beaten path for your gift-giving needs and support local artists. Its inspiring selection of fine art, crafts, jewelry, accessories and more is on display through Dec. 22. Sip & Shop Sundays mean a complimentary mimosa as you shop. Children's Holiday Workshops held throughout the month allow kids to create a special holiday gift while enjoying music, games and something yummy.

The new family-friendly immersive exhibit Winter Circus at New London's Lyman Allyn Art Museum (860-443-2545, lymanallyn.org), through Jan. 13, explores the enchanting allure of the circus that has made it an enduring subject for artists for more than two centuries. The celebration of the spirit of wonder and artistry, mystery and illusion to be found under the Big Top showcases paintings, prints, photographs and antique toys from the Lyman Allyn's collection, including works by Pablo Picasso, Walt Kuhn, Georges Rouault, Lucien Clergue, Jane Dickson and Raoul Dufy. Winter Circus Family Teas (Nov. 24, Dec. 1, 8 and 15) features tea, a hot-chocolate bar and desserts in handsome Hendel Library. Afterward, kids and adults explore the Winter Circus exhibition together searching for circus-themed items in a scavenger hunt and then everyone heads to the studio to participate in a Lions and Tigers and Bears Puppets — Oh My! art project.





Manifesto! The Arts Movement Game Collect illustrated cards of 52 iconic artists and group them into their art movements to win. The accompanying booklet relates the fascinating biographies of each artist. Laurence King Publishing. \$14.99, The Shop at Florence Griswold Museum, Old Lyme. florencegriswoldmuseum.org

EAT, PAPA, EAT

Even Santa knows how necessary nourishment is this most hectic time of year (or at least he has Mrs. Claus to remind him). Flanders Fish Market & Restaurant (860-739-8866, flandersfish.com) in East Lyme, reputed to be Connecticut's largest full-service restaurant and marketplace for freshas-it-gets seafood, is a prime place to do just that. Award-winning clam "chowda"; lobster pot pie; cod, haddock, flounder and more served fried, broiled, blackened or grilled (you choose!); cedar-plank salmon, a big ol' heap of steamers ... you may have a hard time making up your mind.

Water's Edge Resort & Spa (860-399-5901, watersedgeresortandspa.com) offers seasonal sustenance via Dinner with Dickens on Dec. 1, a theatrical performance of "A Christmas Carol" by Gerald Dickens, the great-great-grandson of one Mr. Charles Dickens, combined with a holiday dinner buffet and Brunch with Santa on Dec. 9 — count on carving stations, build-your-own omelettes, freshbaked pastries and caroling with the Connecticut Yuletide Carolers.

RED 36 (860-536-3604, red36ct.com),

located directly on the water at Seaport Marine in downtown Mystic, keeps it cozy in winter with a roaring fireplace combined with always-stunning blue-water views. Happy Hour specials served in the bar and lounge areas on Tuesdays through Fridays from 4 to 6 p.m. make it an ideal drop-in for grilled flatbreads (clam, shrimp and asparagus, oven-roasted tomato), Ninigret oysters, pulled-pork sliders, Thai peanut calamari, half-price house wines and draft beers and a quick holiday pick-me-up. Cheers!

Mystic Knotwork.com 25 Cottrell St. • 2 Holmes St. • Mystic, CT 860-889-3793 • MysticKnotwork.com info@MysticKnotwork.com



New Office Location 10 Birdseye Road, Suite 200, Farmington



Bhavesh R. Patel, MD Named "TOP DOC" 2009 - 2017 by Connecticut Magazine **Board Certified in Physical Medicine and Pain Medicine**



Bohdan J. Warycha, MD **Board Certified in** Physical Medicine and Pain Medicine



Hans E. Knopp, DO Board Certified in Physical Medicine and Pain Medicine



Hannah Huskic. **APRN**



Muneera Panjwani, **APRN**

Accepting



Kelsev Knotts. DNP, APRN



Edmond M. Daniells, DC Chiropractic Physician



Phone: 203-598-PAIN (7246)

www.ctspinedoc.com

Non-Operative Spine & Sports Medicine New Patients!!! Spinal Injection Therapy **Electrodiagnostic Testing Ultrasound Guided Joint Injections** Platelet Rich Plasma "PRP" Injection Therapy **BOTOX Injections for Migraine Headaches**

> 1579 Straits Turnpike, Middlebury 166 Waterbury Road, Prospect 10 Birdseye Road, Suite 200, Farmington



Henry's #4 Shopper \$650

Our bags are made by hand in Connecticut and Florence out of the finest French calfskin - and finished with our unique and patented closure.









LEFT: The holidays make for the perfect time to break out the fancy glassware, like these Vance cut-class martini, double old-fashioned, and highball glasses. RIGHT: Gold flatware has become trendy again, which is great news for Royal Albert's Old Country Roses line.

rowing up Italian, Christmas Eve our table — but the Spode Christmas Tree Thas always been its own unique celebration. After a late-afternoon Christmas vigil, the family gathers for the Feast of the Seven Fishes. This Italian-American tradition features many courses — from lobster tails and spaghetti to cheese and olives, to breaded white fish and broccoli drizzled with lemon — over which we talk, laugh, and share stories from holidays past.

Year after year, the table is adorned with dishes, glasses and, as the evening winds down and the cookie platters are put on display, mugs from the Spode Christmas Tree collection. Walking into the house and seeing that classic, decked-out tree on every plate and bowl never fails to bring on a rush of memories.

For a night defined by food, family and gathering at the table, it's as if the dishes and bowls take their own place of honor amid the feast. Things change

over the years — we add people to our table, and we lose

dinnerware is always there, each and every Christmas Eve.

Barbara Weston, director of Global Trend and Design for Bed Bath & Beyond, understands exactly how this particular set of dishes can seem so emotionally charged.

"It's like Christmas ornaments that are taken out every year after Thanksgiving," she says. "These reliable holiday items are like time capsules that jog memories, recall longgone relatives and friends and allow us a moment to feel secure in our own life story."

If you find yourself attached to your own set of holiday serving options — well, you're not alone.

According to Weston, original holiday collections, like Spode Christmas Tree and Lenox Holiday, "are reflective of the traditional tableware and continue to be a staple during this time of year." For many, this is a tradition followed and handed down from parent to child, and collected year after year.

She adds that Wedgwood is another go-to manufacturer for traditional holiday serving options. "I think this love affair with a Victorian-style table set speaks to stability, memories, and family and tradition."

Classic collections — with updates — reign over the holiday table

While these traditional settings still hold sway throughout the holiday season, manufacturers like Spode and Lenox have made some updates to their collections in recent years.

Spode has brought newness to the collection with beautiful new prints, per Caron Reilly, a Macy's MyStylist at Westfarms in West Hartford.

"Spode has played with festive prints in such a fun way," Reilly says.

Holiday hosts can play with their tablescapes with updated collections like Cranberry Italian, featuring the Italianate design that the Blue Italian line is known for, in holiday-appropriate cranberry red. Diehard Christmas Tree fans can add some pop with the Christmas Tree Gold Collection, sporting the same iconic tree with an ornate gold trim and gold accents.

In recent years, Spode has created a melamine version of its Christmas Tree collection that is fast becoming a staple for the entertainer who BED BATH & BEYOND wants a holiday look with the affordability, quick cleanup, and durability of melamine, according to Reilly.

"It's a great way to get the classic holiday feel for the whole family," she says.

Reilly adds that Lenox — another classic holiday go-to — has also made updates to its collections, creating a cleaner look with its designs.

"Lenox has incorporated their holiday patterns in a simpler design, which works well when pairing back with your existing, more classic pieces like those from Martha Stewart's Whiteware," according to Reilly.

While some holiday hosts are opting for simpler designs, others are going for flare. One trend that Weston noted is the increasing rise in gold flatware, a shift that has refreshed many perennial flatware bestsellers, like Royal Albert Old Country Roses.

The next generation's holiday tablescape

Depending on lifestyle — and size of living space — members of the next generation

traditional holiday serving options, Weston adds. The open and secular design - featuring elegant and timeless touches serves everyone's celebrations. If you are opting to

Don't forget the glassware

a contemporary alternative to

take a mix-and-match approach to your holiday table this year, consider updating your glassware to something contemporary to dress up the tablescape. Look to Macy's expanded Hotel

Collection, with its fun and festive approach including pops of color in ombre blues and green swirls, as an option, Reilly says.

Round out the glassware with trays and coasters by Thirstystone, featuring rich and varied elements of wood, hammered metals, and smooth stones. "Thirstystone pieces can be used every day or dressed up to add a cosmopolitan, yet rustic feel," Reilly says.

Hosting a large party? Make use of the bar cart, which Reilly says has made a return to entertaining. She expects gold tone carts, or those sporting rustic mixed metals with wood elements, will be big this holiday season.

Whatever holiday serving options you decide to use this year, remember to focus on the memories made and the traditions shared. Like a beautiful tablescape, everything else will fall into place.

Caitlin M. Bagley is a freelance writer for the Hearst Connecticut Media Group.

For a unique holiday serving option, consider Michael Aram. He casts directly from natural twigs and flowers that circle perfect geometric shapes, creating a wonderland of a tablescape for the holidays. BELOW: For many, holiday serving options such as the traditional Spode Christmas Tree line are handed down from parent to child and collected year after year.

tasked with hosting duties are opting for a more casual approach to the holidays.

"It is a little more 'Hygge-esque,' less formal, relaxed and inclusive of new twists on holidays," Weston says. "This can include using more handcrafted, layered, and mixand-match approaches to tablescapes."

Newcomers to the holiday table include Michael Aram, a designer who takes a handcrafted, naturalistic approach to serveware and table settings. His designs include casts directly from nature, like twigs and flowers, that circle geometric shapes.

"It creates a wonderland of a tablescape for the holidays," Weston says.

Olivia & Oliver, Bed Bath & Beyond's exclusive serveware brand, provides





THE ADVENTURER

TRAIL **TREKKING POLES** Help you gain lateral stability on uneven or treacherous terrain,

and help improve gait. Feature a comfortable non-slip foam grip extension and secure around your wrist with a 360° webbing strap. Carbide Tech Tips also switch out easily with powder and trekking baskets. \$99.99, Black Diamond. Denali, Branford and Trumbull

OD

ZODIAC TOTE Just as mariners have looked to the stars to stay on course, astrology has been used to help people navigate through life's journey. \$175, Sea Bags. Sea Bags, Mystic; seabags.com

💹 🐚 👂

WOMEN'S

neighborhood sledding hill, Lands'

stylish doing it. \$119, Lands' End.

End Squall® Snow Boots help

you reach the summit and look

landsend.com

BOOTS Even if the only mountain

you plan to climb

this winter is the



THE CAMPOUT COOKBOOK Discover the joy of cooking in the backcountry (or the backyard) with more than 100 recipes for cooking around the fire and under the stars. \$19.95, Artisan

THE GREAT OUTDOORS A User's Guide: Everything you need to know before heading into the wild (and how to get back in one piece). \$24.95. Artisan

HANDCRAFTED MOUNTAIN CUTTING BOARDS Use as cutting boards or even as a decoration. Handmade in Vermont from a variety of woods. \$89, Vermont Craft Studio. Fairhaven Furniture, New Haven

BOSS TOSS GAME Combine the skills of darts, cornhole and skeeball for up to eight players. Made in the U.S. \$310, Encore Billiards & Gameroom, Milford; encorebilliards.com **SQUALL SNOW**



THE DREGHORN BY STETSON

A distressed genuine leather safari hat with a leather band, buckle set, and twill headband, \$105. Tenth Street Hats. tenthstreethats.com



ATLAS OBSCURA: An Explorer's Guide to the World's Hidden Wonders, by Joshua Foer, Dylan Thuras and Ella Morton. \$35,

GARMIN VIVOACTIVE 3

MUSIC The vivoactive 3 Music keeps the pep in your step with music storage and playback. Easily download up to 500 songs on your watch, connect with Bluetooth headphones and go! Garmin Pay makes it easy to make purchases on the go, no phone or wallet required. \$299.99, Garmin. soundRUNNER, Outdoor Sports Center; garmin.com

SPORTRX PRESCRIPTION SUNGLASSES

SportRx, makers of top-notch prescription sunglasses

and ski goggles, offers the best prescription eyewear

from a large collection of popular name brands. \$99+,

SportRx. sportrx.com

BLACK WATCH RIVER ROAD

Orvis is offering the

JACKET Only for the holidays,

best-selling River Road

jacket in black watch plaid.

and Greenwich, orvis.com

\$298, Orvis, Darien, Avon



THE MUSICIAN



EAMES RADIO Vitra has collaborated with the Eames Office to revive the original design of the Eames radio. Encased in a walnut cabinet with the latest technology. \$1.175. Vitra. Design Within Reach. Stamford

BOPPERS T-SHIRT

Soft 50/50 cotton poly blend. Made and printed in the U.S. \$29, Local Vyntage. localvyntage.com/ct (Use discount code "CTMAG" at checkout for 15 percent off your entire order.)





GRATEFUL FOREVER DANCING BEAR COFFEE MUG A dancing bear motif mug in tribute to the Grateful Dead. American-made. Microwave and dishwasher safe. Holds 15 oz. \$22, Magna Carta Digital Art. magnacartadigitalart.com, etsy.com/shop/ MagnaCartaDigitalArt

The Vintage Hi-Fi Museum **VINTAGE** VINYL **RECORDS PINBACKS**

A variety of vintage vinvl record albums. pinbacks and more. Proceeds benefit the museum. \$3 and up, varied manufacturers. Vintage Hi-Fi Museum. West





BOOZE & VINYL

A Spirited Guide to Great Music and Mixed Drinks, by André Darlington and Tenaya Darlington. \$25, **Running Press**



FIOLES

TRAVEL JEWELRY CASE

Square zippered case with foil-debossed monogram available to personalize this fashionable item. \$59 + \$9.50/monogram, Mark & Graham. markandgraham.com

MERINO SOCKS Blend of synthetic fibers, silk, merino wool, and precisely graduated compression that increases circulation, \$65, CEP Compression. Ridgefield Running, Ridgefield: Fleet Feet, West Hartford;

BK WYTHE COMMUTER BIKE Bike by day, track bike by night. This lightweight fixie bike stands apart from other fixed gear bikes thanks to its lightweight chromoly frame and easy-rolling sealed bearing hubs. \$499, Brooklyn Bicycle Co. College Street Cycles, New Haven

CEP OUTDOOR

Woodbridge Running, Woodbridge and Brookfield

OSPREY FARPOINT 55 TRAVEL BACKPACK Engineered for heavier loads. LightWire™ peripheral frame transfers the weight from your shoulders to the hipbelt. Reverse spacer mesh covers the back panel, harness and hipbelt to vent heat. Harness and hipbelt stow in their own compartment. A removable Farpoint daypack is secured to the main pack. \$180, Osprey. Denali, Branford and Trumbull GLOBAL COMPANION 40L TRAVEL PACK Access from top or bottom, along with middle access to a wide butterfly opening with dual interior compartments. \$159, Eagle Creek. Denali, Branford and Trumbull



WOODEN SPOONS, BOARDS AND KITCHEN TOOLS Uncommon woodenwares for kitchen and tabletop hand-carved from New England hardwoods. Prices vary, Meb's Kitchenwares. Wesleyan Potter Gallery/Shop, Middletown; mebskitchenwares.com

LONG ISLAND SOUND BLANKET These microfiber fleece blankets measure 4' x 5' and can be customized with a local nautical chart. Other areas available: Block Island Sound & Connecticut Riverview. \$64.95, Maritime Tribes. The Bowerbird, Old Lyme



CANDY CANE ROOIBOS

The aroma of the dry leaf is of minty sweetness. When brewed. this herbal blend has a taste that is tingly and refreshing. \$10.05, Simpson & Vail, Brookfield: Caraluzzi's Food Market, Bethel; svtea.com



RECLAIMED WOOD

Replaceable bamboo sticks

hold knives tightly in place.

wood. \$55-\$79, Be Home.

fairhaven-furniture.com

Made from reclaimed

Fairhaven Furniture.

New Haven;

KNIFE BLOCK

wood oak rocker available in

red, slate grey, light seely

savbrookhome.com

and michaels brown. \$295,

five finishes: white, bing cherry

Saybrook Home, Old Saybrook;

This assortment includes all six varieties of shortbread: traditional, lemon, cranberry lime, chocolate, orange currant and pecan. \$48,



Matthews 1812 House. 1812house.com



"20,000 LEAGUES UNDER THE SEA"

This mixed-media rendition of Captain Nemo in 20,000 Leagues Under the Sea is the latest in artist Rich DiCarlo's Fisher-Price series. \$225, Rich DiCarlo. Artfish42. Milford: artfish42.com





EVERYDAY DORIE: The Way I Cook, by Dorie Greenspan. \$35, Rux Martin Books



MY RIO DE JANEIRO: A COOKBOOK by Leticia Moreinos Schwartz. Bring the joy and spirit of Rio de Janeiro to your kitchen. Travel with carioca chef Leticia as she takes you to her hometown. \$29.95, Kyle Books

LOOP CANDLE HOLDER

An elegant centerpiece for any table setting. Can be linked with more than one. Loop is inspired by the Fibonacci curve that is seen throughout nature. \$39, Black + Blum. Wadsworth Atheneum Museum Shop; Hartford

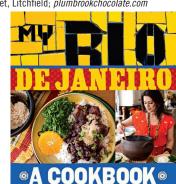
HAND-FORGED

Rustic-style, hand-forged herb chopper.

HERB CHOPPER

Curved design allows for rocking blade to

finely chop herbs and vegetables. \$45, Christopher Gilly/

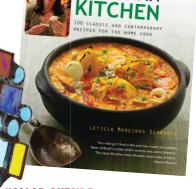


KIT-CAT KLOCK **EXOTIC PET LINE**

The new line features the same beloved wagging tail, rolling eyes, and contagious smile that has been capturing hearts since 1932, alongside all-new stripes. spots and patterns. \$99, Kit-Cat Klock. The Clock Shops at Holliday Jewelers, Sandy Hook; kit-cat.com

THE BRAZILIAN KITCHEN:

100 Classic and Contemporary Recipes for the Home Cook, by Leticia Moreinos Schwartz. Chef Leticia takes you on a journey with the most classic and iconic Brazilian dishes. \$19.95. Kyle Books



BRAZILIAN

"COLOR OUTSIDE THE LINES" Whirling. twirling, handcrafted

kaleidoscope by stainedglass artist Glenn Tuazon. \$225, TinGio. Artfish42, Milford, artfish.com



Design by Richard Hutton for Skultuna 1607 Sweden. Made of highly polished solid brass in three heights. Tall 18" \$160, Medium 14" \$130, Short 11" \$118, Skultuna. The Glass House Design Store, New Canaan; designstore. theglasshouse.org



SHOVELER DRAKE CARVED DECOY

Freestone Forge. etsy.com/shop/FreestoneForge

SPIRAL GODDESS

STATUE IN BLACK

Grace your living room,

bedroom, or sacred space.

space with a tree, a small

unexpected sanctuary. \$54,

Willowroot. CottageWicks,

Winsted; cottagewicks.com

On the back is a small ritual

Each decoy is hand painted with fine brushwork and carved to achieve life-like accuracy. Various species available. \$250, Glen Heller. Spectrum Gallery, Centerbrook; spectrumartgallery.org



KASHWERE THROWS Made of velvet-soft

chenilla that won't shrink, pill or wrinkle.

and Spa, Washington

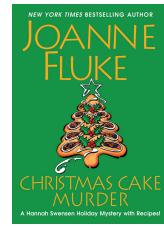
Prices vary, Kashwere. Grace Mayflower Inn

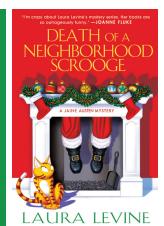
ROCKIN' AROUND THE 203 ORNAMENT Connecticut-themed ornaments are hand-painted here in Connecticut. Ceramic globes feature The Two Oh Three's limited-edition holiday logo. \$24.50, The Two

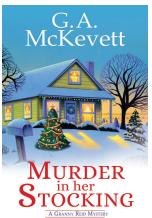
Oh Three. Mason Jar, Monroe; No. 299, Fairfield; Kirby

Girl. Darien; Mellow Monkey, Stratford; shopthe203.com

MOSAIC **SERVING DISH** Sea glass-inspired handcrafted pottery mosaic by artist Roberta Ahuja. \$89, Clay in the Potter's Hands. Artfish42, Milford







CHRISTMAS CAKE MURDER By Joanne Fluke. It's Christmas many years ago, and topping Hannah Swensen's wish list is becoming the go-to baker in Lake Eden, Minnesota. But revisiting holiday memories can be murder. \$20 **DEATH OF A NEIGHBORHOOD SCROOGE** It's homicide on the

funny side as freelance writer and longtime Ben & Jerry's addict Jaine Austen battles crime on the mean streets of Beverly Hills. \$26 MURDER IN HER STOCKING By G.A. McKevett, who launches a new mystery series that is part prequel, part spin-off, taking readers back to the 1980s in the small Georgia town where Savannah grew up. \$26, Kensington. Barnes & Noble



BOSE HOME SPEAKER 500

Stereo sound with Amazon Alexa built right in, Wi-Fi and Bluetooth connectivity. \$399.91, Bose. P.C. Richard & Son, All Connecticut locations; bose.com





Soap and washcloth all in one, the soaps mildly exfoliate as they clean. \$25, Lyric Hill Farm, Granby;

NEEDLE FELTED SOAP

lyrichillfarm.com

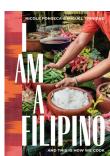
PHILLIPPE SHEEP SCULPTURE With an antique bronze patina and ivory curly sheepskin, the Phillippe sheep sculpture (in the style of Lalanne) is a charming accent. \$4,200, Interlude Home. www.interludehome.com **PEACE OF MIND SAGE BLEND**

Loose blend of white sage, lavender and

chamomile. Each jar includes a fluorite stone. \$16.95, Becca Rose, Mystic; beccarose.com



Taking the Intimidation Out of Cooking Seafood, by Joe Gurrera. \$24.99, Citarella Press

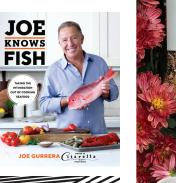


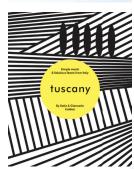
I AM A FILIPINO: And This is How We Cook, by Nicole Ponseca & Miguel Trinidad, \$35. Artisan

FRANCE!

LET'S EAT FRANCE By Francois-Regis

Gaudry and Friends. \$50, Artisan





TUSCANY: Simple Meals and Fabulous Feasts From Italy. \$40, Hardie Grant Books

AUTUMN LAKE BLUE AND WHITE CERAMIC VASE

A modern take on the classic Chinese vase, this lightweight ceramic piece depicts a beautiful mountain range on a lake. \$75, handmade in Jingdezhen. axenthomegoods.com



This two-handled egg pan is designed by Italian architect and designer Alessandro Mendini and makes perfect eggs for one. \$135, Alllesandro Mendini for Alessi Italy. The Glass House Design Store, New Canaan; designstore. theglasshouse.org

NORA MURPHY'S COUNTRY HOUSE STYLE

CUSTOM, PAINTED PORTRAITS FROM

PHOTOS Portraits painted by talented artists

from your favorite photo. \$189+, PaintYourLife;

free shipping through Dec. 31.)

paintyourlife.com

Making Your Home A Country House, by Nora Murphy. \$35, Vendome





EAMES HOUSE BIRDS

a black lacquer finish, \$250, Vitra. Design Within Reach, Stamford; vitra.com

| 68 | DECEMBER 2018 | connecticutmag.com |

GARDEN OF

PARADISE

GIFT COLLECTION Features a cotton twill print: arm saver gloves, half-apron and bucket caddy. Arm saver gloves, \$32; apron, \$24; bucket caddy, \$30, Womanswork. Reynolds Farms Nursery and Country Garden Center, Norwalk; womanswork.com





KLIMNT ARTWORK **COFFEE MUG**

Featuring Gustav Klimnt's Lady with Fan. Americanmade. Microwave and dishwasher safe. Holds 15 oz. \$22, Magna Carta Digital Art. magnacartadigitalart. com, etsy.com/shop/ MagnaCartaDigitalArt

CARAVAGGIO

Every extant work by Caravaggio is reproduced in color in this newly updated volume, the result of more than 20 years of research by a leading authority on the artist, John T. Spike. Second revised edition. \$95, Abbeville Press



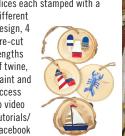
THE ART OF TAROT



ART O

GIOTTO The definitive monograph on the greatest painter of the early Renaissance. By Francesca Flores **DIY IN A BOX** d'Arcais. \$45, Abbeville Press

Kit includes: 2 paint brushes, 4 pre-drilled reclaimed wood slices each stamped with a different





Watercolor art of 10 colorful cats and cocktails made of disposable, heavy-duty recycled paper coasters with a printed weather-proof layer. Sets of 10. \$10, RiverDog Prints. riverdogprints.com



FRAME Handmade with string and cotton/abaca plant fiber pulp. The frame is sandwiched glass and metal. \$58, PaperScape Artworks. PaperScape Artworks/Chroma Gallery, Guilford

PAPER SKETCH BOOK

Made from cotton/abaca plant fiber pulp. 10 pages, spiral bound. 5x7, \$25. 5x12, \$30, PaperScape Artworks. PaperScape Artworks/Chroma Gallery,



THE GRAND MEDIEVAL BESTIARY:

Animals in Illuminated Manuscripts, by Christian Heck and Rémy Cordonnier. Features nearly 600 colorful images that reveal the ubiquitous presence of animals in illuminated manuscripts. Dragonet Edition. \$75, Abbeville Press



WILDFLOWER CARDS

Greeting cards with matching envelopes. A floral motif hand-drawn on heavy card stock, a matte finish, and a unique design. \$3.75 each, \$15 set of 5 cards, Rachel Antonia Designs. rachelantoniadesigns.com



LITTLE PEOPLE BIG DREAMS Women in Art

Boxed Set Meet three inspirational women from the world of art: Frida Kahlo, Coco Chanel and Audrey Hepburn. Women in Science Boxed Set Meet three inspirational women from the world of science: Ada Lovelace, Amelia Earhart and Marie Curie. \$39.99 each, The Quarto Group





THE KIDS



and Hobby of New Britain **√ESTES** ₩ 2 0 = 10+ THE ATLAS **OBSCURA EXPLORER'S GUIDE FOR THE**

WORLD'S MOST ADVENTUROUS KID by Dylan Thuras, Rosemary Mosco, \$19.95,

The light Sprites



FACTORY Fourpack of eco-friendly toys, made in the U.S.. Simple puzzle trucks include: cargo, tipper, dump & fire trucks. Interchangeable parts encourage creative play. \$69.95, Luke's Toy Factory. The Toy Room, Bethel



KIDSERGO The safe and healthy way to sit. Assorted colors. \$75, ErgoErgo, The Grommet. ergoergo.com

WACKY

WIGGLER **ROCKET KIT**

Easy to assemble, no paint

\$29.99, Estes, Amato's Toy

or special tools required.



THE LIGHT SPRITES AND THE LIGHT SPRITES **SPRING INTO ACTION!**

Read how elves working in traffic lights help their friends, Santa, and the Easter Bunny. \$12 each, Lauren Page. lapagemakeup.com/books





design, 4 pre-cut lengths of twine. paint and access to video tutorials/ Facebook

\$19.95, Painted by the Shore paintedbytheshore.com

70 DECEMBER 2018 connecticutmag.com



TOOLBOX BY ARIK LEVY

POPSICLE CLOCK George Nelson and

BLOCKS BY

SPEKS A toy for

grown-ups, Blocks is a

set of colorful magnetic

mini beams or brackets

for stacking, clacking,

shapes. \$29.95, Speks. The

Age of Reason, Westport;

getspeks.com

and building into limitless

Charles Pollock, 1957. The clock features a structure of flat walnut rods resembling popsicle sticks, and striking metal hands

in a white powder-coated finish. \$1,055,

Vitra. Design Within Reach, Stamford

A practical storage container with a handle for use in the home or office. Made of robust plastic. \$70, Vitra. Design Within Reach, Stamford

ACRYLIC PAINTING MEDIUMS

AND METHODS: A Contemporary

Guide to Materials, Techniques, and

Applications. By Rheni Tauchid, foreword by Alice Teichert, \$40, The

Monacelli Press. Barnes & Noble,

monacellipress.com





KNIGHTS OF COLUMBUS MUSEUM

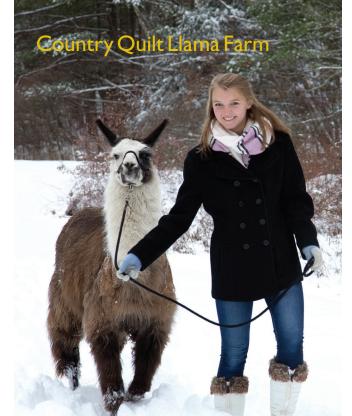


couple of years ago, I became an accidental expert on holiday celebrations in Connecticut.

I knew little about the varied and sometimes idiosyncratic holiday practices in the state until I was commissioned by Globe Pequot Press to produce a photography book titled A Connecticut Christmas: Celebrating the Holiday in Classic New England Style. Over the course of two seasons, I visited 60 locations in 40 towns. What became most evident, besides the fact we live in a very beautiful state, especially at Christmastime, is that the holidays bring out the best in people. Everyone I encountered was friendly, helpful and excited to share their traditions with me. They graciously welcomed me into their homes, businesses and communities, even though it was the busiest time of year. I found Christmas was more about spending time with friends and family, and the spirit of giving rather than commercialism. This is what makes the holidays in Connecticut so special. Here are some of my favorite places to enjoy the season.



Neapolitan Crèche at the Abbey of Regina Laudis





Treasured Traditions

he 18th-century Neapolitan Crèche at the Abbey of Regina Laudis is, of course, located in the town of Bethlehem. It is housed in an old barn, of all places, and is sparsely lit, save for the warm glow of light shining on this intricately hand-carved nativity. It has been fully restored by experts from New York's Metropolitan Museum of Art, which is reason alone to see it. Sixty-eight figurines and 20 animals are set in a rural Italian village encased in a 15-foot-by-10foot, climate-controlled diorama that takes up an entire wall. From the masterful carvings to the costumes, the level of detail commands your attention. Peering into the clear glass window to study the artwork reminds me of childhood visits to New York City and being captivated by the holiday scenes depicted in the store windows on Fifth Avenue. Rumor has it the crèche was presented to the King of Sardinia in 1720 on his coronation. It found its way to the abbey's Benedictine nuns in 1947 when artist and philanthropist Loretta Hines Howard donated it, and has remained a gift for all to see ever since. The crèche is open for free viewing every day from 10 a.m. to 4 p.m. from Nov. 23 until Jan. 6. 203-266-7727, abbeyofreginalaudis.org

The Boar's Head and Yule Log Festival at Hartford's Asylum Hill Congregational Church is a feast for the senses. As soon as I enter the 153-year-old church, a maiden donning a crown of leaves escorts me to my seat as majestic music performed by a brass ensemble wafts through the 1,000-seat nave. The church itself becomes the stage for this interactive play featuring a cast of more than 250 people. As the audience is ushered in, jugglers and jesters run energetically up and down the aisles while sprites use the narrow tops of pews for balancing beams. Kings in flowing red robes and queens adorned in gold-threaded gowns hand out chocolate coins as the medieval celebration of the Epiphany begins. During the 90-minute performance, there is a constant flurry of activity in three aisles all at once. Pay close attention or you might miss one of the elaborately costumed lords, ladies, knights, woodsmen, peasants, dancers and mimes, or any one of the live animals including a camel, llama and shining black stallion. The choir increases in volume and intensity as a grand procession of man and beast culminates at the sanctuary creating a colorful tableau, until the resounding "Gloria" is heard, signifying the birth of the Christ child and the finale. This season's festival offers five performances: Jan. 4 at 7:30 p.m., Jan. 5 at 3:30 and 6 p.m., and Jan. 6 at 1:30 and 5 p.m. After each performance, audience members are invited to a gala reception in the church's Drew Hall. Call or go online to reserve tickets. 860-525-5696, ahcc.org

One of the most original things to do during the holiday, or anytime, for that matter, is to take a llama for a walk. Debbie Labbe, owner of Country Quilt Llama Farm in Cornwall, has two at the ready for a jaunt. The first thing that strikes me when I meet llamas Jack and Peanut is their size. They are a lot bigger in person. It is a little unnerving, but as it turns out, llamas are very gentle. When I insist they pause for a photo, they begin craning their necks and making strange sounds to let me know they have had enough of this standing around. And so we get moving. While making our way through a snow-covered trail, Labbe patiently answers all my llama questions while educating me about these fluffy creatures (other than Jack and Peanut, the farm is also home to Harley, Annie, Alex and Theo). When the llamas are not out walking around the wooded trails of Cornwall and the White Memorial Conservation Center in Litchfield, they are doing in-school programs or pet therapy at nursing homes. Contact Labbe to schedule a walk and find out about rates. 860-248-0355, countryquiltllamafarm.com



Historical Holidays

he Lockwood-Mathews Mansion in Norwalk is one of the grandest private estates ever built in Connecticut. During the holiday season it is decked out in full splendor the way it would have been on Christmas Eve when occupied by the Lockwood-Mathews families from 1868-1939. At the center is a grand staircase designed by the renowned Herter Brothers. The crushed red velvet carpet covering each step is festooned with poinsettias and garlands that lead up to a large lighted tree on a landing. In the dining room, a sumptuous feast is laid out on a table with fine linen and china from the museum's collection. In other rooms, holiday trees, wreaths and shimmering packages brighten carved wooden fireplaces, mirrors and wall moldings, and add warmth to marble mantles and pillars indicative of the Gilded Age. A Magical Christmas **Eve** runs from Nov. 23-Jan. 6. Tickets can be purchased online. 203-838-9799, lockwoodmathewsmansion.com

Sitting atop a 200-foot cliff overlooking the Connecticut River, Gillette Castle in East Haddam is a curious structure resembling a large drip sand castle one might see at the beach. William Gillette, known for his on-stage portrayal of Sherlock Holmes, built it in 1914 using tens of thousands of fieldstones. It has 24 rooms, each unique, and a 30-foot-by-50-foot main salon that during the holidays boasts an 18-foot Christmas tree decorated by the Friends of Gillette Castle. Every year this volunteer group spruces up the interior with antique ornaments and Victorian decorations that show how it might have looked when Mr. Gillette was in residence entertaining his theatrical friends at a festive dinner. The castle is open for viewing Friday through Sunday from Nov. 23-Dec. 23. While parking is free, there is a small fee for castle tours. 860-526-2336





Nautical Noel

here is something magical about strolling through a 19th-century seafaring village at night with only the light of a lantern to guide you. As I follow a role player donned in period clothing through the quiet streets at Mystic Seaport Museum for a Lantern Light Tour, I feel as though I had stepped back in time. There is no 21st-century technology, cellphones, cars or sounds of modernity to diminish the belief that it really could be Christmas Eve in 1876. Among the only sounds are the clomping of horse hooves pulling a carriage. A whale ship, a sail loft, a fishing schooner, a blacksmith shop, and other buildings and vessels pertinent to life in a coastal community are some of the

scenes of this movable production. In each location, costumed players reveal more of this Christmas story, offering a peek into our maritime past. Tours run from Nov. 24-Dec. 23. Tickets can be purchased online. 860-572-0711, mysticseaport.org

Not far from the historic seaport, throngs of people line the shores of the Mystic River near the drawbridge and Mystic River Park in anticipation of the village's **Holiday Lighted Boat Parade**. Every year, 30 or so vessel owners try to outdo each other by decorating their boats to the nines. Each vessel is bedecked with colored lights. Some have large, inflatable Santas or penguins, others have animated seahorses, manatees and dolphins. An Elvis impersonator

has even been known to dance on the bow to "Hound Dog." Prizes are given by the event's sponsor, the Greater Mystic Chamber of Commerce, for the most innovative, best dressed, most charismatic crew, and most holiday spirit. But everyone deserves recognition; the boaters do this on their dime and time for the rest of us to enjoy. This year's free event, also featuring Santa's arrival on a 60-foot tugboat and the lighting of the Christmas tree, casts off on Nov. 24. 860-572-9578, mysticchamber.org

While smaller, Essex's boat parade, Trees in the Rigging, is no less spectacular. Crowds of carolers make their way by lantern light and flashlight from the head of Main Street to the Connecticut

River Museum. A parade of perfectly polished antique cars glides past as I stroll alongside the traditionally donned Sailing Masters of 1812 Fife and Drum Corps, who delight us with period music. On the Connecticut River, 15 vessels ornamented with lights and colorful trees, reindeer and wreaths fastened to masts parade back and forth while costumed Santas and elves wave from the ship's bows. After the parade, Santa's boat docks at the museum to hear Christmas wishes. Sponsored by the Essex Historical Society, the Essex Board of Trade and the Connecticut River Museum, this free and fun-filled family event takes place on Nov. 25.

860-767-8269, ctrivermuseum.org

78 DECEMBER 2018 connecticutmag.com

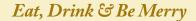
Hanukkah Happenings

n celebration of Hanukkah, also known as the Festival of Lights, local Chabad chapters offer festivities and menorah lightings across the state that are free and open to all. Touted as Connecticut's largest Hanukkah event, the annual Fire on Ice kicks off on Dec. 2 at 4 p.m. at Blue Back Square in West Hartford. The event has grown over the years and is expected to draw at least 1,000 people this year. There will be live music, from hip hop to rock, by New York-based Jewish a cappella group Six13; Mediterranean and traditional Hanukkah foods such as potato latkes; arts and crafts and 3-D dreidel printing; a gelt drop during which kids collect chocolate coins raining down from an extended fire ladder; and a new chocolate gelt factory where kids can make their own sweet coins. The star of the show is an impressive 8-foot-tall menorah carved on site from ice. 860-232-1116, chabadhartford.com

Another favorite is Fairfield's **Chanukah Village**, which takes place on Dec. 2



courtesy of Chabad of Fairfield. The Post Road in downtown Fairfield is turned into an enchanting village with a candlemaking booth, potato pancakes and jelly doughnuts, horse-drawn carriage rides, storytellers, crafts, face painting, and more. At 4 p.m., everyone is invited to Sherman Green to help build a 7-foot-tall menorah using Legos that will be lit by local dignitaries. Live music, refreshments and dancing will follow. 203-373-7551, chabadff.com



f you are hungry and want to take in some old-fashioned Christmas cheer, the Griswold Inn in Essex and its Game Dinner do not disappoint. The game menu is a meat-eater's dream, with bison, venison and moose along with traditional holiday favorites like prime rib and Indian pudding. For those who avoid meat, the regular menu features vegetarian selections. Sitting in the 242-year historic dining room, I am surrounded by paintings of steam ships and other historical artifacts covering every inch of wall that had been bequeathed to the Gris over its many years by past patrons. The waitstaff is costumed Royal Court Singers who perform seasonal classics tableside. On Dec. 1, the innkeeper's favorite night of the year, guests can also hear the harmonized vocals of the a cappella singing group, the Coast Guard Idlers, as they stroll the dining rooms and Tap Room making merriment. The festive feast is served nightly all December. Reservations are recommended. 860-767-1776,

Don't visit the Wood Memorial Library & Museum on an empty

griswoldinn.com

stomach when the South Windsor institution hosts its annual **Gingerbread House Festival**. While you can't eat them — as tempting as it may be — the houses are worth seeing because the designs are so imaginative. Displays featured in previous years have included lighthouses and fishing shacks, a doughnut shop with a gumdrop roof, train cars with peppermint candy wheels hauling edible gifts, a house with miniature marshmallows as snow, and even a replica of the Bissell Tavern in Windsor with Rice Krispies sheep, Shredded Wheat for roof shingles and pretzel square windows flanked by chocolate shutters. The contest is open to professional bakers and artisans, but what's so nice about this festival is that students, community members and amateurs also enter. See what they cook up this year from Nov. 23-Dec. 15. Should you want to try your hand at making a gingerbread house, sign up for the library's two-part workshop (\$50) led by master cake decorator Linda Stevenson on Nov. 15 and 16. If your creation is truly magical, try entering it for the festival. 860-289-1783, facebook.com/woodlibraryandmuseum Wood Memorial Library & Museum

> Gingerbread House Festival

After knee replacement, Jerushia came back stronger.

Jerushia travels by train from New London to teach second graders in Bridgeport. One day her painful, arthritic knee finally gave out, and she took a frightening fall during her commute. Orthopedic surgeons at Yale New Haven Hospital's Center for Musculoskeletal Care performed a total knee replacement. Hours after surgery, Jerushia was up and walking. Two months later, she was back in class, ready for a new school year. Orthopedic specialists at Yale New Haven Health use today's most advanced, customized joint replacement technology so people like Jerushia can come back faster.

See Jerushia's comeback story at yalenewhavenhealth.org.



Yale NewHaven **Health**



NUMBERS OF UNDOCUMENTED IMMIGRANTS ARE TURNING TO THE ANCIENT TRADITION OF TAKING SANCTUARY IN HOUSES OF WORSHIP. AS WEEKS TURN INTO MONTHS, THEIR ULTIMATE FATE IS SUSPENDED IN LIMBO.

BY ERIK OFGANG

As evening wore on, Sujitno Sajuti's life in America was collapsing, slipping away with each tick of the clock. It was Oct. 9, 2017, and earlier that week his request for a stay of deportation had been denied. He was ordered to leave the country by the following day.

INCREASINGLY UNDER THREAT OF DEPORTATION, GROWING

Earlier, he had attended a rally for his case in Hartford and given several media interviews. The hope was that he would be granted a last-minute stay of deportation because of the publicity. That didn't happen. Now a hastily prepared plan had been launched to keep him in the country.

Around 9:30 p.m., Sajuti began to frantically pack up his West Hartford apartment. His wife, Dahlia, was with him and they were joined by Alok Bhatt, an activist and the community defense coordinator with the Connecticut Immigrant Rights Alliance (CIRA). As Sajuti grabbed clothes and essential items, including his checkbook and computer, Bhatt kept checking the time. We should probably go to the church as soon as possible, he thought.

The three of them loaded Bhatt's small car with several suitcases and white garbage bags filled with clothes. It was tight, but they managed to fit. They drove through the darkness toward the Unitarian Universalist Church in Meriden in search of relief through an ancient custom older than the oldest immigration law — taking sanctuary within a house of worship.



The U.S. Immigration and Customs Enforcement designates churches and other houses of worship, along with schools and hospitals, as "sensitive locations." ICE agents refrain from making arrests at these sites. This policy has given birth to a sanctuary movement in Connecticut over the past year and a half that has become a rallying cry for the larger immigrant rights movement in the state.

Eight people have taken sanctuary within Connecticut churches; six have been able to leave sanctuary without being deported; two remain in sanctuary as of mid-November. Ten congregations (nine churches and one synagogue) have agreed to be sanctuary congregations and have formed New Sanctuary Connecticut. They are supported by dozens of other congregations and many nonprofit organizations. These sanctuary congregations are unrelated to so-called "sanctuary cities," where cooperation with federal immigration officials is limited.

The movement was born in the aftermath of Donald Trump's election. The Rev. Paul Fleck, pastor of Hamden Plains United Methodist Church, and Rabbi Herbert Brockman, who retired earlier this year from Mishkan Israel synagogue in Hamden, joined forces to look for ways to support immigrant communities in the state, a population thought to include at least 100,000 undocumented immigrants. In the winter of 2017, they organized a talk at Mishkan Israel with members of a group that had helped provide sanctuary in houses of worship

for New York immigrants. More than 300 people attended. Fleck and Brockman began connecting with people from other congregations and with a wide variety of loosely connected organizations and people working on behalf of immigrants. These included people such as Kica Matos, director of immigrant rights and racial justice at the Washington, D.C.-



"They call me their son," activist Alok Bhatt says of the Sajutis.

based Center for Community Change, and organizations like Connecticut Shoreline Indivisible, CIRA, New Haven-based Unidad Latina en Acción, and many others.

Initial efforts were focused on connecting

immigrants with U.S. citizen volunteers who could accompany them to court dates and ICE check-ins. But Fleck says it was clear more drastic efforts would be necessary in the future.

"We knew that there would be a need for sanctuary at some point," he says. "It was a little bit like *Field of Dreams* initially: if you build it, they will come."

On Oct. 9, 2017, as Bhatt drove Sajuti toward the Unitarian Universalist Church in Meriden, volunteers at the church were frantically getting ready for his arrival.

They had only recently decided to become a sanctuary congregation and only heard that afternoon he may need to take sanctuary. Because their church had been a former farmhouse, it had a full bathroom and kitchen, but that was about all that was ready.

"I always say we jumped into the water and we looked for the life preservers later," says Nancy Burton, one of the church members who spearheaded efforts for the church to become a sanctuary.

A native of Indonesia, Sajuti, now 69, first came to the U.S. in 1981 on a Fulbright fellowship as a graduate student at Columbia, where he received a master's degree in public health. He returned to Indonesia for a few years in the mid-'80s before coming back to the U.S. in 1989. He began studying medical anthropology at the University of Connecticut and moved to Storrs and later Hartford and West Hartford, where he and Dahlia have lived since. He ultimately obtained a master's at UConn, but in the early 1990s, his immigration status in the U.S. went into limbo. Even still, Sajuti and his wife built a life for themselves. They were active at their mosque, the Muhammad Islamic Center of Greater Hartford, and worked as private teachers. Sajuti taught mathematics, the Quran, Indonesian language and helped students prepare for standardized tests. He was also active in interfaith groups and political activism, particularly activism related to public health and immigration.

But there were many moments when his illegal immigration status reared its ugly head. Following the 9/11 attacks, Sajuti had to

register with the newly formed National Security Entry-Exit Registration System, which critics felt unfairly targeted Muslims like Sajuti, and which was discontinued during the Obama administration. In December 2011, he was taken into custody by ICE and held for 69 days, primarily at a correctional facility in North Dartmouth, Massachusetts. The reasons for this detainment remain unclear, and an ICE spokesperson declined to comment.

Sajuti, a thin man with upbeat mannerisms who tends to wear a traditional hat called a kufi, says he tried to remain positive through his detainment. "They treat me like a criminal; I don't like it," he says, but stresses, "Getting angry will not solve anything."

He is critical of the agents who detained him, but when telling the story he focuses on those he says were kind to him and others held in detainment. Between 2012 and 2016, he checked in regularly with ICE and continued to receive stays of deportation until 2017. After the stay of deportation was denied in 2017, ICE required him to wear an ankle bracelet, so they could track him if he did not leave the country.

When people ask Sajuti why he fights so hard to stay in the U.S., he responds, "I live here. I've lived here for more than 30 years."

On Oct. 9, 2017, as Bhatt drove Sajuti to the Meriden church, ICE had the capability of tracking Sajuti on the highways between West Hartford and Meriden. They could pinpoint his location as Bhatt pulled into the parking lot of the Unitarian Universalist Church. Once he went inside, they would know that, too, and more importantly, they could learn the instant he left.

As Sajuti stepped out of his car, whatever other options he once had converged into one path. Around 11:30 p.m., he walked into the church.

A few months earlier in July, Nury Chavarria, a Norwalk mother of four, took up residence at Iglesia de Dios Pentecostal church in New Haven to avoid being deported to Guatemala. Chavarria was the first person to take sanctuary in a Connecticut church in modern memory. Her case generated national and local press, and she gained vocal support from Connecticut's governor and two U.S. senators. Within a matter of days she had received an emergency stay of deportation and was able to leave the church.

The sanctuary movement in Connecticut had begun.

A few weeks later, Marco Reyes Alvarez went into sanctuary at First and Summerfield United Methodist Church, a historic New Haven congregation near the city's green. That October, Sajuti found refuge in Meriden.

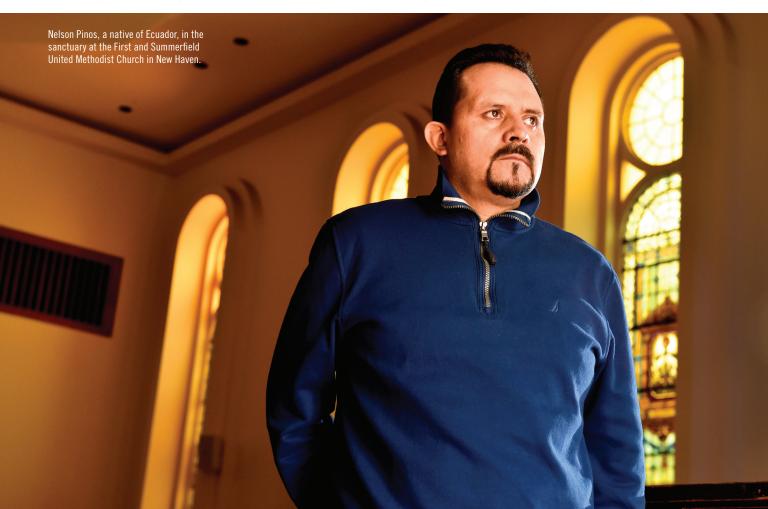
In November, after spending 105 days in

sanctuary, Alvarez was granted a reprieve that allowed him to leave the church. But his former spot at First and Summerfield United Methodist Church was occupied by Nelson Pinos on Nov. 30.

A New Haven father of three, Pinos immigrated to the U.S. from Ecuador illegally as a teenager in the 1990s. In 2012, he reported to ICE in an attempt to get a green card. Shortly after arriving in the U.S., he was randomly stopped by immigration officials while visiting a relative in Minnesota. That incident resulted in a notice to appear in court that Pinos says he never received. Now, decades later, that failure to appear in court meant he had an order of removal. Pinos was able to get stays on the order, but he was eventually ordered to leave the country by the end of November 2017.

For the last two weeks of November, he debated whether to leave the U.S. or go into sanctuary. He knew Alvarez and had visited him in sanctuary. "I saw the frustration in Marco's face and I was like, this might not be a good thing to do," he recalls. Even still, he decided to stay and continue fighting to legally remain the country. "If I left, practically everything was going to end there," he says.

Back then, Pinos expected to be out soon. "I never thought it was going to be this long," he says, nearly 11 months after entering sanctuary. "I thought maybe a







Pinos and his family in the basement of First and Summerfield United Methodist Church in late 2017. From left, Arlly Pinos, Nelson, Elsa Calle, Brandon Pinos and Kelly Pinos.

couple months, maybe a month. Little by little, time went by."

A former employee at a Milford manufacturing plant, Pinos has black hair and a black goatee and speaks in a soft voice. Living inside the church for so long has taken a toll. "For the last month, I've kind of been worrying a lot, because of not knowing where this is going to end," he says. "I'm already exhausted, but I'm holding on."

Though new in Connecticut, the concept of sanctuary is an ancient one deeply ingrained in the fabric of many faiths. Early Hebrew society allowed temples and even whole cities to become places of refuge for people awaiting a fair trial. Such protections were codified with biblical decree. In the Book of Numbers, God commands Moses to tell the Israelites to "designate some towns to be your cities of refuge, to which a person who has killed someone accidentally may flee."

People could also seek sanctuary by grabbing the horns of the altars of ancient temples. Brockman, the Hamden rabbi who helped start the sanctuary movement in Connecticut, says, "In the Hebrew Bible, the most-often-given commandment is how to treat the stranger. Because you were strangers in the land of Egypt, therefore you must treat the stranger [well] and it's mentioned 36

times in the Torah." He adds that this concept also exists in Christianity and Islam.

Throughout much of the medieval period, people could seek sanctuary within churches by running into houses of worship and confessing to their crimes. This concept has permeated popular culture. In Victor Hugo's The Hunchback of Notre Dame, the title character uses sanctuary to save his beloved. In The Highlander films and TV series, fighting on holy ground is forbidden.

In the real world, sanctuary re-emerged in the U.S. in the 1980s. At that time, large amounts of Central American refugees were fleeing oppressive dictatorships and violent civil wars in their home countries.

In 2007, during the Bush administration, sanctuary was revived yet again. The New Sanctuary Movement formed, consisting of coalitions of congregations across the U.S. The broader movement gained momentum and urgency during the increased deportations of the Obama years.

Then Trump won.

Just a few weeks after the election, the number of participating congregations across the country doubled from 400 to 800. As of mid-November, 52 people in the U.S. are living in sanctuary, including 11 children who may themselves not be at risk of deportation, according to Jennie Belle, a community organizer with Church World

Service and spokesperson for the New Sanctuary Movement. Recent years have seen a spike in the number of people going into sanctuary. Twelve people went in in 2014; three in 2015; five in 2016; 39 in 2017; and 22 in 2018. "We are averaging about two a month going in," Belle says.

For churches that have provided sanctuary, repercussions have been minimal. "Churches worry about losing both their nonprofit status and their insurance. We haven't seen churches losing their 501(c)(3) status, because that would be, one, a question of legality and, two, a lot of work for the IRS to go after a small church," Belle says.

Asked if congregations she's familiar with experience any kind of financial backlash, she says, "If anything, they see an increase in donations. However, for churches that have been sanctuaries for longer than a year, donations can eventually start to dry up if there isn't some way to make them financially sustainable."

While many of those who go into sanctuary do leave without being deported, the process is changing. "It used to be that one of the main ways that people would get out of sanctuary was having their senator sponsor a private bill, but the rules have changed under the Trump administration about who can sponsor private bills," Belle says. "Now it has to be

a head of a committee."

In August 2017, the New Haven Independent reported that this provision stymied Sen. Richard Blumenthal's efforts to help the man who took sanctuary at First and Summerfield United Methodist Church prior to Pinos. As a result of this new policy, Belle says, "People aren't leaving sanctuary like they used to."

For Sajuti and Pinos, the days turned into weeks and the weeks turned into months. Others went into sanctuary in Connecticut, others went out of sanctuary. New Britain's Mariano Cardoso Sr. took sanctuary in the First Congregational Church of Old Lyme

for a night in December 2017. In March of this year, the same church served as the sanctuary for husband and wife Malik Naveed bin Rehman and Zahida Altaf, who stayed there for seven months, only leaving in October after ICE agreed not to oppose their request for a stay.

Pinos is frequently visited by his life partner, Elsa Calle, and their three children including his teenage daughter, Kelly, who penned an op-ed in The New York Times in August, in which she

argued her father deserved to stay in the country. His kids, who have taken part in many rallies on Pinos' behalf, visit every afternoon after school and stay with him until 8:30 or 9 p.m. Then they go home and he's alone again.

"Being in a place for 24 hours is crazy. Time moves slowly," he says. He watches TV and cleans the church and has done some painting and other touch-up work. His room is near the actual church sanctuary, and sometimes he goes there to read the Bible or to pray. "Mostly I pray for hope," he says. "I think a lot of the stuff in the Bible is based on hope."

Because First and Summerfield United Methodist Church has an enclosed courtyard, he is able to go outside. In the summer, he would sometimes open the front doors of the church and read on the front steps, which are enclosed in a fence. He'd feel the warm sun on his skin and look out across the street to the New Haven Green. The sights, sounds and smells of New Haven washed over him, the city right there but so far away.

Sajuti lives with his wife, Dahlia, in Meriden, but unlike him she can return to their apartment in West Hartford, which they maintain. She can go out and shop and see people. Sajuti puts a brave face on the situation. He smiles and laughs frequently. "Sometimes you feel lonely, sometimes you feel OK. So far I can manage," he says. Sajuti says he doesn't blame Trump for his situation but rather the bureaucracy that predates the president.

"There was no difference with Obama; there was no difference with Bush," he says. "I got arrested during the Obama administration."

Those who have observed him and Dahlia have been inspired by the couple's positivity. Bhatt, who drove them to the church more than a year ago, is Sajuti's primary advocate, coordinating press requests and acting as a liaison between



Students from Wilbur Cross and Common Ground high schools and Yale University walked out of class to protest the plight of Pinos on Sept. 20.

him and church volunteers and other activists in the state. As part of that work, Bhatt, 32, has became close with the Sajutis. "They call me their son, they've kind of been like adopted parent figures," he says. "They're both super, super jovial and peaceful and both very sincere about educating themselves and also educating the community and youth in particular."

At the church, both have held classes, and Sajuti has lectured on Indonesian culture. Even so, the process has been hard on the couple and on Sajuti in particular. "In many ways, it's a form of incarceration for him; he has not stepped one toe outside of this meeting house for over a year," the Rev. Jan Carlsson-Bull says. "Hopefully the surroundings would be more pleasant than a prison, but nonetheless it's still really restraining on his life."

His imam, Kashif Abdul-Karim from the Muhammad Islamic Center of Greater Hartford, says that, at first, Sajuti seemed to have trouble adjusting to the confinement of sanctuary. He grew irritable and argued with Dahlia. Abdul-Karim helped work with the church members to accommodate Sajuti's religious practices. He spends two days each week fasting, and focuses on prayer and reflection. Abdul-Karim says Sajuti began taking his religion even more seriously.

"He began reading more and studying more Quran and getting himself more in tune with his religion, and in doing so he was able to overcome a lot of his personal problems and not focus so much on getting out but focus on the internal things about himself," Abdul-Karim says.

Keeping someone in sanctuary for any length time, and certainly for as long as both Pinos and Sajuti have stayed, is a challenge full of unexpected considerations.

At the Unitarian Universalist Church in Meriden, Burton, one of the volunteers who had originally headed up the efforts for the church to become a sanctuary, took charge

> of coordinating a team of volunteers. They do the things many take for granted. One person goes grocery shopping, another does laundry once a week, while separate volunteers from Sajuti's mosque do a second batch of laundry for the couple each week. Expenses are paid for through donations, and there are many foreseen and unforeseen. For instance, the church's heating bill goes up in the winter with Sajuti

and Dahlia there. For most of the first year,

a volunteer would stay with the couple at the church each night to make sure that if there was a late-night raid by ICE,

they could notify the press. There were also arrangements made so that medical professionals could visit.

Meanwhile, Sajuti's legal team fought his case, but early legal challenges to his deportation order have been unsuccessful. Burton says each of those setbacks have been a major blow to everyone, but the team remains committed. At a meeting, a team member said, "'We have to stop thinking in terms of a deadline because we're just driving ourselves crazy.' And we all said, 'good idea,'" Burton recalls. She adds, "We're in this until all legal activities have been explored."

Both Sajuti and Pinos believe better legal advice would have helped their situations. Pinos tells of one lawyer who took thousands of dollars from him without filing any paperwork. He is being represented by Tina Colón Williams of the Esperanza Center for Law and Advocacy in Norwalk and has an appeal pending.

After Sajuti went into sanctuary, his case was taken on by attorneys and law students at the New Haven Legal Assistance Association. The team has pursued multiple avenues for a stay of deportation, including an appeal that is pending. They have also

SANCTUARY CONNECTICUT

Beginning in July 2017, eight people have taken sanctuary at Connecticut houses of worship. Since then, six have been able to leave without being deported; two remain in sanctuary. Ten congregations (nine churches and one synagogue) have agreed to be sanctuary congregations.

Nury Chavarria spent four nights in sanctuary at Iglesia de Dios Pentecostal in New Haven in July 2017.

Marco Reyes Alvarez spent 105 days in sanctuary at First and Summerfield United Methodist Church in New Haven beginning in August 2017.

Mariano Cardoso Sr. went into sanctuary at First Congregational Church of Old Lyme for a few hours in December 2017 before being granted a last-minute stay of deportation.

Nelly Cumbicos spent six days in sanctuary at First and Summerfield in March. This was at the same time the church was also providing sanctuary to Nelson Pinos.

Malik Naveed bin Rehman and Zahida Altaf spent seven months in sanctuary at the First Congregational Church of Old Lyme beginning on March 19. The married couple's 5-year-old daughter, Roniya, a U.S. citizen, lived with them at the church.

Sujitno Sajuti entered sanctuary at the Unitarian Universalist Church in Meriden on Oct. 9, 2017. As of early November, he remained in sanctuary.

Nelson Pinos entered sanctuary at First and Summerfield on Nov. 30, 2017. As of early November, he remained in sanctuary.

These houses of worship have also declared themselves sanctuary congregations: First Presbyterian Church, New Haven; First Congregational Church, Guilford; Congregation Mishkan Israel, Hamden; Unitarian Universalist Congregation of Danbury; All Souls Unitarian Universalist Congregation, New London; Unitarian Universalist Society: East, Manchester.



Pinos and Elsa join via video call a service for Sajuti and his wife Dahlia in early October marking Sajuti's year in sanctuary. Pinos has been in sanctuary for nearly as long.

applied on Sajuti's behalf for a U visa, which is available to people who are victims of certain types of crime. His legal team says Sajuti is eminently eligible for a U visa and should have been advised to apply for one years ago because he was robbed at gunpoint in the mid-'90s in West Hartford.

"We want to emphasize that Mr. Sajuti has every right to live in the United States, free from the threat of deportation," says Hannah Hussey, a law student working on his case. "He courageously decided to seek sanctuary more than one year ago in order to avail himself of relief — relief for which he is eligible and has already applied. His legal team will keep working to ensure he can return home to the West Hartford community that loves him."

Asked to comment on Pinos' and Sajuti's cases, John Mohan, the ICE spokesperson for the New England region, says in an email: "ICE does not comment on the specific details of immigration cases but I can confirm that both individuals are currently evading immigration law."

He adds, "The removal orders against [Pinos] and Sajuti remain in effect. If an immigration fugitive seeks sanctuary at a site categorized by ICE as a sensitive location, it may delay, but does not void, ICE's authority to enforce a final order of removal against that individual."

On Oct. 9, one year after Sajuti first came to the Unitarian Universalist Church in Meriden, an event is held to mark Sajuti's year in sanctuary. Scores of people file into the church on a Tuesday evening. There are members of the activist and religious communities who have supported the sanctuary movement. Crews gather from two TV stations, multiple radio shows,

and several reporters from print outlets. There are also politicians, including thenattorney general candidate William Tong, who would win the position in November. Unable to attend in person, Pinos is present via video call watching the proceedings, his face visible to all at the church on a flatscreen TV from the basement of First and Summerfield in New Haven. At one point he addresses the crowd.

"Thank you for doing what you guys do to help us; it means so much for us," Pinos says. "We have to keep on fighting, and continue fighting for other people also, not just for us, because there are so many people in the same situation."

Bhatt also speaks. So do Burton and Fleck, and others. When Sajuti takes the microphone with Dahlia by his side, the room grows quiet. He radiates a surprising calm. Some of the other speakers that night sound angry, mad that an event like this had to take place, but not Sajuti. "I still hope I can get justice," he says. But he reminds the crowd that he is always positive and urges them to not think everyone in ICE is necessarily bad. "They are human beings," he says.

Later, Sajuti and Dahlia's close friend, Hawwa Djumed, whom they say is like a daughter, performs a traditional South Asian dance. Multiple choirs sing. It is a warm October evening and the overcrowded room grows hot as the night wears on. Many people leave early, others walk outside for a moment to get air. Afterward, the video call with Pinos is turned off and once again he is alone at the church in New Haven. Those who remain in Meriden chat in smaller groups for a while. Eventually, everyone goes home. Everyone except the Sajutis.



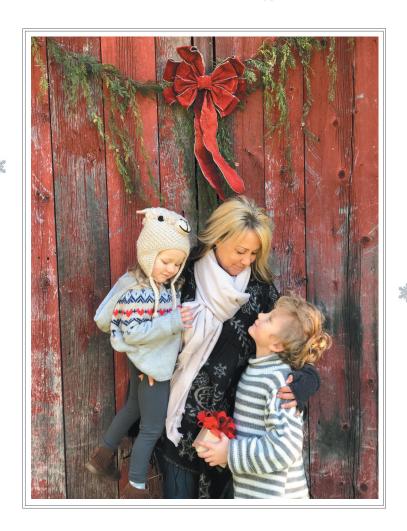
Enjoy the Holiday Season

and let ShopRite do the work for you!

Our catering department can help take the stress out of holiday party planning with everything from cheese boards to shrimp platters. Stop by and talk to one of our associates today or visit us online at **shoprite.com/catering**.



ShopRite of Stratford • ShopRite of Hamden
ShopRite of Milford • ShopRite of Orange • ShopRite of East Haven
Proudly Owned & Operated by the Garafalo Family



Give the Gift of Vitality!

Indulge the ones you love with a gift certificate for New Morning Market's Vitality Center. Our gift certificates can be purchased for any treatment or service such as facials, therapeutic massage, nutritional counseling, infra-red sauna and more! To purchase a gift certificate in any amount, visit newmorn.com/vitality or call us at 203-263-4868.





'Dreams Come True'

DANBURY'S NEW TAPAS RESTAURANT IS A CULINARY AND CULTURAL EXPERIENCE | BY ERIK OFGANG

Saray Ruiz saw something in the little house-like building off Route 37. The one with the small parking lot and everyday architecture. The one others drove by thousands of times without a second glance.

I'm going to open a restaurant there one day, she'd tell her twin sister, Noemi Ruiz, and anyone else who would listen to her dream. "It's not going to happen," Noemi would say.

At the time, a few years back, the spot was home to a Mexican restaurant. Saray had a feeling that would change and thought

REVIEW

Gaudí Tapas and Wine Danbury the cozy spot could host a restaurant inspired by her childhood in Lleida, a small town in the Catalonia region of Spain, within driving distance of Barcelona. This past fall, when she and her once-skeptical twin opened Gaudí Tapas and Wine, her dream became a reality.

And what a dream it is.

For the restaurant, the Ruiz sisters recruited chef Juan Flores, whose experience includes working for celebrated Connecticut chef Arturo Franco-Camacho at Shell & Bones in New Haven. Flores' ambition is to earn a coveted Michelin star, and after one eats here,

it is clear he has the skills to make that goal laudable rather than laughable. He's joined in the kitchen by his brother, Óscar Flores,

who handles desserts and worked under Michelin-starred chef Luis Bollo. Together they have created a diverse, tapas-centered menu ranging from cold and hot to seafood and meat. We loved everything we tried, but would order all new dishes next visit because the place encourages culinary explorations.

The talents of the Flores brothers in the kitchen combined with the enthusiasm of the Ruiz sisters have turned Gaudí into a destination, and one that, like the best restaurants, provides a great meal but also something more.

"We try to put our soul and our personality into the restaurant," Noemi says. "Lots of people that come in say that it's really different, and they feel like they are in another country. That's actually what we try to do, to give people an opportunity to have an experience that is not only culinary but you get a cultural experience as well."

The truth of this statement is literally pounded home to us when a flamenco dancer arrives unexpectedly sometime between our third and fourth course. In the center of the dining room, she twirls and spins, her arms and legs a blur as she accents the beat with emphatic stomps on the wood floor that could be felt as well as heard. Her unexpected arrival is further proof that entering this restaurant is like eating out in Europe or some exotic locale. (We'd later learn the dancer's name is Sandra Hernandez and it was a scheduled performance we were not aware of.)

OPENINGS A monthly look at some of what's new and exciting on the Connecticut dining scene

Pembroke Deli, Danbury

This new deli next door to Gaudí Tapas and Wine offers a full selection of burgers, breakfast sandwiches and standard deli fare. However, it caught our eye because of its extensive menu of traditional Mexican cuisine, including tacos, burritos, enchiladas and more. Everything we've tried so far has been great. 52 1/2 Pembroke Road, 203-917-3263, facebook.com/ pembrokedeli52

Parlor, Wilton

Tim LaBant, owner and chef of the Schoolhouse at Cannondale in Wilton, has put his culinary talents behind this new pizzeria that is already receiving rave reviews. In recent years, LaBant has become obsessed with Neapolitan-style pizza, and set out to make a light pizza that, unlike too many pies, is easy to digest. Accomplishing this, LaBant writes on his website, requires proper fermentation of the dough, and the right ingredients and cooking techniques. We can't wait to try these pies. 5 River Road, 203-762-6142, parlorwilton.com

Perfectly Prepared, Cheshire

The popular Connecticut catering company Riverhouse Hospitality has opened a gourmet-togo location. A wide range of meals are offered, from prepared soups to beef, chicken and fish dinners. There are also pasta dishes, desserts and breads. It occupies the space that was once home to Cugino's restaurant. 1410 Highland Ave., 203-974-2226,

perfectly-prepared.com

Peter Chang, Stamford

Acclaimed chef Peter Chang has opened his first Northeast restaurant at the Stamford Town Center mall. Chang, who owns 11 restaurants in Virginia and Maryland, became a legend in



Virginia in the 2000s because of his habit of fleeing restaurants and changing his name every time a place became too well known. These days, he's no longer hiding from foodies and now fans in Connecticut can try his awardwinning Szechwan cuisine. 230 Tresser Blvd., 203-323-7117, peterchangct.com

Green Door Restaurant. Collinsville

Eight years ago, when Gary Cardillo opened Bridge Street Live, a music and comedy venue, the restaurant

occupying the space next door was not his focus. It was only opened on show nights and not meant to be a stand-alone destination. That has changed with the opening of the Green Door, which will operate on a full-time basis. At Cardillo's new restaurant, executive chef Jeremy Lehner prepares global cuisine in a speakeasy setting that is designed to be a destination in its own right. 41 Bridge St., 860-693-976, 41bridgestreet.com

The Beamhouse, Glastonbury

Dedicated to "finely crafted fare," The Beamhouse offers a wide selection of sought-after brews on tap as well as cocktails and wines. It has a New American menu featuring flatbreads and creative appetizers such as crispy pork belly. Everything is made with locally sourced ingredients. The restaurant is located at The Tannery, a historic factory redeveloped into a modern apartment complex. 917 New London Tpke., 860-430-6922, thebeamhousect.com

Dperv's T.O.P. BBQ, Hamden

Husband-and-wife team Darryl Pervis and Thomea Oliver-Pervis are the culinary talents behind this new barbecue joint. The couple began cooking for homeless people in New Haven more than a decade ago. This launched a catering business that has turned into the restaurant. Menu items include oxtail, ribs, chopped barbecue, fried fish, greens, macaroni and cheese, rotisserie chicken and more. Oliver-Pervis told the New Haven Register, "We don't have a huge menu, but what we do, we do well." 1531 Dixwell Ave., 203-691-6245, facebook.com/dpervstopbbq

Know of a new Connecticut restaurant? Email Erik Ofgang at eofgang@connecticutmag.com.



From left, twin sisters Noemi and Saray Ruiz, the co-owners of Gaudí Tapas and Wine, and chefs Juan and Oscar Flores.

The restaurant is located near Danbury's border with New Fairfield, and next door to Pembroke Deli, an excellent and also recently opened American and Mexican deli. Inside Gaudí's front door, you see a fountain built into the wall. It is inspired by a similar fountain at the entrance to the Park Güell in Barcelona. The famous park is one of the signature works of the architect who is the restaurant's namesake, Antoni Gaudí. It is the first of several nods to Gaudí's architecture. The trencadís, a frequently imitated, recycled-mosaic style that Gaudí developed, inspired the design of the high-top tables in the bar. In the dining room are white tablecloths and a painted brick fireplace. The whole place is upscale in appearance but casual and family friendly in its feel.

In Spain, the culture of tapas encourages patrons to "restaurant hop," trying one or two tapas from multiple restaurants in an evening of food, drink and camaraderie. Gaudí encourages you to have that type of experience all in one place, to eat slow and enjoy each course as it arrives.

The tapa las ramblas is a perfectly cooked hanger steak topped by chimichurri sauce that was recommended by our waiter and lived up to his enthusiastic endorsement of "so good!" The tortilla Española is a wonderful marriage of omelet and potato. The l'alegria de la huerta (cucumber salad) and the pescaíto frito (an assortment of fried seafood including calamari, shrimp and sardines) are equally strong tapas.

There are a handful of entrées; seven, to be exact. We only have room for the macarrons al forn, a delectable pasta with a tomato and chorizo sauce. On a subsequent visit, we were impressed by the paella, one of the restaurant's signature dishes.

The tapas are accompanied by a coconut mojito, and the restaurant's housemade red and white sangria. Both versions are good, but the red is perfection in a glass.

When the parade of dishes comes to an end, it is time for dessert, which would be worth a trip on its own. The peach brazo de gitano, a Spanish cake roll, was another recommendation from our waiter that could not have been more on point, while the suflé de chocolate served with a scoop of vanilla ice cream melted in our mouths.

The once-plain house on Route 37 has been transformed. Noemi is happy to have been proven wrong to doubt her sister's dream. Today both sisters often repeat the story. "You have to be positive and dream because dreams come true," Noemi says.







Above: Cava gelatin with strawberry and chocolate mousse (top) and pescaíto frito with a coconut mojito.

Right: Some of the dishes at Gaudí Tapas and Wine include tortilla Española (top), paella (center), carpaccio verd (zucchini and avocado carpaccio with pistachio dressing, middle right), pincho de boquerones (middle left), macarrons al forn (bottom left) and tapa las ramblas (bottom middle).



Gaudí Tapas and Wine

52 1/2 Pembroke Road 347-925-8940, on Facebook

Price range: Tapas \$5-\$15 (tapa las ramblas \$10, tortilla Española \$6, l'alegria de la huerta \$9, pescaíto frito \$13); entrées \$16-\$33 (macarrons al forn \$16, paella \$33), desserts \$12 (brazo de gitano, suflé de chocolate).

Hours: Tue.-Sat. 5-10 p.m., Sun. 11 a.m.-4 p.m. Closed Mon. Wheelchair accessible

AMBIANCE Don't let the white tablecloths and beautiful decor fool you, this place is laid back and fun. It's also designed to be a cultural as well as culinary experience and accomplishes that lofty ambition. Upbeat, Spanish-influenced music played over the PA. Eating here is transportive.

SERVICE Several dishes were recommended to us by our server, and each was among our favorites. Both owners also checked in with us to see how we were enjoying the meal and helped create the welcoming atmosphere.

FOOD High-end Spanish cuisine prepared by a talented chef with lofty ambitions and the skill and creativity to match. The desserts are equally elite.

Upper Crust E&D PIZZA COMPANY IN AVON IS BECOMING A PIZZA DESTINATION FOR THE NORTH | BY MIKE WOLLSCHLAGER

New Haven pizza is arguably the best in the nation. There's a lot less argument that it's the best in Connecticut. That may lead some to say that E&D Pizza Company is situated about 50 miles north of where it belongs. But the people of Avon probably don't mind.

"I enjoy New Haven pizza," says Michael Androw, whose young sons Enzo and Dario provided the inspiration for the name of his award-winning West Main Street spot. "I think what we're trying to do here in the northern part of the state is show people that you don't always have to feel like you have to travel to New Haven. You can get this right in your town. For so long, it's been, 'New Haven's the destination for pizza.' We're trying to take it easy on the miles on the car."

That's about the only thing he takes it easy on. E&D uses an old-world, cold-rise method when making dough. According to Androw, the dough is immediately refrigerated for 48 hours to slow the maturation process, which allows for the development of complex carbohydrates and natural sugars. "We're not adding buckets of sugar to the dough. We're not adding tons of oil to the dough," Androw says. "The process comes naturally, and you can taste the difference." Thin, a bit chewy and slightly charred, E&D is more contender than pretender when tossed into the conversation with the Elm City legends. Similar attention is paid to the sauce, as fresh plum tomatoes are ground by hand.

than a traditional pizza place. On the day of my visit, a fantastically flavored beef chili (\$3.95) was one of the specials. (Extra points for the Dumb and Dumber reference on the menu: "Soup of the Day.

That sounds good, I'll have that.") It took longer than it should have to be brought to the table, a sin totally absolved when it was explained, without my asking, that the delay was to prepare a generous slab of toasted bread to accompany the chili. While a monstrous

sausage calzone (\$13.50) was gooey perfection, the real reason for our visit was the pizza. Androw is

proud of that reputation, one he's built in a short amount of time. He opened in 2014 and already had to move to a larger location. "I'm not gonna mince words. Pizza is our staple. Pizza is our bread and butter. That's what we're there for. That's what we do," Androw says. "But at the same time, I'm not Frank Pepe. We haven't been here since 1938. I can't put The E&D menu is much more expansive my foot down and say, 'Get in line outside

A slice of the

new Vesuvius pie

the door, this is what you get, there's nothing else. Take it or leave it."

We happily took a half-Hawaiian, half-Vesuvius (\$22.25) and left none of it. The Vesuvius is Androw's newest creation:

hot Italian sopressata,

chopped Italian long hot peppers and chopped basil. The heat was consistent without being overpowering and the ham and pineapple on the other side provided a sweet and salty alternative to cool things down. The traditional Neapolitan-style pie is thin while maintaining its integrity, not succumbing to the weight of the toppings. Both the sauce and crust were fresh and delicious, the fruits

of Androw's labor as satisfying as he intended. I can only imagine the plain Neapolitan tomato pie (\$14.95) must be dynamite. Androw calls pizza his "first love." For many of his customers, it's been love at first slice.

E&D Pizza Company

200 W. Main St., Avon 860-255-7360, eanddpizzacompany.com Hours: Mon.-Thu. 11 a.m.-9 p.m.; Fri.-Sat. 11 a.m.-10 p.m.; Sun. 11 a.m.-8 p.m. Wheelchair accessible

'Indian Hot'

OLD SAYBROOK'S HIMALAYA CAFE OFFERS GREAT INDIAN FOOD AND SUPER-SPICY SERVINGS FOR THOSE WHO CAN HANDLE THE HEAT

BY ERIK OFGANG

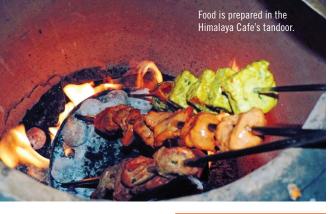
From my first taste of the paneer tikka at Himalaya Cafe in Old Saybrook, I was hooked. The \$9 dish, which consists of fresh cheese cubes marinated in spices and roasted in the restaurant's traditional tandoor (clay oven), is a symphony of exotic spices harmonizing atop chunks of cheesy goodness. The dish is one of many highlights at this small but bursting-with-character gem of a restaurant.

Opened in January 2017, Himalaya Cafe has an unassuming plain white exterior. But walk through the front door and a wonderful culinary experience awaits. There are sculptures and wooden decorations dotting the dining room and small square bar in front of an open kitchen. Bollywood films are projected against the far wall. The space is small but roomy and well laid out. Designed as a casual spot, it's a good eating and drinking location with a full bar and selection of creative cocktails inspired by Indian cuisine, including the ginger lime margarita, tamarita and the Bombay to Manhattan (all \$12).

"The goal initially was to offer a gateway to Indian food with small plates that went well with wines and beers in a relaxed atmosphere and warm, friendly service," owner Sanjay Odedra says. "Occupying a relatively small space with an open kitchen, there were limitations with how much we could do, but once we saw there was demand for more complex Indian dishes, we adapted and created a selective menu that offers some really fantastic Indian dishes."

Most dishes can be ordered in one of four spice levels: mild, medium, hot and "Indian hot." It is helpful as a gauge, as I like things spicy by American-food standards but shy away from the extreme heat enjoyed by some global cuisines.

Sanjay's sister, Sima Odedra, manages the restaurant, and helps develop its frequently changing menu. "We aim to use local, fresh vegetables in our dishes," she says. "We are [planting] our own little farm nearby so we can grow vegetables and use them in



our dishes. In the meantime, we have been supporting local farms by using their tomatoes, eggplants and cucumbers."

These local ingredients are noted in the menu and help power the restaurant's immensely flavorful cuisine, which also offers many

Himalaya Cafe 1456 Boston Post Road, Old Saybrook 860-304-4530

Hours: Mon., Wed. & Thu. 4:30-9 p.m., Fri. & Sat. noon-2 p.m., 5-10 p.m., Sun. 1-9 p.m. Closed Tue. Wheelchair accessible

vegetarian and vegan items. The most popular dishes include navratan korma (a rich and creamy vegetarian dish), chicken tikka (a classic of Indian cuisine), paneer tikka (a cheese alternative to chicken tikka) and Sanjay's personal favorite, baingan bharta. In this eggplant-based dish, "the eggplant is grilled to infuse a smoky flavor, then mashed up and mixed with fresh cooked tomatoes, onions, cilantro, cumin and spices," Sanjay says.

Another popular dish is the chicken tikka masala, which was among the best versions of the dish I've had. It features tasty chunks of marinated chicken served with a tomato-based curry sauce. For dessert, rice pudding with nuts was a magnificent close to an equally magnificent meal.

As a glance at the restaurant's rave online reviews will tell you, I'm not its only fan.

"We've had amazing support from the community and our customers; we wouldn't be here today without them," Sanjay says. "Food is definitely a great medium to meet people from all walks of life and Himalaya has provided that bridge."

Exploring Craft Culture One Drink and Story at a Time

Pop It Like It's Cold

Connecticut-Made Sparkling Wine Alternatives to Champagne for the New Year

In the early 1500s, Benedictine monks developed what is believed to be the world's first sparkling wine.

Thanks to marketing genius, the bubbly wine would become associated with celebration in modern times. Thanks to even greater branding genius, the Champagne region of France became the only region allowed to make it, and the bubbling drink and the region became synonymous. But, of course, the Champagne region is not the only place where sparkling wine is produced. Italy makes its own sparkling drink (prosecco), and even here in Connecticut, there are several options when it comes to bubbly. Here, we look at three of them.

While these drinks cannot legally be called Champagne, and are made with different methods and in some cases different fruits, they offer the same celebratory pop. Remember to watch vour eves. | ERIK OFGANG |

Winery: Bishop's Orchards, Guilford Price: \$22.49

This sparkling peach wine may not remind you of a traditional Champagne, but it will remind you of summer. It uses peach juice to create a variety of floral fruit flavors that are not nearly so sweet as you might expect. It's one of several sparkling wines in Bishop's lineup. Rubus Nightfall (\$25.99) is a sparkling raspberry wine that won the 2013 Gold Medal at the Grand Harvest Awards in Sonoma, California, You can try both by doing a tasting at Bishop's Orchards market in Guilford, where wine tastings are available Monday through Saturday from 8 a.m. to 6:30 p.m. and Sunday 10 a.m. to 5:30 p.m. 203-453-2338, bishopsorchards.com

RED RASPBERRY • • • • •

Winery: White Silo Farm & Winery, Sherman Price: \$21

A far departure from traditional sparkling wines (which are made with white wine grapes), this fruit wine is made with fresh raspberries and is bursting with character. Sweet enough to be a better fit with dessert than dinner, it is so easy to drink it is almost dangerous — during research for this story two glasses were consumed in record time. A wonderful substitute for a cocktail, this raspberry-powered drink is quite different from your normal sparkling fare and perfect for celebrations. White Silo is also a scenic locale with sweeping views of beautiful Connecticut farmland, and is worth the trip here for a bottle 860-355-0271, whitesilowinery.com



SPARKLING WINE ESTATE **BOTTLED (GOLD LABEL)**

Winery: Hopkins Vineyard, New Preston Price: \$39

The most traditional champagne-like of the Connecticut sparkling wines, this refreshing drink takes three years to make. The wait is worth it. Crisp, clean and dry, it has a refreshing zest and notes of hazelnuts and fresh bread. Made with the traditional Champagne method, this is the perfect wine for a traditional Champagne enthusiast who wants to try toasting his or her next celebration with something locally produced. You can buy bottles at the vineyard to take home, but you'll also want to enjoy at least one glass at the scenic winery overlooking Lake Waramaug.

860-868-7954, hopkinsvineyard.com

94 DECEMBER 2018 connecticutmag.com

Making Whoopie Pies

A SWEET FAMILY HEIRLOOM FROM THE MASTER BAKER OF THOMASTON'S CUTIE PIES | BY PAMELA BROWN

Most people have one special recipe handed down by a beloved family member. Tanya Clark is no exception.

The owner of Cutie Pies bakeshop in Thomaston holds dear her great aunt Caramel's recipe for whoopie pies, delicious cookie sandwiches of chocolate cake and whipped cream filling.

"Ever since I was little I can remember my mother making whoopie pies for every holiday and family get-together," Clark says. "They became a staple dessert in my household, and once I was opening up the bakery I asked my mother for the recipe so I can carry on the tradition on a larger scale and have all my customers try it since I loved it so much."

Ever since she was 16, Clark dreamed of opening a bakery. "I come from a large Italian and Polish family where cooking and baking was a huge part of growing up. I always watched my family make such delicious dishes and admired that and knew I wanted to open up something of my own," says Clark, who joined a culinary and baking program in high school.

Clark went on to earn degrees in food service management and baking and pastry arts from Johnson & Wales University in Providence, Rhode Island. During that

The whoopie pie recipe Tanya Clark inherited from her great aunt is a steady top-seller at Cutie Pies in Thomaston.



time she served as head pastry chef at area fine-dining restaurants.

In 2011, she and her husband, John, renovated an old ice cream shop in their hometown of Thomaston and opened Cutie Pies. "We've been unstoppable since!" says Clark, noting her great aunt's whoopie pies was a recipe she started with. "We sell out every week!" The bakery also offers custom cakes and cupcakes, wedding cakes, brownies, cookies, pies and more.

"My style of baking is definitely comfort food and trying to bring back your inner child through dessert. So, we're constantly finding new and different recipes to keep

up with the trends and creating recipes to keep customers talking and coming in to find out what's new on the menu," says Clark, noting the bakery offers more than 200 flavor combinations of cakes and cupcakes. "We use ice cream and candy bar flavors as inspiration for the most delicious combined flavors."

The whoopie pie, which Clark describes as simple, quick to make and satisfyingly delicious for children and adults, will always be her favorite. "During the Christmas season, chocolate is a big must in my family. We like all things chocolate, including pies, cakes, cupcakes, and, of



course, these whoopie pies. It's nice to have a wide variety of desserts on the table during the holiday season!" Clark says. "I like to make our dessert an experience that you won't forget and keep you coming back for more. It brings me back to my childhood and I like to think I make my mom proud since she was the one who taught me."



Tanya Clark's

Whoopie pies

Yield: 7 whoopie pies • Time: 30 minutes

CHOCOLATE CAKE

½ cup shortening 1 teaspoon vanilla 1 cup sugar 2 cups flour

½ teaspoon baking soda 1 egg

1 cup whole milk ½ cup cocoa

Pinch of salt

- Preheat the oven to 425 degrees.
- Place the sugar and shortening in a mixing bowl and with a hand mixer or stand mixer beat them for five minutes on high speed until it becomes nice and fluffy (Note: Do not mix by hand).
- Stop the mixer and scrape the bowl to make sure all the ingredients are incorporated, then add the egg and vanilla and mix for two minutes on high speed, once again making sure all ingredients are incorporated.
- Scrape the bowl again and add milk, mixing on low speed for 30 seconds until the mixture looks curdled.
- In a separate bowl, sift together the salt, flour, baking soda and cocoa so there are no lumps, then add it to the batter and mix it on low speed for 1 minute. Once incorporated, mix it for about a minute on high until fluffy.
- Spray a large baking sheet lightly with non-stick baking spray. Using an ice cream scoop (or a large kitchen spoon filled twice), drop the batter evenly apart on the tray so it has enough room to spread (about 2 inches apart). Make 14 scoops for a total of seven pies when sandwiched together.
- Place the tray in the oven for 7 minutes or until the cakes are firm. To check for doneness, insert a wooden toothpick, and if it comes out clean, take the tray out of the oven and let it completely cool for about 30 minutes.
- Once the pies are ready, remove from the oven and let cool for

FILLING

(you can make the filling while the whoopie pies are in the oven baking)

- 34 cup shortening
- ½ cup butter or margarine
- ¾ cup powdered sugar
- ½ cup marshmallow creme (Fluff)

Place all four ingredients in a mixing bowl and, using the hand mixer, mix 4-5 minutes on a low speed until incorporated. Then mix on high speed until very light and fluffy, about 4-5 more minutes.

TO ASSEMBLE THE PIES

Fill a piping bag with the filling mixture. Pipe at least 2 tablespoons of the filling onto seven of the pie pieces. If you don't have a piping bag, use a spoon. Place another pie piece on top to make a sandwich and push down slightly to seal the pie together. Serve and enjoy! Note: If there are leftovers, wrap each pie separately in plastic wrap and store in the refrigerator. When you want to enjoy them, bring them to room temperature for at least 30 minutes before serving so the filling gets nice and soft again.



Rumors Coffeehouse

Although coffee courses throughout this cozy nook, where you can play Scrabble, grab a quirky mug, and cuddle up on a couch, you'd be surprised by the hot chocolate offerings. Their Mexican hot cocoa surprises with a spicy zing, while the tropical hints from the coconut hot cocoa remind you of summer despite the chill outside. The Campfire is an especially fun treat in which the marshmallows on top are torched to a perfect bonfire char. 22 Mill Plain Road, Danbury 203-942-2653, facebook.com/rumorsofdanbury

Molten Java

This neighborhood hangout oozes with community spirit, from the staff behind the counter and events they host, to the bright, eclectic decor and, of course, its many drink options. If you're feeling playful, this is the place to try your next hot chocolate. There are a whopping eight concoctions: Molten Cocoa, Fuji, Vesuvius, Mount Saint Hellens, Mauna Loa, Hot Smocoa, Turkish and Krakatoa, some delivered with a special treat on top. Although the extra doodads on some are fun, the Turkish hot chocolate mesmerizes with a kick of cardamom spice.

213 Greenwood Ave., Bethel 203-739-0313, facebook.com/moltenjava

Le Rouge Handmade Chocolates & Cakes by Aarti

Get ready for the Rolls-Royce of chocolate. In every way you can imagine, your senses will reach their peak at this gorgeous sweet boutique. With sleek red cases and black-and-white, polka-dotted packaging, this shop tucked away in a plaza is a tiny amusement park for chocolate fans. Le Rouge's hot chocolate treats are not for the faint of heart. From a rich, dark blend topped with a piece of their signature polka-dotted chocolate that melts into the drink, to a white chocolate with dried raspberries or rose petals — yes, rose petals — these drinks are fancy and an experience. Chocolatier and owner Aarti Khosla even offers white chocolate with saffron and pistachios.

190 Main St., Westport 203-293-6106, lerougebyaarti.com

Caffe Social

As the youngin' on the list, having just opened in the spring of 2017, this is a place you want to take all your friends. The decor is original, eclectic and hip, and their food menu is full and hearty; it's modern, with yummy Greek accents. And then there's the hot chocolate. With an astonishing list of 11 varieties, their sweet drinks are big and bold. From a classic hot or white, to their

popular Nutella or Hot and Spicy (with cayenne pepper), the choices are almost intimidating. I tried the s'mores, Oreo white, and Reese's. To my surprise, it was the latter that stole my heart. 73 N. Main St., Norwalk 203-939-9523, caffesocial.com



The Campfire hot chocolate from Rumors in Danbury comes topped with perfectly roasted marshmallows.

Klekolo

I first discovered this purple-walled paradise with a former student attending Wesleyan, and had a cappuccino. It was a "Yes, I would certainly have coffee there again" experience. The cafe is nestled right on the corner, barely three blocks from campus. It's cozy, it's funky, and filled with students, profs and Middletown locals. With the tagline "Center for World Domination," Klekolo takes its caffeinated corner nook seriously. There's local art on the colorful walls and tasty cakes and pies in the case. They are not as boastful about their hot chocolate as they are their coffee and variety of teas, but they have three that will satisfy the urge for sweetness. There's a traditional, a white, and a vegan. Although not my favorite, the vegan is light and better than I expected. The white truly stood out, and tasted like a warm, creamy cup of marshmallow.

181 Court St., Middletown 860-343-9444, klekolo.worldcoffee.com

Deborah Ann's Sweet Shoppe

Celebrating its 20th anniversary this year, this popular spot has every sort of chocolate treat you can imagine, along with other candies and house-made ice cream. When it comes to hot chocolate, though, they stick to their take on a classic. It is smooth and creamy with a little extra somethin'. They will occasionally challenge tasters to figure out the two additional ingredients they use to punch up their

smooth, delicious blend. They also serve a frozen hot chocolate all year long and have created a hot chocolate ice cream that

381 Main St., Ridgefield 203-438-0065, deborahanns.com

includes pops of gooey marshmallows.

Modern Pastry Shop and Mozzicato DePasquale Bakery & Pastry Shop

Don't make me choose. They are on the same street and are straight-up Italian classics. You wouldn't ordinarily leap to either for a hot chocolate, perhaps. You may be more likely to load up on biscotti at Modern while swiveling on one of their counter stools or the ricotta gelato and sfogliatelle at Mozzicato, which feels like a '50s lounge adorned with European ads at each booth or table. But when you are feeling a chill and the need to dunk one their authentic Italian pastries, get the hot chocolate. Both are satisfying, and they especially warm the belly by using the frothy steamed milk created for the countless cappuccinos

and lattes made each day. Modern tops theirs with steamed milk, whipped cream and a drizzle of chocolate, while

Mozzicato keeps it simple with steamed milk.

Modern: 422 Franklin Ave., Hartford

860-296-7628, modernpastryshop.com

Mozzicato: 329 Franklin Ave., Hartford

860-296-0426, mozzicatobakery.com

(also in Plainville, Wallingford and

Middletown)

Kent Coffee & Chocolate

It's worth the long line you may find yourself in at this bustling, caffeinated jungle. Amid cases and cases of chocolate candies and meticulously designed cakes dressing the counter tops, they offer three classic hot chocolate treats: classic, white chocolate and frozen. While the first two are delightful and warm, the frozen provides the boldest bite of chocolate. They even package and sell their special hot chocolate blend.

45 N. Main St., Kent | 860-927-1445, kentcoffee.com



Book Trader Cafe

Perhaps you recently bought a copy of Philip Roth's Goodbye, Columbus, had a great bowl of soup and noshed on one of the cleverly named sandwiches (Sense & SensiBLT and Schmear & Loathing in Lox Vegas) at Book Trader Cafe. But do try the bookstore and cafe's under-the-radar hot cocoa. You are instantly transported to a ski lodge; it's the kind that quickly satisfies when you come in from the cold. In other words, it's nothing fancy, but it's warm, creamy, and just the right amount of chocolaty.

1140 Chapel St., New Haven 203-787-6147, booktradercafe.net

Vanilla Bean Cafe

Just where Connecticut, Massachusetts and Rhode Island intersect, in the Quiet Corner, there's a not-so-quiet place feeding and warming tummies from near and far. In a restored 19th-century barn fully adorned with high windows and rich wood beams, where they heavily promote local art and live music, this cafe has a loaded menu of burgers, salads, chili and soups that may draw your attention first. But they have an impressive list of hot chocolate possibilities. However, there's no set concoction; you get to design your hot chocolate experience. With a classic chocolate foundation, you can get wild and create a peppermint, Nutella, Milky Way, honey almond, coconut, maple cinnamon, rocky road, Irish cream, toasted marshmallow or s'mores flavor or topping, or any combination. I stick to the traditional, and, as with the rest of the savory menu, am more than satisfied. It is hot, rich and creamy without being overly sweet.

450 Deerfield Road, Pomfret 860-928-1562, thevanillabeancafe.com

Lazy Leopard Thai Cafe

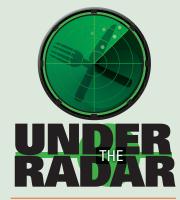
What an end to my chocolaty trek around Connecticut. This is definitely not the sort of place you'd walk in and expect to find anything resembling a hot chocolate, but they certainly have their own twist — an adult twist, I should add. The Lazy Leopard Thai Cafe is quite a sight. From the architecture of the building and funky, colorful decor to the fusion of offerings on their menu, just entering this place is an experience. I end my Thai dinner with their much-talked-about Kahlua chili chocolate martini, a cold drink with a kapow of heat and sweet flavor — a punch of booze from the Kahlua, vanilla vodka, and Irish cream, followed up perfectly by the heat of chili at the back of your throat and in your chest. 45 Bank St., New London 860-333-1329, lazyleopardthai.com

No Password Needed

Wallingford's The Eatery is a Word-of-Mouth Warrior

"I would never pick this location if I had to do it all over again, but it just worked out," says Jon Masella, who owns The Eatery in Wallingford along with his wife Leah.

Located on Route 5, just south of Center Street on the outskirts of Wallingford's downtown, it's an easy place to drive by. There's no driveway, no parking lot, no sign, just "The Eatery" logo painted on the north side of the outer wall. "Jon has always said he wanted to open a speakeasytype restaurant where people don't know where it is and there's a password to get in," Leah says. "The Eatery is almost that."



The Eatery

65 S. Colony Road, Wallingford 203-303-8123, wallingfordeatery.com **Hours:** Tue.-Sat. 7:30 a.m.-4 p.m.; Closed Sun.-Mon.

Wheelchair accessible

Requiring a password may be the only way to keep the locals out. The Eatery is similar to a Panera Bread restaurant, but a bit more upscale and drenched in creativity. Sandwiches, salads and soups are the specialties, but breakfast is served all day and there are healthy options like quinoa bowls.

I pivoted from the quinoa bowls and headed for The Bronut (\$7), which is grilled chicken,

applewood-smoked bacon and Vermont cheddar on a grilled New York glazed doughnut. I'm aware that using a doughnut as a bun can be a polarizing issue for some. But if you like those four ingredients on their own, I implore you to try them together. The powdered sugar on top is such a sweet beginning to each bite.

On previous visits I've had turkey chili, tomato bisque (\$4 each), the Mesa Verde sandwich (\$10.50, chicken, bacon, pepper Jack, avocado, pico de gallo), and two sandwich specials — cider pulled pork (\$10, smoked gouda, brown sugar aioli, pickled apples) and coffee-



The Bronut: grilled chicken, applewood bacon and Vermont cheddar on a grilled, glazed doughnut dusted with powdered sugar.

rubbed brisket (\$12.50, Havarti cheese, maple aioli, caramelized onions and fresh mustard greens). Phenomenal and filling, every time.

Jon and Leah also run a catering business which predates The Eatery, and predates Leah for that matter. "I was a hair stylist in Pennsylvania but always had this childhood dream of opening a cafe," Leah says. "So then I ended up marrying into one, and became like a stepmother to the cafe."

The Eatery began with a more modest function. "It was just supposed to be a counter, right?" Leah says to Jon. "A counter to promote the catering. That's all it was." But the success of the cafe has forced the Masellas to cut back on everything else. "The cafe has completely taken over our lives; in a good way!" Leah says. "It's kinda become this fun, little, niche spot that people just tell their friends about. We are way more busy than we need to be already."

Giving back to a supportive community is something Jon and Leah are passionate about. Through



their cafe, they've given to different charities and groups over the years. Now they've decided to refocus their efforts on one cause: human trafficking. A portion of all proceeds from The Eatery will go toward anti-human trafficking efforts, specifically Love146 in New Haven and International Justice Mission out of Washington D.C. As Leah says, it gives them a "deeper reason for coming to work other than making sandwiches." It may just be The Bronut talking, but they both seem like noble pursuits to me. | MIKE WOLLSCHLAGER |



Fairfield County

Archie Moore's Bar & Restaurant • American • RC Casual pub-style dining with burgers, nachos and salads. And don't miss the award-winning buffalo chicken wings. • 48 Sanford St., Fairfield, 203-256-9295 archiemoores.com. Open daily. L D LS, \$

b Restaurants • Burgers Gourmet burgers and a wide selection of beers and bourbons, with unique local offerings at each location. • 1262 Post Road, Fairfield, 203-955-1208; 230 Tresser Blvd., Stamford, 203-964-8353 burgersbeerbourbon.com. Open daily, L D LS. SB (Fairfield only), \$. WA

Barbarie's Black Angus • American • EP RC Elegant yet cozy atmosphere offering high quality, dry-aged steak on premises, as well as seafood and appetizers paired with an extensive wine list. Expansive brunch, lunch and dinner menu. Reservations recommended. • 5 Eagle St., Danbury, 203-826-7406 beststeakhousedanburyct.com. Open daily. L D LS SB, \$\$, WA

bartaco • Mexican Upscale, South America- and Californiainspired street food a beach resort-type atmosphere. • 20 Wilton Road, Westport, 203-222-8226; 222 Summer St., Stamford, 203-323-8226 bartaco.com. Open daily. L D LS, \$, E, WA

Basso Cafe • Mediterranean Casual fine dining establishment offering Mediterranean Latin fusion cuisine in a cozy and chic atmosphere. Bar offers a full wine, beer and craft cocktail list. • 124 New Canaan Ave., Norwalk, 203-354-6566 bassobistrocafe.com. Closed Mon. L (Tues.-Sat.), D, \$\$\$

The Blind Rhino • American • EP RC Sports bar features a small but diverse and flavorful menu, plus a shuffleboard table and 27 big-screen TVs. • 15 N. Main St., Norwalk, 203-956-7243 theblindrhino.com. Open daily. L (Fri-Sun) D, \$, WA

Bloodroot • Vegetarian • EP Offers a seasonal menu that might include Vietnamese summer rolls, the Bloodroot burger and Mexican mole. • 85 Ferris St., Bridgeport, 203-576-9168 bloodroot.com. Closed Mon. L (Tues., Thurs.-Sat.) D SB, \$\$, WA

Butcher's Best Country Market • Deli • RC Meats are hand-selected, trimmed and cooked, prepared take-home or in your favorite sandwich to go. Traditional and special salads are also available. • 125 S. Main St., Newtown, 203-364-0013 butchersbestmarket.com. Closed Sun. L, \$

Cactus Rose - Latin American - EP Fresh, creative fusion of Latin American entrees and hand-crafted margaritas in a vibrant dining area complete with Southwestern decor and outdoor patio. • 5 River Road, Wilton, 203-762-8484 cactusrosewilton.com. Open Daily L (Sat-Sun) D, \$\$, WA

Chip's Family Restaurant • American Famous for its perfect pancakes, Chip's also has a creative lunch and dinner menu, and guests are welcome to BYOB. • 525 Tunxis Hill Cut Off, Fairfield, 203-332-3370; 57 Monroe Tpke, Trumbull, 203-590-3331 chipsrestaurants.com. Open daily. B L D, \$, WA

Crave - American - RC Dishes like eggplant stack, shrimp tacos, the Crave 52 Burger, and lobster ravioli are served in an atmosphere that provides a seamless extension from elegant dining into a stylish, attractive bar setting. • 52 Sanford St., Fairfield, 203-292-8080 crave52.com. Open daily. L (Tue-Sun) D SB, \$\$, E, WA

Ecco Rooftop Eatery • American • EP Located just above La Zingara, this casual spot serves up seasonal American cuisine in an airy, light-filled space with a retractable glass roof for al fresco dining. • 8 P T Barnum Square, Bethel, 203-744-7500 eccorooftop.com. Closed Tues. L D SB, \$\$, WA

Edo II • Asian • EP Korean and Japanese fare served up in a cozy atmosphere. • 32 Padanaram Road, Danbury, 203-743-8799. Closed Mon. L (Tues-Sat) D, \$\$

Elm • American Drawing inspiration from a local network of farmers and artisans, the inventive and seasonally inspired cuisine here is made with the freshest local, top-quality ingredients and served in an elegant, minimalist environment. • 73 Elm St., New Canaan, 203-920-4994 elmrestaurant.com. Open daily, L (Mon-Fri) D SB, \$\$\$, WA

Fat Cat Pie Co. • Pizza • EP A community-based wine-pub featuring small-production wine, craft American beer, thincrust organic pizza, generous organic salads, artisanal cheese and charcuterie, house-made delectable desserts and a true espresso bar. • 9-11 Wall St., Norwalk, 203-523-0389 fatcatpie.com. Open daily. L (Fri-Sat) D, \$, E, WA

Frank Pepe Pizzeria Napoletana - Pizza - EP RC The coal-fired brick oven which makes the legendary thin-crust pizza at the original Pepe's has been carefully replicated in their satellite locations. - 238 Commerce Drive, Fairfield, 203-333-733; 59 Federal Road, Danbury, 203-790-7373 pepespizzeria.com. Open daily. L D, \$, WA

Geronimo Tequila Bar & Southwest Grill • Southwestern Fusion • EP Mix of traditional Native American, Mexican, Spanish and Anglo-American fare, with bold flavors and authentic ingredients. • 2070 Post Road, Fairfield, 203-955-1643 geronimobarandgrill.com. Open daily. L D LS SB, \$\$, WA

Homestead Inn — Thomas Henkelmann • French Upscale French restaurant features impeccable service, comfortable surroundings, an extensive wine list and creative French food. • 420 Field Point Road, Greenwich, 203-869-7500 homesteadinn.com/thomas-henkelmann. Closed Sun.-Mon. L (Tue-Fri), D, \$\$\$. WA

Ichiro • Sushi Ichiro offers a combination of Asian fusion, sushi and hibachi entrees. Enjoy the full-service bar and the shows put on by the hibachi chef. • 69 Newtown Road, Danbury, 203-792-8881 ichirodanbury.com. Open daily. L D LS, \$\$, WA

Jesup Hall • American • EP Diverse and ingredient driven, the menu is constantly changing and the food is difficult to label but consistently intriguing. • 90 Post Road E., Westport, 203-557-6198 jesuphallwestport.com. Closed Sun. & Mon. L (Thurs, Fri, Sat) D, \$\$\$, WA

Joseph's Steakhouse • American • EP Known for a New York-style steakhouse experience with gems such as prime dry-aged beef. • 360 Fairfield Ave., Bridgeport, 203-337-9944 josephssteakhouse.com. Open daily. L (Mon-Fri) D, \$\$\$, WA

CONNECTICUT Magazine's restaurant listings are presented as a service to our readers. Information on specialties, prices, etc., was supplied by the restaurateurs. Space limitations in this guide prevent us from describing every restaurant in the state; omission is not intended to reflect upon the quality of an establishment. The listings include restaurants we know and love, and those recommended to us by our readers. Average entrée prices are based on dinner entrées: \$— inexpensive (under \$15); \$\$— expensive (over \$25). This guide is updated regularly, but it is suggested that prices and hours be verified by phone. B (Breakfast); L (Lunch); D (Dinner); LS (Late Supper); SB (Sunday Brunch); E (Live Entertainment); WA (Wheelchair Access); EP = 2018 Experts' Pick; RC = 2018 Readers' Choice.



Fine Dining



Relaxed Atmosphere



Nouveau Monde Wine Bar & Bistro

6 Washington Avenue, Sandy Hook, CT • 203.491.2723 Special Events Concierge: 203.408.6229

Dinner | Sunday brunch | Book reservations online at RESY



dining guide fairfield county

Kawa Ni · Asian · EP RC A creative interpretation of pan-Asian cuisine and culture, styled after a Japanese pub and using locally grown ingredients. • 19A Bridge Square, Westport, 203-557-8775 kawaniwestport.com. Closed Mon. L (Tue-Sat) D LS, \$\$\$, WA

King's • American • EP Breakfast and lunch served up in a cozy, rustic atmosphere. • 265 S Main St., Newtown, 203-426-6881. Open daily. B L, \$

Kolam • Indian • EP RC Offers up a wide variety of regional Indian cuisines. • 316 S Main St., Newtown, 203-426-7143 kolamrestaurant.com. Open daily. L D, \$\$, WA

Kotobuki Japanese Cuisine • Sushi • RC Rated "one of the best sushi restaurants" by Zagat for the past two decades, Kotobuki offers high-quality, classically prepared and authentic Japanese food. Reservations suggested. • 457 Summer St., Stamford, 203-359-4747 kotobukijapaneserestaurant.com. Closed Mon. L (Tue-Fri) D, \$\$, WA

Little Goose Café • Gastropub • EP Gastropub offering a rarified culinary experience combining indigenous local and American ingredients in a cozy atmosphere. • 397 Commerce Drive, Fairfield, 203-296-9789 littlegoosefairfield.com. Open daily. L D LS SB, \$\$, WA

Local Kitchen and Bar • American Craft beer is the name of the game here with more than 30 lines including rare local, national and international gems. There is also a full menu of classic American cuisine. • 68 Washington St., Norwalk, 203-957-3352; 85 Mill Plain Road, Fairfield, 203-955-1919 sonolocal.com, fairfieldlocal.com. Open daily. L D SB, \$\$, WA

Match • American • EP The farm-fresh, seasonal menu at this upscale SONO restaurant changes daily but always offers something intriguing. • 98 Washington St., South Norwalk, 203-852-1088 matchsono.com. Open daily. D LS, \$\$\$, WA

Mecha Noodle Bar • Asian • RC Serves some of Asia's most comforting dishes, from Vietnamese pho to Japanese ramen and riffs on food that can be found in the streets of Southeast Asia. • 116 Washington St., South Norwalk 203-295-8718: 1215 Post Road Fairfield 203-292-8222 mechanoodlebar.com. Open daily. L D, \$

Mexicali Rose • Mexican • EP Authentic Mexican food that reflects the rustic tastes of Mexico's Yucatan Peninsula and freshness of the ingredients. • 71 S Main St. #1, Newtown, 203-270-7003 mexicalirosenewtown.com/. Closed Mon. L D, \$, WA

Mezon • Mexican • RC An inventive fusion of Spanish, Latin American, and Caribbean-inspired dishes to transport you to a time of tradition, passion, flavor and soul. • 56 Mill Plain Road, Danbury, 203-748-0875 mezonct.com. Open daily. L D SB, \$, E, WA

Nostrano Italian Eatery • Italian • RC Authentic Italian food in a comfortable atmosphere. Dine-in (BYOB) or carryout. • 179 Main St., Monroe, 203-880-5456 nostranoeatery.com. Closed Mon. L (Tue-Fri) D, \$\$, WA

Nouveau Monde Wine Bar & Bistro • American • EP RC This stylish bistro serves elevated American comfort food with an elegant ambiance. Seasonal entrées are served with a wine list with dozens of wines by the glass and well over 100 by the bottle, along with a curated craft beer, spirits, port and sherries list. • 6 Washington Ave, Sandy Hook, 203-491-2723 nouveaumondewinebar.com. Open daily. D SB, \$\$, WA

Pho Vietnam • Vietnamese • RC A family-owned restaurant serving authentic Vietnamese food with fresh produce, choice meats and seafood. • 56 Padanaram Road, Danbury, 203-743-6049 phovietnamrestaurant.com. Open daily. L D, \$\$, WA

Pink Sumo • Sushi • RC Specializes in world-class sushi and sashimi, using only the freshest seafood and ingredients. • 4 Church Lane, Westport, 203-557-8080 pinksumoct.com. Open daily. L D, \$\$

PizzaCo • Pizza • EP This converted gas station offers up personal-sized specialty pizzas ranging from traditional to brunch and dessert pies. • 1625 Stratford Ave., Stratford, 203-612-7520 pizzacostratford.com. Closed Mon. L D LS, \$, WA

Positano Ristorante • Italian This restaurant has been owned and operated by the Scarpati family since 1999. Owner and chef Giuseppe Scarpati was born on the island of Ponza, Italy, and his cuisine focuses on all-natural cooking, with fresh fishes, meats, fruits, vegetables, and aromatic herbs. • 27 Powers Court, Westport, 203-454-4922 positanosrestaurantwestport.com, Open daily, L.D.SB. \$\$, E. Red Rooster Pub • American • RC American comfort food and family fare such as steaks, burgers, pizza, chops, ribs and much more, served in a rustic decor atmosphere. • 160 S. Main St., Newtown, 203-270-0788 redroosterpubnewtown.com. Open daily. L D SB, \$\$, WA

Roberto's • Italian Excellent Italian food with attentive service, plus catering and a full-service banquet facility. • 505 Main St., Monroe, 203-268-5723 robertosmonroe.com. Open daily. L (Sun) D, \$\$, WA

Sal e Pepe Contemporary Italian Bistro • Northern Italian • RC Offers superb cuisine with a contemporary flair, from fresh pastas and sauces to unique specials and classics with a modern twist. • 97 South Main St., Newtown, 203-426-0805 salepeperestaurant.com. Open daily. L (Mon-Fri) D, \$\$, WA

The Schoolhouse at Cannondale •

American • EP With the motto "Fine, Fresh, Simple," the owners seek out the best sources of ingredients and treat them simply and with respect. • 34 Cannon Road, Wilton, 203-834-9816 schoolhouseatcannondale.com. Closed Mon. L (Fri-Sat) D (Wed-Sat) SB, \$\$\$, WA

The Sitting Duck Tavern • American Neighborhood tavern committed to using regionally and locally grown produce and products. • 3694 Main St., Stratford, 203-873-0871 sittingducktavern.com. Open daily. L D LS SB, \$\$, WA

The Spinning Wheel • American • RC Enjoy a quintessentially New England-inspired menu with seasonal specials, local and homegrown accents, and modern adaptations of traditional comfort dishes. This classic-style pub has 12 types of beer on tap, a rum-inspired drink menu and is housed within a renovated historic saltbox style house that dates back to 1742. • 109 Black Rock Tpke., Redding, 203-664-4000 swredding.com. Closed Mon. L (Thu-Sat) D SB, \$\$\$, WA

Tequila Mockingbird • Mexican The food here is made with traditional ingredients when possible, including imported chiles. Tequila is taken seriously as well, with bartenders receiving tequila training in Mexico. • 6 Forest St., New Canaan, 203-966-2222 tequilamockingbirdnc.com. Open daily. D, \$\$, WA

Thai Spice • Thai • RC Traditional Thai recipies including Pad Thai, Big Bowl Soup, Summer Shrimp Rolls and Papaya Salad. • 345 Main Ave, Norwalk, 203-846-3533 thaispicenorwalk.com. Open daily. L D, \$, WA

Toro • Sushi • EP RC Open sushi bar, plus Japanese, Chinese and hibachi menu in a modern Asian decorated atmosphere. • 28 Churchill Road, Newtown, 203-364-0099 bestasianfoodnewtown.com. Open daily. L D, \$\$, WA

Wafu Asian Bistro • Asian Unscale dining with a frequently changing menu that utilizes local ingredients. • 3671 Post Road, Southport, 203-254-2288 wafuasianbistro.com. Open daily. L D, \$, WA

Walrus + Carpenter • Barbecue • EP Sink your teeth into the barbecue offered at this sleek eatery in the Black Rock section of Bridgeport. A customer favorite is the Notorious P.I.G. • 2895 Fairfield Ave., Bridgeport, 203-333-2733 walruscarpenterct.com. Closed Mon. L (Wed-Sun) D LS, \$\$, E WA

The Whelk • Seafood • EP Upmarket, sophisticated seafood with a distinct culinary voice. • 575 Riverside Ave., Westport, 203-557-0902 thewhelkwestport.com. Closed Sun-Mon, L (Fri-Sat) D. \$\$\$, WA

Artisan Southport • New England Unique and innovative casual/fine dining in a country-chic setting, with New Englandinspired cuisine influenced by seasonal and farmstead offerings. • 275 Old Post Road, Southport, 203-307-4222 artisansouthport.com. Open daily. B L D SB, \$\$\$, WA

| Hartford County |

Artisan West Hartford • New England Unique and innovative casual/fine dining in a country-chic setting, with New Englandinspired cuisine influenced by seasonal and farmstead offerings, • 1 Memorial Road, West Hartford, 860-937-2525 artisanwesthartford.com. Open daily. L D SB, \$\$\$, WA

@ the Barn • American This 170-seat, 4,000-squarefoot ultra-sleek steakhouse and wine bar features multiple dining areas, steaks, seafood, small plates and a wine list selected by a certified sommelier, as well as a wide array of martinis, specialty cocktails and craft beers. • 17R E. Granby Road, Granby, 860-413-3888 atthebamgranby.com. Closed Mon. L D (Tues.-Sun.) SB, \$\$, WA

Àvert Brasserie • French • EP Experience old-world European charm and beautiful, classic food combined with imagination. perfectionism and zest • 35 LaSalle Road, West Hartford, 860-904-6240 avertbrasserie.com. Open daily. L D LS SB, \$\$, WA



b Restaurants • Burgers Gourmet burgers and a wide selection of beers and bourbons, with unique local offerings at each location. • 120 Hebron Ave. #6, Glastonbury, 860-430-9737; 4 Railroad St., Simsbury, 860-658-4477; 138 Park Road, West Hartford, 860-231-1199 burgersbeerbourbon.com. Open daily. L D LS, SB (Glastonbury only), \$, WA

Barcelona Restaurant & Wine Bar • Spanish **Mediterranean** • EP RC Hip restaurant serving Spanish and Mediterranean cuisine - including tapas, hot and cold. • 971 Farmington Ave., West Hartford, 860-218-2100 barcelonawinebar.com. Open daily. D LS SB, \$\$, E, WA

Butchers & Bakers • American • EP Farm-fresh food, housemade desserts and amenities like an outdoor terrace for summer help this place set a new bar for culinary creations, hobnobbing and beyond. • 270 Farmington Ave., Farmington, 860-470-7414 butchersandbakers.com. Open daily. L D LS, \$\$, WA

The Capital Grille • Steakhouse • EP RC High-end steakhouse chain offering dry-aged steaks, fresh seafood and world-class wines. Reservations recommeded. • 44 Front St., Hartford, 860-244-0075 thecapitalgrille.com. Open daily. L (Mon-Fri) D LS, \$\$\$, WA

Carbone's Kitchen • Italian Established in 2012, this casual-dining little brother to Carbone's Ristorante uses fresh and local ingredients to prepare old-school Italian classics. • 6 Wintonbury Mall, Bloomfield, 860-904-2111 carboneskitchen.com. Open daily. L (Mon.-Fri.) D, \$\$, WA

Carbone's Ristorante • Italian This old-school, finedining Italian restaurant was established in 1938 and has survived as long as it has for a reason. Dishes include lobster pappardelle, grilled scottish salmon and eggplant, and veal cuscinetto. • 588 Franklin Ave., Hartford, 860-296-9646 carbonesct.com. Closed Sun. L (Mon.-Fri.) D, \$\$\$, WA

Cavey's Restaurant • Italian / French • EP Choose from handmade pasta and house-cured salami in the Northern Italian restaurant upstairs, or soufflé and buttery foie gras in the luxurious French restaurant downstairs. Enjoy a cocktail with some light jazz in a casual lounge while you decide. • 45 E. Center St., Manchester, 860-463-2751 caveysrestaurant.com. Closed Mon. D, \$\$\$, E, WA

Chicago Sam's . American This beloved sports bar takes sports fanaticism to new heights, showing every NFL, MLB, NBA and NHL game. When it comes to the menu this place is also a winner. • 95 Elm St., Enfield, 860-741-2936 chicagosams.com. Open daily. L D LS, \$, E, WA

Costa del Sol • Spanish/Mediterranean • EP Galician restauranteur Jose "Pepe" Feijoo incorporates the old and the new, breathing new life into a cuisine rich in Spanish heritage, with a focus on tapas and seafood. Tapas bar, sun rooms, patio, private function room and a small market. • 901 Wethersfield Ave., Hartford, 860-296-1714 costadelsolhartford.com. Closed Mon. L (Tue-Fri) D, \$\$\$, WA

Cottage Restaurant & Cafe • American Familyowned, European-style restaurant offers unique, seasonally inspired dishes and a wide selection of wines, martinis and cocktails. • 427 Farmington Ave., Plainville, 860-793-8888 cottagerestaurantandcafe.com. Closed Sun. & Mon. L (Tue-Fri) D, \$\$, WA

Cugino's • Italian Upscale casual dining spot offering steak and seafood, and Italian specialties such as chicken piccata and veal alla champignon. Reservations recommended. • 1053 Farmington Ave., Farmington, 860-678-9366 cuginosrestaurantfarmington.com. Closed Mon. (except by appt.) L D LS, \$\$

El Pollo Guapo • Spanish • EP The menu at this spot from the owners of Mercado offers rotisserie chicken with an attitude, as well as a delicious garlic-lime aioli accent to compliment many of the dishes. • 1866 Berlin Tpke., Wethersfield, 860-436-4982 elpolloguapo.com. Open daily. L D, \$, L D

Firebox • New American Firebox boasts a seasonal, Connecticut farm-inspired menu including seared Stonington scallops and Connecticut farm-raised lamb. • 539 Broad St., Hartford, 860-246-1222 fireboxrestaurant.com. Closed Mon. L (Mon-Fri) D SB, \$\$\$, WA

The Flatbread Company, Canton • Pizza • EP Woodfired, clay oven pizza made from organic and all-natural ingredients. • 110 Albany Turnpike #914, Canton, 860-693-3314 flatbreadcompany.com/canton/. Open daily. L D, \$, WA

Frank Pepe Pizzeria Napoletana • Pizza • EP RC The coalfired brick oven which makes the legendary thin-crust pizza at the original Pepe's has been carefully replicated in their satellite locations. • 221 Buckland Hills Drive, Manchester, 860-644-7333; 1148 New Britain Ave., West Hartford, 860-236-7373 pepespizzeria.com. Open daily. L D, \$, WA

LUCKY BUCKS. LUCKY YOU!

Celtic Cavern gift cards make the perfect holiday gift. Stop in. Stock up.

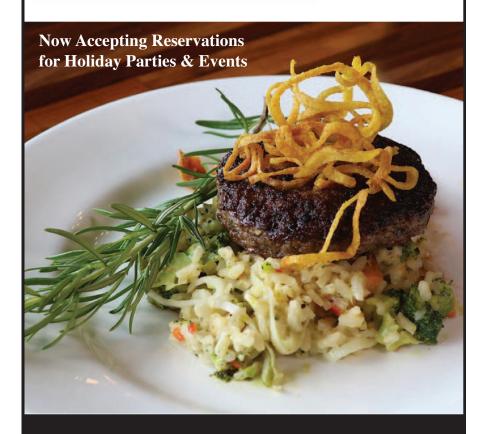


45 Melilli Plaza, Middletown celticcavern.com

Thank you to all our fans and followers for voting us BEST BAR!



Upscale Casual **Dining**



1053 Farmington Avenue, Farmington CT 860-678-9366 • cuginosrestaurantfarmington.com

Monday Appointment Only • Tue - Thu 11:00 am - 10:00 pm Fri - Sat 11:00 am - 12 am • Sunday 12:00 pm - 10:00 pm

| dining guide | hartford county

Great Taste • Chinese • EP Multiregional Chinese cuisine in a space suitable for intimate gathering, family get-togethers or large-scale celebrations. • 597 W Main St, New Britain, 860-827-8988 greattaste.com. Open daily. L D LS, \$\$, WA

India • Indian • EP Fun, locally sourced, Farm-to-Table Restaurant featuring traditional Indian cuisine and bright new dishes with British Colonial overtones • 54 Memorial Road, West Hartford, 860-726-4103 indiawesthartford.com. Open daily. L D SB, \$\$, WA

J. Timothy's Taverne • Gastropub • EP RC This historic pub offers up casual fare such as the famous "dirt wings," prime rib, chicken pot pie and French onion soup. • 143 New Britain Ave, Plainville, 860-747-6813 jtimothys.com. Open daily. L D LS, \$\$, WA

Max Downtown • American Features global cuisine, chophouse classics, a fine wine list and lighter fare in the tavern. • 185 Asylum St., Hartford, 860-522-2530 maxdowntown.com. Open daily. L (Mon.-Fri.) D LS, \$\$\$, WA

Max Fish • Seafood Lively, upscale fish house serving a daily selection of fresh seafood and great steaks. The Shark Bar is more casual, offering lighter fare and Max classics in an up-tempo environment. • 110 Glastonbury Blvd., Glastonbury, 860-652-3474 maxfishct.com. Open daily. L D LS SB, \$\$, WA

Max's Oyster Bar • Seafood • RC Modern renditions of classic American seafood in an atmosphere reminiscent of a big-city oyster bar. • 964 Farmington Ave., West Hartford, 860-236-6299 maxrestaurantgroup.com/oyster. Open daily. L D LS SB, \$\$\$, WA

The Mill on the River • American Pan-seared Chilean sea bass and pork chop Milanese are tops at this former gristmill. • 989 Ellington Road, South Windsor, 860-289-7929 themillontheriver.com. Open daily. L (Mon.-Fri.) D SB, \$\$, WA

Millwright's Restaurant and Tavern • American • EP Acclaimed chef Tyler Anderson leads the team serving up farm-fresh dishes and an exciting wine menu at this renovated 17th-century mill. • 77 West St., Simsbury, 860-651-5500 millwrightsrestaurant.com. Closed Mon. D SB, \$\$\$, WA

ON20 • Contemporary French / American • EP RC Savor panoramic city views and sophisticated atmosphere along with sumptuous seasonal cuisine. • 400 Columbus Blvd., Hartford, 860-722-5161 ontwenty.com. Closed Sun. L (Mon-Fri) D (Thu-Sat), \$\$\$, E

Restaurant Bricco • Italian • EP Every dish is crafted from scratch, holding true to the essentials of Sunday dinner. • 78 Lasalle Road, West Hartford, 860-233-0220 billygrant.com/bricco. Open daily. L (Mon-Sat) D, \$\$\$, WA

Ruth's Chris Steak House • Steak Famously known as "the steak that speaks for itself," the steaks served here are customeraged USDA Prime. In addition, the restaurant utilizes locally sourced produce in its recipes. • 2513 Berlin Tpke., Newington, 860-666-2202 ruthschris.com. Open daily. L (Sun) D, \$\$\$, WA

Savoy Pizzeria and Craft Bar • Pizza • RC Pizza made with artisanal dough and baked in 900 degree wood-fired ovens can be paired with select wines for a true Neapolitan experience. • 32 LaSalle Road, West Hartford, 860-969-1000 maxrestaurantgroup.com/savov. Open daily, L.D.LS. \$. WA

Shady Glen • American A dairy bar/restaurant known for cheeseburgers and ice cream. • 840 Middle Tpke. E. and 360 Middle Tpke. W., Manchester, 860-649-4245. Open daily. B L D LS, \$, WA

Smokin' with Chris • Barbecue • EP Specializes in barbecue and other smoked meats, but also offers specialty salads, seafood and vegetarian dishes. • 59 W Center St., Southington, 860-620-9133 smokinwithchris.com. Closed Mon. L D. \$\$. E

Spectra Wired/Bar5 • American Unique high-end cafe with a cozy lower-level bar offering bar bites, a prix-fixe menu, only outdoor beer garden in downtown, and live jazz on Fridays. • 5 Constitution Plaza, Hartford, 860-906-1835 spectrawired.com. Closed Sun. B L D. \$\$, E. WA

Treva • Italian • EP Cuisine is inspired from central and upper Italy, with seasonal varieties and unique nightly specials. • 980 Farmington Ave., West Hartford, 860-232-0407 trevact.com. Open daily. L D LS SB, \$\$, WA

Trumbull Kitchen • American "Global comfort food" is served at communal tables at this sophisticated city brasserie. • 150 Trumbull St., Hartford, 860-493-7417 maxrestaurantgroup.com. Open daily, L (Mon-Sat) D.LS. \$\$, WA

Vinted Wine Bar & Kitchen • Tapas This exciting restaurant in Blue Back Square serves over 70 wines by the glass along with an ambitious small-plates menu. • 63 Memorial Road, West Hartford, 860-206-4648 vintedwinebar.com. Open daily. L D LS SB, \$\$, WA

Zohara • Mediterranean • EP Flavors of the Mediterranean, particularly Middle Eastern flavors, in an upscale setting alongside craft cocktails featuring Mediterranean-inspired spices, and wines from the region. • 991 Farmington Ave., West Hartford, 860-955-0300 zoharact.com. Open daily. L D LS SB, \$\$, WA

Litchfield County

@ the Corner • New American • EP Cafe, pub and restaurant with wide section of craft beers and offering entrees like sirloin strip steak poutine and shrimp & lobster saute. Reservations available. • 3 West St., Litchfield, 860-567-8882 athecorner.com. Open daily. L D, \$\$, WA, E

Community Table • American • EP Recently reopened, new chef Paul Pearson serves farm-fresh cuisine in a sophisticated yet laid-back atmosphere. • 223 Litchfield Tpke., Washington, 860-868-9354 communitytablect.com. Closed Wed. D, \$\$\$, WA

The Cookhouse • Barbecue "Slo-smoked" baby-back ribs and pulled pork are the name of the game here. . 31 Danbury Road (Route 7), New Milford, 860-355-4111 thecookhouse.com. Open daily. L D, \$\$, WA

Hidden Valley Eatery • American • EP Locally sourced comfort food with a number of vegetarian options. Seasonal dinner menu changes nightly. • 88 Bee Brook Road, Washington Depot, 860-619-0660 hiddenvalleyeatery.com. Closed Tues. B L D (Fri-Sat), \$\$, WA

The Hopkins Inn • Austrian/American • EP A country inn with an Old World atmosphere known for wienerschnitzel, backhendl and escargot. • 22 Hopkins Road, Warren, 860-868-7295 thehopkinsinn.com. Closed Mon. B L (Tue-Sat) D, \$\$\$, WA

Litchfield Saltwater Grille • Seafood Casual and fine dining with seafood, raw bar, meat, vegetarian and kids menu options. Lounge is open late Fri. & Sat. Outdoor patio and private dining available. • 26 Commons Drive, Litchfield, 860-567-4900 litchfieldsaltwatergrille.org. Open daily, L (Wed-Sun) D. \$\$\$, E. WA



Offering Cheshire the finest Italian Cuisine, served in a warm, comfortable atmosphere.







835 West Main Street, Cheshire, CT 06410 203.439.9175 • www.bellagioct.com

Mountainside Café • Farm to Table Modern rustic cafe offers up a fresh approach to American classics, such as the Country Burger and the Johnny Cash Skillet, in a warm and casual atmosphere. • 251 Route 7 South, Falls Village, 860-824-7876 mountainside.com/cafe. Open daily. B L SB, \$, WA

The Old Oak Tavern • American Rustic tavern offering American comfort foods like homemade mozzarella sticks, corn and clam chowder, and Southern fried chicken in a rustic tavern environment. Local craft brews available on tap. • 1 South Kent Road, Gaylordsville, 860-355-1100 theoldoaktavem.com. Open daily. L (Fri-Sun) D SB, \$\$, E WA

The Restaurant at Winvian Farm • French • EP Chef Chris Eddy constantly changes the menu, using simple and seasonal ingredients accented with unusual and fresh findings. Smart casual attire and reservations required. • 155 Alain White Road, Morris, 860-567-9600 winvian.com. Closed Mon.-Tues, L (Sat-Sun) D. \$\$\$, WA

Scarpelli's • American Since 1936, Scarpelli's has been offering classic comfort foods like chicken parmigiana, meat loaf, fried chicken and fish-and-chips. • 865 Migeon Ave., Torrington, 860-482-7977 scarpellisclassiccatering.com. Open daily. B L D, \$\$, WA

The Upper Crust • Italian Northern Italian cuisine in the warm atmosphere of a Tuscan-style farm house. • 373 Litchfield Road, New Milford, 860-350-0006 theuppercrustcucina.com. Closed Mon. L D, \$\$, WA

The Village Restaurant • American Historic pub and restaurant in the heart of Litchfield. Veal Bartalucci, Parmesan-and-horseradish-encrusted salmon and cheeseburgers top the menu. • 25 West St., Litchfield, 860-567-8307 village-litchfield.com. Open daily. L D, \$\$\$, WA

The White Hart • Farm to Table • EP High-quality cuisine made from an A-list of farm sources served in a rustic, recently remodeled historic country inn dating to 1805. • 15 Under Mountain Road, Salisbury, 860-435-0030 whitehartinn.com. Open daily. L (Mon, Wed, Fri) D, \$\$, WA

The White Horse Country Pub . American . FP RC Serves American pub favorites like burgers, ribs and seafood bake, along with some English ones — shepherd's pie, fish-and-chips and bangers and mash. Outdoor dining in warmer months provides a delightful experience. • 258 New Milford Tpke., Washington, 860-868-1496 whitehorsecountrypub.com. Open daily. L D SB, \$\$, WA

Winvian • American Simplicity and indulgence converge with fresh and spontaneous farm-to-table menus and an ecclectic wine selection. Reservations are required. • 155 Alain White Road, Morris, 860-567-9600 winvian.com. Closed Tues. L (Sat-Sun), D, \$\$\$, WA

Middlesex County

Alforno Ristorante & Brick Oven Pizzeria • Northern Italian • EP Known for a great selection of house-made pasta and ravioli, with dishes like insalata verde, butternut squash ravioli and tagliatelle Bolognese, and a specialty homemade bread. . 1654 Boston Post Road, Old Saybrook, 860-399-4166 alforno.net. Open daily. L D, \$\$, WA

Alforno Trattoria • Northern Italian Upscale and contemporary but family-friendly, serving favorites like tagliatelle Bolognese, veal ricotta meatballs, pizza Napolitana and wild boar osso buco. . 1654 Boston Post Road, Old Saybrook, 860-399-4166 alforno.net. Open daily. L D, \$\$, WA

Angelico's Lake House • American Overlooking Lake Pocotopaug, Angelico's features great outside dining and a tiki hut. • 81 North Main St., East Hampton, 860-267-1276 angelicoslakehouse.com. Closed Mon-Tues. D L (Sat) SB, \$\$, E, WA

Baci Grill • Modern Italian Try house specialties like cider glazed salmon, chicken sausage and broccoli rabe pasta, and Guinness marinated flank steak at this casual, trendy restaurant. Banquets only on Sunday. • 134 Berlin Road, Cromwell, 860-613-2224 bacigrill.com. Open daily. L D LS, \$\$, E, WA

The Blue Oar • Seafood • EP Open seasonally, with open-air dining and fresh-catch entrees. BYOB; cash only. • 16 Snyder Road, Haddam, 860-345-2994 blueoarct.wixsite.com. Open daily in season, then closed Mon-Tue L D, \$\$, WA

Celtic Cavern • Gastropub Middletown's first-ever gastropub, featuring 18 beers on tap and a dynamic menu designed to tempt every palate. • 45 Melilli Plaza, Middletown, 860-894-2954 celticcavern.com. Open daily. L D LS, \$\$

Chester's Barbecue • Barbecue • EP RC Mouthwatering, slow-cooked barbecue is the name of the game here. Choose from BBQ favorites like smoked ribs, chicken, brisket and burnt ends. • 10 West Main St., Clinton, 860-669-6868 chestersbbq.com. Open daily. L D, \$\$

Chicago Sam's • American This beloved sports bar takes sports fanaticism to new heights, showing every NFL, MLB, NBA and NHL game. When it comes to the menu, this place is also a winner. • 51 Shunpike Road, Cromwell, 860-635-1860 chicagosams.com. Open daily. L D LS, \$, E, WA

 $\textbf{[chow]} \bullet \textit{New American} \hspace{0.2cm} \textbf{This rustic, family-friendly spot serves}$ up favorites like BBQ meatballs, pulled pork and burnt end croute, plus craft pizza and drink options. • 36 Killingworth Tpke., Clinton, 860-669-6200 chowfoodandbeverage.com. Open daily. L (Tue-Sun) D SB, \$\$, WA

Cuckoo's Nest • Mexican • RC Housed in a 200-year-old barn, Cuckoo's Nest has been serving nachos, fajitas, and Cajun shrimp and scallops for more than 40 years. • 1712 Post Road, Old Saybrook, 860-399-9060 cuckoosnest.biz. Open daily. L D SB, \$\$, E, WA

Dattilo Fine Italian at Water's Edge Resort and Spa • Italian Enjoy spectacular ocean views and Italian specialties like veal romano, wild mushroom arancini and lobster ravioli. And don't forget the awardwinning Sunday brunch. • 1525 Boston Post Road., Westbrook, 860-399-5901 watersedgeresortandspa.com. Open daily. B L (Mon-Sat) D SB, \$\$\$, E

Eli Cannon's Tap Room • Beer Bar • EP The Connecticut innovator of the modern beer bar, Eli Cannon's has been pouring sought-after brews since long before it was a trendy business model. Food favorites here include the famous nachos, chicken wings (there's 20 custom sauces), the classic cannon burger and the blackened chicken wrap. • 695 Main St., Middletown, 860-347-3547 elicannons.com. Closed Mon. L (Fri-Sun) D LS, \$, WA

The Griswold Inn • American The beloved 1776 "Gris" features classic New England cuisine in the dining room. small plates and 50 wines by the glass in the wine bar. and a lively taproom. • 36 Main St., Essex, 860-767-1776 griswoldinn.com. Open daily. L D SB, \$\$\$, E, WA

Haywire Burger Bar • Burgers • EP RC Gourmet, ground in-house Black Angus burgers can be paired with one of 28 rotating craft beers or a selection from the extensive wine list. • 730 Boston Post Road, Westbrook, 860-391-8479 haywireburgerbar.com. Open daily. L D, \$\$, WA

The White Horse Country Pub and Restaurant ★★★★ EXCELLENT... The Country & Abroad BEST FIRESIDE DINING 2018 Connecticut Magazine Fab gift cards available online, by phone, or in person. 860-868-1496 Overlooking the river or in the tavern by the fire. WhiteHorseCountryPub.Com 258 New Milford Tpk, New Preston, CT

CONTINUES ON PAGE 128



2018 FIVE STAR AWARD WINNERS







Featured winners from our Five Star Professional Section

CONNECTICUT

AWARD WINNERS RECOGNIZED FOR PROFESSIONAL EXCELLENCE



A SELECT AWARD

Finding a wealth manager who suits your needs can be a daunting task. In fact, many consumers have a hard time figuring out where to even begin.

Sometimes, a few simple questions can set one off on the right path. Asking a wealth manager what makes

working with him or her a unique experience can help you understand how they work and if their style meshes with your own. Furthermore, asking a financial adviser to talk about any specialties they may have can help uncover skills you may find useful.

Ultimately, how do you find an experienced wealth manager who you feel comfortable working with? One who has high retention rates? One who has undergone a thorough complaint and regulatory review? One who has tenure in the industry?

Five Star Professional uses its own proprietary research methodology to name outstanding professionals, then works with publications such as *Connecticut Magazine* to spread word about award winners who satisfy 10 objective eligibility and evaluation criteria. Among many distinguishing attributes, the average one-year client retention rate for this year's award winners is more than 96 percent. Although this list is a useful tool for anyone looking for help in managing their financial world or implementing new aspects into of their financial strategies, it should not be considered exhaustive. Undoubtedly, there are many excellent wealth managers who, for one reason or another, are not on this year's list. For more information on how we name outstanding wealth managers, as well as a complete list of winners and our research methodology, go to www.fivestarprofessional.com.

RESEARCH DISCLOSURES

In order to consider a broad population of high-quality wealth managers and investment professionals, award candidates are identified by one of three sources: firm nomination, peer nomination or prequalification based on industry standing. Self-nominations are not accepted. Connecticut award candidates were identified using internal and external research data. Candidates do not pay a fee to be considered or placed on the final lists of Five Star Wealth Managers.

- The Five Star award is not indicative of a professional's future performance.
- Wealth managers may or may not use discretion in their practice and therefore may not manage their clients' assets.
- The inclusion of a professional on the Five Star Wealth Manager list should not be construed as an endorsement of the professional by Five Star Professional or *Connecticut Magazine*.
- Working with a Five Star Wealth Manager or any professional is no guarantee as to future investment success, nor is there any guarantee that the selected professionals will be awarded this accomplishment by Five Star Professional in the future.
- Five Star Professional is not an advisory firm, and the content of this article should not be considered financial advice. For more information on the Five Star Wealth Manager award programs, research and selection criteria, go to fivestarprofessional.com/research.

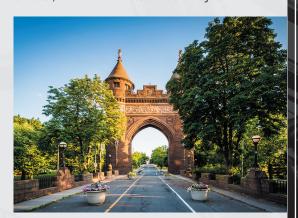
Five Star Wealth Manager Criteria

Determination of Award Winners

Award candidates who satisfied 10 objective eligibility and evaluation criteria were named 2018 Five Star Wealth Managers.

Eligibility Criteria – Required: 1. Credentialed as a registered investment adviser or a registered investment adviser representative. 2. Actively employed as a credentialed professional in the financial services industry for a minimum of five years. 3. Favorable regulatory and complaint history review. 4. Fulfilled their firm review based on internal firm standards. 5. Accepting new clients.

Evaluation Criteria – Considered: 6. One-year client retention rate. 7. Five-year client retention rate. 8. Non-institutional discretionary and/or non-discretionary client assets administered. 9. Number of client households served. 10. Education and professional designations. 3,178 award candidates in Connecticut were considered for the Five Star Wealth Manager award. 293 (approximately 9 percent of the award candidates) were named 2018 Five Star Wealth Managers.



Five Star Investment Professional Criteria

Determination of Award Winners

The investment professional award goes to estate planning attorneys, insurance agents and select others in the financial industry.

Eligibility Criteria – Required: 1.Credentialed with appropriate state or industry licensures. 2. Actively employed as a credentialed professional in the financial services industry for a minimum of five years. 3. Favorable regulatory and complaint history review. 4. Accepting new clients.

Evaluation Criteria – Considered: 5. One-year client retention rate. 6. Five-year client retention rate. 7. Number of client households served. 8. Recent personal production and performance (industry specific criteria).9. Education and professional designations/industry and board certifications. 10. Pro Bono and community service work. This year, we honored 1 Connecticut investment professional with the Five Star Investment Professional award.



Andrew A. Agemy

Founder, CEO

Left to right: Standing: Michael Errigo, Gorbin MacDonald, Cathy Agemy, Ana Carlino, Lisa Bolard; Seated: Seven-year winner Andrew Agemy; Beth Franks; Daniel Agemy

Agemy Financial Strategies, Inc.

1570 Boston Post Road, Suite 400 • Guilford, CT 06437 Phone: 203-738-0026 office@aqemy.com • www.aqemy.com

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria — required: 1. Credentialed as a registered investment adviser or as a principal of a registered investment adviser from for a minimum of 5 years; 5. Favorable regulatory and complaints five dagainst them and/or a total of five settled on the all control and the substitution of the professional, the wealth manager has not; A. Been subject to a regulatory action that resulted in al license being suspended or revoked, or payment of a fine; 8. Had more than a total of thre settled or pending complaints filed against them and/or a total of five settled on patients with any regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Feedback may not be representative of any one client's experience; C. Individually contributed to a financial services from within the past 11 years; E. Been convicted of a felony); 4. Fulfilled firld from a financial services from within the past 11 years; E. Been convicted of a felony); 4. Fulfilled firld firld from a financial services from any one client's experience; C. Individually contributed to a financial services from personal bankrupto; within the past 11 years; E. Been terminated from a financial services from any one considered for never the retention rate; 2. Five-year client retention rate; 3. Five-year client retention rate; 3.

Agemy Financial Strategies exists to help people retire and stay retired. They love to serve pre-retirees and retirees by seeking to first understand them and their desires, then empowering their clients to make sound, educated financial decisions. Agemy Financial Strategies specializes in creating and maintaining customized comprehensive retirement and legacy plans, including tax planning, under one roof. What they do is typically reserved for only large investors, but they offer the same service to all of their clients. Excitement is abundant as they move into their beautiful and large new office — call them for a visit!

Advisory services offered through Agemy Wealth Advisors, LLC, a Registered Investment Advisor and fiduciary to its clients. Agemy Financial Strategies, Inc., and Agemy Wealth Advisors, LLC are related.

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria — required: 1. Credentialed as a registered investment adviser or as a principal of a registered investment adviser or as a principal of a registered investment adviser from for a minimum of 5 years; 3. Favorable regulatory and complaint history review (As defined by Five Star Professional, the wealth manager has not; a fixed professional and the revoked, or payment of a fine; 8. Had more than a total of the settled or pending complaints filed against them and/or a total of five settled or pending in the professional's consumer complaint process, feedback may not be representative of any one client's experience; C. Individually contributed to a financial serticular process, feedback may not be representative of any one client's experience; C. Individually contributed to a financial serticular process, feedback may not be representative of any one client's experience; C. Individually contributed to a financial serticular process, feedback may not be representative of any one client's experience; C. Individually contributed to a financial serticular process, feedback may not be representative of any one client's experience; C. Individually contributed to a financial serticular process, feedback may not be representative of any one client's experience; C. Individually contributed to a financial services firm within the past 11 years; E Been convicted of a felony). 4 Fulfilled their firm review has ead on internal standards; S. Accepting new clients. Such experting process, feedback may not be "year", experience; C. Individually contributed to a financial services firm and a financi

FS-3



Lobo & Pascale Wealth Management, LLC

Left to right: Four-year winner Christopher W. Pascale, MBA, GFP®, CIMA®, AIF®; Seven-year winner Jeremy M. Lobo, GFP®, GFS®, AIF®

1062 Barnes Road, Suite 201 • Wallingford, CT 06492 • lobopascale.com Toll-free: 866-575-8888 • Office: 203-269-3700 • info@lobopascale.com Jeremy Lobo and Christopher Pascale are Certified Financial PlannerTM professionals who have helped investors reach their goals for over 20 years. Their passion is for helping their clients reach, transition into and enjoy retirement. Specializing in working with high-net-worth individuals, families and businesses, Jeremy and Chris are well-known locally and nationally as distinguished financial planners and public speakers. They are passionate about educating their clients and the public on common retirement pitfalls and how to avoid them. Lobo and Pascale are honored to recognized for this award.

Securities and Advisory Services offered through Commonwealth Financial Network, Member FINRA/SIPC, a Registered Investment Adviser.

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria — required: 1. Credentialed as a registered investment adviser or a registered investment adviser or as a principal of a registered investment adviser or minimum of 5 years; 3. Favorable regulatory and complaint history review (As defined by Five Star Professional, the wealth manager has not; A. Been subject to a regulatory and tomplaint history review (As defined by Five Star Professional, the wealth manager has not; A. Been subject to a regulatory and tomplaint bit of the settled or pending, complaints been and/or a total of five settled, pending, dismissed or denied complaints with any replaints with any replants with any replants with any replant so with a regulatory authority or replaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints under the representative of any one client's experience; C. Individually contributed to a financial settlement of a customer complaint, D. Filed for personal bankruptcy within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. Valuation criteria. Provention of presonal bankruptcy within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E



Asset Strategies, Inc.

Left to right: Two-year winner Diann McChesney, CFP®, Executive Vice President, Chief Compliance Officer; Four-year winner Alan M. Rothstein, CPA, PFS, President

80 West Avon Road • Avon, CT 06001
Office: 860-673-5500 • www.assetstrats.com
diann@assetstrats.com • alan@assetstrats.com

When can I retire? What do I do with my money? Money and finances can be very personal and emotional. So whether it is divorce, retirement or if you just need basic financial guidance, we provide unbiased, fee-only financial planning and investment advisory services. Plain and simple . . . life happens. We've been there, and we've seen our clients through some of the best and some of the worst times of their lives. Regardless of the path that life takes, we'll be there for you.

 $Additional\ information, including\ management\ fees\ and\ expenses,\ is\ provided\ on\ Asset\ Strategies,\ Inc.'s\ Form\ ADV\ Part\ 2.$

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria — required: 1. Credentialed as a registered investment adviser or a registered investment adviser or a registered investment adviser or as a principal of a registered investment adviser or as a principal of a registered investment adviser or as a principal of a freight and a foral of three settled or pending complaints filed against them and/or a total of five settled, pending, dismissed or denied complaints with any regulatory authority or five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Infavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Infavorable feedback may not be representative of any one clients' experience; C. Individually contributed to a financial settlement of a customer complaint, D. Filed for personal bankruptcy within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. Been terminated from a





All award winners are listed in this publication.

Wealth Managers

Financial Planning

Andrew A. Agemy · Agemy Financial Strategies Page 3 & 4

Karl M. Anderson · Morgan Stanley
Page 19

Jennifer D. Barry · Capital Strategies David Berube · Ameriprise Financial Services, Inc.

Timothy J. Bourdon · TJB Financial Services *Page 20*

Naomi Bourque · Peoples Securities, Inc. Page 20

Craig Breitsprecher · Talcott Financial Group

Cheryl Chapis · Ameriprise Financial Services, Inc. Page 18

Kathleen M. Christensen · Connecticut Wealth Management

Christopher Cymbala · LPL Financial Brian Davis · Webster Investments

Elizabeth A. DeBassio · Connecticut
Wealth Management

Jeff Farrar · Procyon Private Wealth Partners

Mark Fezza · Brook Wealth Management, LLC Page 12

Lawrence Ganim · Ganim Financial

Simone Gladstone · Compass Rose Strategic Partners Page 13

Hal D. Guy · StoneCastle Consulting *Page 19*

Laurence Hale · Weiss, Hale & Zahansky Strategic Wealth Advisors

Kathleen M. Hanson · LPL Financial John Henehan · Ameriprise Financial Services, Inc.

Bonnie J. Hill · Hill Financial Services, P.C. Page 18

David Himmelreich · Wealth Enhancement Advisory Group

Khuong Ho · Ameriprise Financial Services, Inc.

Denis M. Horrigan · Connecticut Wealth Management

Joan Kenney-Romano · Ameriprise Financial Services, Inc. Page 18

Scott Kieper · Secure Financial Group

John A. Kuehnle · TMB Financial Solutions Page 20

Lawrence F. Kushner · Cornerstone Wealth Management Group

Kevin C. Leahy · Connecticut Wealth Management

William Howard Leete, Jr. · Monte Financial Group, LLC

Michael J. Lehrhaupt · Strategies For Retirement *Page 19*

Daryl LePage · Brook Wealth Management, LLC Page 12

Jeremy M. Lobo · Lobo & Pascale Wealth Management Page 5

Sarah Man · Morgan Stanley

David A. Mangs · Mangs Financial, LLC Page 8

Bill Mann · LPL Financial Page 20 Anthony Marciano · LPL Financial

Paul J. Mariano · Charter Oak Financial Page 14

Jeffrey N. Massicott · Massicott Financial Services

Diann McChesney · Asset Strategies, Inc. Page 6

Gary J. McDonagh · Commonwealth Financial Network Page 16

Eli Meyer · LPL Financial

 $William\ Miller\cdot Miller\ Investment$

Robert J. Monte \cdot Monte Financial Group, LLC

 $\begin{array}{c} \text{Christian Morgan} \cdot \text{Ameriprise Financial} \\ \text{Services, Inc.} \end{array}$

David Neal · Coburn & Meredith

Roberta L. Nestor · Nestor Financial Network Page 16

Marianne Noyes-Ryder · Noyes-Ryder Wealth Management

James O'Donnell, Jr. · LPL Financial Page 19

Paul Papapostolou · Wealth Enhancement Group

David M. Parent · Financial Vision Advisory Services, LLC

Christopher Pekala · Ameriprise Financial Services, Inc.

Lori R. Price · Price Financial Group, LLC Page 12

William Joseph Richardson · Hutchinson Financial Services

Dawn M. Rosa · LPL Financial Brian Scanlon · Morgan Stanley

Todd Shepard · New England Financial Group

Brent Silano · LPL Financial

Jarrett F. Solomon · Connecticut Wealth Management

David Sondergaard · Morgan Stanley

Sophie Stevens · SBT Investment Services/LPL Financial Page 16

Jane Sullivan · Sullivan Financial Advisors

Joseph M. Sullivan · Sullivan Financial Services

Carol Tartaglia · Webster Investments Michael A. Tedone · Connecticut Wealth

Megan Trask · Connecticut Wealth Management

Management

Joan M. Valenti · Valenti Wealth Management Page 10

Paul M. Vardoulakis · Norwich Financial, LLC Page 20

Brian Vendig · MJP Wealth Advisors Charles Wareham · Valark Financial Services

Mark White · Ameriprise Financial Services, Inc. *Page 20*

Robert Worrell · Worrell Advisory Services Page 17

Todd M. Zeidenberg · MDZ Wealth Management Page 20

Gerard Zopfi, Jr. · Wealth Enhancement Group

Investments

Raymond Beloin \cdot LPL Financial

Robert Ceccarelli · Ameriprise Financial Services, Inc.

Sandra Cerqueira · LPL Financial

Thor Cheyne · Medallion Wealth Advisors Page 14

Matthew R. Christopher · LPL Financial Page 19

 $James\ Collins\cdot LPL\ Financial$

Michael Del Re, III · Financial Network Limited Page 9

Nate Dougall · Netherby Advisors Laura Drynan · Bourgeon Capital Management

Valerie B. Dugan · Morgan Stanley *Page 15*

Lindsey Scott Ferguson · Wells Fargo Advisors

Diane K. Fisher · Raymond James & Associates

Darrell Fox · Ameriprise Financial Services, Inc.

Kevin Fretz · LPL Financial

Jason Giordano · LPL Financial

Douglas M. Gordon · New England Financial Group Page 17

Carol Hopkins · Barnum Financial

Group Page 16
Glenn Hottin · Wealth Management
Advisers

Danielle Houle · LPL Financial

Patricia Kane Gibeley · Ameriprise Financial Services, Inc. Page 20

Geoffrey Kanner · Kanner Financial Services

Thomas D. McCandless
• Ameriprise Financial Services, Inc.
Page 17

Steven T. Norris · Wells Fargo Advisors

Page 17

Arthur D. Norton · Araglan Capital Management, LLC Page 18

Scott Panza · Barnum Financial Group Raymond R. Perry · Infinex Financial Group

David Primozich · Stone Arch Wealth Advisors Page 15

Kusum Ramchandani \cdot LPL Financial

Alan M. Rothstein · Asset Strategies, Inc. Page 6

Dominic Schioppo · New England Financial Group

Steve Sherman \cdot Morgan Stanley

James Michael Sullivan · Essex Financial Services

Kevin F. Sullivan · LPL Financial/Webster Investments

Brendan Toomey · Toomey Investment Management, Inc. Page 11

Grant H. Ulrick · Stratos Wealth
Partners Page 13

John Zaro, III · Bourgeon Capital Management



Mangs Financial, LLC



Left to right: Adam Mangs, CFP®, CLU®, ChFC®; Six-year winner David A. Mangs, Ph.D., CLU®, ChFC®

Mangs Financial, LLC

We Have a Sincere Concern for Our Clients' Financial Well-Being as We Prepare and Guide Them Through Life's Transitions

After more than three decades of operation, Mangs Financial, LLC remains committed to helping clients work toward achieving their unique goals and objectives while addressing their financial concerns and opportunities through honest, objective, independent and professional financial advice. We offer cost-effective, personalized service that exceeds client expectations. In retirement planning, we seek to provide lifetime income, indexed for inflation that we plan for sustaining both your standard of living and the quality of your lifestyle. We have a sincere concern for our clients' financial well-being as we prepare and quide them through life's transitions.

>>> Retirement and lifestyle income planning

Estate and legacy planning

Investment planning, asset allocation, portfolio monitoring and review

CONTACT

David A. Mangs, Ph.D., CLU®, ChFC® 4 Forest Park Drive • Farmington, CT 06032 Phone: 860-677-7720 • Fax: 860-677-7706 david@mangsfinancial.com • www.mangsfinancial.com

Award based on 10 objective criteria associated with providing quality services to clients such as credentials, experience, and assets under management among other factors.

Wealth managers do not pay a fee to be considered or placed on the final list of 2013 — 2018 Five Star Wealth Managers.

Securities and advisory services offered through LPL Financial, a registered investment advisor, Member FINRA/SIPC.

Wealth Manager Award Winner

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria. – required: 1. Credentialed as a registered investment adviser or a spincipal of a registered place and complaints with any regulatory authority or complaints fled against them and/or a total of five settled, pending, diskinsted of revoked, or payment of a fine; B. Had more than a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a regulatory authority or complaints fled against them and an adaptive five feed from a financial settlement of a customer complaint process. Unfavorable feedback may have been discovered from



Financial Network Limited



Left to right: Standing: M.J. Hoyt; Sarah Reuning; Jennifer Embriano; Joanna Szczubelek; Judy Wallace; Cara Hoyt
Seated: Three-year Michael Del Re, Jr., ChFC®, CLU®, AIF®; Five-year winner Michael Del Re, III, ChFC®, REBC®, AIF®; Six-year winner Robert Pascarell, Sr., AIF®

Independence • Insight • Integrity

FNL was founded to provide personalized investment strategies for individuals, families and distinctive employee benefit programs for employers. Nearly 30 years later, we remain an independent, family-owned firm with the same mission and commitment — to provide comprehensive and innovative solutions with the highest levels of professionalism and integrity.

We assist plan sponsors in the design and implementation of their benefit programs, as well as the efficient and effective management of their fiduciary responsibility with respect to ERISA and the Pension Protection Act. We are proud to have been operating in a fully feedisclosed manner for more than 10 years — well before fee disclosure and fiduciary conduct were mandated by law.

Our individual wealth management clients benefit from the formalized portfolio construction and review processes developed over the years for our retirement plan sponsors. By taking advantage of lessons learned from past experiences and really listening to our clients' needs, we are able to deliver objective advice and solutions that help our clients achieve their financial goals.

Solid, stable and committed to our clients, FNL has proven that quality and service, along with a commitment to excellence, are the standards of our business practice.



Employee Benefits, Investments & Insurance

>>> 401(k) and other employer-sponsored retirement plans

Wealth management, financial and retirement planning for individuals and families

Fiduciary responsibilities and best practices

CONTACT

26 Cherry Street • Milford, CT 06460 Phone: 203-878-8194 www.fnlonline.com

Securities offered through Registered Representatives of Cambridge Investment Research, Inc., a Broker/Dealer, member FINRA/SIPC.
Advisory services offered through Cambridge Investment Research Advisors, Inc., a Registered Investment Advisor. Cambridge & Financial Network Limited are not affiliated.

Wealth Manager Award Winner

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria — required: 1. Credentialed as a registered investment adviser or a registered investment adviser or as a principal of a registered investment adviser or as a principal of a registered investment adviser for a minimum of 5 years; 3. Favorable regulatory and complaint history review (As defined by Five Star Professional, the wealth manager has not; A. Been subject to a regulatory authority or Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process; feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process; feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered minimal professional services firm within the past 11 years; E Been convicted of a felony); L. Filled their merive makes administered by Five Star Pulled their merive based on internal standards; S. Accretion non-discretionary aldory client assets administered by L. Fullified their firm review based on internal standards; S. Accretion non-discretionary aldory client assets administered by L. Fullified their firm review based on internal standards; S. Accretion non-discretionary aldory client assets adm



Joan M. Valenti

CERTIFIED FINANCIAL PLANNER™



Seven-year winner Joan M Valenti, CFP®



Joan Valenti, founder of Valenti Wealth Management, LLC, has been providing financial guidance for experienced investors since 1982. She leads an experienced team that specializes in helping clients pursue their retirement goals and distribute their assets in a tax-efficient manner. They focus on wealth accumulation and preservation from generation. Joan and her team understand the importance of providing dependable, trustworthy and objective advice through LPL Financial. They listen carefully to their clients' needs, identify the best options for their unique circumstances and guide them along the path of financial well-being. In March 2018, Joan was recognized as one of America's top 1,200 Financial Advisors in *Barron's* magazine for the third year in a row. This award is based on assets under management, revenue produced for the firm, regulatory record, quality of practice and philanthropic work.

Our mission and our promise is to help you grow and protect your assets by providing caring, personal service, in-depth knowledge and objective financial strategies.

Because Trust and Independence Matter

HIGHLIGHTS

>>> Independent and objective financial strategies

>>> Exceptional service for long-lasting relationships

Personalized approach to building and preserving wealth

CONTACT

Three Forest Park Drive • Farmington, CT 06032 Office: 860-677-7790 joan.valenti@valentiwealthmanagement.com www.valentiwealthmanagement.com

Award based on 10 objective criteria associated with providing quality services to clients such as credentials, experience, and assets under management among other factors.

Wealth managers do not pay a fee to be considered or placed on the final list of 2012 — 2018 Five Star Wealth Managers.

Securities and advisory services offered through LPL Financial, a registered investment advisor, Member FINRA/SIPC.

Wealth Manager Award Winner

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria. Eligibility criteria. Engipher of the Star Vealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria. Eligibility criteria. Eligibility criteria. Engipher of the Star Professional is a principal of a registered investment adviser or an animum of 5 years, 3. Favorable regulatory and complain fished against them and/or a total of five settled, pending, official sensitive of provided, or professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints fleed against them and/or a total of five settled, pending, official settled complaints with any regulatory authority or Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered fire settled or professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered fire through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered fire through Five Star Professional is extended to a financial settlement of a customer complaint process. Unfavorable feedback may have been discovered through five Star Professional or new feedback may have been discovered through five Star Professional consumers and the settled or promotional professional settlement of a customer complaint pro



Brendan Toomey

President



Left to right: Austin Toomey; Seven-year winner Brendan Toomey, CFP®, President; Tammy St. Pierre

Toomey Investment Management, Inc.

An Independent Firm With a Generation of Experience to Invest in Your Family

Brendan Toomey, founder and president of Toomey Investment Management, Inc., has been working with the public since 1986. That experience has enabled an incredible sense of understanding what you truly want, need and expect. As an independent firm, we have developed a commission-free system of asset management, which we feel is contrary to traditional, buy-and-hope investing. Through our proprietary, risk-based models, we review each account daily. This platform enables our objective of treating each client fairly and equally in pursuit of the best possible results.

Brendan Toomey, Certified Financial Planner™

More than 27 years of investment experience and 24 years of tax preparation experience

>>> Financial author and seminar speaker

CONTACT

420 Center Street, Suite 1 Wallingford, CT 06492 Office: 203-949-1710 b2mee@toomeyinvest.com www.toomeyinvest.com

FOLLOW

@ToomeyInvest #toomeyinvest #LearntheLoop

Securities offered through Leigh Baldwin & Co., LLC. Member FINRA/SIPC.

Wealth Manager Award Winner

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria. Eligibility criteria. Engistered investment adviser or as a principal of a registered investment adviser for no replaced on 10 objective criteria. Eligibility criteria. Eligibility





Left to right: Gina Lariccia; Hollis Nyden; Seven-year winner Lori R. Price, CFP®; Two-year winner Emily S. Boothroyd, CFP®; Karen Scott

Price Financial Group, LLC

Lori R. Price

CFP®

HIGHLIGHTS

>>> Guiding our clients through life's transitions

Developing customized strategies to fit our clients' needs

Life is full of unique challenges. At Price Financial Group, we provide a caring, comfortable atmosphere for our clients. Whether you are working through a divorce, the loss of a loved one or dealing with the challenges that accompany retirement, we are ready to guide you through the process, helping you to confidently pursue financial independence.

At Price Financial Group, we are committed to guiding and empowering you to make knowledgeable decisions as we collaborate in pursuit of your personal goals, your financial well-being and the welfare of the people and causes most important to you.

 $43 \ Danbury \ Road \bullet Wilton, CT \ 06897 \bullet Office: 203-762-8499 \bullet lprice@pricefinancialgroup.com \bullet www.pricefinancialgroup.com$

Securities offered through LPL Financial, Member FINRA/SIPC. Investment advice offered through Private Advisor Group, a registered investment advisor. Private Advisor Group and Price Financial Group are separate entities from LPL Financial.

Wealth Manager Award Winner



Left to right: Seven-year winners Daryl LePage, CFP® and Mark Fezza, CFP®, MBA



Daryl LePage • Mark Fezza

>>> Independent advice from independent advisors

Wealth building strategies with an emphasis on protection

Distribution planning with the goal of sustaining your desired lifestyle

Brook Wealth Management's mission is to enrich its clients' lives by empowering them to make wise and prudent financial decisions through a process of consultation, education and continual guidance.

Utilizing their five-point approach to wealth management, Daryl and Mark are able to offer creative strategies to life's complicated issues.

Honored by this award, Daryl and Mark would like to thank their clients for their continued trust and confidence.

CONTACT 1090 Elm Street, Suite 102 • Rocky Hill, CT 06067 • Phone: 860-257-8688 info@brookwealth.com • www.brookwealth.com

FOLLOW @BrookWealthMgt

Daryl LePage and Mark Fezza are Registered Representative with, and securities offered through LPL Financial, member FINRA/SIPC. Financial planning offered through Brook Wealth Management, LLC, a registered investment advisor and a separate entity from LPL Financial.

Wealth Manager Award Winner

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria — required: 1. Credentialed as a registered investment adviser or as a principal of a registered investment adviser for a principal of a registered investment adviser for a minimum of 5 years; 3. Favorable requisitory and complaint history review (As defined by Five Star Professional), the wealth manager has not, A. Been subject to a registered investment adviser for a minimum of 5 years; 3. Favorable requisitory and complaint history review (As defined by Five Star Professional) and complaints filed against them and/or a total of five settled, pending, dismissed or denied complaints with any regulatory of revoked, or paginatist process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints, been climitated of any paginate of any

>>> WEALTH MANAGERS >>>



Left to right: Seated: Monty "Tyler" Dobbins; Holly Wheway Standing: 2012 – 2014 and 2016 – 2018 winner Grant H. Ulrick



Grant H. Ulrick

CAP®, CLU®, CFP®, Wealth Advisor, Partner

>>>

Asset management, retirement, insurance and planned giving



Comprehensive financial planning and estate planning

Grant has over 21 years' experience in the financial services industry, and he uses a comprehensive, goals-based approach to helping his clients seek their financial dreams. Grant engages strategies designed to help clients maximize their retirement income and pass wealth on to their families and favorite charities. A strong focus on Social Security and Medicare planning allows him to bring confidence into his clients' retirement years.

"Asset management is only part of what we do; it is also dealing with all the nuances that effect a client's life, income and happiness that make the difference." — Grant H. Ulrick

Danbury, CT 06810 • Meriden, CT 06450 • Scottsdale, AZ 85254 Phone: 203-617-1501 • gulrick@stratoswp.com • www.grantulrick.com

Securities offered through LPL Financial, member FINRA/SIPC. Investment advice offered through Stratos Wealth Partners, LTD., a registered investment advisor and a separate entity from LPL Financial.

Wealth Manager Award Winner



Left to right: Five-year winner Simone Gladstone, CFP®, Financial Advisor; Lynn Cravinho, Financial Advisor, J.D., CPA

Compass Rose Strategic Partners LLC

Simone Gladstone

CERTIFIED FINANCIAL PLANNER™, Financial Advisor

HIGHLIGHTS

Charting a course for your financial future



Guiding clients through rough seas

We are a unique team of women financial advisors with more than 45 years of combined experience in financial, retirement and estate planning. We take the time to listen to our clients, care for their needs and put their overall financial interests first. Our team is committed to being straightforward while working hard to create a plan and chart a personalized course to assist clients in achieving their goals. Our methodology helps keep clients on track through all of the challenges in life as well as the ever-changing financial markets.

CONTACT

426 Boston Post Road, Suite A • Waterford, CT 06385 • Phone: 860-437-7600 simone@compassrsp.com • www.compassrosestrategicpartners.com

F0LL0W

Twitter: @CompassRoseSP Linkedin.com/in/simone-gladstone-3b60b716

Securities offered through Triad Advisors, Member FINRA and SIPC. Investment Advisory Services offered through Compass Rose Strategic Partners LLC. Triad Advisors and Compass Rose Strategic Partners LLC are not affiliated.

Wealth Manager Award Winner

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria — required: 1. Credentialed as a registered investment adviser or a registered investment adviser or as a principal of a registered investment adviser or as a principal of a registered investment adviser for a minimum of 5 years; 3. Favorable regulatory and complaint history review (As defined by Five Star Professional, the wealth manager has not; A. Been subject to a regulatory authority or Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process; feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process; feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered minimal professional services firm within the past 11 years; E Been convicted of a felony); L. Filled their merive makes administered by Five Star Pulled their merive based on internal standards; S. Accretion non-discretionary aldory client assets administered by L. Fullified their firm review based on internal standards; S. Accretion non-discretionary aldory client assets administered by L. Fullified their firm review based on internal standards; S. Accretion non-discretionary aldory client assets adm





Left to right: Seven-year winner Paul J. Mariano, MSFS, CLU®, ChFC®; Jeff Sobon; 2018 winner Jason Castaldi



Paul J. Mariano

MSFS, CLU®, ChFC®, CLTC®

- >>> Risk management and insurance
- >>> Retirement planning and investments
- >>> Fee-based financial planning

There's more than one way to the top; because your goals are as unique as you are, a one-size-fits-all approach rarely fits, and you want to blaze your own path.

We've long challenged the assumption that technical knowledge alone is enough to serve a client's needs. Instead, we've built a team of insurance experts and financial advisors who can supplement that knowledge with their broad-ranging, real life experiences. By looking at things a little differently, we're able to offer, and gain, the insights we feel are necessary to build relationships rooted in understanding and trust.

555 Heritage Road, Suite 204 • Southbury, CT 06488
Phone: 203-262-1575 • pjmariano@charteroakfinancial.com • www.pjmariano.com

Paul J. Mariano is a registered representative of and offers securities, investment advisory and financial planning services through MML Investors Services, LLC, Member SIPC. Supervisory Office: 2321 Whitney Avenue, Suite 402 Hamden, CT 06518, Tel: 203-288-5700. MassMutual Financial Group is a marketing name for Massachusetts Mutual Life Insurance Company (MassMutual) and its affiliated companies and sales representatives.

Wealth Manager Award Winner

YEAR WINNER

Seven-year winner Thor Cheyne

Medallion Wealth Advisors, LLC

Helping Clients Build and Protect Wealth

The mission of Medallion Wealth Advisors is to provide an environment where individual investors receive the same level of professional management and service as do larger institutional investors. Our firm adheres to the traditional ideals of knowledge, integrity, responsiveness and objectivity. We pledge to always place our clients' best interests ahead of our own.

HIGHLIGHTS

>>> Asset allocation and investment management

Retirement and cash flow strategies for individual investors and nonprofit organizations



Two Bridgewater Road, Suite 104 • Farmington, CT 06032 Office: 860-967-3032 thor.cheyne@medallionwealth.com • www.medallionwealth.com

Securities offered through American Portfolios Financial Services, Inc. (APFS) Member FINRA/SIPC. Investment advisory services offered through Medallion Wealth Advisors, LLC are not affiliated with APFS.

Wealth Manager Award Winne

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria. Eligibility criteria. Engipher of the september of a principal of a registered investment adviser or a principal of a registered investment adviser or an information and complains filed against them and/or a total of five settled, pending, official settled complaints with any regulatory authority or Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints fled against them and/or a total of five settled, pending, official settlement of a customer complaint process. Unfavorable feedback may have been discovered through a check of complaints projects and internal standards; 5.2 Accepting the settled of a felony); 4. Fulfilled their firm review based on internal standards; 5.2 Accepting new clients. Evaluation criterial—considered: 6.0 ne-year client retention rate; 7. Five-year client retention rate; 8. Non-institutional discretionary and/or non-discretionary discretionary discretionary and/or non-discretionary di





Left to right: Christopher Cardenas, Account Manager; Elsy Primozich, Director — Client Operations; Six-year winner David Primozich, Financial Advisor, Founder



1781 Highland Avenue, Suite 208 • Cheshire, CT 06410 Office: 860-835-ARCH (2724) 78 Beaver Road, Suite 2C • Wethersfield, CT 06109 www.stonearchwealth.com

David Primozich

CFP®, ChFC®, CLTC®, AIF®

- Independent RIA firm providing customized financial life management
- >>> Highly credentialed with over 20 years' experience
- Extensive knowledge of the Connecticut Teachers'
 Retirement Board system
- >>> Objective advice by a fiduciary

David Primozich, founder of Stone Arch Wealth Advisors, and his team help clients in all aspects of their financial lives. This begins with a comprehensive, individualized analysis that's used to develop a customized plan addressing client priorities, retirement goals and estate planning concerns. Going forward, client portfolios are monitored and updated along with the plan through regular face-to-face meetings. It's a personalized approach that combines genuine care with exceptional credentials.

Stone Arch Wealth Advisors, LLC is a registered investment advisor. This document is intended to provide general information about the Advisor. It is not intended to offer investment advice. Contact us for further information regarding investment products and services.

Wealth Manager Award Winner



Left to right: Seven-year winner Valerie B. Dugan, Senior Vice President, Financial Advisor, CFP®;
Christina Esposito, Senior Registered Associate

Morgan Stanley

Valerie B. Dugan

Financial Advisor, Senior Vice President, CFP®

Comprehensive Wealth Management

- >>> Experience, knowledge and commitment to service
- More than 30 years of experience
- More than 60 percent of clients served for 10-plus years

Since 1987, my practice has been built on the foundation of personal relationships and the ultimate goal of seeking to do what is best for each client. My staff and I seek to deliver world-class service and diligently work to uncover strategies to coordinate and connect the many aspects of a client's financial life. We will help you navigate the financial markets and stay on course so that you may ultimately achieve your goals and objectives. Valerie Dugan, Five Star Wealth Manager, 2012 – 2018.

Citiplace I, 185 Asylum Street, 21st Floor • Hartford, CT 06103 Office: 860-275-0779 • valerie.b.dugan@morganstanley.com • fa.morganstanley.com/valerie.b.dugan

Certified Financial Planner Board of Standards Inc. owns the certification marks CFP®, CERTIFIED FINANCIAL PLANNER™ and federally registered CFP (with flame design) in the U.S. which it awards to individuals who successfully complete CFP Board's initial and ongoing certification requirements. ©2018 Morgan Stanley Smith Barney LLC. Member SIPC. CRC 2277430 10/18.

Wealth Manager Award Winner

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria — required: 1. Credentialed as a registered investment adviser or a registered investment adviser or as a principal of a registered investment adviser or as a principal of a registered investment adviser for a minimum of 5 years; 3. Favorable regulatory and complaint history review (As defined by Five Star Professional, the wealth manager has not; A. Been subject to a regulatory authority or Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process; feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process; feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered minimal professional services firm within the past 11 years; E Been convicted of a felony); L. Filled there is a few forms a few forms and a few forms and



Carol Hopkins

Financial Advisor



BARNUM

45 Glastonbury Boulevard, Floor 1 Glastonbury, CT 06033 Cell: 860-575-0183 Office: 860-380-2680 chopkins@barnumfg.com www.carolchopskins.com

Investment Advisor Representative

- · Special care planner for pension alternatives
- · Risk management and long-term care

Carol's mission is to help individuals develop financial objectives and achieve those objectives through various financial products and investment services. As one of Carol's clients, you will receive personalized advice and recommendations to address your specific needs. Carol specializes in wealth management, tax strategies, estate strategies, special care planning and pension maximization. Carol also has experience with Connecticut teachers' retirement system. Her focus is on your financial needs now and in the future. Carol is a 2014 – 2018 Five Star Wealth Manager.

Carol Hopkins is a registered representative of and offers securities and investment advisory services through qualified registered representatives of MML Investors Services, LLC. Member SIPC. 6 Corporate Drive, Shelton, CT 06484, Tel: 203-513-6000. CRN202009-236893.

Wealth Manager Award Winner

Sophie Stevens

Financial Advisor, Vice President





981 Hopmeadow Street Simsbury, CT 06070 Phone: 860-408-5678 sophie.stevens@lpl.com SimsburyBank.com/investment

Personal Guidance for Your Personal Goals

- · Retirement planning
- Financial planning
- · Personalized strategies

Since 2000, through SBT Investment Services, Inc., I've been providing financial guidance for individuals, families and businesses at community-based Simsbury Bank. My focus is providing personalized advice with in-depth experience to create a customized financial plan for your needs and goals. Dependable, objective research with financial options and strategies are provided through LPL Financial, our partner for more than a decade.

Not FDIC-Insured, No Bank Guarantee, Not a Deposit.
Securities offered through LPL Financial, Member FINRA/SIPC.
Insurance products offered through LPL Financial or its licensed affiliates.

Wealth Manager Award Winner

Roberta L. Nestor

Director — Asset Management



Nestor Financial Network

491 New Haven Avenue Milford, CT 06460 Phone: 203-876-8066 roberta@nestorfinancial.com www.nestorfinancial.com

Charting the Course for Your Financial Future

- · Investment management
- · Retirement income planning
- Estate and long-term care

Building long-term relationships is a priority at Nestor Financial. We start the journey by taking the time to listen to and understand each of our clients personally. For more than 30 years, our clients have looked to us for financial direction. We recognize that each person's situation is different, so we develop a financial plan that focuses on helping you accomplish your personal goals. Our mission is to help protect and maintain the quality of your financial life and legacy.

Lic. 1262376. Securities and advisory services offered through Commonwealth Financial Network, member FINRA and SIPC, a registered investment advisor.

Wealth Manager Award Winner

Gary J. McDonagh

Wealth Manager/Investment Professional, AIF®, MBA



Commonwealth Financial Network

238 Monroe Turnpike, Suite C-1 Monroe, CT 06468 Office: 203-261-3535 gmcdonagh@commonwealthmonroe.com www.commonwealthmonroe.com

> Planning for Your Future and Beyond

- · Objective-driven financial strategies
- · Focus on personal values and goals
- · Simplified solutions to complex problems

Thank you to our clients for their continued support and trust in our services throughout the years. Our business is based on an independent, client-centered approach that is the cornerstone of our practice. The open communication we have with our clients allows us to build personalized strategies tailored to meet individual client needs. I am honored and grateful to receive this recognition for the seventh year in a row!

Securities and Advisory Services offered through Commonwealth Financial Network, Member FINRA/SIPC, a Registered Investment Adviser.

Wealth Manager Award Winner

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria — required: 1. Credentialed as a registered investment adviser or as a principal of a registered investment adviser for a minimum of 5 years; 3. Favorable requisitory and complaint history review (As defined by Five Star Professional), the wealth manager has not, A. Been subject to a registered investment adviser for a minimum of 5 years; 3. Favorable requisitory and complaint history review (As defined by Five Star Professional, the wealth manager has not, A. Been subject to a registered investment adviser for a minimum of 5 years; 3. Favorable requisitory and complaint history review (As defined by Five Star Professional) and complaints filed against them and/or a total of five settled, pending, dismissed or denied complaints with any regulatory of the settled or pending complaints fleed against them and/or a total of five settled, pending, dismissed or denied complaints with any regulatory authority or Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint in the past 11 years, E. Been terminated form a financial settlement in the past 11 years, E. Been terminated form a financial set review from a financial set in the form a financial set review from a financial set review fro



Douglas M. Gordon

Investment Advisor Representative, Financial Advisor





AN OFFICE OF BAYSTATE FINANCIA

65 LaSalle Road, Suite 200 West Hartford, CT 06107 Office: 860-313-4814 douglasgordon@baystatefinancial.com

Personalized Client Service

- · Comprehensive investment and insurance strategies tailored to you
- Estate and wealth preservation strategies
- · Million Dollar Round Table member, NAIFA member

Over the past 30 years, Doug has developed extensive experience in the areas of investment, retirement planning and education funding strategies, as well as corporate benefits, while coordinating estate conservation analysis. Doug is committed to developing and maintaining long-term relationships.

Douglas M Gordon is a registered representative of and offers securities and investment advisory services through MML Investors Services, LLC. Member SIPC. New England Financial Group is not a subsidiary or affiliate of MML Investors Services, LLC, or its affiliated companies. 200 Clarendon Street, 19th and 25th Floors, Boston, MA 02116. Phone: 617-585-4500. CRN 202010-238343.

Wealth Manager Award Winner

Steven T. Norris

Senior Financial Advisor, Senior Vice President — Investments





ADVISORS

90 State House Square, Floor 11 Hartford, CT 06103 Cell: 860-810-4088 Office: 860-692-7212 steven.norris@wellsfargo.com

Committed to My Clients

- Personal, professional, caring and experienced advice and guidance
- · Tailored services and integrated strategies

I would like to thank our clients for their continued trust and confidence. Our team focuses on understanding our clients' specific needs, goals and objectives. Our advice and guidance assist clients in making informed financial decisions. Our focus is on preservation of assets as well as the long-term growth of those assets. We develop portfolios that are customized both strategically and tactically. We are committed to our clients. Give me a call to discuss your financial future today.

NOT FDIC-Insured NO Bank Guarantee MAY Lose Value

Wells Fargo Advisors is a trade name used by Wells Fargo Clearing Services, LLC, Member SIPC, a registered broker-dealer and non-bank affiliate of Wells Fargo & Company. [CAR 1018-04678].

Wealth Manager Award Winner

Thomas D. McCandless

Financial Advisor, CFA®





41 West Putnam Avenue Greenwich, CT 06830 Office: 203-302-6741 thomas.d.mccandless@ampf.com www.ameripriseadvisors.com/ thomas.d.mccandless

When You Have the Right Advisor, Life Can Be Brilliant

- · 22 years of experience
- Five Star Wealth Manager, 2017 and 2018
- · Retirement planning and investment management

What matters the most to you in life? It's a big question, and it's one of the many questions I will ask to better understand you, your goals and your dreams. I may ask questions that other financial advisors won't. Why? Because your vision of the future is unique and I am committed to helping you achieve it. Contact me to start developing a personalized financial plan that can help you gain the confidence to focus on what matters to you. I'm here to help you live the live you've earned.

Investors should conduct their own evaluation of a financial professional as working with a financial advisor is not a guarantee of future financial success. Ameriprise Financial Services, Inc., Member FINRA and SIPC.

Wealth Manager Award Winner

Robert Worrell

Financial Advisor



Worrell Advisory Services

202 South Montowese Street, Suite 4 Brandford, CT 06405 Cell: 203-506-0055 Office: 203-315-1059 rob⊘worrelladvisory.com

Constant Commitment to Providing Exceptional Service

- 2018 Five Star Wealth Manager
- Over 20 years' experience
- · Conducts seminars on estate and retirement planning
- · Helps clients invest conservatively

Rob helps his clients, made up of affluent individuals, professionals and retirees, invest conservatively, minimize tax liabilities, get appropriate insurance protection and plan for the efficient transfer of their wealth. He strives to assess his clients' short-term needs, long-term goals and risk tolerance in order to design and implement a financial plan to achieve the clients' stated objectives. He provides ongoing client support through professional portfolio management, timely account updates and current market analysis.

Wealth Manager Award Winner

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria — required: 1. Credentialed as a registered investment adviser or a registered investment adviser or as a principal of a registered investment adviser or as a principal of a registered investment adviser for a minimum of 5 years; 3. Favorable regulatory and complaint history review (As defined by Five Star Professional, the wealth manager has not; A. Been subject to a regulatory authority or Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process; feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process; feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered minimal professional services firm within the past 11 years; E Been convicted of a felony); L. Filled there is a few forms a few forms and a few forms and



Arthur D. Norton

Managing Director



Araglan Capital Management, LLC

- Five Star Wealth Manager, 2013 and 2018
- Registered Investment Advisor
- 35 years as an investment advisor

We work to serve clients to identify and to quantify investment goals and objectives, and performance and results are monitored continuously. Our investment focus is a proprietary investment model to realize a total return from a diversified equity portfolio, mostly large capitalization companies, and investment grade government and corporate debt issues. Our core principles are to preserve client capital with value strategies for the long term.

One Landmark Square, Suite 801 • Stamford, CT 06901 • Office: 203-323-2691 Cell: 203-253-9210 • bafsi@aol.com • www.araglancapitalmanagement.com

Wealth Manager Award Winne

Joan Kenney-Romano

CFP®, CLTC®, Private Wealth Advisor





2425 Post Road, Suite 302 Southport, CT 08890 Office: 203-222-4994 Joan.M.Kenney-Romano@ampf.com www.joankenneyromano.com

Over 39 Years of Experience

- Helping you build a Confident Retirement®
- · Plan for the unexpected

You have worked hard to achieve success. Ameriprise Private Wealth Advisor Joan Kenney-Romano has the qualifications and experience to help you grow and preserve your wealth. For investment management, retirement and estate planning strategies, she will apply her knowledge and commitment to helping you manage your financial needs.

Investors should conduct their own evaluation of a financial professional as working with a financial advisor is not a guarantee of future financial success. The Confident Retirement® approach is not a guarantee of future financial results. Ameriprise Financial Services, Inc., Member FINRA and SIPC.

Wealth Manager Award Winner

Bonnie J. Hill

Financial Advisor, CFP®, CPA





2425 Post Road, Suite 100 Southport, CT 06890 Office: 203-292-9163 bonnie⊘hillfs.com

Objective Advice With a Personal Touch

 Certified Financial Planner[™] professional Certified Public Accountant
 CPA

Bonnie's true passion and purpose revolve around helping others succeed. Her communication and education skills help her explain complex investment and tax strategies to people from all walks of life. Rather than seeing finances as a cause for concern, she helps clients see the good and manage the not-so-good when objectively reviewing assets. Bonnie is skilled in strategic financial planning, asset management, tax planning and estate planning. Contact Bonnie today for advice on how to reach your financial goals.

Registered Representative, Securities offered through Cambridge Investment Research, Inc., a Broker/Dealer, Member FINRA/SIPC, and Investment Advisor Representative, Cambridge Investment Research Advisors, Inc., a Registered Investment Advisor. Hill Financial Services PC and Cambridge are not affiliated. Tax services offered through Hill Financial Services, PC.

Wealth Manager Award Winner

Cheryl Chapis

Financial Advisor, CFP®





53 Linwood Street Bristol, CT 06010 Office: 203-732-5161 cheryl.m.chapis⊘ampf.com www.ameripriseadvisors.com/cheryl.m.chapis

Prepare for the Expected
— and the Unexpected

- Certified Financial Planner[™] professional
- Certified Kingdom Advisor®
- 24 years' experience

The future looks brighter when you're more prepared. Cheryl serves the financial needs of the Christian community and can help you plan for your financial goals in a way that's consistent with biblical principles of stewardship. Cheryl can help you find ways to do more for yourself, your family and the causes that are important to you.

Investors should conduct their own evaluation of a financial professional as working with a financial advisor is not a guarantee of future financial success. Ameriprise Financial Services, Inc., Member FINRA and SIPC. Ameriprise Financial is not affiliated with any religion or faith-based financial advisor organization. Certified Financial Planner Board of Standards Inc. owns the certification marks CFP®, CERTIFIED FINANCIAL PLANMEN® and federally registered CFP (with flame design) in the U.S.

Wealth Manager Award Winner

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria — required: 1. Credentialed as a registered investment adviser or as a principal of a registered investment adviser for a minimum of 5 years; 3. Favorable requisitory and complaint history review (As defined by Five Star Professional), the wealth manager has not, A. Been subject to a registered investment adviser for a minimum of 5 years; 3. Favorable requisitory and complaint history review (As defined by Five Star Professional, the wealth manager has not, A. Been subject to a registered investment adviser for a minimum of 5 years; 3. Favorable requisitory and complaint history review (As defined by Five Star Professional) and complaints filed against them and/or a total of five settled, pending, dismissed or denied complaints with any regulatory of the settled or pending complaints fleed against them and/or a total of five settled, pending, dismissed or denied complaints with any regulatory authority or Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint in the past 11 years, E. Been terminated form a financial settlement in the past 11 years, E. Been terminated form a financial set review from a financial set in the form a financial set review from a financial set review fro

James R. O'Donnell, Jr.

Registered Principal



T LPL Financial

- · Wealth management
- · Retirement planning
- · Portfolio design
- Insurance

Jim has nearly 30 years of experience serving the greater New Haven area. He strives to give personalized advice with an easy-to-understand approach. He offers free initial consultation, and thanks his clients for the trust they have placed in him over the years.

35 Porter Avenue, Suite 2C • Naugatuck, CT 06770 Office: 203-562-5602, Ext. 11 • Cell: 203-494-1096 • james.odonnell@lpl.com

Securities and Advisory Services offered through LPL Financial, a Registered Investment Advisor, member FINRA/SIPC.

Wealth Manager Award Winner

Michael J. Lehrhaupt

President, CEO





100 Beard Saw Mill Road Shelton, CT 06484 Office: 203-372-4442 Michael@strategies4retirement.com www.strategies4retirement.com

Educational Seminars Offered Throughout Connecticut

- · Safety first
- · Reasonable rate of return over time
- Keep it simple
- · Office locations in Shelton, Brookfield, Rocky Hill, Westport and Hamden

Since 1998, Michael J. Lehrhaupt has been helping clients protect their assets and income against any risks they may face in retirement. Michael, along with his staff, are committed to providing the highest level of service and guidance to their clients through developing holistic financial plans for retirement.

Advisory services offered through MJL Wealth Management, LLC, a Registered Investment Advisor in the State of Connecticut. Insurance products and services are offered through Strategies for Retirement, LLC., and affiliated company. Guarantees are backed by the financial strength and claims paying ability of the issuing insurance company.

Wealth Manager Award Winner

Karl M. Anderson

CPM®, Vice President, Senior Portfolio Manager, Financial Advisor



Morgan Stanley

90 Grove Street, Suite 204 Ridgefield, CT 06877 Direct: 203-894-3037 Toll-free: 844-795-3182 karl.m.anderson@morganstanley.com fa.morganstanley.com/karl.m.anderson

Experience, Intellectual Capital and Dedicated Service

- . Certified Financial Planner™ professional
- · Portfolio Management Group member
- Financial planning specialist

As your financial advisor, I can help you define and strive to meet your goals by delivering a vast array of resources to you in the way that is most appropriate for how you invest and what you want to achieve. By working together, I can help you preserve and grow your wealth. You will have access to some of the world's most seasoned and respected investment professionals, a premier trading and execution platform and a full spectrum of investment choices.

©2018 Morgan Stanley Smith Barney LLC. Member SIPC.

Wealth Manager Award Winner



Hal D. Guy

Founder, Managing Principal, CFP®, ChFC®, CLU®, CRPC

STONE CASTLE

41-C New London Turnpike Glastonbury, CT 06033 Office: 860-780-9970 Hal.Guy@lpl.com www.stonecastle360.com

Hal employs a fully integrated framework to wealth planning for successful executives, affluent individuals and business owners. Hal's

process-driven, holistic approach provides a global view of each client's financial condition and planning issues. 2012 – 2018 Five Star Wealth Manager.

Securities offered through LPL Financial. Member FINRA/ SIPC. Investment advice offered through Private Advisor Group, a registered investment advisor. Private Advisor Group and StoneCastle Consulting are separate entities from LPL Financial.

Wealth Manager Award Winner



Matthew R. Christopher

CFS®, Managing Member



63 Agerola Road Durham, CT 06422 Direct: 860-349-3826 matthew.christopher@lpl.com www.fbuct.com

Since 1976, Financial Benefits Unlimited, LLC has been helping individuals, families and small businesses simplify the complexity of managing their wealth. Matthew specializes in retirement income planning, estate planning strategies, distribution and strategic wealth management.

Securities and Advisory services offered through LPL Financial, a Registered Investment Advisor, Member FINRA/SIPC.

ealth Manager Award Winner

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria — required: 1. Credentialed as a registered investment adviser or a registered investment adviser or a registered investment adviser or as a principal of a registered investment adviser from for a minimum of 5 years; 3. Favorable regulatory and complaint history review (As defined by Five Star Professional), the wealth manager has not a. Been subject to a regulatory action that resulted in a license being suspended or revoked, or payment of a fine; B. Had more than a total of three settled or pending complaints filed against them and/or a total of five settled, pending, dismissed or denied complaints with any regulatory and total performance or more plaints process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process; feedback may not be representative of any one clients' experience; C. Individually contributed to a financial settlement of a customer complaint, D. Filed for personal bankuptcy within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; F. Been convicted of one Peyar client retention arter. S. Non-institutional discretionary and/or non-discretionary discretion and professional designations. Wealth managers on one advantages and professional designations. Wealth managers on any early a few parts of the services firm within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; F. Been convicted of one fellomy); 4. Fulfilled their firm review based on internal standards; 5. Acception place of one financial settlement of a customer complaint; b. Filed for personal participation are a few pasts of the past of the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. B





Mark White

Financial Advisor



250 State Street, Suite J2 North Haven, CT 06473 Phone: 203-407-8189 mark.j.white@ampf.com ameripriseadvisors.com/mark.j.white

Mark has more than 18 years of experience serving customers and the local community. His philosophy is to work with honesty and profee exceptional customer service. He pays close attention to each

integrity every day and to offer exceptional customer service. He pays close attention to each client's specific needs, helping them reach their goals. 2012 — 2018 Five Star Wealth Manager.

White & Associates, a financial advisory practice of Ameriprise Financial Services, Inc. Investors should conduct their own evaluation of a financial professional as working with a financial advisor is not a quarantee of future financial success. Ameriprise Financial Services, Inc., Member FINRA and SIPC.

Wealth Manager Award Winns



Todd M. Zeidenberg

LU®, ChFC®, CLTC®, Senior Financial Advisor, Partne

MDZ Wealth Management

325 Boston Post Road Orange, CT 06477 Office: 203-799-6840, Ext. 11 todd@mdzwealth.com www.MD7wealth.com

To my clients, thank you for the confidence and trust you have placed in me to help guide you in your financial journey. I have helped families, business owners and their employees for over 30 years build and prepare for a more successful and secure financial future. 2012 – 2018 Five Star Wealth Manager.

Securities and Investment Advisory Services offered through Securian Financial Services, inc., Member FINRA/ SIPC. MDZ Wealth Management is independently owned and operated. Track 2268079, DoFU: 10/8/2018.

Vealth Manager Award Winner

5

Naomi Bourque

Financial Advisor, AAMS®, Senior Vice President

People's Securities, Inc.

A subsidiary of People's United
Bank*

119 East Putnam Avenue Cos Cob, CT 06807 Office: 203-861-4042 naomi.bourque@peoples.com www.peoples.com/invest

Naomi has over 19 years of experience in the financial industry and is

a FINRA-registered securities broker, investment advisor and principal. She also holds her life and health insurance licenses. Naomi is an Accredited Asset Management Specialist™.

People's Securities, Inc. is a Broker/Dealer, Member of FINRA and SIPC, an insurance agency and a registered investment advisor. People's Securities, Inc. is a subsidiary of People's United Bank. Investment and Insurance Products:

Not FDIC Insured. Not Bank Guaranteed. May Lose Value.

Wealth Manager Award Winner



Bill Mann

Financial Advisor, Lic. 2610900

T LPL Financial

54 Flagler Avenue Cheshire, CT 06410 Phone: 203-271-3192 bill.mann@lpl.com www.thefinancialarchitect.net

 Five Star Wealth Manager, 2012 and 2014 – 2018 The cornerstone of our business is providing each client with a clear and tailored plan. We share our knowledge in a manner which each person can identify with as it relates to their personal situation.

Securities offered through LPL Financial, Member FINRA/SIPC.

Wealth Manager Award Winner



2012, 2013, 2014,

2016 and 2018 Five

Star Wealth Manager

Paul M. Vardoulakis

Financial Ad

NORWICH Financial

11 Wawecus Street Norwich, CT 06360 Phone: 860-887-8811 paulv@norwichfinanciallle.com www.norwichfinanciallle.com

Founded by Paul Vardoulakis, Norwich Financial is dedicated to providing comprehensive wealth management and exceptional service while creating long-lasting relationships. We have been building, managing and preserving wealth one client at a time for nearly two decades.

Securities and advisory services offered through Commonwealth Financial Network.

Member FINRA, SIPC, a Registered Investment Adviser.

Wealth Manager Award Winne



Timothy J. Bourdon

President, Accredited Investment Fiduciary

TJB Financial Services, Inc. 9 School Street, Suite 6 East Granby, CT 06026 East Granby: 860-844-0300 North Haven: 203-936-7125 tbourdon⊘tibfing.com

Our goal is simple: to help you feel comfortable seeking help with your financial goals and to assist you in a knowledgeable, courteous and professional manner. As an independent financial company, we help our investors decide which financial options work best for them personally and/or professionally.

Securities and advisory services offered through Commonwealth Financial Network, member FINRA/SIPC, a Registered Investment Adviser.

Wealth Manager Award Winner



John A. Kuehnle

Financial Advisor



33 Broad Street Milford, CT 06460 Phone: 203-783-5782 jkuehnle@infinexgroup.com

John's work is primarily wealth or asset management. He helps

families and businesses protect, accumulate, utilize and transfer their wealth or assets in order to achieve their goals and objectives. His personal goal is to cultivate long-lasting relationships.

Investment and insurance products and services are offered through INFINEX INVESTMENTS, INC. Member FINRA/SIPC. TMB Financia Solutions is a trade name of The Milford Bank, Infinex and The Milford Bank are not affiliated. Products and services made available through Infinex are not insured by the FDIC or any other agency of the United States and are not deposits or obligations of nor guaranteed or insured by any bank or bank affiliate. These products are subject to investment risk, including the possible loss of value

Wealth Manager Award Winner



Patricia Kane Gibeley

CFP®, CPA, ChFC®, CLU®, APMA®, Financial Adviso



91 South Main Street
West Hartford, CT 06107
Office: 860-521-4470
patricia.k.gibeley@ampf.com
ameripriseadvisors.com/
patricia.k.gibeley

My mission is to help my clients work toward their financial goals through a personalized relationship based on thorough, knowledgeable advice. 2012 — 2018 Five Star Wealth Manager.

Investors should conduct their own evaluation of a financial professional as working with a financial advisor is not a guarantee of future financial success. Ameriprise Financial Services, Inc., Member FINRA and SIPC. Certified Financial Planner Board of Standards Inc. owns the certification marks CFP®, CERTIFED FINANCIAL PLANNER™ and federally registered CFP (with flame design) in the U.S.

Wealth Manager Award Winn

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria — required: 1. Credentialed as a registered investment adviser or as a principal of a registered investment adviser for as a principal of a registered investment adviser from for a minimum of 5 years; 3. Favorable regulatory and complaint history review. (As defined by Five Star Professional, the wealth manager has not, A. Been subject to a regulatory action that resulted in a license being suspended or revoked, or payment of a fine; B. Had more than a total of three settled or pending complaints filed against them and/or a total of five settled, pending, dismissed or denied complaints with any regulatory authority or Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered from a financial services firm within the past 11 years; E. Been terminated from a financial services firm within the past 11 years; E. Been convicted of a felony); 4. Fulfilled their firm review based on internal standards; 5. Accepting new clients. Sudlation criteria — considered: 6. One-year client retention rate; 7. Five-year client retention rate; 8. Non-institutional discretionary and/or non-discretionary client assets administered; 9. Number of client households served; 10. Education and professional designations. Wealth managers do not pay a fee to be considered or placed on the final list of Five Star Wealth Managers. Award does not evaluate quality of services provided to clients. Once awarded, wealth managers may purchase additional profile ad space or promotional products. The Five Star award is not indicative of the wealth manager future performance. Wealth managers may or may not use discretion in their practice and therefore may not manage their clients' assets. The inclusion of a wealth manager is not use discretion in their

| dining guide | middlesex county

CONTINUED FROM PAGE 107

Iguanas Ranas Taqueria • Mexican Affordable, fresh and authentic Mexican food served fresh and with home-style taste. • 484 Main St., Middletown, 860-346-8630 iguanasranastaqueriact.com. Closed Sun. L D, \$, WA

La Foresta • Italian This big and beautiful ristorante serves garden-fresh, ingredient-driven fine Northern Italian cuisine. It also has a VIP wine cellar and one of the state's best wine selections. • 163 Route 81, Killingworth, 860-663-1155 laforestarestaurant.com. Open daily. L (Mon-Fri) D, \$\$\$, E, WA

Lenny & Joe's Fish Tale • Seafood • RC This Connecticut institution serves all manner of fresh seafood, from hot lobster rolls to baked stuffed shrimp to fried whole-belly clams. • 86 Boston Post Road, Westbrook, 860-669-0767 Ijfishtale.com. Open daily. L D, \$\$, WA

Liv's Oyster Bar & Restaurant • Seafood • EP RC Liv's is a stylish, small neighborhood restaurant housed in an old movie theater. The menu offers dishes like sea scallops, organic salmon, bistro filet steak and warm mushroom salad. • 166 Main St., Old Saybrook, 860-395-5577 livsoysterbar.com. Closed Tues. D, \$\$\$, WA

Luce • American • EP Have your aged steaks grilled over wood chips—there are 20 types to choose from. Offers seafood, an extensive wine list and a great bar atmosphere. • 98 Washington St., Middletown, 860-344-0222 lucect.com. Open daily. L D LS, \$\$, WA

Luigi's • Italian Enjoy classic Italian favorites like seafood cannelloni, chicken leonardo, veal parmigiana, whole clams, steak teriyaki and other dishes. • 1295 Boston Post Road, Old Saybrook, 860-388-9190 luigis-restaurant.com. Closed Mon. L D, \$\$, WA

Mondo • Pizza This casual, family-owned restaurant specializes in brick-oven, New York-style thin crust pizza. There is also a beer and wine bar. • 10 Main St., Middletown, 860-343-3300 mondomiddletown.com. Open daily L D, \$\$, WA

Puerto Vallarta • Mexican • RC Authentic, traditional Mexican cuisine is prepared fresh daily - sometimes even at your table - mixing time-honored recipes with innovative culinary techniques. • 200 Main Metro Square, Middletown, 860-852-0080 puertovallartausa.com. Open daily. L D, \$\$, WA

Rustica . Italian The food is made fresh daily, from the pasta to the salads to the homemade desserts. Also offering a varied wine collection. • 189 Middlesex Turnpike, Chester, 860-526-9021 rusticact.com. Closed Mon. D, \$\$\$, WA

Westbrook Lobster • Seafood • RC Offers the freshest fish possible in dishes ranging from baked stuffed lobster to teriyaki-grilled salmon to seafood paella. • 346 E. Main St., Clinton, 860-664-9464; 300 Church St., Wallingford, 203-265-5071 westbrooklobster.com. Open daily, L D, \$\$, WA

Osa • Italian • EP Chef Matt Wick serves up shared plates offer complex, Italian-inspired tastes in a striking, slatted pine décor. • 500 Main St., Middletown, 860-358-9782 osarestaurant.com. Closed Mon.-Tues. D LS, \$\$, WA

New Haven County

1640 Wine Bar & Kitchen • Italian A global wine selection is at the heart of this revamped eatery, which offers seasonally inspired dishes rooted in Italian American culture. • 1640 Whitney Ave., Hamden, 203-287-8887 1640winebar.com. Closed Mon. L (Wed-Sun) D SB, \$\$, WA

Adriana's • Italian Old-fashioned Italian fare, served up in generous portions. • 771 Grand Ave., New Haven, 203-865-6474 adrianasnewhaven.com. Open daily. L (Mon-Fri) D LS, \$\$, WA

Archie Moore's Bar & Restaurant • American • RC Casual pub-style dining with burgers, nachos and salads. And don't miss the award-winning buffalo chicken wings. • 1881/2 Willow St., New Haven, 203-773-9870; 39 N. Main St., Wallingford, 203-265-7100; 15 Factory Lane, Milford, 203-876-5088; 17 Elizabeth St., Derby, 203-732-3255 archiemoores.com. Open daily. L D LS, \$

b Milford • Burgers Gourmet burgers and a wide selection of beers and bourbons, with unique local offerings at each location. • 1638 Boston Post Road, Milford, 203-713-8700 burgersbeerbourbon.com. Open daily. L D LS SB, \$, WA

Baja's · Mexican · EP Casual, authentic Mexican food. • 63 Boston Post Road, Orange, 203-799-2252. Open daily. L D, \$\$, WA

Ballou's Restaurant & Wine Bar • Italian A casual and relaxed wine bar. Full menu with fondue and much more. Has an outdoor, dog-friendly patio and gluten-free menu. • 51 Whitefield St., Guilford, 203-453-0319 ballouswinebar.com. Open daily, L.D.LS, \$\$, WA

Bella'Gio • Italian • RC Classic and original recipies like lobster ravioli and chicken or veal bellagio are served up with the freshest ingredients and paired with a full variety of wine, beer and liquor. Patio dining available. • 835 W. Main St., Cheshire, 203-439-9175 bellagioct.com. Open daily. L (Mon-Sat) D, \$\$, WA

Bin 100 • Mediterranean Feast on delicious Mediterranean cuisine elegantly served in a spacious dining room. • 100 Lansdale Ave., Milford, 203-882-1400 bin100restaurant.com. Open daily. D, \$\$\$, E, WA

Bistro Mediterranean • Mediterranean • RC This casual and relaxed restaurant has Spanish and Mediterranean influences and offers a variety of beloved dishes including scallops parrilla, paella and brussels sprout salad. . 383 Main St., East Haven, 203-467-2500 bistromediterraneanandtapasbar.com. Open daily. L D, \$\$, WA

Cask Republic • American • EP Serious chef-crafted American fare as well as creative interpretations of globally inspired dishes with an inviting and fun vibe. • 179 Crown St., New Haven, 475-238-8335 caskrepublic.com. Open daily. L D SB, \$\$, WA

Cast Iron Chef Chop House & Oyster Bar . Steakhouse/ Seafood Executive Chef Attilio Marini brings a modern interpretation to the old-world technique of skillet cooking, producing perfectly prepared steak, fresh seafood and lamb and duck entrees, as well as daily specials. . 660 State St., New Haven, 203-745-4669 castironchefchophouse.com. Open daily. D, \$\$\$, WA

Ceviche • Latin Fusion Several styles of ceviche are offered here. In addition, the place features a variety of sizzling Latin dishes, cocktails and 30 types of tapas. Try the Granada Mojito, which features pomegranate flavors. • 530 Middlebury Road, Middlebury, 203-527-7634 cevichelatinkitchen.com. Closed Mon. L D, \$\$, WA

Chip's Family Restaurant • American Famous for its perfect pancakes, Chip's also has a creative lunch and dinner menu, and guests are welcome to BYOB. • 321 Boston Post Road, Orange, 203-795-5065; 775 Main St. S, Southbury, 203-586-1258 chipsrestaurants.com. Open daily. B L D, \$, WA

Claire's Corner Copia • Vegetarian • EP RC Café-style spot offering globe-trotting dishes like Tia Juana quesadilla, Mediterranean pizza Trish breakfast and Lithuanian coffee cake. • 1000 Chapel St., New Haven, 203-562-3888 clairescornercopia.com. Open daily. B L D SB, \$, WA

Colony Grill • Pizza This Irish tavern's single menu offering is its one-of-a-kind, thin crust pizza served with a signature "hot oil" topping. . 36 Broad St., Milford, 203-876-1935 colonygrill.com. Open daily. L D LS, \$, WA

Consiglio's Restaurant • Classic Italian Family-owned and -run for 80 years, Consiglio's is known for classic homestyle favorites like homemade cavatelli and braciole, eggplant rollatini and lasagna. • 165 Wooster St., New Haven, 203-865-4489 consiglios.com. Open daily. L (Wed-Fri) D, \$\$, WA

Dew Drop Inn • Pub Grub • EP RC Casual pub and grill known for its burgers, wide selection of craft beers and Peanut Butter & Jelly Chicken Wings. • 5 North Ave, Derby, 203-735-7757 facebook.com/Dewdropinnct. Open daily. L D LS, \$, WA

Dino's Seafood • Seafood This family-run favorite of local diners for more than five decades prides itself on serving high-quality seafood with the taste of love and joy in every order. Customer favorites include strip clams, fritters, lobster rolls, and top-split hot dogs accompanied with a local craft beer. • 540 Washington Ave., North Haven, 203-239-5548 dinosseafood.com. Closed Mon. L D, \$, WA

Elm City Social • American • EP Features creative and upscale pub-friendly fare in a visually impressive setting. There is also an assortment of excellent cocktails offered. • 286 College St., New Haven, 475-441-7436 elmcitysocial.com. Open daily. L (Mon-Fri) D LS SB, \$\$, WA

Frank Pepe Pizzeria Napoletana • Pizza • EP RC While world-famous white clam pizza is the standout, just about any pie here is worth the wait. . 157 Wooster St., New Haven, 203-865-5762; 130 Reidville Drive, Waterbury, 475-235-2145 pepespizzeria.com. Open daily. L (Mon.-Fri.) D, \$, WA

Geronimo Tequila Bar & Southwest Grill • Southwestern Fusion • EP Mix of traditional Native American, Mexican, Spanish and Anglo-American fare, with bold flavors and authentic ingredients. • 271 Crown St., New Haven, 203-777-7700 geronimobarandgrill.com. Open daily. L D LS SB, \$\$, WA

HAPPY HOLIDAYS from the Cast Iron Family!







Celebrate with us in December! Host your holiday party in one of 2 new private dining rooms, seating 20 & 50. Gift cards are great stocking stuffers. And make a reservation for New Year's Eve!









CHOP HOUSE & OYSTER BAR 660 State Street, New Haven

Lunch Mon-Fri from noon, dinner Mon-Thurs 3-11pm, Fri-Sat 3pm-1am, Sun 3-11pm CastlronChefChopHouse.com 203-745-4669

> PERFECTLY PREPARED SKILLET-COOKED STEAK, FRESH SEAFOOD. DAILY BAR ROOM SPECIALS

| dining guide | new haven county

Heirloom • Modern Continental Seasonal Farm & Coastal menu draws its inspiration from the New England pantry with fresh ingredients sourced from regional heritage growers and artisan suppliers. Expansive international wine collection. • 1157 Chapel St. (The Study at Yale), New Haven, 203-503-3919 heirloomnewhaven.com. Open daily, B L (Mon-Fri) D LS SB, \$\$, WA

Home • American Whether in the main "dining room" or the "living room" lounge, Home offers up locally sourced food and a wide selection of regional craft brews to make its guests feel comfortable and comforted. • 1114 Main St., Branford, 203-483-5896 homerestaurantct.com. Closed Mon. L D LS. \$\$, E

House of Naan • Indian • EP Contemporary and savory Indian dishes, with Fusion craft cocktails enlivened by authentic fresh Indian spices and an enjoyable atmosphere. • 65 Howe St., New Haven, 203-562-6226 houseofnaan.com. Open daily. L D LS, \$\$, WA

Ibiza Tapas • Tapas Enjoy a taste of Spain with a wide variety of either hot or cold tapas and an extensive wine bar, in either the vibrantly colored dining area or outdoor patio. • 1832 Dixwell Ave., Hamden, 203-691-7027 ibizatapaswinebar.com. Closed Mon. L D LS, \$, WA

L'Orcio • Contemporary Italian This upscale contemporary restaurant features an outdoor patio and a menu of house-made pastas, grilled whole fish and steaks with seasonal cuisine. • 806 State St., New Haven, 203-777-6670 Iorcio.com. Closed Mon. D, \$\$

La Tavola Ristorante • Classic Italian • EP Enjoy a twist on classic Italian cuisine with prosciutto-wrapped figs, pepper bef carpaccio and pepper-encrusted Ahi tuna. • 702 Highland Ave., Waterbury, 203-755-2211 latavolaristorante.com. Open daily. L (Mon-Sat) D, \$\$\$, WA

Le Petit Café • French • EP Simple, fresh and elegant dining with the menu du jour in a cozy, unpretentious atmosphere. • 225 Montowese St., Branford, 203-483-9791 lepetitcafe.net. Closed Mon.-Tues. D, \$\$\$, WA

STATEMENT OF OWNERSHIP MANAGEMENT, AND CIRCULATION

(Act of August 12, 1970; Section 3685, Title 39, United States Code.)

- tof August 12, 1970: Section 3685. Title 39. United States Code.)
 Title: Connecticut Magazine
 Date of Filing: September 21, 2018
 Frequency of Issue: twelve times a year
 Location of known office of publication:
 100 Gando Drive, New Haven, CT 05613
 Location of the headquarters or general business offices of the publishers:
 100 Gando Drive, New Haven, CT 06513
 Name and address of Editorial Contact:
 Editor in chief Albe Varawdin, 100 Gando Drive, New Haven, CT 06513
 Owner: Hearst Media Services Connecticut, LLC, 300 West 57th Street, New York, NY, 10019
- Known bondholders, mortgages, and other security holders owning or holding 1 percent or more of the total amount of bonds, mortgages, or other securities: Hearst Communications, Inc., 300 West 57th Street, New York, NY, 10019
- For completion by nonprofit organizations authorized to mail at special

	rates (Section 423.12, Postal Manual):	Nonapplicable.	
10.	Extent and nature of circulation,	Average No. Copies Each Issue During Preceding 12 months	No. Copies of Single Issue Published Nearest to Filing Date
	a. Total Number of Copies (Net press run)	71,914	70,206
	b. Paid and/or Requested Circulation 1. Paid/Requested Outside-County Mail Subscriptions Stated on Form 3541. (Include advertiser's proof	63,904	62,207
	and exchange copies) 2. Paid in County Subscriptions (Include advertiser's proof and exchange copies)	0	0
	Sales Through Dealers and Carriers, Street Vendors, Counter Sales, and Other Non-USPS Paid	1,653	1,410
	Distribution 4. Other Classes Mailed Through the USPS	0	0
	c. Total Paid and/or Requested Circulation (Sum b1, b2, b3, and b4)	65,557 f	63,617
	d. Free Distribution by Mail (Samples, complimentary, and other free)		
	 Outside-County as Stated on 	1,245	1,234
	Form 3541 2. In-County as Stated on Form 3541	0	0
	Other Classes Mailed Through the USPS	e 0	0
	e. Free Distribution Outside the Mail (Carriers or other means)	0	0
	f. Total Free Distribution (Sum of a and e)	1,245	1,234
	g. Total Distribution (Sum of c and f)	66,802	64,851
	h. Copies not Distributed	5,112	5,355
	i. Total (Sum of g and h)	71,914	70,206
	j. Percent Paid and/or Requested Circulation (c divided by g times 100)	98.1%	98.1%

I certify that the statements made by me above are correct and complete

Paul J. Barbetta, Group Publishe

Paul of Bulith

Mamoun's • Middle Eastern • RC Authentic Middle Eastern cuisine, made from scratch using fresh, natural ingredients, fine imported spices and signature recipes, served in a traditional environment. • 85 Howe St., New Haven, 203-562-8444 mamouns.com. Open daily. L D LS, \$, WA

MiKro Beer Bar • Gastropub • EP The unique menu includes the pan roasted arctic char, steamed mussels & frites, and shrimp & grits. The name (pronounced "micro") reflects an impressive lineup of microbrews. • 0 Depot Ave., Hamden, 203-553-7676 mikrobeerbar.com. Open daily. D SB, \$\$, WA

Modern Apizza • Pizza • EP RC Classic New Haven destination for brick-oven pizza and calzone. • 874 State St., New Haven, 203-776-5306 modernapizza.com. Closed Mon. L D LS, \$, WA

Moxie • American • EP High-end American cuisine is the star here. Try the perfectly cooked burger that comes with awesome fries doused in kosher salt and malt vinegar powder. • 52 Wall St., Madison, 203-421-6963 moxie-bar.com. Closed Mon. L (Sat-Sun) D , \$\$, WA

Olea • Spanish • EP RC World-class, full-service Spanish restaurant, with a fun tapas bar. • 39 High St., New Haven, 203-780-8925 oleanewhaven.com. Closed Sun. D, \$\$\$, WA

Olives and Oil • Italian • EP Recognizable and familiar dishes are done in adventurous ways that are exciting and well executed. • 124 Temple St., New Haven, 203-891-5870 olivesandoil.com. Open daily. L D LS, \$\$, WA

The Place • Seafood • EP RC Outdoor restaurant where seafood is cooked over an 18-foot fire pit. Open seasonally May-Sept. and weekends in Oct. • 901 Boston Post Road, Guilford, 203-453-9276 theplaceguilford.com. Open daily. L (Sat-Sun) D, \$, WA

Prime 16 • Burgers • EP Select from a list of gourmet burgers or build your own, plus a variety of sandwiches, salads and small plates. • 172 Temple St., New Haven, 203-782-1616; 464 Boston Post Road, Orange, 203-553-9616 prime16.com. Open daily. L D LS SB (Orange), \$, WA

Puerto Vallarta • Mexican • RC Authentic, traditional Mexican cuisine is prepared fresh daily – sometimes even at your table - mixing time-honored recipes with innovative culinary techniques. • 377 Boston Post Road, Orange, 203-799-9977 puertovallartausa.com. Open daily. L D, \$\$, WA

Ristorante Luce • Classic Italian Enjoy the double-cut veal chops, pane cotto, risotto pescatore and daily fish specials. Extensive wine list. • 2987 Whitney Ave., Hamden, 203-407-8000 ristoranteluce.net. Open daily, L (Mon-Fri) D. \$\$, WA

Sake Asian Fusion • Asian Fusion Indian pancakes with curry sauce and Vietnamese-style grilled pork are just a few of the Asian-fusion dishes on the menu. • 730 Main St. S., Southbury, 203-264-2888 sakeofsouthbury.com. Open daily. L D, \$\$, WA

Señor Pancho's . Mexican Festive spot serving up terrific fresh salsa and margaritas to go with mole poblano, carne asada and fajitas. . 280 Cheshire Road, Prospect, 203-758-7788: 385 Main St. S., Southbury, 203-262-6988 senorpanchos.com. Open daily. L D, \$, E, WA

Shell & Bones Oyster Bar & Grill . Seafood . EP RC This waterside restaurant features the celebrated creations of executive chef Arturo Franco-Camacho whose specialties include steak and seafood. • 100 South Water St., New Haven, 203-787-3466 shellandbones.com. Open daily. D L (Sat.-Sun.), \$\$\$, WA

Spiga • Italian • RC Pair a small plate, entrée or brick-oven pizza with one of more than 30 wines on hand. . 136 Main St., New Canaan, 203-920-1351 eatatspiga.com. Open daily. L D LS SB, \$\$, WA

Stowe's . Seafood This classic seafood shack has a simple menu of fresh fish, fried New England style, plus perfect lobster rolls, all served in paper boats. • 347 Beach St., West Haven, 203-934-1991 stowesseafoodct.com. Open daily. L D, \$\$, WA

Taste of China • Chinese • EP Authentic Szechuan/Chengdustyle food in an elegant yet casual setting, with a full bar and an extensive beer list. • 954 Chapel St., New Haven, 203-745-5872 tasteofchinaus.com. Open daily. L D LS, \$, WA

Union League Cafe • French • EP RC Designed to capture the conviviality and old-world charm of a Parisian brasserie — less formal, more lively, unpressured but with attention to memorable food, wine and service. . 1032 Chapel St., New Haven, 203-562-4299 unionleaguecafe.com. Closed Sun. L (Mon-Fri) D, \$\$\$, WA

Viron Rondo Osteria • Italian The seasonal menu includes well-known and loved Italian classics as well as new dishes, using local, sustainable and organic ingredients. • 1721 Highland Ave, Cheshire, 203-439-2727 vironrondoosteria.com. Open daily. L D LS, \$\$, WA The Wharf • New American • EP This spot at the Madison Beach Hotel serves up award-winning, farm-to-table New England cuisine with a contemporary flair and a side of water views. • 94 West Wharf Road, Madison, 203-350-0014 madisonbeachhotel.com. Open daily. B L D, \$\$\$, WA

Zaragoza • Tapas • EP Tapas and hand-crafted cocktails in a modern, sophisticated space. • 31 Bank St., New Milford, 860-350-0701 zaragozarestaurant.com. Open daily. L (Fri-Sat) D LS SB, \$\$

Vyne Restaurant and Bar • American Combines Connecticut country with NYC style, serving specialties like cowboy ribeye, seared sea scallops or trumpet pasta with shrimp either in the elegent dining room on on the outdoor patio with a scenic view of the landscaped waterfalls. • 1365 Whittemore Road, Middlebury, 203-518-4000 vynerestaurant.com. Closed Mon. L D, \$\$\$, WA

New London County

Bleu Squid • American A bakery and cheese shop serving 30 cheeses and dozens of different cupcakes. Also serves up breakfast as well as grilled cheese sandwiches to go, freshly made and to order, including the best-selling lobster grilled cheese. • 27 Coogan Blvd., Mystic, 860-536-6343 dessertsmysticct.com. Open daily. B L, \$, WA

Bobby's Burger Palace • American This burger palace serves an array of burgers inspired by chef Bobby Flay's extensive travels. Each is a tribute to a different American regional flavor and tradition. • Mohegan Sun, Uncasville, 888-226-7711 bobbysburgerpalace.com. Open daily, L D LS, \$, WA

C.C. O'Brien's • Irish Pub A neighborhood sports pub with great food, friendly service, sports on 20 HDTVs and live entertainment on Saturday nights. • 8 Mechanic St., Pawcatuck, 860-599-2034 ccobriens.com. Open daily. L D LS, \$\$, E, WA

Caffé NV • Greek • RC Favorites include pasta a la Philip and shrimp Saganaki at this restaurant with stained-glass windows and brick walls. • 57 Boston Post Road, Waterford. 860-444-8111 cafeny com Closed Sun L D \$\$ WA

The Captain Daniel Packer Inne • American This 1754 whaler's inn features a view of the Mystic River along with dishes like lemon pepper chicken, filet mignon and Faroe Island salmon. • 32 Water St., Mystic, 860-536-3555 danielpacker.com. Open daily. L D, \$\$\$, E, WA

Chester's Barbecue • Barbecue • EP RC Mouthwatering, slow-cooked barbeque is the name of the game here. Choose from BBQ favorites like smoked ribs, chicken, brisket and burnt ends. • 943 Poquonnock Road, Groton, 860-449-6868 chestersbbq.com. Open daily. L D, \$\$, WA

Flanders Fish Market & Restaurant • Seafood • RC Flanders excels at lobster bisque, fish-and-chips and broiled seafood. Known for its Sunday brunch, fresh seafood market and New England clambakes. • 22 Chesterfield Road, East Lyme, 860-739-8866 flandersfish.com. Open daily. L D SB, \$\$, WA

The Inishmor • Irish American Pub Get a taste of the old country at this authentic Irish pub where specialties include Gaelic favorites like chips and curry and shepherd's pie. • 20 Main St., Colchester inishmorpub.com. Open daily. L (Fri-Sun) D LS, \$, E, WA

Johnny's Peking Tokyo • Asian Fusion The finest in Asian-fusion cuisine, including ginger duck, shrimp and pork Hunan-style, sushi and sashimi. Dine in or order online for pickup. • 12 Coogan Blvd., Mystic, 860-572-9991 johnnysushibar.com. Open daily. L D, \$\$, WA

Kensington's at Norwich Inn • American A firstclass restaurant serving gourmet food with an emphasis on natural meats, fresh, locally sourced produce and healthy preparations. • 607 West Thames St., Norwich, 860-425-3630 thespaatnorwichinn.com/kensingtons. Open daily. B L D SB, \$\$\$, E, WA

M/BAR • Tapas • EP Restored gas station featuring coffee, wine, spirits and inspired small plates. • 30 Broadway Ave., Mystic, 860-245-4499 mbarct.com. Open daily, B L D (Wed-Sun) SB, \$\$, E, WA

The Old Lyme Inn • American The Inn's restaurant and bar features a locally sourced menu with a modern twist on traditional dishes. Enjoy blues music from the patio on weekends and live jazz music during Sunday brunch. • 85 Lyme St., Old Lyme, 860-434-2600 oldlymeinn.com. Closed Sun-Mon. L D SB, \$\$\$, E, WA

Oyster Club • American • EP This popular place showcases food that travels the shortest distance from farm and sea to table, with seasonality and location determining the day's dishes. • 13 Water St., Mystic, 860-415-9266 oysterclubct.com. Open daily. L (Fri-Sat) D SB, \$\$\$, WA

The Pita Spot • Middle Eastern Serving Lebanese and Mediterranean food - fresh, artfully seasoned and cooked to perfection. • 45 Williams Ave., Mystic, 860-415-4656 thepitaspot.com. Closed Mon. L D, \$

Rebeka • Italian • RC Authentic Italian pasta dishes, made fresh daily. • 135 Boston Post Road, East Lyme, 860-691-1155 rebekasfreshpastarestaurant.com. Open daily. D, \$\$, WA

Rise • American • RC Breakfast spot in a homey and comfortable atmosphere, offering both standard breakfast fare and some unique twists. Lunch is also available. • 10 Water St, Mystic, 860-415-9519 risemysticct.com. Closed Tues. B L, \$, WA

S&P Oyster Co. • Seafood • RC Serving traditional New England seafood with a South American flair. Enjoy oysters on the half shell, PEI mussels, fresh cuts of fish and Creekstone Farms steaks grilled over hardwoods. Call ahead for priority seating. • 1 Holmes St., Mystic, 860-536-2674 sp-oyster.com. Open daily. L D, \$\$\$, WA

Tolland County

Bidwell Tavern & Cafe • American This 1822 Coventry tavern, once the town hall, offers prime rib, chicken wings and 24 beers on tap. • 1260 Main St. (Route 31), Coventry, 860-742-6978 thebidwelltavern.com. Open daily. L D LS, \$\$, E, WA

The Blue Oak at the Nathan Hale Inn • American On the UConn campus, enjoy honest New England-style dishes and lighter fare. • 855 Bolton Road, Storrs, 860-427-7888 nathanhaleinn.com. Open daily. B L D, \$\$, WA

Camille's Wood Fired Pizza • Pizza • EP Pair the fresh pizzas, pastas and artisan dishes with a diverse selection of wines or craft beers. • 23 Fieldstone Commons, Tolland, 860-896-6976 camillespizza.com. Closed Mon. L D, \$, WA

Coventry Lakeview • Seafood / Italian Fresh seafood, Italian dishes, paninis, salads, burgers and wings are served in a casual, romantic waterside setting. • 50 Lake St., Coventry, 860-498-0500 coventrylakeview.com. Open daily. L D LS, \$\$, E, WA

Georgina's Italian Restaurant • Italian Warm and inviting — try the calamari appetizer, lasagna and chicken parmigiana. • 275 Boston Tpke., Bolton, 860-647-0345 georginasrestaurant.com. Closed Mon. L D, \$\$, WA

Rein's New York Style Deli-Restaurant • American • EP RC Bright and bustling Jewish deli serving everything from challah French toast and potato pancakes to pastrami reubens and cheese blintzes. • 435 Hartford Tpke., Vernon, 860-875-1344 reinsdeli.com. Open daily. B L D LS, \$, WA

True Blue Tavern at the Nathan Hale Inn • American Great casual dining in a fun atmosphere celebrating the spirit of UConn athletics. • 855 Bolton Road. Storrs. 860-427-7888 nathanhaleinn.com. Open daily. L D, \$\$, WA

Utsav Indian Cuisine • Indian • EP This gem boasts a menu of delectable Indian treats such as shamm savera or calamari cochin. • 575 Talcottville Road. Vernon. 860-871-8714 utsavct.com. Open daily. L D, \$\$, WA

| Windham County |

The Courthouse Bar & Grille • American • EP Serves lots of great appetizers, plus "arresting" main courses such as seafood casserole and Montreal sirloin. • 121 Main St., Putnam, 860-963-0074 courthousebarandgrille.com. Open daily. L D LS, \$\$, WA

Hank's Restaurant • American A family place serving home-style favorites like baked stuffed shrimp, lobster salad rolls and prime rib. • 416 Providence Road, Brooklyn, 860-774-6071 hanksrestaurant.com. Open daily. L D, \$\$, WA

The Heirloom Food Company • Vegan • EP Organic cafe & juice bar offering locally sourced, organic ingredients. • 630 N. Main St., Danielson, 860-779-3373 eatheirloomfood.com. Closed Sun.-Mon. B L, \$, WA

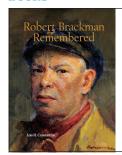
The Inn at Woodstock Hill • American The menu at this historic estate includes shrimp-and-sea-scallop stir-fry and duckling à l'orange. Hours vary by season. • 94 Plaine Hill Road, Woodstock, 860-928-0528 woodstockhill.com. Closed Mon. D SB, \$\$\$, WA

The Mansion at Bald Hill • American Entrees include pistachio salmon and New Zealand rack of lamb, and don't skip the lobster mac 'n' cheese. • 29 Plaine Road, South Woodstock, 860-974-3456 mansionatbaldhill.com. Closed Mon. D SB. \$\$\$. WA

Willimantic Brewing Co. / Main Street Café • Brew Pub This pioneering brewery is located within a historic U.S. Post Office building. Beers are brewed in full view of diners. Try the ale-steamed mussels. Other Connecticut craft beers available. • 967 Main St., Willimantic, 860-423-6777 willibrew.com. Open daily. L (Tue-Sun) D LS, \$\$, WA



books



ROBERT BRACKMAN REMEMBERED

A book about the Connecticut-based and internationally acclaimed artist.

www.loishconstantine.com

crystal

FOR SALE: WATERFORD CRYSTAL.

Pattern: Powerscourt. 10 goblets, 10 tumblers, 10 saucer champagne. \$1,800. Prefer to sell to one buyer. Virginia M. Ryan, P.O. Box 6066, Hamden, CT 06517.

china and crystal repair -

BREAK IT, CHIP IT, CRACK IT-We can restore it. China and crystal restoration. Call us at our Cheshire. CT location 203-271-3659 or visit us online at www.chinaandcrystal repair.com

historic window solutions



stormwindows.com • 800.743.6207

insurance

SHOP LOCAL? Consider Tzedakah House, a small, personable health, life, and disability insurance brokerage that emphasizes service, not sales. Call us at 203-387-2266 or email bklein@ tzedakah-house.com for details.

sound proofing

STOP STREET NOISE with custom glass interior storm windows, residential and commercial. Innerglass Window Systems (860) 651-3951 www.stormwindows.com

t-shirt quilts

WHAT'S YOUR PASSION? Do you have a drawer full of memories? We make warm and cozy T-Shirt Quilts! www.christianlanequilters.com

BUY IT... FIND IT...

in CONNECTICUT Magazine's Marketplace Classifieds



MARKETPLACE ADVERTISING

RATES: \$2.75 per word, 15 word minimum. All hyphenated words and phone numbers count as two words. Black and white display advertisements begin at \$175 per inch; color display ads begin at \$200 per inch.

FREQUENCY DISCOUNTS

12 months = 20% discount 6 months = 15% discount 3 months = 10% discount

PAYMENTS: All advertisements are sold on a prepayment basis. Acceptable forms of payment are: Check, Money Order, Visa, MasterCard, and American Express.

DEADLINES: Materials should be received by the 25th of the second month preceding the issue (for example, December 25 for February).

ADDRESS CORRESPONDENCE:

Joe Hiznay

CONNECTICUT Magazine 100 Gando Drive, New Haven, CT 06513

Phone: 203-401-1572

Email: Joseph. Hiznay@hearstmediact.com

Wealth Managers

Enrique J. Alvarez · Retirement Doctor

Jason Andrews · Wells Fargo Advisors

Brian Andrus · Wellspring Financial

Djemal Araniti \cdot LPL Financial

Marc Austin · Private Capital Group

Edward A. Baroncini · Excel Wealth Management

Christopher W. Beale · New England Capital Financial Advisors

Paul Beatty · Bailey & Beatty Financial Services

Michael Beloff · Stratos Wealth Management

Mark Benedict · Morgan Stanley

 ${\sf Mike Berling} \cdot {\sf Berling \& Associates}$

Matthew Scot Bisland · Morgan Stanley

Timothy Blankenship · Ameriprise Financial Services, Inc.

Michael Blaszczak · Cambridge Investment Research Advisors

David J. Boczar · Emerald Wealth Advisors

Steven Bokoff · Thames Financial Management

Emily Boothroyd · Price Financial Group

Christopher Borajkiewicz ·
Ameriprise Financial Services, Inc.

Beth Botti · AXA Advisors

Diane M. Brett · LPL Financial

Robert Brochu \cdot LPL Financial

Joshua Broder · Ameriprise Financial Services, Inc.

Gretchen Marie Brunner -Comprehensive Planning Associates

William Cahill • Cahill & Associates Financial Services LLC

William Campbell · HD Vest Financial Services

David Caraglior · Ameriprise Financial Services, Inc.

Matthew Carbray · Ridgeline Financial Partners

Jason Castaldi · MML Investors

Services

Jonathan Chase · Merrill Lynch
Nicholas Christie · Investmark

Nicholas Christie · Investmarl Advisory Group

Melissa Ciotoli · Resnick Advisors

Patrick Clark · Commonwealth Financial Network

William Coe · Infinex Financial Group

Gregory Coghlan · Christie Coghlan Investment Management

Brendan Conry · Conry Asset Management

Henry S. Cooperman · Morgan Stanley Christopher Coppola · Ameriprise

Financial Services, Inc.

Matthew Couzens · Ameriprise

Financial Services, Inc.

Advisors

Steven Crabtree · The River Suite

Wealth Partners

Beth Fisher Cutler · Wells Fargo

Advisors

Mary Dee · WPG Advisory Group

Michael Del Re, Jr. · Financial

Robert A. DeLucca · Hightower Advisors

 ${\it Michael Deskin} \cdot {\it Morgan Stanley}$

Sherrie Deveau · Ameriprise Financial Services, Inc.

Michael P. DeVivo · Ameriprise Financial Services, Inc.

Jay M. Diamond · Investmark Advisory Group

William DiCristofaro · New England Financial Group

Ingrid Dikmen · Wells Fargo Advisors

Antonio Disorbo · New England

Sabra G. Donovan · Barnum Financial

Marc Dynder · Ameriprise Financial Services. Inc.

John Eckel · Pinnacle Investment Management

Adam Elgert · Wells Fargo Advisors Kathleen Erickson · Gottfried &

Somberg Wealth Management
Michael Damian Evans · EVANS

Group Financial Advisors

Michael Feinstein · Ameriprise
Financial Services, Inc.

Katherine Fibiger · Stratos Wealth Partners

Laura Fish-Kelly · Ameriprise Financial Services, Inc.

John Flanagan · Pinnacle Investment Management Andrew Florio · Morgan Stanley

Matthew Fortney · Northstar Wealth Partners

Robert R. Fradette · Infinex Financial Mark R. Jones · Ame Group Services, Inc.

Christopher L. Fry · Ameriprise Financial Services, Inc.

Camille M. Gagliardi · Ameriprise Financial Services, Inc.

Jon Garofalo · Morgan Stanley Andrew James Garstang · Six Point

James Garstang · Six Point Wealth

Thomas Garvey · United Capital

Wealth Advisors

Gary Gauthier · Ameriprise Financial Services, Inc.

William Giaquinto, Jr. · Nutmeg Advisory Group

Martha Liebler Gibson · Merrill Lynch

Joshua Gottfried • Gottfried & Somberg Wealth Management

Michael Gould · Capital Concepts

Robert M. Grenus · LPL Financial

Richard Gribinas · Park Avenue Securities/MW Financial Group

Nicholas V. Guiditta · Ameriprise Financial Services, Inc.

Steven Haas · Ameriprise Financial Services, Inc.

Jeffrey Haines · Raymond James &

John Harrington · Integrated Financial Partners

Bill Haydon - Wells Fargo Financial Network

Jennifer Hedlund · Ameriprise Financial Services, Inc.

Daniel Heffernan · Gottfried & Somberg Wealth Management

Garry Helyer · Infinex Financial Group

Robert Henderson · Lansdowne Wealth Management

Michael Hillgen-Santa · H. Beck

Lee Hunter · Ameriprise Financial Services, Inc.

Jay Hyman · Merrill Lynch

Rajiv Iyer · Money Concepts

John Joseph Jacobs · Jacobs Financial Partners

Joseph P. Jandreau · Investmark Advisory Group

Gerald John Janosko · Barnum Financial Group Ann D. Jevne · Resnick Advisors

Lori Johndrow · Farmington River

Financial Group

Mark R. Jones · Ameriprise Financial

Doug Kerr · Investmark Advisory

Leigh King · Ameriprise Financial Services, Inc.

Justin Knickerbocker · Ameriprise Financial Services, Inc.

Tiffany Knoop · Ivory Wealth Management

Nicholas Kolitsidas · Ethos Wealth Management

Malcolm S. Kroll · Ameriprise Financial Services, Inc.

Ryan Edward Kubasek • Edward Jones

Michael Kusick · Investmark Advisory Group

Michelle Renee Lavigne · Sullivan and Associates Wealth Management

Scott J. LeClaire · Heritage Capital Advisors

Kathryn Lidestri · Merrill Lynch

William Patrick Loftus · Coastal Bridge Advisors

 ${\sf Matthew\ Lubanko\cdot Morgan\ Stanley}$

Thomas Machuga · Machuga Financial Services

Gerald Irwin Maisner · RBC Capital Markets Michael Joseph Mancusi · Conscious

Capital Wealth Management

James Martin · D4D Strategic

Consulting Group

Daniel F. Massucci & Associates, LLC

Richard A. Mathes, Jr. · Wells Fargo Advisors

Abby Wolman McElroy · Morgan Stanley

Derrek L. Metz · Barnum Financial Group

Michael Mezheritskiy · Milestone Asset Management Group

Alexandra Jane Miele · HighTower/

The Andriole Group

Ralph Minichino · Minichino
Financial Group

Pamela Miscia · Thrivent Financial

Scott Moulton · Capital Management Group of NY

Graham M. Murray · Merrill Lynch

Elana Muzzey · Buchman Financial Wealth Management

Jon Newman · Ameriprise Financial Services, Inc.

Loretta Nolan · Loretta Nolan Associates

Christopher B. North · Creative Planning

Jamie Nowakowski · Advanced Wealth Strategies

Richard Ohanesian · Ohanesian

Daniel Ortoli · MML Investors Services

Robert Panza · Morgan Stanley

Mark Pappa · Financial Resources

Christopher Pascale · Lobo & Pascale
Wealth Management

Robert Pascarell, Sr. · Financial Network Limited

Robert Joseph Patten · Morgan Stanley

Gary W. Paul · Charter Oak Wealth Partners

Christopher Perry · Webster Wealth Advisors

Jay Pinto · Summit Planning Group Zoltan Pongracz · Barnum Financial

Raymond Quiles - Barnum Financial Group

William Rabbitt · Private Capital Group

Group

Thomas A. Ragonese · Wells Fargo Advisors Donald E. Ratte · Ameriprise

Financial Services, Inc.
Seth Aaron Renaud · CIG Private

Wealth Management

W. Gregory Rodiger · The CT Group/

AXA Advisors Charles Rousseau · Clearpath

Financial Solutions

Nick Roy - Somnio Financial Group

Gary Ruchin · Ruchin & Associates
Bill Ruel · Wells Fargo Advisors

Vincent Saggese - Infinex Financial Group Anthony Sardo - Wells Fargo Advisors

Erik Scaranuzzo · Merrill Lynch

Howard Alan Schachter · HAS Wealth Management

Tucker Scott, III · Oldham Resource Group

Jeffrey Segal · CIG Private Wealth Management

Fay Sheppard · Wells Fargo Advisors

Nicholas Sheridan · M Holdings Securities

Bruce E. Siennick · MML Investors Services

Jeremy Soboleski · Ivory Wealth Management

Matthew Somberg · Gottfried & Somberg Wealth Management

Joseph J. Stango · Fiduciam Financial

Kenneth Steeves, Jr. · Creative Planning

Laurie Stefanowicz · Catamount Wealth Management

Marilyn S. Steinmetz · Private Capital Group

Richard Sullivan · Merrill Lynch

Alan Sylvestre · Wells Fargo Advisors

Eric Tashlein - Connecticut Capital Management Group

Barbara Taylor · Farmington River Financial Network

Craig P. Taylor · AXA Advisors

Scott Trevethan · Wells Fargo Advisors

Harold Trischman · Morgan Stanley
John Vaccaro · United Capital

Robert Vanostenbridge · Merrill

Lili Vasileff · Wealth Protection
Management

Richard J. Vogler · Ameriprise Financial Services, Inc.

Charles Walz, III · Morgan Stanley

Jason J. Warnke · Ameriprise Financial Services, Inc. Matthew Webber · Ameriprise

Financial Services, Inc.
Farl Wheway · Morgan Stanley

David Wilson · Matson Financial Advisors Jan wise · Best Wise Associates

Investment
Professionals
Douglas R. Brown - Brody

Wilkinson PC

Certified Financial Planner Board of Standards Inc. owns the certification marks CFP®, Certified Financial. PLANNER™ and federally registered CFP (with flame design) in the U.S., which it awards to individuals who successfully complete CFP Board's initial and ongoing certification requirements. The Chartered Financial Consultant credential [ChFC®] is a financial planning designation awarded by The American College.

The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria. Eligibility criteria — required: 1. Credentialed as a registered investment adviser or as a principal of a registered investment adviser or manager firm for a minimum of 5 years), 2. Ravorable regulatory and complaint history review (As defined by Five Star Professional, the wealth manager has not, A. Been subject to a regulatory action that resulted in a license being suspended or revoked, or payment of a fine, B. Had more than a total of three stetled, pending, dismissed or denied complaints with any regulatory authority or packing day against them and/or a total of five settled, pending, dismissed or denied complaints with any regulatory authority or packing complaints field against them and/or a total of five settled, pending, dismissed or denied complaints with any regulatory authority or complaints registered through Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process, feedback may not be representative of any one client's experience, C. Individually contributed to a financial settlement of a customer complaint, D. Filed for personal bankruptcy within the past 11 years; E. Been convicted of a felony; I. until the past 11 years; E. Been convicted of a felony; I. until the past 11 years; E. Been convicted of a felony; I. until the past 11 years; E. Been convicted of a felony; I. until the past 11 years; E. Been convicted of a felony; I. until the past 11 years; E. Been convicted of a felony; I. until the past 11 years; E. Been convicted of a felony; I. until the past 11 years; E. Been convicted of a felony; I. until the past 11 years; E. Been convicted of a felony; I. until the past 11 years; E. Been convicted of a felony; I. until the past 11 years; E. Been conv







12.2018 ctpublic.org

Call the Midwife Holiday Special

Catch the beloved series return with an all-new festive tale.

page 142

Father Brown Marathon

Watch back-to-back episodes featuring the eponymous crimesolving priest.

page 141

Jacques Pépin: American Masters Tune in for exclusive dinner and

exclusive dinner and meet & greet opportunity with Jacques Pépin.

page 138

Sacred Discover how people turn to prayer and ritual to navigate private life.

page 135



PRESIDENT'S **MESSAGE**

As we turn the page from 2018 to a new year, Connecticut Public, home to Connecticut Public Television and Connecticut Public Radio, is looking back at some of the most meaningful projects accomplished this past year.

In 2018, Connecticut Public Television's original programs focused on local connections to national issues. We brought you Power Over Parkinson's, featuring determined patients and the doctors using exercise research to improve their symptoms and quality of life. A year after the devastating storm made landfall, we premiered The Island Next Door: Puerto Rico and Connecticut After Hurricane Maria. It showed a personal view of the storm's impact on Puerto Ricans with strong ties to people in Connecticut.

This year Connecticut Public Radio launched Extra Credit in collaboration with The Connecticut Mirror. This project's conversations about civics and state government are made possible with funding by the Robert & Margaret Patricelli Foundation. Most recently, we covered the mid-term elections, hosted gubernatorial debates, interviewed candidates on-air, and reported on issues concerning Connecticut voters. We also joined the ground-breaking national reporting collaborative "Guns & America," so listen for stories of the role of guns in American life.

In 2018 we also launched Making the Future in partnership with the Connecticut Business & Industry Association (CBIA) and other manufacturing organizations. Now video shorts on our television and online platforms are bringing the stories of Connecticut's young manufacturing talent to life.

We hope you are enjoying offerings like these, none of which would be possible without you, our members. Thank you for your support, and have a happy holiday season!

PRESIDENT AND CEO, CONNECTICUT PUBLIC





What's On! is published monthly as a supplement in Connecticut Magazine by Connecticut Public, 1049 Asylum Avenue, Hartford, CT 06105. Connecticut Magazine, 100 Gando Drive, New Haven, CT 06513, is published monthly by Digital First Media, Lower Makefield Corporate Center; 790 Township Line Road, 3rd Floor, Yardley, PA 19067. Editorial content for "What's On!," the 16-page program guide devoted to CPTV and WNPR, is determined by Connecticut Public, a nonprofit corporation chartered by the state of Connecticut.

Trustees

Thomas Barnes/Chair, Gregory Butler/Vice Chair, Joyce Ahrens, Tim Bannon, Edith Bjornson (emerita), Francisco L. Borges, Paul Bucha, Gregory Butler, Arnold Chase, Daniel Crown, Christopher Dadlez, Arthur Diedrick, Maryam Elahi, Jeffrey Flaks, Jerry Franklin (ex officio), Jeffrey S. Hoffman, Peter G. Kelly, Yvette Melendez, Thea Montanez, George Norfleet, Michael Parker, Michael Price, Radha Radhakrishnan, Eugene M. Salorio, Laura Lee Simon (emerita), John Soto, Connie Weaver, George Whelen, V, E. Roger Williams, Jay Youngling

Community Advisory Board

Kay Rahardio/Chair, Linda Cayanaugh/Vice Chair, Elaine Elisabeth Barrie, Penena Beede, Eric Bennett, Rocio Chang, Angie Chatman, Tarah S. Cherry, Amanda Devan, Gwendolyn Edwards, David Henderson, Henry Link, Kathryn O'Neil, Agnes Quinones, Natasha Samuels, Meher Shulman, Maisa Tisdale

Membership & Program Info

Call: 860 275 7550

E-mail: audiencecare@ctpublic.org Membership starts at \$40 per year.

Editorial Staff

Editor: Lauren Rosenthal Contributor: Emily Caswell



WEDNESDAY, JANUARY 16 AT 6 P.M.

The Palace Theatre, Stamford

Follow the story of three kids crossing their backyard to attend a friend's birthday party. It becomes an unexpected adventure when the group gets shrunk to the size of grasshoppers. Will they solve all the really big, tiny challenges and grow full-size in time for the birthday fun?



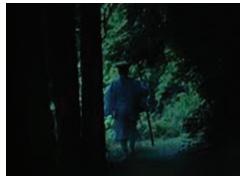
This exciting and educational evening for the whole family features a pre-show lobby experience, including augmented reality games, hands-on activities, and meet and greets with favorite PBS KIDS characters.

Visit palacestamford.com for













SACRED

Monday, December 10 at 10 p.m. on CPTV Spirit

Become immersed in the daily use of faith and spiritual practice in more than 25 countries. At a time when religious hatreds dominate headlines, explore faith as primary human experience, and how people turn to ritual and prayer to navigate life.

NOVA: Apollo's Daring Mission

Wednesday, December 26 at 9 p.m. on CPTV

Fifty years after the heroic trip, hear from Apollo 8 astronauts and engineers as they share the inside story of the first manned mission to the moon.

Feel Better and Make it Last

with Daniel Amen, MD

Tuesday, December 4 at 8 p.m. on CPTV

Discover new, powerful, brain-based strategies to quickly gain control over anxiety, worry, sadness, stress, and anger, strengthening your resilience and giving you joy and purpose for a lifetime.



Our HOLIDAY GIFT to You:



Connecticut Public is thrilled to announce that this month, we'll be launching another television channel: **Create!**

Create features the best of public television's how-to programming. Each day Create treats culinary enthusiasts, armchair travelers, home-improvement buffs, and budding artists alike to public TV's best cooking, travel, home improvement, gardening, and arts & crafts shows. Educational and entertaining series and specials — from America's Test Kitchen to Rick Steves' Europe to This Old House — reflect Connecticut Public Television's mission of promoting life-long learning and providing viewers with ideas and inspiration to enrich their lives.





MARTHA BAKES

Learn to create the finest desserts and goodies at home. Martha Stewart shares the best baking tips and techniques, giving you the confidence to create delectable baked goods—from scratch—in your own kitchen.



PAINTING WITH WILSON BICKFORD

Artist and instructor Wilson Bickford shares tutorials and demonstrations for painters of all levels. From landscapes to wildlife, Bickford works in acrylic, watercolor, pen, ink, and oils to prove that "anyone can learn to paint."



WOODSMITH SHOP

Whether a novice or an experienced woodworker, discover how to create beautiful heirloom furniture using tips and techniques from host Don Peschke.

Create's special weekend marathons are for every type of do-it-your-selfer!

Here's a look at the December marathons:

December 1 & 2 GIFT OF GIVING

Travelers Joseph Rosendo, Rudy Maxa, and Jim West bask in the glow of Europe's Christmas markets. Sara Moulton makes peppermint bark to share with friends, while Katie Brown adds custom flourishes to storebought gifts.



December 8 & 9 MARTHA'S MAGNIFICENT MEALS

Settle in for some comfort food while you binge on back-to-back episodes from Martha Stewart's Cooking School and Martha Bakes. The lifestyle guru prepares dozens of regional desserts — from cakes and cookies to puddings and pies — as well as hearty, cold-weather classics, from pad Thai to chicken pot pie.



December 15 & 16 BRUNCH-TIME

Join Create's cooking pros as they offer their take on this leisurely weekend meal. Lidia Bastianich prepares an Italianstyle family brunch, complete with a bellini bar. Kevin Belton's grits and pain perdu take center stage in his New Orleans-style jazz brunch.



December 22 & 23 JOY TO THE WORLD

The cast of America's Test Kitchen shares their tips and tricks for planning a stress-free gathering — including their five favorite recipes. Nigella Lawson retreats to the idyllic countryside for a cozy Christmas filled with festive flavors.



appetizers and creative cocktails prepared by Jacques Pépin, Hubert Keller, Ellie Krieger, Steven Raichlen, and Julie Taboulie.



Contact your local cable provider to learn where you can find Create! More information, including a full schedule, can be found at cptv.org.

December 2018 | Connecticut Public | December 2018

Prime Time | December 1-6

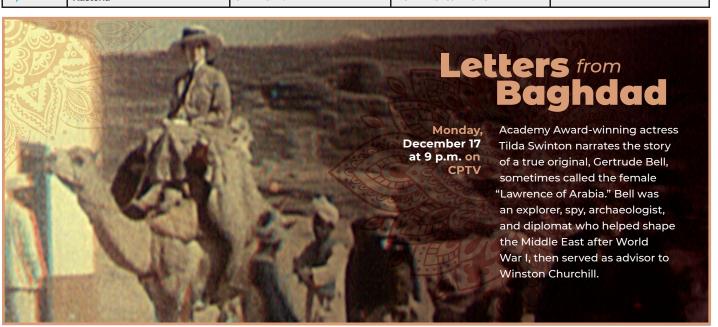
- · CPTV Original, CPTV National Production or Presentation, or CPTV Co-production indicated in red font.
- Program or episode premiere indicated by a P. Live broadcasts indicated by an L.
- · Asterisk indicates that show begins prior to 8 p.m.; two asterisks indicate that show ends after 12 a.m. Visit CPTV.org/ schedule for exact start and end times.
- This schedule is accurate as of press time; visit CPTV.org/schedule for the most up-to-date program schedule.

SAT 1	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
pcptv	Sarah Brightman: Hymn* (Start: 7 p.m.) The world's best-selling soprano performs beloved favorites.		Brit Floyd - Another Brick in the Wall 2019 Celebrate 40 years of Pink Floyd's <i>The Wall</i> as Brit Floyd performs a host of highlights from the album.			Food: What the Heck Should I Eat? with Mark Hyman, M.D.** Dr. Mark Hyman reveals which foods nurture health and which foods can pose a threat.		
pspirit	Jamestown, Season 1 - Part 4 P Rumors of a goldmine map crop up.		Jamestown, Season 1 - Part 5 P Redwick sees an opportunity.		Jamestown, Season 1 - Part 6 P Verity succumbs to bad habits.		Tales from the Royal Bedchamber	
SUN 2	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
pcptv	Celtic Woman: Ancient Land* (Start: 7 p.m.) Delight in this concert filmed at Ireland's Johnstown Castle.		Tom Petty & the Heartbreakers - From Gainesville: The 30th Anniversary Concert P Grab a front-row seat for this 2006 concert filmed in Gainesville, Florida.			Super Woman Rx with Dr. Taz** Dr. Taz reveals the secrets for lasting health, perfect weight, and increasing energy and passion.		
pspirit	Nature - Super C Lives	ats: Extreme			Natural Curiosities P	Natural Curiosities P		program's origins.
MON 3	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
pcptv	Aging Backward Esmonde-White choice in how you		Neil Diamond: Hot August Night III Neil Diamond's triumphant return to the Greek Theatre in Los Angeles in August 2012 is chronicled.			Eat Dirt with Dr. Josh Axe Dr. Axe explains why identifying specific types of leaky gut syndrome may help heal the gut and solve health issues.		
pspirit	Wings Over the P Go on an aeria		Heart of the World: Colorado's National Parks, Parts 1 stories of five of the most amazing parks on the planet.			1 & 2 Follow the Amanpour & Company P		
TUE 4	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
pcptv		and Make It Last wi	ith Dr. Daniel Amen me anxiety.	Dr. Daniel Amen		Americans in Wor ericans who served		
pspirit	NOVA - Ghosts of Kings	of Murdered	NOVA - Vikings Unearthed Dr. Sarah Parcak uncovers the legendary expeditions and settlements of the Vikings.					mpany P
WED 5	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
pcptv		ther Brick in the Wall as something the state of the stat		Celtic Woman: Ancient Land Delight in the shimmering voices and enchanting music of this new concert filmed at the beautiful Johnstown Castle in Wexford, Ireland. The Tenors: Fan Favorite:				
pspirit	GI Jews: Jewish Americans in World War II The sto brave Jewish Americans who served in World War II is					nm how U.S. troops in World War II.		mpany P
THU 6	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
pcptv	Sarah Brightman: Hymn The world's best-selling soprano performs beloved favorites. This concert was filmed in September 2018, at the foot of the Bavarian Alps in Germany at the famous Ludwigs Festspielhaus. Suze Orman's Financial Solutions for You Suze helping people find financial solutions that fit their in							
pspirit		stival of Delights Find others explore Ha			wcase - Carvalho's dinary life of Solomo		Amanpour & Co	mpany P



Prime Time | December 7-12

FRI 7	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30		
cptv	of Chef Jacques I	American Masters Pépin, a young immiç America's most belo	grant who went on	'70s Soul Superstars (My Music) Join Patti LaBelle for an all-star reunion of the legends of 1970s Motown, R&B, and soul, including the Commodores, the Stylistics, Heatwave, the Trammps, and more.						
pspirit	Anne of Green Gables: The Good S 13 and faces complex situations with f		itars Free-spirited Anne Shirley turns friends, adults, and Gilbert.		Pioneers of Television - Miniseries		Amanpour & Company P			
SAT 8	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30		
pcptv	Viewers' Favorites Relax and enjoy your Saturday night as CPTV presents an evening of its most popular specials.									
pspirit	Jamestown, Season 1 - Part 7 P Henry acquires eager new friends.		Jamestown, Season 1 - Part 8 P A boat arrives from England.		Secrets of the Dead - Jamestown's Dark Winter		Tales from the Royal Wardrobe			
SUN 9	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30		
pcptv	Viewers' Favorites From music specials to how-to programs, see an array of some of CPTV's most popular shows.									
pspirit	Nature - H Is for Hawk: A New Chapter		NOVA - World's Fastest Animal Peregrine falcons are featured.		Natural Curiosities P Natural Curiosities P		NOVA - Ghosts of Murdered Kings			
MON 10	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30		
pcptv	Trunk 4, Part 1 Appraisals include Tr		Antiques Roadshow - Junk in the Trunk 4, Part 2 Julia Child's cop- per pans are appraised.		Bing Crosby Rediscovered: Ameri Unprecedented access to Bing Crost highlight this look at the popular actor		by's archives Idols - Grace			
pspirit	Curious Traveler P	Rick Steves' Europe P		Secrets of Westminster Tour the Houses of Parliament in London.		Sacred P Explore faith as a primare ence and the role of ritual and praye		Rick Steves' Europe		
TUE 11	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30		
pcptv	Mystery of the Roman Skulls Archeologists investigate hundreds of skulls found beneath London.		Ancient Invisible Cities - Athens Uncover the hidden secrets of ancient Athens.		Ancient Invisible Cities - Cairo 3-D scanning is used to explore Egypt's ancient treasures.		Antiques Roadshow - Junk in the Trunk 4, Part 1 Appraisals include a 1950 Pablo Picasso linocut.			
pspirit	NOVA - Bombing Hitler's Supergun		NOVA - Last B-24 A downed B-24 Liberator bomber is examined.		Lifeline: Pearl Harbor's Unknown F sailor Joe George became an unlikely			Amanpour & Company**		
WED 12	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30		
pcptv	Nature - Nature's Miracle Orphans: Second Chances Rescue center caregivers help wild baby orphans.		Nature - Nature's Miracle Orphans: Wild Lessons A baby sloth learns to be independent.		NOVA - Ultimate Cruise Ship Pioneering shipbuilders endeavor to build the ultimate cruise ship.		Antiques Roadshow - Junk in the Trunk 4, Part 2 Julia Child's copper pans are appraised.			
pspirit	Trezoros: The Lost Jews of Kastoria		A Tale of Two Sisters: The Diary of Anne Frank		Frontline - Documenting Hate: New American Nazis		Amanpour & Company P			



Prime Time | December 13-18

THU 13	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
pcptv	When You See Something, Will You Say P Destination Craft - Christmas		800 Words, Season 2 - Part 14 The town prepares to open its first fine dining restaurant.		Hinterland, Season 2 - Part 9 While working a case, DCI Mathias deals with feuding family members.		Ask This Old House	This Old House	
spirit			The Great British Baking Show, Season 1 - Christmas Masterclass		The Great British Baking Show, Season 2 - Christmas Masterclass		Amanpour & Company P		
FRI 14	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
pcptv	Midsomer Murders - Blood Wedding, Parts 1 & 2 The maid of honor at a high-society wedding is murdered days before Barnaby's daughter's nuptials.			4 - The Visible W	4 - The Visible World Blake Performances Spe			arks Live in Concert, A Great pecial P Singer-songwriter k.d. lang h anniversary of the album <i>Ingénue</i> .	
pspirit	Anne of Green Gables: Fire & Dew Anne Shirley journeys to Queen's College in Charlottetown.				Louisa May Alcott: American Masters The author of Little Women led a literary double life.			mpany P	
SAT 15	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
pcptv	A widowed mothe	r ision Feature Film er fights for her cotto Texas. Sally Field a	n farm with a labore	er and a blind	Bob Hope: American Masters Explore the entertainer's life will edented access to his personal archives, including writings voice Crystal, clips from his body of work, and interviews.				
pspirit	Secrets of the Six Wives - Part 1: Secrets of the Six Beheaded, Died			x Wives - Part 2: Secrets of the Six Wives - Part 3: Divorced, Beheaded, Survived			Secrets of Henry VIII's Palace Explore Hampton Court.		
SUN 16	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
pcptv	Little Women on Masterpiece - Part 1 With their father away at Eyed Monster No.		2 on Masterpiece - A Soldier's Daughter/The Green- lew mother Victoria is impatient to return to ruling. with Ada Lovelace grows.		The Dr. Blake Mysteries, Season 4 - The Visible World Blake becomes a murder suspect.				
spirit	Nature - The Wo Wanted Animal	rld's Most	Koko: The Gorill Koko was taught:		Natural Curiosities P	Natural Curiosities P	NOVA - Last B-2 Liberator bomber	4 A downed B-24 is examined.	
MON 17	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
pcptv	Antiques Roadshow - Junk in the Trunk 8 P See new, previously Albuquerque,			uerque, Part 2 Great finds Tabernacle Cho		ristmas with the Mormon pernacle Choir 2018 P ests include Sutton Foster.		NOVA - Ultimate Cruise Ship Pioneering shipbuilders endeavor to build the ultimate cruise ship.	
pspirit	Beyond Your Destination Craft P Letters from Bag Gertrude Bell is pr			Wild Ponies of Chincoteague P A teen buys her first foal.		Amanpour & Company P			
TUE 18	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
	Great Alaskan Earthquake P Relat		Finding Your Roots, Season 4 - Relatives We Never Knew We Had Guests include Téa Leoni.		Finding Your Roots, Season 4 - Funny Business Comedic guests include Amy Schumer.		Pioneers of Television - Breaking Barriers The story of people of color on American TV is traced.		
pcptv	Great Alaskan E	arthquake P	Relatives We Nev	ver Knew We Had	Funny Business	Comedic guests	Barriers The sto	ry of people of	



k.d. lang

Landmarks Live in Concert: A Great Performances Special

> Celebrate the 25th anniversary of Ingenue, the critically acclaimed and Grammy Award-winning album by superstar singer-songwriter k.d. lang, with a one-night-only performance from the magnificent Majestic Theater in downtown San Antonio, Texas.

Prime Time | December 19-24

WED 19	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
cptv	Nature - Mystery Monkeys of Shangri-La Follow a family of Yunnan snub-nosed monkeys.		NOVA - Ghosts of Stonehenge Archaeological digs have revealed major new clues to Stonehenge.		Secrets of the Dead - After Stonehenge The remains of an ancient settlement are explored.		Antiques Roadshow - Junk in the Trunk 8 See new, previously unaired Season 22 appraisals.	
pspirit	Slovakia: Treasures in the Heart of Europe		Urban Nutcracker: Anatomy of a Ballet		Independent Lens - A Ballerina's Tale		Amanpour & Company P	
THU 20	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
cptv	Made Possible: The Business of Junior Achievement P Explore 100 years of Junior Achievement.		800 Words, Season 2 - Part 15 A proposal and a surprise visit take place.		Hinterland, Season 2 - Part 10 While working a case, DCI Mathias deals with feuding family members.		Ask This Old House	This Old House
pspirit	Lidia Celebrates Heartland Holida		The Great British Baking Show, Season 3 - Christmas Masterclass		The Great British Baking Show, Season 5 - Christmas Masterclass		Amanpour & Company P	
FRI 21	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
cptv	Midsomer Murders - Days of Misrule, Parts 1 & 2 The detective investigate an explosion at a trucking company run by a man with enemies.				The Dr. Blake My 5 - A Lethal Com gets involved whe	bination Blake	A Southern Celtic Christmas Celtic and Appalachian Christmas traditions are celebrated.	
pspirit			's Holiday Inn, The Broadway Musica 942 movie musical showcases an Irving				Amanpour & Company P	
SAT 22	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
cptv		arathon See back-to Autolycus," "The Roo					odes include "The S	Star of Jacob,"
pspirit	Looking for Free Darcey Bussell		Great Performances - Irving Berlin's Broadway adaptation of the classic 19		's Holiday Inn, The Broadway Music 942 movie musical showcases an Irvin		al This hit g Berlin score.	Beyond Your Backyard
SUN 23	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
pcptv	Little Women or Part 2 The family difficult challenge	y faces their most	Victoria, Season 2 on Masterpiece - Father Discontent is growing in the co Victoria to put childish things away.				The Dr. Blake Mysteries, Season 5 - A Lethal Combination Blake gets involved when a boxer dies.	
pspirit	Nature - Nature's Perfect Partners How do animals use teamwork?		Wild Ponies of Chincoteague A teen buys her first foal.		Nature - Penguin Post Office Visit an unusual post office.		Flying to the Ends of the Earth - The Himalayas	
MON 24	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
cptv	Antiques Roadshow - Greatest Gifts Items that guests received as gifts include a Fender bass.		Call the Midwife - Holiday Special 2 helps a young couple with a traumatic Julienne tries to reunite a family.				rney to uncover	Christmas with the Mormon Tabernacle**
pspirit	Rick Steves' Special - European Christmas		Rick Steves' Special - Luther & the Reformation		Christmas with the Duttons The Duttons present a joyful celebration.		Christmas with the Mormon Tabernacle Choir 2017	



Prime Time | December 25-31

TUE 25	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
pcptv	We'll Meet Again, Season 2 - Korean War Brothers in Arms P Two Korean War vets are featured.		nun and four Chinese orphans arrive unexpectedly at			Midsomer Murders - Days of Misrule, Parts 1 & 2 The detectives investigate an explosion at a trucking company run by a man with many enemies.			
pspirit	Search for the La a quest for a miss	ast Supper Go on ing masterpiece.	Art Detectives - Parts 1, 2 & 3 Follow art detective Dr. E public treasures from museums and galleries across Brita						
WED 26	8:00 8:30		9:00	9:30	10:00	10:30	11:00	11:30	
pcptv	Nature - H Is for Chapter Author I follows a family of	Helen Macdonald	P Apollo astronauts and engineers		Space Men: American Experience Explore the space program's origins.		Antiques Roadshow - Greatest Gifts Items that guests received as gifts include a Fender bass.		
pspirit			nce The extravagance of the titans		Independent Lens - Man on Fire P A Texas minister set himself on fire.		Amanpour & Company P		
THU 27	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
pcptv	Father Brown, Season 4 - The Crackpot of the Empire Father Brown is stuck in a derelict building.		Terry's true colors are revealed,		Hinterland, Season 3 - Part 1 The killing of a local minister leads DCI Mathias to a remote community.		Ask This Old House	This Old House	
pspirit	Craft in America - California P Explore Californian craft practices.				Antiques Roadshow - Greatest Gifts		Amanpour & Company P		
FRI 28	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
pcptv	Midsomer Murders - Shot at Dawn, Part 1 A rivalry between two families turns violent.		The Dr. Blake Mysteries, Season 5 - Sorrow Songs A young Romani woman is killed.		at Tanglewood**		nstein Centennial Celebration nphony Orchestra and guests celert at Tanglewood.		
pspirit	Bob Hope: American Masters* (Start: 7 p.m.)		The Public Television Feature Film Collection - Place A widowed mother fights for her cotton farm. Sally Field states and the same of the Public Television Feature Film Collection - Place A widowed mother fights for her cotton farm.			Amanpour & Company P			
SAT 29	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
pcptv	The Queen's Favourite Animals P Queen Elizabeth's relationships with her animals are explored.		anthropic efforts of Britain's royal Fellowes - Bu		Fellowes - Burgh	eat Houses with Julian llowes - Burghley House Join lowes to tour Burghley House.		Great Houses with Julian Fellowes - Goodwood House Visit the historic Goodwood House.	
pspirit	Mercy Street, Se Balm in Gilead	ason 2 - Part 1:	Murder on the Home Front A pathol the murders of women in London during		logist investigates ing World War II. Call the Midwife and four Chinese		- Holiday Special 2018 A new nun e orphans arrive unexpectedly.		
SUN 30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
pcptv	Little Women on Masterpiece - Part 3 A year has passed and there are new additions to the family.		Victoria, Season 2 on Masterpiece - Entente Cordiale Victoria takes the court to France.		Victoria, Season 2 on Masterpiece - Faith, Hope & Charity		The Dr. Blake Mysteries, Season 5 - Sorrow Songs A young Romani woman is killed.		
pspirit	Ancient Invisible Cities - Athens Uncover secrets of ancient Athens.		Ancient Invisible Cities - Cairo Explore Egyptian treasures.		Ancient Invisible Cities - Istanbul Journey through ancient Istanbul.		Flying to the Ends of the Earth - Australia & Papua		
MON 31	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
pcptv	Antiques Roadshow - Junk in the Trunk 5, Part 1 NASA signed photos are appraised.		Pioneers of Television - Acting Funny The backstage techniques of great comedic actors are shared.		David Letterman: The Mark Twain Award-winning comedian David Lett the 2017 Mark Twain Prize for Amer		tterman receives The Mark		
pspirit	Rick Steves' Special - European Festivals		k.d. lang: Landmarks Live in Concert, A Great Performances Special		Austin City Limits - Hall of Fame New Year's Eve Special 2018		Brad Paisley: Landmarks**		







Faith's Quickie Ice Cream Eggnog Spiked with Bourbon

Faith

For me and my pal Alex Province, the holidays mean we get to recreate one of our absurdly easy and delicious eggnog recipes - using melted ice cream and a spirit to make magic in a punch bowl.

I just tested my recipe using bourbon because of its caramel and vanilla notes that work beautifully with vanilla ice cream. If you prefer to leave the alcohol out, you can easily do so, or put the bourbon in shot glasses that your guests can stir in if they choose.

We support long-time family eggnog recipes, of course, yet the first time Alex and I tried this no-work version, we were excited that the ice cream includes all the ingredients you'd use anyway, and they're balanced beautifully in my favorite ice cream.

Happy Holidays to you and yours!

INGREDIENTS

1 pint vanilla ice-cream

4 shots bourbon

Grated nutmeg or ground cinnamon for garnish

INSTRUCTIONS

- 1. Allow ice cream to melt in a bowl, or put the ice cream in a microwave-safe bowl, and defrost it in the microwave.
- 2. Fold bourbon into the ice cream until well combined.
- 3. Serve in a glass garnished with nutmeg, cinnamon, or both.













WITH ERIK OFGANG

Zoned Out

HOW A SMALL CONNECTICUT TOWN FOUGHT THE NAZIS AND WON

It seems like something from an alternate reality imagined in the book and TV show The Man in the High Castle. But in the 1930s, the Nazis were literally marching across America.

Pro-Nazi U.S. citizens established large youth camps and organized parades and rallies, some of which drew thousands of supporters. Young adherents raised their hands to "Heil Hitler!" and proudly waved

flags with swastikas. Much of this activity occurred under the direction of the German American Bund (Federation) formed in 1936 to promote Nazism here in the states. Protected by free speech laws, thousands of American Nazis who were members of the Bund spread their message of hatred with impunity.

Then they tried to come to Southbury.

In 1937, the small town in western Connecticut was a rural farming village of about 1,200 people (today it is home to about 20,000). In early fall of that year, a Stamford Bund official named Wolfgang T. Jung purchased a 178-acre

parcel of land in the Kettletown section of Southbury. Jung and his fellow Bund members hoped to create the nation's largest Bund camp and first in New England (more than 20 camps already existed in places including Long Island, New Jersey and California). The camp would accommodate up to 10,000 people and would draw from existing Bund chapters in Stamford, New Haven and several New York communities. The American Nazis also hoped to establish new chapters in Waterbury, Danbury, Hartford and Bridgeport.

While brokering the land sale, Jung bypassed local real estate agents, using outof-town agents from Bethel and Danbury instead. Asked by a reporter why the land for the camp had been purchased quietly, Jung replied, "So that the Jews wouldn't prevent the sale."

But the sale couldn't stay a secret forever. In early November, 100 German American Bund members and their families converged on the town to begin clearing a road to their new property.

Locals took notice and alerted Southbury's first selectman, Ed Coer, who began exploring ways to keep the Bund camp from becoming a reality.

Members of the Bund claimed to be patriotic Americans and anticommunists. "We are a group of Americans who have only the benefit of the United States in our minds," Herr Kuhn, leader of the Bund, told the New

OLD GLORY IS OUR FLAG SOUTHBURY SHOW THE WAY WANTS NO NONAZI SWASTIKA

Southbury residents take to the streets to protest the opening of a pro-Nazi camp in 1937. Years before the Nazis were defeated in Europe, loyalists would be stopped here.

Haven Register. "We do not like the false reports about Germany." But as Register reporter Stanley Allen noted, in existing Bund camps, youths were given uniforms and conducted drills, and the camps were guarded by a private, armed police force, each member wearing a gray uniform with a prominent swastika.

The Bund also did little to hide its inherent racism. A membership application form sent to Southbury residents required applicants to pledge: "I am of Aryan origin, free from Jewish or colored blood."

At the time, Southbury did not have any formal zoning laws, but to keep the Nazis out, Coer and his fellow selectmen decided to try to establish some. The community rallied in support of these actions, and reverends at Southbury's churches gave sermons harshly condemning the camp.

At a special town meeting on Nov. 23, the town established a zoning commission with a citizens' vote of 122-41. As this new zoning commission worked to draft regulations that would hamper Nazi plans for the community, town officials looked for other ways to slow progress on the camp.

On Sunday, Dec. 5, two men working at the camp were arrested for violating Blue Laws prohibiting work on Sunday in Southbury. The laws were a holdover from the state's puritanical past and never enforced by that time, and ultimately the charges were dropped. However, by then, the town's newly established zoning commission had drafted a zoning code that only permitted residential and farming use for the area of the proposed Bund camp. Military training was prohibited. On Dec. 14, the new zoning code was established by

a town vote of 142-91.

Construction of the camp stalled. Two years later, in 1939, the 178-acre tract of land was put up for sale. In 1940, it was sold to George Munk, the former Stamford Bund leader. Munk owned the property for many years, using lumber from it for his cabinet shop. Beginning in the 1970s, he began selling off pieces of the property for residential use.

More than 75 years later, the story of the defeated Southbury Nazi camp is still well known in town. In 2013, the documentary Home of the Brave: When Southbury Said No to the Nazis was made by Scott

Sniffen with the Southbury Historical Society. Earlier this year, several items relating to the Bund camp from the Southbury Historical Society were loaned to the United States Holocaust Memorial Museum's Americans and the Holocaust exhibit in Washington, D.C.

Ed Edelson, Southbury's former first selectman, helped get the film made. He also traveled to Washington to view the museum exhibit. He says the story of the attempted Bund camp in Southbury serves as a guide to future generations of town residents "when groups that want to spread hate and fear to intimidate or push their views come to our community."

As the New Haven Register wrote back in 1937: "With the same concert that their forebears threw off the yoke of British oppression in 1776, Connecticut Yankees, in no uncertain terms, are voicing their opinion of the apostles of Hitler's Third Reich." In none of the dozens of other towns where Bund camps had been set up, "have the 'friends of new Germany' encountered such a damp reception."



